



1 - MP Masters BLOK I

15/11/2013 - 16:00

Konkurencja 1

Kobiet, 50m dowolny

20 - 94 lat

15/11/2013 - 16:00

Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | |
|-------------|-------------------|----|--------------------------------|--------------|-----|
| Kategoria 0 | | | | | |
| 1. | Drab Magdalena | 92 | CM UJ Masters Kraków | 28.31 | 818 |
| 2. | Stadnik Karolina | 89 | AZS UAM Pozna | 28.39 | 811 |
| 3. | Jasi ska Joanna | 93 | KU AZS UJ Kraków | 28.55 | 797 |
| 4. | Krysiak Olga | 91 | Zawodnik niezrzeszony | 28.77 | 779 |
| 5. | Sowa Kinga | 93 | Masters Korona Kraków | 29.56 | 718 |
| 6. | Kieszek Joanna | 91 | Masters Korona Kraków | 29.57 | 718 |
| 7. | Urbaniak Patrycja | 91 | Delfin Masters Tarnobrzeg | 30.17 | 676 |
| 8. | Nowak Alicja | 93 | Swimming Masters Team Szczecin | 30.22 | 672 |
| 9. | Kostyra Agnieszka | 90 | Toru czyk Masters Toru | 32.84 | 524 |
| 10. | Sołtys Anna | 89 | Delfinek Legnica | 46.58 | 183 |

Kategoria A

| | | | | | |
|----|----------------------|----|------------------------|--------------|-----|
| 1. | Mongiła Magdalena | 88 | Redeco Wrocław | 28.39 | 815 |
| 2. | Figuła Agnieszka | 85 | Zawodnik niezrzeszony | 31.52 | 595 |
| 3. | Szymkowiak Kamila | 87 | JW 4408 Sulechów | 31.60 | 591 |
| 4. | Koba Katarzyna | 86 | Zawodnik niezrzeszony | 31.87 | 576 |
| 5. | Szcz snowicz Natalia | 85 | JW 2399 wi tos ów | 32.88 | 524 |
| 6. | Bubienko Katarzyna | 84 | Zawodnik niezrzeszony | 33.62 | 490 |
| 7. | Stanisławska Anna | 87 | Warsaw Masters Team | 36.40 | 386 |
| 8. | Kara Karolina | 87 | Victory Masters Elbl g | 42.54 | 242 |

Kategoria B

| | | | | | |
|-----|----------------------|----|----------------------------|--------------|-----|
| 1. | Bystrzycka Agnieszka | 81 | Redeco Wrocław | 27.76 | 834 |
| 2. | Duda Anna | 81 | Wodnik 29 Katowice | 29.84 | 672 |
| 3. | Le czowska Agnieszka | 82 | Wisła Masters Kraków | 30.55 | 626 |
| 4. | Malchar Jowita | 82 | Delfinek Legnica | 30.56 | 625 |
| 5. | Karlsson Anna | 83 | Weteran Zabrze | 32.57 | 516 |
| 6. | Rek-Dylich Monika | 82 | Orka Masters Radlin | 34.34 | 441 |
| 7. | Garbarek Małgorzata | 82 | Redeco Wrocław | 34.88 | 420 |
| 8. | Korna Sylwia | 83 | Wodnik 29 Katowice | 35.83 | 388 |
| 9. | Chmielewska Izabela | 81 | Akademia Ruchu AG Warszawa | 42.79 | 227 |
| 10. | Kasprzykowska Anna | 81 | Masters Korona Kraków | 45.06 | 195 |

Kategoria C

| | | | | | |
|-----|-------------------------|----|---------------------------|--------------|-----|
| 1. | Jarecka-Skorykow Monika | 74 | Warsaw Masters Team | 31.46 | 643 |
| 2. | Rozmus Angelika | 78 | Delfin Masters Tarnobrzeg | 31.73 | 627 |
| 3. | Meksuła Agata | 77 | Delfin Masters Tarnobrzeg | 31.86 | 619 |
| 4. | Besler Agnieszka | 78 | Sinnet Warszawa | 32.18 | 601 |
| 5. | Ło -Janczur Monika | 74 | Zawodnik niezrzeszony | 32.57 | 579 |
| 6. | Shikina Galina | 74 | PK Kipsala Riga | 33.33 | 541 |
| 7. | Pawlikowska Urszula | 77 | Legia Warszawa | 34.45 | 490 |
| 8. | Kaczmarczyk Beata | 75 | Delfin Masters Tarnobrzeg | 34.69 | 479 |
| 9. | Jakubów Marlena | 74 | Redeco Wrocław | 35.64 | 442 |
| 10. | Macionczyk Renata | 75 | Orka Masters Radlin | 36.31 | 418 |
| 11. | Fira El bieta | 75 | Wodnik 29 Katowice | 36.56 | 410 |
| 12. | Dobczy ska Katarzyna | 77 | Warsaw Masters Team | 37.89 | 368 |



Konkurencja 1, Kobiet, 50m dowolny

Kategoria D

| | | | | |
|---------------------------------|----|---------------------------|--------------|-----|
| 1. Szlagor Ewa | 71 | Igan Mława | 29.04 | 819 |
| 2. cibiorek Małgorzata | 71 | Zgiersko-Ł czyckie WOPR | 30.19 | 729 |
| 3. Fr czek Izabela | 70 | Masters Korona Kraków | 30.24 | 726 |
| 4. Krzy anowska Ewa | 72 | Warsaw Masters Team | 33.13 | 552 |
| 5. Maci g Monika | 72 | Delfin Masters Tarnobrzeg | 33.84 | 518 |
| 6. Janeczko Anna | 72 | Masters Korona Kraków | 34.38 | 494 |
| 7. Buczek Anna | 72 | Delfin Masters Tarnobrzeg | 38.43 | 353 |
| 8. Stankiewicz-Majkowska Joanna | 72 | TKKF Koszalin | 39.39 | 328 |
| 9. Jakubowska Ewa | 72 | KP Koziegłowy | 41.12 | 288 |
| K cki Aleksandra | 70 | Wodnik 29 Katowice | 41.12 | 288 |
| 11. Piechura Małgorzata | 73 | Niezrzeszeni.pl | 43.84 | 238 |
| 12. Afanasjewa Seweryna | 72 | Zawodnik niezrzeszony | 45.59 | 211 |
| 13. Wytrwał Barbara | 70 | Tarnowskie WOPR Masters | 57.68 | 104 |

Kategoria E

| | | | | |
|------------------------|----|-----------------------------|--------------|-----|
| 1. Kuli Mariola | 66 | Masters Korona Kraków | 31.00 | 718 |
| 2. Frank Marta | 68 | Weteran Zabrze | 31.26 | 701 |
| 3. Hlatka Nina | 68 | MPK Previdza | 31.87 | 661 |
| 4. Petecka Maria | 67 | Motyl Senior MOSiR St. Wola | 34.40 | 526 |
| 5. Olszewska Edyta | 64 | Warsaw Masters Team | 35.05 | 497 |
| 6. Szkudlarz Ilona | 66 | Masters Unia O wi cim | 35.08 | 496 |
| 7. Logvinova Tatiana | 64 | Pregel Kaliningrad | 36.53 | 439 |
| 8. Widz- Szwarc Dorota | 66 | Masters Korona Kraków | 36.54 | 438 |

Kategoria F

| | | | | |
|-----------------------|----|-------------------------|--------------|-----|
| 1. St pie Ewa | 62 | Zgiersko-Ł czyckie WOPR | 31.81 | 719 |
| 2. Kilina Marina | 63 | Pregel Kaliningrad | 33.23 | 630 |
| 3. Mróz Urszula | 62 | Zgiersko-Ł czyckie WOPR | 34.07 | 585 |
| 4. Forrova Ivica | 60 | PVK Bratislava | 34.22 | 577 |
| 5. Wysocka Marta | 59 | Masters Korona Kraków | 35.12 | 534 |
| 6. Mazurek Katarzyna | 59 | Gdynia Masters | 36.37 | 481 |
| 7. Hertsyk Nataliya | 63 | Masters SC Euro Lviv | 38.49 | 405 |
| 8. Zagała Joanna | 59 | SiKReT Masters Gliwice | 39.32 | 380 |
| 9. Wilczek Małgorzata | 60 | Zawodnik niezrzeszony | 41.25 | 329 |

Kategoria G

| | | | | |
|-------------------------|----|------------------------|--------------|-----|
| 1. Aleskchenko Natalia | 57 | Pregel Kaliningrad | 34.75 | 659 |
| 2. Gorecka Jadwiga | 58 | Masters Korona Kraków | 34.85 | 654 |
| 3. Khiresh Lyudmyla | 57 | Masters SC Euro Lviv | 35.24 | 632 |
| 4. Legutko Mirosława | 57 | Masters Korona Kraków | 36.72 | 559 |
| 5. Wrona Aurelia | 56 | Weteran Zabrze | 39.42 | 451 |
| 6. D browska Zofia | 58 | SiKReT Masters Gliwice | 41.81 | 378 |
| 7. Kerner Mateusiak Ewa | 54 | Victory Masters Elbl g | 49.73 | 225 |

Kategoria H

| | | | | |
|------------------------|----|-------------------------|--------------|-----|
| 1. Kiszczak Gra yna | 50 | Weteran Zabrze | 35.62 | 735 |
| 2. Hausnerova Maria | 49 | MPK Previdza | 36.88 | 662 |
| 3. Łutowicz Maria | 50 | Olimpia Pozna | 38.83 | 567 |
| 4. Brendler Barbara | 50 | Weteran Zabrze | 38.97 | 561 |
| 5. Zimna-Walendzik Ewa | 51 | Zgiersko-Ł czyckie WOPR | 41.04 | 480 |
| 6. Heisler Gra yna | 51 | Gdynia Masters | 46.16 | 337 |
| 7. Tymoshenko Lidiya | 49 | Masters SC Euro Lviv | 47.10 | 318 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 1, Kobiet, 50m dowolny, Kategoria H

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|--------------------------------------|--------------|------|
| 8. | 49 | Szemberg Anna Warsaw Masters Team | 51.99 | 236 |

Kategoria I

| | | | | |
|----|----|---------------------------------------|--------------|-----|
| 1. | 48 | Yliene Aleksandra SMC Takas Kaunas | 43.04 | 420 |
| 2. | 47 | Łowkis Barbara Polna Warszawa | 43.26 | 414 |
| 3. | 47 | Kosmol Ewa Warsaw Masters Team | 43.43 | 409 |
| 4. | 47 | Bosowska Janina Weteran Zabrze | 44.75 | 374 |
| 5. | 47 | Syguła Kazimiera Redeco Wrocław | 46.16 | 341 |
| 6. | 46 | Mleczo Maria Masters Korona Kraków | 59.29 | 160 |

Kategoria J

| | | | | |
|----|----|--|----------------|-----|
| 1. | 43 | Bastek Renata Weteran Zabrze | 35.45 | 831 |
| 2. | 42 | Golub Nina Masters SC Euro Lviv | 58.99 | 180 |
| 3. | 39 | Macierzewska Ewa Wisła Masters Kraków | 1:18.58 | 76 |

Kategoria K

| | | | | |
|----|----|--|----------------|-----|
| 1. | 38 | Shcherbich Luiza Pregel Kaliningrad | 1:01.42 | 245 |
|----|----|--|----------------|-----|

Kategoria L

| | | | | |
|----|----|---|----------------|-----|
| 1. | 32 | Walkowicz Urszula Wodnik 29 Katowice | 1:07.75 | 369 |
|----|----|---|----------------|-----|

Konkurencja 2
15/11/2013 - 16:19

M czyzn, 50m dowolny

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|--|------|------|
|---------|---------|--|------|------|

Kategoria 0

| | | | | |
|----|----|---|--------------|-----|
| 1. | 90 | Jabło ski Marcin Zawodnik niezrzeszony | 24.01 | 879 |
| 2. | 89 | R bas Igor Zawodnik niezrzeszony | 25.43 | 739 |
| 3. | 93 | Suchodolski Patryk Zawodnik niezrzeszony | 25.70 | 716 |
| 4. | 92 | Bigdowski Hubert Zawodnik niezrzeszony | 25.85 | 704 |
| 5. | 89 | Zieli ski Kamil AZS AWF Biała Podl. | 26.65 | 642 |
| 6. | 90 | Pagacz Miłosz Tarnowskie WOPR Masters | 38.67 | 210 |

Kategoria A

| | | | | |
|-----|----|--|--------------|-----|
| 1. | 86 | Szczypi ski Marcin Wodnik 29 Katowice | 23.99 | 863 |
| 2. | 86 | Ziemniarski Bartosz AZS UAM Pozna | 24.22 | 838 |
| 3. | 88 | Latuszek Kamil Masters Korona Kraków | 25.55 | 714 |
| 4. | 87 | Miłek Mateusz Sport and Body Kraków | 25.58 | 711 |
| 5. | 85 | Kownacki Maciej Redeco Wrocław | 25.82 | 692 |
| 6. | 87 | Wilcz ga Tomasz Legia Warszawa | 26.58 | 634 |
| 7. | 84 | Liszewski Rafał Warta Pozna | 26.90 | 612 |
| 8. | 88 | Lisiecki Rafał Swimming Masters Team Szczecin | 27.06 | 601 |
| 9. | 85 | urek Jacek Masters Korona Kraków | 27.49 | 573 |
| 10. | 86 | Lechner Jakub Straz pod Ralskem | 27.50 | 572 |
| | 86 | Makomaski Tomasz Warsaw Masters Team | 27.50 | 572 |
| 12. | 86 | Kunets Taras Masters SC Euro Lviv | 27.89 | 549 |
| 13. | 88 | Babyak Taras Masters SC Euro Lviv | 28.05 | 539 |
| 14. | 84 | St pie Radosław JW 2399 wi tos ów | 28.10 | 537 |
| 15. | 87 | Druciarek Jarosław JW 2399 wi tos ów | 29.39 | 469 |
| 16. | 88 | Kunets Ostap Masters SC Euro Lviv | 29.91 | 445 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 2, M czysz, 50m dowolny, Kategoria A

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|---|--------------|------|
| 17. | 88 | Czupryn Jacek Warsaw Masters Team | 30.20 | 432 |
| 18. | 86 | Wirszuło Radosław Delfinek Legnica | 30.30 | 428 |
| 19. | 88 | Grudzie Maciej Masters Korona Kraków | 31.06 | 397 |
| 20. | 84 | Kowalczyk Rafał Akademia Ruchu AG Warszawa | 31.63 | 376 |

Kategoria B

| | | | | |
|--------|----|---|--------------|-----|
| 1. | 83 | Waszkewicz Andrzej Just Swim J. Góra | 23.52 | 833 |
| 2. | 81 | Orbidans Jaroslavs Jelgava SPS | 24.84 | 707 |
| 3. | 81 | Spławi ski Michał Wodnik 29 Katowice | 25.00 | 693 |
| 4. | 83 | Brodacki Maciej Swimming Masters Team Szczecin | 25.34 | 666 |
| 5. | 79 | Twarowski Karol Toru czyk Masters Toru | 25.51 | 652 |
| 6. | 82 | Urban Wojciech Redeco Wrocław | 25.54 | 650 |
| 7. | 82 | Czerniecki Tomasz Masters Korona Kraków | 26.30 | 595 |
| 8. | 83 | Pi tkowski Jakub Redeco Wrocław | 26.34 | 593 |
| 9. | 82 | Fuli ski Piotr Zawodnik niezrzeszony | 26.39 | 589 |
| 10. | 80 | Dybek Mateusz Wisła Masters Kraków | 26.40 | 589 |
| | 81 | Wilcz ga Marcin Legia Warszawa | 26.40 | 589 |
| 12. | 82 | Binkowski Michał Masters Korona Kraków | 26.44 | 586 |
| | 79 | Olejarczyk Igor Pi tka Konstantynów Ł. | 26.44 | 586 |
| 14. | 81 | Włoszek Artur Zawodnik niezrzeszony | 26.46 | 585 |
| 15. | 81 | Porolniczak Bolesław Swimmers Warszawa | 26.69 | 570 |
| 16. | 83 | Stanoch Jakub Warta Pozna | 26.85 | 559 |
| 17. | 81 | Kłosi ski Artur Toru czyk Masters Toru | 26.92 | 555 |
| 18. | 81 | Tomaszewski Tomasz Warta Pozna | 27.04 | 548 |
| 19. | 83 | Hałada Łukasz Redeco Wrocław | 27.17 | 540 |
| 20. | 83 | Konowalski Paweł Warta Pozna | 27.36 | 529 |
| 21. | 79 | Marek Przemek Redeco Wrocław | 27.39 | 527 |
| 22. | 80 | Zdzieszy ski Wojciech Pi tka Konstantynów Ł. | 27.44 | 524 |
| 23. | 79 | Bro yna Andrzej Delfin Masters Tarnobrzeg | 27.74 | 507 |
| 24. | 80 | Trudnos Rafał Pi tka Konstantynów Ł. | 27.84 | 502 |
| 25. | 80 | Karczmarczyk Jakub Pi tka Konstantynów Ł. | 28.08 | 489 |
| 26. | 81 | Gada Andrzej Akademia Ruchu AG Warszawa | 28.72 | 457 |
| 27. | 80 | Janowski Mariusz JW 2399 wi tos ów | 28.93 | 447 |
| 28. | 80 | Pietrowski Witold Pi tka Konstantynów Ł. | 29.67 | 414 |
| 29. | 79 | Gugała Michał Masters Korona Kraków | 29.84 | 407 |
| 30. | 79 | Raj Łukasz Pi tka Konstantynów Ł. | 30.01 | 401 |
| 31. | 81 | Wasielak Michał Warsaw Masters Team | 32.81 | 306 |
| 32. | 80 | Chylak Kamil Zawodnik niezrzeszony | 34.75 | 258 |
| 33. | 83 | Szanli Ulasz Weteran Zabrze | 34.86 | 255 |
| DYSKW. | 81 | Dzi ciół Karol Warsaw Masters Team | | |

O4 - Start wykonany przed sygnałem (przedwczesny start) (Czas: 17:00)

Kategoria C

| | | | | |
|-----|----|--|--------------|-----|
| 1. | 74 | Gregorowicz Paweł AZS UWM Masters Olsztyn | 25.96 | 762 |
| 2. | 75 | Baran Robert Motyl Senior MOSiR St. Wola | 26.07 | 753 |
| 3. | 74 | Melnyk Dmytro Masters SC Euro Lviv | 26.09 | 751 |
| 4. | 74 | Horbacz Marcin JW 2399 wi tos ów | 26.13 | 748 |
| 5. | 74 | Opali ski Paweł Motyl Senior MOSiR St. Wola | 26.84 | 690 |
| 6. | 74 | I czka Krzysztof Delfin Masters Tarnobrzeg | 27.34 | 653 |
| 7. | 76 | W growski Michał Zawodnik niezrzeszony | 27.62 | 633 |
| 8. | 78 | Zadoro ny Bartłomiej Olimpia Pozna | 27.69 | 628 |
| 9. | 75 | Bartłomiej Pawłowski Polna Warszawa | 27.72 | 626 |
| 10. | 74 | Kielar Jakub TKKF Koszalin | 27.77 | 623 |



Konkurencja 2, M czysz, 50m dowolny, Kategoria C

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|----------------------|--------------------------------|--------------|------|
| 11. | Szyma ski Sebastian | 74 Start Wrocław | 27.81 | 620 |
| 12. | uber Marek | 75 Zawodnik niezrzeszony | 27.84 | 618 |
| 13. | Litwora Łukasz | 76 Tarnowskie WOPR Masters | 27.94 | 611 |
| 14. | Pawłowski Krzysztof | 77 Motyl Senior MOSiR St. Wola | 28.34 | 586 |
| 15. | Zawół Piotr | 74 Delfin Masters Tarnobrzeg | 28.64 | 568 |
| 16. | Bystry Jarek | 77 AZS UAM Pozna | 28.65 | 567 |
| 17. | Doli ski Arkadiusz | 78 Zawodnik niezrzeszony | 28.66 | 566 |
| 18. | Szklarz Artur | 75 Delfin Masters Tarnobrzeg | 28.99 | 547 |
| 19. | Bazanowski Mariusz | 75 Redeco Wrocław | 29.21 | 535 |
| 20. | Juchno Rafał | 76 IKS Konstancin | 29.25 | 533 |
| 21. | Płaneta Maciej | 74 Delfin Masters Tarnobrzeg | 30.68 | 462 |
| 22. | Osidach Bogdan | 77 Masters SC Euro Lviv | 32.08 | 404 |
| 23. | Bogucki Oscar | 74 JW 2399 wi tos ów | 32.17 | 400 |
| 24. | Budek Robert | 74 Akademia Ruchu AG Warszawa | 32.25 | 397 |
| 25. | Kowalski Piotr | 78 Masters Korona Kraków | 32.54 | 387 |
| 26. | Szabelka Tomasz | 77 Wodnik 29 Katowice | 32.72 | 380 |
| 27. | Mazurek Marcin | 75 Masters Kra nik | 35.39 | 301 |
| 28. | Nowicki Piotr | 76 MKP Szczecin | 37.52 | 252 |
| 29. | Próchniewicz Bartosz | 78 Masters Korona Kraków | 42.15 | 178 |

Kategoria D

| | | | | |
|-----|---------------------|--------------------------------|--------------|-----|
| 1. | Berwecki Arkadiusz | 73 Motyl Senior MOSiR St. Wola | 25.32 | 826 |
| 2. | Syrbu Oleksandr | 72 Masters SC Euro Lviv | 25.67 | 793 |
| 3. | Skorykow Andrzej | 69 Warsaw Masters Team | 26.23 | 743 |
| 4. | Kaliszyk Mariusz | 70 Masters Korona Kraków | 26.49 | 721 |
| 5. | Beym Robert | 69 Start Pozna | 26.96 | 684 |
| 6. | Sykora Jaroslav | 71 PVK Bratislava | 26.97 | 683 |
| 7. | Baranik Mariusz | 69 CM UJ Masters Kraków | 27.10 | 673 |
| | Spyra Krzysztof | 73 Legia Warszawa | 27.10 | 673 |
| 9. | D bski Wiktor | 69 Sport Figielski Warszawa | 27.21 | 665 |
| 10. | Wojciechowicz Marek | 70 Masters Gorzów Wlkp. | 27.43 | 649 |
| 11. | Bar Wiesław | 70 Motyl Senior MOSiR St. Wola | 27.50 | 645 |
| 12. | Kersevicius Linas | 71 SMC Takas Kaunas | 27.95 | 614 |
| 13. | Dzwonek Patryk | 69 Zawodnik niezrzeszony | 28.06 | 607 |
| 14. | Borus Dawid | 70 Masters Gorzów Wlkp. | 28.50 | 579 |
| 15. | Stefa ski Krzysztof | 73 TKKF Koszalin | 28.52 | 578 |
| 16. | Rybarczyk Michał | 70 Ursynów Masters | 29.68 | 513 |
| 17. | Szwajkowski Albert | 71 Delfin Masters Tarnobrzeg | 30.46 | 474 |
| 18. | Krause Dariusz | 73 Zawodnik niezrzeszony | 30.60 | 468 |
| 19. | Martyniuk Iurii | 69 Masters SC Euro Lviv | 30.61 | 467 |
| 20. | Grzelak Maciej | 70 Legia Warszawa | 31.11 | 445 |
| 21. | Mówi ski Grzegorz | 69 AZS UWM Masters Olsztyn | 32.55 | 388 |
| 22. | Shikin Vyacheslav | 70 PK Kipsala Riga | 33.03 | 372 |

Kategoria E

| | | | | |
|----|---------------------|--------------------------------|--------------|-----|
| 1. | Barski Piotr | 65 Sinnet Warszawa | 26.02 | 802 |
| 2. | Monczak Piotr | 67 Start Pozna | 26.64 | 747 |
| 3. | Przybylski Adam | 67 Motyl Senior MOSiR St. Wola | 27.48 | 681 |
| 4. | Soukup Petr | 67 PVK Bratislava | 27.62 | 670 |
| | Skoczylas Tomasz | 66 Wodnik 29 Katowice | 27.62 | 670 |
| 6. | Ko mider Jan | 66 Victoria Józefów | 28.52 | 609 |
| 7. | Kominiak Robert | 64 Masters Korona Kraków | 28.75 | 594 |
| 8. | Delyatynskyy Stepan | 65 Masters SC Euro Lviv | 29.22 | 566 |



Konkurencja 2, M czysz, 50m dowolny, Kategoria E

| Pozycja | Rok ur. | | Czas | Pkt. | |
|---------|----------------------|----|-----------------------|--------------|-----|
| 9. | Orski Oskar | 67 | Masters Opole | 29.55 | 547 |
| 10. | ebrecki Bogdan | 66 | Masters Krosno | 29.71 | 539 |
| 11. | Ezhkov Vadim | 65 | Pregel Kaliningrad | 30.16 | 515 |
| 12. | Levchenko Volodymyr | 68 | Zhytomyr Aqua Masters | 30.22 | 512 |
| 13. | Pogorzelski Marek | 66 | Zawodnik niezrzeszony | 30.81 | 483 |
| 14. | Lewandowski Andrzej | 68 | Warsaw Masters Team | 32.21 | 423 |
| 15. | Skrzypczak Wojciech | 66 | Zawodnik niezrzeszony | 32.53 | 410 |
| 16. | Zadrony Jarosław | 66 | Masters Korona Kraków | 33.14 | 388 |
| 17. | Rudziński Michał | 66 | Warsaw Masters Team | 36.82 | 283 |
| 18. | Kaczmarczyk Wojciech | 68 | Masters Korona Kraków | 51.55 | 103 |

Kategoria F

| | | | | | |
|-----|---------------------------|----|-----------------------------|--------------|-----|
| 1. | Madaj Leszek | 60 | Warsaw Masters Team | 26.62 | 869 |
| 2. | Olszewski Paweł | 62 | Warta Poznań | 27.05 | 828 |
| 3. | miejski Wojciech | 63 | Zawodnik niezrzeszony | 27.31 | 805 |
| 4. | Januskiewicz Zbigniew | 62 | Masters Opole | 27.52 | 787 |
| 5. | Juodeska Arlandas Antanas | 61 | SMC Takas Kaunas | 28.58 | 702 |
| 6. | Piszczek Waldemar | 62 | Masters Korona Kraków | 29.21 | 658 |
| 7. | Zhykh Serhiy | 62 | Masters SC Euro Lviv | 29.22 | 657 |
| 8. | Kulyk Mykola | 61 | Zhytomyr Aqua Masters | 29.55 | 635 |
| 9. | Mydłowski Mietek | 62 | SiKReT Masters Gliwice | 30.04 | 605 |
| 10. | Lorkowski Robert | 60 | Motyl Senior MOSiR St. Wola | 30.05 | 604 |
| 11. | Dirindyaev Sergey | 63 | Pregel Kaliningrad | 30.37 | 585 |
| 12. | Cis Andrzej | 60 | Masters Kraków | 30.68 | 568 |
| 13. | Rudnyk Ihor | 61 | Masters SC Euro Lviv | 32.55 | 475 |
| 14. | Bak Zdzisław | 61 | Masters Kraków | 32.60 | 473 |
| 15. | Derkowski Krzysztof | 61 | Delfin Inowrocław | 33.07 | 453 |
| 16. | Maciejczak Andrzej | 60 | Tarnowskie WOPR Masters | 33.41 | 439 |
| 17. | Tataczuk Ryszard | 59 | WOPR Kędzierzyn Koźle | 33.81 | 424 |
| 18. | Sutowski Robert | 59 | Warsaw Masters Team | 37.94 | 300 |
| 19. | Nowicki Robert | 63 | Warsaw Masters Team | 39.84 | 259 |
| 20. | Wiszniewski Andrzej | 63 | Warsaw Masters Team | 40.67 | 243 |
| 21. | Liber Zbigniew | 63 | Warta Poznań | 43.75 | 195 |

Kategoria G

| | | | | | |
|-----|----------------------|----|----------------------|--------------|-----|
| 1. | Gorbaczow Dariusz | 58 | Sopot Masters | 28.79 | 743 |
| 2. | Wilczek Jan | 58 | Wodnik 29 Katowice | 28.90 | 734 |
| 3. | Zabrzański Alfred | 54 | UKS SP 8 Chrzanów | 30.17 | 645 |
| 4. | Mansil Peter | 56 | PVK Bratislava | 30.29 | 638 |
| 5. | Minkiewicz Jerzy | 56 | Masters Opole | 31.11 | 589 |
| 6. | Birecki Roman | 55 | Masters Opole | 31.35 | 575 |
| 7. | Kwiatkowski Jacek | 57 | YMCA Kraków | 31.78 | 552 |
| 8. | Tervinskiy Alexander | 58 | Pregel Kaliningrad | 31.95 | 543 |
| 9. | Denisov Yuriy | 54 | Masters SC Euro Lviv | 33.09 | 489 |
| 10. | Yatsura Bohdan | 56 | Masters SC Euro Lviv | 34.96 | 415 |
| 11. | Lasowy Marian | 55 | Masters Gorzów Wlkp. | 37.05 | 348 |
| 12. | Michalczyk Jerzy | 56 | Masters Kraków | 40.84 | 260 |



Konkurencja 2, M cżyn, 50m dowolny

Kategoria H

| | | | | | |
|-----|----------------------|----|-----------------------------|--------------|-----|
| 1. | Rubaszkieicz Andrzej | 49 | MKS Piaseczno | 29.15 | 794 |
| 2. | Kornicki Wiesław | 49 | Weteran Zabrze | 30.90 | 667 |
| 3. | Lietz Krzysztof | 52 | Toru czyk Masters Toru | 31.22 | 646 |
| 4. | Kubicki Leszek | 53 | Gdynia Masters | 31.92 | 605 |
| 5. | Chyrkov Yuriy | 51 | Masters SC Euro Lviv | 32.31 | 583 |
| 6. | Jarzyna Włodzimierz | 49 | Motyl Senior MOSiR St. Wola | 32.59 | 568 |
| 7. | Dubi ski Bogdan | 53 | Zawodnik niezrzeszony | 32.68 | 563 |
| 8. | Ossowski Aleksander | 53 | Zgiersko-Ł czyckie WOPR | 32.73 | 561 |
| 9. | Krzy anowski Ryszard | 49 | Olimpia Pozna | 32.82 | 556 |
| 10. | Denisenko Akim | 53 | Pregel Kaliningrad | 34.42 | 482 |
| 11. | Jacaszek Andrzej | 53 | Flota Masters Gdynia | 34.64 | 473 |
| 12. | Pshenychnyy Fedir | 50 | Aqua Masters Kyiv | 35.51 | 439 |
| 13. | Garbarczuk Janusz | 51 | Masters Opole | 37.38 | 376 |
| 14. | Michałkowski Andrzej | 51 | TKKF Koszalin | 39.46 | 320 |

Kategoria I

| | | | | | |
|-----|----------------------|----|-------------------------|----------------|-----|
| 1. | Bashmakov Alexander | 46 | Poseidon Moscow | 30.14 | 816 |
| 2. | Ró alski Józef | 45 | MOSiR Ostrowiec w. | 31.18 | 737 |
| 3. | Mleczek Andrzej | 47 | Masters Korona Kraków | 33.04 | 619 |
| 4. | Maciejczyk Zbigniew | 47 | Zgiersko-Ł czyckie WOPR | 33.18 | 611 |
| 5. | Kiszczał Stanisław | 48 | Weteran Zabrze | 34.13 | 562 |
| 6. | Wolniewicz Janusz | 48 | Trójka Oborniki | 35.80 | 487 |
| 7. | Zajfert Stanisław | 48 | WOPR K dierzyn Ko le | 36.05 | 477 |
| 8. | Boboli Jan Maciej | 48 | Warsaw Masters Team | 37.26 | 432 |
| 9. | Bosowski Włodzimierz | 48 | Weteran Zabrze | 37.66 | 418 |
| 10. | Szpala Janusz | 48 | Masters Opole | 38.42 | 394 |
| 11. | Kubis Antoni | 47 | Masters Korona Kraków | 38.76 | 383 |
| 12. | Ciupek Józef | 46 | Masters Opole | 40.21 | 343 |
| 13. | Jawor Bogdan | 47 | Masters Polkowice | 42.61 | 288 |
| 14. | Lipski Romuald | 47 | Zawodnik niezrzeszony | 49.03 | 189 |
| 15. | Goł biewski Janusz | 48 | Masters Korona Kraków | 1:00.22 | 102 |
| 16. | Marciniszko Jerzy | 44 | Delfin Gliwice | 1:00.75 | 99 |

Kategoria J

| | | | | | |
|----|---------------------|----|-----------------------|--------------|-----|
| 1. | Martyniuk Bogdan | 39 | Zawodnik niezrzeszony | 33.72 | 636 |
| 2. | Buczowski Władysław | 42 | Weteran Zabrze | 34.17 | 611 |
| 3. | Skwarło Andrzej | 39 | Gdynia Masters | 38.03 | 443 |
| 4. | Rybarczyk Ryszard | 42 | Ursynów Masters | 40.89 | 356 |
| 5. | Dzieko ski Edward | 43 | Zawodnik niezrzeszony | 40.92 | 355 |
| 6. | Krawczyk Tadeusz | 43 | Masters Korona Kraków | 45.79 | 254 |

Kategoria K

| | | | | | |
|----|---------------------|----|---------------------|--------------|-----|
| 1. | Witkowski Tadeusz | 37 | Masters Opole | 35.19 | 751 |
| 2. | Sko kiewicz Tadeusz | 38 | Warsaw Masters Team | 39.35 | 537 |

Kategoria L

| | | | | | |
|----|------------------------|----|-----------------------|--------------|-----|
| 1. | Krokoszy ski Stanisław | 30 | Wisła Masters Kraków | 40.33 | 559 |
| 2. | Prz do Lucjan | 30 | Polonia Warszawa | 41.15 | 526 |
| 3. | Simankov Serhiy | 32 | Masters SC Euro Lviv | 41.56 | 511 |
| 4. | Shcheglov Kostyantyn | 33 | Zhytomyr Aqua Masters | 45.60 | 386 |
| 5. | From Kazimierz | 32 | Zawodnik niezrzeszony | 58.12 | 186 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 2, M czysz, 50m dowolny

Kategoria M

| | | | | |
|------------------------|----|----------------------|----------------|-----|
| 1. Rabinovich Vladimir | 24 | MKMP Moscow | 1:00.85 | 259 |
| PK Fedorov Serhiy | 55 | Masters SC Euro Lviv | 28.71 | 749 |

Konkurencja 3

15/11/2013 - 16:59

Kobiet, 200m zmienny

20 - 94 lat

Wyniki

Punkty: DSV Masters 13

Pozycja Rok ur. Czas Pkt. 50m 100m 150m 200m

Kategoria 0

| | | | | | | | | |
|------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. Drab Magdalena | 92 | CM UJ Masters Kraków | 2:29.57 | 874 | 32.20 | 38.63 | 43.41 | 35.33 |
| 2. Jamrozik Aleksandra | 91 | Masters Korona Kraków | 2:40.97 | 701 | 35.23 | 40.73 | 47.91 | 37.10 |
| 3. Jasi ska Joanna | 93 | KU AZS UJ Kraków | 2:41.10 | 699 | 32.99 | 41.19 | 47.66 | 39.26 |
| 4. Nawrocka Manuela | 90 | SGGW Warszawa | 2:41.39 | 696 | 36.56 | 40.38 | 47.59 | 36.86 |

Kategoria A

| | | | | | | | | |
|----------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Palmowska Paulina | 85 | Masters Korona Kraków | 2:45.97 | 641 | 34.11 | 40.17 | 49.74 | 41.95 |
| 2. Mróz Urszula | 86 | Tarnowskie WOPR Masters | 2:49.33 | 604 | 36.19 | 39.90 | 51.94 | 41.30 |
| 3. Piekut Anna | 88 | AZS UWM Masters Olsztyn | 2:53.98 | 557 | 34.31 | 43.52 | 52.45 | 43.70 |
| 4. Chomicz Joanna | 88 | KP Koziegłowy | 3:03.35 | 476 | 39.39 | 47.87 | 53.08 | 43.01 |

Kategoria B

| | | | | | | | | |
|---------------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Lord Marta | 80 | Toru czyk Masters Toru | 2:41.77 | 691 | 36.89 | 40.69 | 46.40 | 37.79 |
| 2. Malchar Jowita | 82 | Delfinek Legnica | 2:50.20 | 593 | 35.26 | 43.23 | 50.05 | 41.66 |
| 3. Le czowska Agnieszka | 82 | Wisła Masters Kraków | 2:50.92 | 586 | 34.48 | 44.60 | 50.10 | 41.74 |
| 4. Opitz Agnieszka | 82 | Tarnowskie WOPR Masters | 2:52.02 | 574 | 36.12 | 46.99 | 49.30 | 39.61 |
| 5. Mazurkiewicz Agnieszka | 82 | Warsaw Masters Team | 3:21.13 | 359 | 41.95 | 52.46 | 59.21 | 47.51 |

Kategoria C

| | | | | | | | | |
|--------------------|----|-----------------------|----------------|-----|-------|-------|---------|-------|
| 1. Sołtyk Judyta | 74 | Zawodnik niezrzeszony | 2:48.05 | 645 | 34.55 | 43.18 | 50.37 | 39.95 |
| 2. Sirenko Romana | 76 | Masters SC Euro Lviv | 3:01.61 | 511 | 38.58 | 45.78 | 52.79 | 44.46 |
| 3. Novakova Monika | 75 | PVK Bratislava | 3:07.23 | 466 | 39.03 | 49.01 | 55.27 | 43.92 |
| 4. Jakubów Marlena | 74 | Redeco Wrocław | 3:32.13 | 321 | 47.76 | 54.67 | 1:02.03 | 47.67 |

Kategoria D

| | | | | | | | | |
|--------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Fajkowska Daria | 73 | Zgiersko-Ł czyckie WOPR | 2:37.73 | 806 | 32.83 | 39.33 | 46.48 | 39.09 |
| 2. Sulewska Beata | 72 | Weteran Zabrze | 2:43.64 | 721 | 35.54 | 44.65 | 46.06 | 37.39 |

Kategoria E

| | | | | | | | | |
|------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Puchalska Joanna | 64 | Sopot Masters | 2:45.71 | 786 | 34.61 | 44.97 | 47.23 | 38.90 |
| 2. Wysocka Klaudia | 66 | Masters Korona Kraków | 3:00.65 | 607 | 36.94 | 47.20 | 54.44 | 42.07 |
| 3. Petecka Maria | 67 | Motyl Senior MOSiR St. Wol | 3:05.70 | 559 | 39.01 | 50.59 | 53.12 | 42.98 |
| 4. Ivanauskaite Ramune | 64 | SMC Takas Kaunas | 3:14.63 | 485 | 43.88 | 48.15 | 55.93 | 46.67 |

Kategoria F

| | | | | | | | | |
|---------------------------|----|------------------------|----------------|-----|-------|---------|---------|-------|
| 1. Szała Ewa | 59 | KP Koziegłowy | 2:57.47 | 670 | 38.24 | 45.28 | 52.04 | 41.91 |
| 2. Kilina Marina | 63 | Pregel Kaliningrad | 3:06.02 | 582 | 41.77 | 45.86 | 54.18 | 44.21 |
| 3. Macierzewska Agnieszka | 60 | Masters Korona Kraków | 3:14.59 | 508 | 39.75 | 51.10 | 59.17 | 44.57 |
| 4. Zagała Joanna | 59 | SiKReT Masters Gliwice | 3:42.94 | 338 | 48.62 | 58.84 | 1:03.33 | 52.15 |
| 5. Pola czyk Renata | 59 | Gdynia Masters | 3:46.65 | 322 | 49.61 | 51.85 | 1:15.07 | 50.12 |
| 6. Kara Beata | 62 | Victory Masters Elbl g | 4:00.28 | 270 | 53.65 | 1:02.87 | 1:12.65 | 51.11 |
| 7. Radkowiak Danuta | 60 | Gdynia Masters | 4:01.44 | 266 | 54.22 | 1:07.91 | 1:05.40 | 53.91 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 3, Kobiet, 200m zmienny

Kategoria G

| | | | | | | | | |
|------------------------|----|------------------------|----------------|-----|-------|---------|---------|-------|
| 1. Aleskchenko Natalia | 57 | Pregel Kaliningrad | 3:04.45 | 797 | 38.91 | 49.26 | 53.05 | 43.23 |
| 2. Kania Hanka | 54 | Gdynia Masters | 3:42.64 | 453 | 50.14 | 58.57 | 1:02.58 | 51.35 |
| 3. D browska Zofia | 58 | SiKReT Masters Gliwice | 4:15.14 | 301 | 55.38 | 1:16.97 | 1:04.14 | 58.65 |

Kategoria H

| | | | | | | | | |
|----------------|----|-----------------------|----------------|-----|-------|---------|---------|---------|
| 1. Ko min Anna | 51 | Masters Korona Kraków | 4:12.13 | 343 | 52.80 | 1:08.65 | 1:06.62 | 1:04.06 |
|----------------|----|-----------------------|----------------|-----|-------|---------|---------|---------|

Kategoria I

| | | | | | | | | |
|------------------|----|-----------------------|----------------|-----|---------|---------|---------|---------|
| 1. Mleczko Maria | 46 | Masters Korona Kraków | 5:37.55 | 158 | 1:20.54 | 1:34.75 | 1:29.82 | 1:12.44 |
|------------------|----|-----------------------|----------------|-----|---------|---------|---------|---------|

Kategoria J

| | | | | | | | | |
|-------------------------|----|---------------------|----------------|-----|---------|---------|---------|---------|
| 1. Fecica Krystyna | 43 | Weteran Zabrze | 3:59.55 | 516 | 54.56 | 1:09.20 | 1:02.24 | 53.55 |
| 2. Wieczorkiewicz Alina | 40 | Warsaw Masters Team | 6:39.65 | 111 | 1:41.05 | 1:31.73 | 1:49.20 | 1:37.67 |

Konkurencja 4
15/11/2013 - 17:28

M czyzn, 200m zmienny

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---------|--|------|------|-----|------|------|------|
|---------|---------|--|------|------|-----|------|------|------|

Kategoria O

| | | | | | | | | |
|------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. Jabło ski Marcin | 90 | Zawodnik niezrzeszony | 2:10.45 | 922 | 27.35 | 34.48 | 38.71 | 29.91 |
| 2. Czermak Tomasz | 91 | AZS AWF Katowice | 2:16.77 | 800 | 29.65 | 36.71 | 37.72 | 32.69 |
| 3. Rzeczkowski Piotr | 90 | Aquapark Wrocław | 2:20.76 | 734 | 28.25 | 35.95 | 43.35 | 33.21 |
| 4. Zieli ski Kamil | 89 | AZS AWF Biała Podl. | 2:22.44 | 708 | 30.31 | 40.29 | 36.62 | 35.22 |
| 5. R bas Igor | 89 | Zawodnik niezrzeszony | 2:25.84 | 660 | 28.31 | 38.37 | 44.16 | 35.00 |
| 6. Olszewski Krzysztof | 89 | SGGW Warszawa | 2:34.50 | 555 | 32.63 | 39.80 | 42.39 | 39.68 |
| 7. Stanek Wojciech | 92 | ORS Opole | 2:38.32 | 516 | 34.76 | 42.61 | 44.24 | 36.71 |

Kategoria A

| | | | | | | | | |
|----------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Janovsky Jiri | 88 | Straz pod Ralskiem | 2:17.88 | 668 | 29.46 | 35.62 | 40.14 | 32.66 |
| 2. Sterczy ski Jakub | 88 | AZS UAM Pozna | 2:19.74 | 642 | 29.08 | 35.86 | 40.44 | 34.36 |
| 3. Stawiany Mateusz | 86 | Aquapark Wrocław | 2:22.90 | 600 | 29.31 | 36.05 | 41.10 | 36.44 |
| 4. Miłek Mateusz | 87 | Sport and Body Kraków | 2:24.86 | 576 | 30.56 | 38.50 | 42.50 | 33.30 |
| 5. Kluczyk Szymon | 87 | Swimming Masters Team | 2:26.30 | 559 | 30.83 | 37.52 | 43.57 | 34.38 |
| 6. Stasiaczek Michał | 84 | Aquapark Wrocław | 2:32.44 | 494 | 31.59 | 39.46 | 42.31 | 39.08 |
| 7. Dymiter Mateusz | 86 | Tarnowskie WOPR Masters | 2:43.40 | 401 | 32.01 | 43.18 | 49.26 | 38.95 |
| 8. Grudzie Maciej | 88 | Masters Korona Kraków | 3:04.67 | 278 | 42.29 | 48.72 | 52.23 | 41.43 |

Kategoria B

| | | | | | | | | |
|-------------------------|----|-------------------------|----------------|-----|-------|-------|---------|-------|
| 1. Twarowski Karol | 79 | Toru czyk Masters Toru | 2:20.05 | 600 | 28.80 | 35.59 | 42.02 | 33.64 |
| 2. Brodacki Maciej | 83 | Swimming Masters Team | 2:25.00 | 540 | 29.65 | 38.46 | 43.75 | 33.14 |
| 3. Splawi ski Michał | 81 | Wodnik 29 Katowice | 2:26.52 | 524 | 29.08 | 42.50 | 41.32 | 33.62 |
| 4. Jurek Przemysław | 81 | Tarnowskie WOPR Masters | 2:32.74 | 462 | 30.40 | 39.43 | 47.22 | 35.69 |
| 5. Kłosi ski Artur | 81 | Toru czyk Masters Toru | 2:36.78 | 427 | 32.37 | 40.52 | 45.76 | 38.13 |
| 6. Włoszek Artur | 81 | Zawodnik niezrzeszony | 2:39.33 | 407 | 32.64 | 40.89 | 46.71 | 39.09 |
| 7. Rydlewski Przemysław | 79 | KP Koziegłowy | 2:39.60 | 405 | 31.37 | 40.61 | 49.59 | 38.03 |
| 8. Arentewicz Grzegorz | 81 | Toru czyk Masters Toru | 2:50.06 | 335 | 34.76 | 46.92 | 49.52 | 38.86 |
| 9. Karczmarczyk Jakub | 80 | Pi tka Konstantynów Ł. | 2:50.13 | 334 | 34.19 | 46.05 | 50.42 | 39.47 |
| 10. Jurek Radosław | 83 | Tarnowskie WOPR Masters | 2:55.41 | 305 | 33.98 | 45.92 | 54.88 | 40.63 |
| 11. Kału y ski Wojciech | 80 | Warsaw Masters Team | 3:00.32 | 281 | 37.86 | 46.76 | 53.97 | 41.73 |
| 12. Sidorowicz Jakub | 83 | Pi tka Konstantynów Ł. | 3:26.78 | 186 | 38.44 | 55.06 | 1:01.72 | 51.56 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 4, M cyczny, 200m zmienny

Kategoria C

| | | | | | | | | |
|------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Horbacz Marcin | 74 | JW 2399 wi tos ów | 2:17.17 | 799 | 29.40 | 37.29 | 39.08 | 31.40 |
| 2. Minakovs Valerijs | 74 | Jelgava SPS | 2:20.89 | 737 | 29.28 | 34.53 | 42.74 | 34.34 |
| 3. Skrok Michał | 76 | Motyl Senior MOSiR St. Wol | 2:22.92 | 706 | 32.05 | 37.98 | 39.02 | 33.87 |
| 4. Baran Robert | 75 | Motyl Senior MOSiR St. Wol | 2:27.96 | 637 | 31.03 | 37.28 | 45.09 | 34.56 |
| 5. Gregorowicz Paweł | 74 | AZS UWM Masters Olsztyn | 2:28.78 | 626 | 30.83 | 40.66 | 42.33 | 34.96 |
| 6. Dygdo Paweł | 75 | Wodnik 29 Katowice | 2:42.40 | 481 | 32.83 | 41.27 | 48.65 | 39.65 |
| 7. Rutkowski Artur | 74 | Masters Gorzów Wlkp. | 2:43.77 | 469 | 32.76 | 43.83 | 48.94 | 38.24 |
| 8. Pawłowski Krzysztof | 77 | Motyl Senior MOSiR St. Wol | 2:44.12 | 466 | 35.45 | 42.84 | 46.51 | 39.32 |
| 9. Olkowicz Arkadiusz | 76 | Pi tka Konstantynów Ł. | 2:44.43 | 464 | 33.37 | 42.68 | 49.80 | 38.58 |
| 10. Cie li ski Paweł | 76 | Motyl Senior MOSiR St. Wol | 2:56.16 | 377 | 38.29 | 47.84 | 49.11 | 40.92 |
| 11. Doli ski Arkadiusz | 78 | Zawodnik niezrzeszony | 2:58.69 | 361 | 35.83 | 45.49 | 53.06 | 44.31 |

DYSKW. W growski Michał 76 Zawodnik niezrzeszony

G7 - Brak pozycji na plecach przy opuszczaniu ciany nawrotowej (Czas: 18:23)

Kategoria D

| | | | | | | | | |
|-----------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Berwecki Arkadiusz | 73 | Motyl Senior MOSiR St. Wol | 2:15.14 | 847 | 28.56 | 36.02 | 38.55 | 32.01 |
| 2. Skorykow Andrzej | 69 | Warsaw Masters Team | 2:28.11 | 643 | 31.31 | 39.22 | 43.26 | 34.32 |
| 3. Monczak Grzegorz | 73 | One Man Team Pozna | 2:31.86 | 597 | 32.87 | 40.67 | 44.79 | 33.53 |
| 4. Sykora Jaroslav | 71 | PVK Bratislava | 2:39.38 | 516 | 31.25 | 40.81 | 49.77 | 37.55 |
| 5. Borus Dawid | 70 | Masters Gorzów Wlkp. | 2:43.53 | 478 | 35.10 | 40.15 | 48.10 | 40.18 |
| 6. Wo niak Mirosław | 69 | CM UJ Masters Kraków | 2:45.18 | 464 | 32.85 | 43.27 | 49.37 | 39.69 |
| 7. Kunicki Maciej | 72 | Weteran Zabrze | 2:49.50 | 429 | 32.39 | 46.07 | 52.97 | 38.07 |
| 8. Łopaci ski Artur | 72 | Masters Gorzów Wlkp. | 2:49.53 | 429 | 33.49 | 44.58 | 51.68 | 39.78 |
| 9. Jaro Tomasz | 71 | Zawodnik niezrzeszony | 3:00.40 | 356 | 37.29 | 51.36 | 50.46 | 41.29 |
| 10. Szurek Sławomir | 71 | Orka Masters Radlin | 3:01.30 | 350 | 35.73 | 48.81 | 53.51 | 43.25 |
| 11. Grzelak Maciej | 70 | Legia Warszawa | 3:01.59 | 349 | 34.20 | 50.88 | 54.28 | 42.23 |

DYSKW. Friauf Ruslan 69 Masters SC Euro Lviv

G8 - Uko czenie wy cigu nie w poło eniu na plecach (Czas: 18:11)

Kategoria E

| | | | | | | | | |
|-------------------------|----|-------------------------|----------------|-----|-------|---------|---------|-------|
| 1. Stanek Grzegorz | 68 | ORS Opole | 2:22.34 | 884 | 30.45 | 34.85 | 42.89 | 34.15 |
| 2. Monczak Piotr | 67 | Start Pozna | 2:28.63 | 776 | 32.31 | 38.31 | 44.30 | 33.71 |
| 3. Markowicz Piotr | 67 | AZS UWM Masters Olsztyn | 2:43.88 | 579 | 32.86 | 41.40 | 48.45 | 41.17 |
| 4. Cybertowicz Sławomir | 66 | Olimpia Pozna | 2:45.18 | 565 | 34.75 | 46.27 | 45.83 | 38.33 |
| 5. ebracki Bogdan | 66 | Masters Krosno | 2:50.82 | 511 | 35.93 | 46.80 | 49.68 | 38.41 |
| 6. Pogorzelski Marek | 66 | Zawodnik niezrzeszony | 3:05.64 | 398 | 36.49 | 51.47 | 55.29 | 42.39 |
| 7. Skrzypczak Wojciech | 66 | Zawodnik niezrzeszony | 3:17.61 | 330 | 42.85 | 50.32 | 1:00.50 | 43.94 |
| 8. Bro ek Waław | 67 | Masters Korona Kraków | 3:36.23 | 252 | 41.20 | 1:02.49 | 1:05.43 | 47.11 |

Kategoria F

| | | | | | | | | |
|---------------------------|----|----------------------------|----------------|-----|-------|---------|---------|-------|
| 1. Wolny Dariusz | 60 | Redeco Wrocław | 2:25.53 | 947 | 31.51 | 35.79 | 43.33 | 34.90 |
| 2. miewko Wojciech | 63 | Zawodnik niezrzeszony | 2:34.46 | 792 | 32.00 | 1:24.76 | | |
| 3. Lorkowski Robert | 60 | Motyl Senior MOSiR St. Wol | 2:47.30 | 623 | 38.13 | 42.89 | 48.88 | 37.40 |
| 4. Waraczewski Przemysław | 62 | Warta Pozna | 2:55.22 | 542 | 37.65 | 46.81 | 50.06 | 40.70 |
| 5. Mydłowski Mietek | 62 | SiKReT Masters Gliwice | 2:57.17 | 525 | 37.10 | 45.59 | 52.75 | 41.73 |
| 6. Cis Andrzej | 60 | Masters Kra nik | 3:14.27 | 398 | 42.27 | 50.32 | 1:00.08 | 41.60 |
| 7. Data Andrzej | 61 | Masters Korona Kraków | 3:21.03 | 359 | 43.85 | 50.81 | 58.51 | 47.86 |
| 8. Lopin Grigoriy | 63 | Pregel Kaliningrad | 3:28.49 | 322 | 42.28 | 51.47 | 1:01.58 | 53.16 |
| 9. Wiszniewski Andrzej | 63 | Warsaw Masters Team | 3:46.49 | 251 | 53.78 | 1:06.03 | 59.34 | 47.34 |



Konkurencja 4, M czyzn, 200m zmienny

Kategoria G

| | | | | | | | | |
|---------------------------|----|-------------------------|----------------|-----|-------|---------|---------|-------|
| 1. Gabiec Mariusz | 58 | AZS UWM Masters Olsztyn | 2:33.92 | 892 | 32.32 | 39.14 | 46.10 | 36.36 |
| 2. Przytułski Włodzimierz | 57 | Zgiersko-Ł czyckie WOPR | 2:49.58 | 667 | 34.89 | 43.46 | 53.35 | 37.88 |
| 3. Piechula Adolf | 57 | AZS PWSZ Racibórz | 2:56.36 | 593 | 36.44 | 46.56 | 52.81 | 40.55 |
| 4. Konstanty Janusz | 56 | Wisła Masters Kraków | 2:58.35 | 573 | 37.56 | 43.00 | 54.49 | 43.30 |
| 5. Kawecki Krzysztof | 57 | Astoria Bydgoszcz | 3:00.50 | 553 | 39.01 | 47.27 | 51.04 | 43.18 |
| 6. Kujawa Maciej | 54 | Toru czyk Masters Toru | 3:03.00 | 531 | 36.49 | 48.53 | 51.59 | 46.39 |
| 7. Pietraszewski Zbigniew | 55 | Olimpia Pozna | 3:05.23 | 512 | 44.85 | 46.15 | 51.85 | 42.38 |
| 8. Minkiewicz Jerzy | 56 | Masters Opole | 3:12.33 | 457 | 39.06 | 51.90 | 57.84 | 43.53 |
| 9. Rusowicz Waldemar | 55 | Masters Kra nik | 3:57.80 | 242 | 55.88 | 1:06.49 | 1:00.24 | 55.19 |
| DYSKW. Samonek Krzysztof | 57 | Masters Kra nik | | | | | | |

G8 - Uko czenie wy cigu nie w poło eniu na plecach (Czas: 17:51)

Kategoria H

| | | | | | | | | |
|-------------------------|----|----------------------------|----------------|-----|-------|---------|---------|-------|
| 1. Nowak Michał | 52 | Ursynów Masters | 2:59.73 | 763 | 40.29 | 46.76 | 50.56 | 42.12 |
| 2. Lietz Krzysztof | 52 | Toru czyk Masters Toru | 3:11.73 | 628 | 40.05 | 55.05 | 56.48 | 40.15 |
| 3. Grzeszewski Sławomir | 53 | Zawodnik niezrzeszony | 3:12.69 | 619 | 38.89 | 52.91 | 53.36 | 47.53 |
| 4. Jarzyna Włodzimierz | 49 | Motyl Senior MOSiR St. Wol | 3:16.76 | 581 | 45.12 | 51.32 | 58.99 | 41.33 |
| 5. Chyrkov Yuriy | 51 | Masters SC Euro Lviv | 3:19.87 | 554 | 41.01 | 52.80 | 59.90 | 46.16 |
| 6. Ciecior Jerzy | 53 | Orka Masters Radlin | 3:20.00 | 553 | 41.85 | 50.43 | 1:03.25 | 44.47 |
| 7. Mikołajczyk Czesław | 50 | Gdynia Masters | 3:29.58 | 481 | 45.12 | 1:00.03 | 55.57 | 48.86 |
| 8. Szufarski Andrzej | 52 | Toru czyk Masters Toru | 3:31.17 | 470 | 42.58 | 56.39 | 59.76 | 52.44 |
| 9. Irczyk Leon | 51 | Orka Masters Radlin | 4:07.40 | 292 | 55.47 | 1:11.25 | 1:01.79 | 58.89 |

Kategoria I

| | | | | | | | | |
|-------------------------|----|-------------------------------|----------------|-----|-------|---------|---------|---------|
| 1. Kharchenko Alexander | 47 | Nevskie Zvezdy St. Petersburg | 3:11.00 | 606 | 40.17 | 50.02 | 55.06 | 45.75 |
| 2. Ró alski Józef | 45 | MOSiR Ostrowiec w. | 3:14.38 | 575 | 39.72 | 56.31 | 56.93 | 41.42 |
| 3. Woch Janusz | 46 | Olimpia Pozna | 3:37.62 | 409 | 45.57 | 57.36 | 59.56 | 55.13 |
| 4. Czy Bolesław | 48 | Zawodnik niezrzeszony | 3:47.36 | 359 | 49.69 | 1:05.06 | 1:00.32 | 52.29 |
| 5. Daszy ski Andrzej | 48 | Energetyk Zgorzelec | 3:55.59 | 322 | 53.16 | 1:00.35 | 1:10.23 | 51.85 |
| 6. Szpała Janusz | 48 | Masters Opole | 4:00.46 | 303 | 51.36 | 1:04.65 | 1:11.67 | 52.78 |
| 7. Jawor Bogdan | 47 | Masters Polkowice | 4:15.76 | 252 | 55.70 | 1:08.26 | 1:11.79 | 1:00.01 |
| DYSKW. Lipski Romuald | 47 | Zawodnik niezrzeszony | | | | | | |

G8 - Uko czenie wy cigu nie w poło eniu na plecach (Czas: 17:37)

Kategoria J

| | | | | | | | | |
|--------------------|----|-------------------|----------------|-----|-------|---------|---------|---------|
| 1. Bastek Ewald | 39 | Weteran Zabrze | 3:27.53 | 628 | 49.77 | 56.57 | 57.98 | 43.21 |
| 2. Skwarło Andrzej | 39 | Gdynia Masters | 3:48.57 | 470 | 51.86 | 58.24 | 1:03.81 | 54.66 |
| 3. Bugła Rudolf | 40 | Naprzód Rydułtowy | 4:17.61 | 328 | 59.08 | 1:06.19 | 1:11.95 | 1:00.39 |

Kategoria K

| | | | | | | | | |
|----------------------|----|---------------------|----------------|-----|---------|---------|---------|---------|
| 1. Witkowski Tadeusz | 37 | Masters Opole | 4:15.23 | 412 | 1:05.30 | 1:03.16 | 1:19.70 | 47.07 |
| 2. Sielski Ryszard | 37 | Warsaw Masters Team | 4:45.78 | 294 | 1:09.73 | 1:17.20 | 1:13.52 | 1:05.33 |

Kategoria L

| | | | | | | | | |
|---------------------------|----|----------------------|----------------|-----|---------|---------|---------|-------|
| 1. Krokoszy ski Stanisław | 30 | Wisła Masters Kraków | 4:01.29 | 626 | 1:00.49 | 1:01.54 | 1:07.83 | 51.43 |
|---------------------------|----|----------------------|----------------|-----|---------|---------|---------|-------|



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 5
15/11/2013 - 18:29

Mieszane, 4 x 50m dowolny

AG 80 - 400
Wyniki

Punkty: DSV Masters 13

| Pozycja | | | | | | Czas | Pkt. | |
|--------------------|------------------------------------|----|-------|-----------------------------------|------------------------|----------------|-------|-------|
| Kategoria A | | | | | | | | |
| 1. | Redeco Wrocław A | | | Redeco Wrocław | | 1:47.05 | | |
| | Bystrzycka Agnieszka | 81 | +0,77 | 27.74 | Kownacki Maciej | 85 | +0,63 | 25.61 |
| | Pi tkowski Jakub | 83 | +0,49 | 27.97 | Mongiła Magdalena | 88 | +0,65 | 25.73 |
| 2. | Tarnowskie WOPR Masters A | | | Tarnowskie WOPR Masters | | 1:59.80 | | |
| | Dymiter Mateusz | 86 | +0,81 | 28.68 | Rompała Karolina | 85 | +0,58 | 32.48 |
| | Mróz Urszula | 86 | +0,43 | 31.07 | Jurek Radosław | 83 | +0,59 | 27.57 |
| 3. | Warsaw Masters Team A | | | Warsaw Masters Team | | 2:10.24 | | |
| | Czupryn Jacek | 88 | +1,11 | 30.92 | Mazurkiewicz Agnieszka | 82 | | 44.49 |
| | Stanisławska Anna | 87 | +0,78 | 27.49 | Makomaski Tomasz | 86 | +0,58 | 27.34 |
| Kategoria B | | | | | | | | |
| 1. | Tarnowskie WOPR Masters B | | | Tarnowskie WOPR Masters | | 1:56.45 | | |
| | Litwora Łukasz | 76 | +0,75 | 28.26 | Rompała Agata | 82 | +0,33 | 30.74 |
| | Opitz Agnieszka | 82 | +0,63 | 30.70 | Jurek Przemysław | 81 | +0,54 | 26.75 |
| 2. | Masters Korona Kraków B | | | Masters Korona Kraków | | 1:56.63 | | |
| | Palmowska Paulina | 85 | +0,66 | 30.92 | Janeczko Anna | 72 | +0,83 | 34.01 |
| | Binkowski Michał | 82 | +0,34 | 26.05 | Latuszek Kamil | 88 | +0,46 | 25.65 |
| 3. | Delfin Masters Tarnobrzeg B | | | Delfin Masters Tarnobrzeg | | 1:58.27 | | |
| | Rozmus Angelika | 78 | +0,78 | 31.56 | l czka Krzysztof | 74 | +0,51 | 27.11 |
| | Szklarz Artur | 75 | +0,38 | 28.09 | Meksuła Agata | 77 | +0,40 | 31.51 |
| 4. | KP Koziegłowy B | | | KP Koziegłowy | | 2:03.14 | | |
| | Chomicz Joanna | 88 | +0,81 | 32.81 | Szała Ewa | 59 | +0,71 | 34.94 |
| | Jerszy ski Damian | 83 | +0,34 | 27.77 | Rydlowski Przemysław | 79 | +0,30 | 27.62 |
| 5. | Orka Masters Radlin B | | | Orka Masters Radlin | | 2:17.79 | | |
| | urczak Tomasz | 69 | +0,92 | 33.96 | Rek-Dylich Monika | 82 | +0,49 | 35.42 |
| | Macionczyk Renata | 75 | +0,60 | 37.04 | Szurek Sławomir | 71 | +0,26 | 31.37 |
| 6. | Akademia Ruchu AG B | | | Akademia Ruchu AG Warszawa | | 2:21.34 | | |
| | Kowalczyk Rafał | 84 | +0,81 | 31.64 | Maryl Marta | 78 | +0,44 | 33.42 |
| | Budek Robert | 74 | -0,03 | 33.32 | Chmielewska Izabela | 81 | +0,44 | 42.96 |
| Kategoria C | | | | | | | | |
| 1. | Masters Korona Kraków C | | | Masters Korona Kraków | | 1:53.49 | | |
| | Kuli Mariola | 66 | +0,73 | 31.01 | Fr czek Izabela | 70 | +0,32 | 29.95 |
| | Kaliszyk Mariusz | 70 | +0,49 | 26.34 | Czerniecki Tomasz | 82 | +0,57 | 26.19 |
| 2. | Redeco Wrocław C | | | Redeco Wrocław | | 2:04.17 | | |
| | Wolny Dariusz | 60 | +0,76 | 27.57 | Sikacz Hanna | 79 | +0,31 | 34.01 |
| | Marek Przemek | 79 | +0,33 | 26.97 | Jakubów Marlena | 74 | +0,68 | 35.62 |
| 3. | Delfin Masters Tarnobrzeg C | | | Delfin Masters Tarnobrzeg | | 2:04.99 | | |
| | Kowalski Sławek | 72 | +0,81 | 29.57 | Szwajkowski Albert | 71 | +0,60 | 30.28 |
| | Maci g Monika | 72 | +0,49 | 33.38 | Osmala Renata | 77 | +0,53 | 31.76 |
| 4. | AZS UWM Masters Olsztyn C | | | AZS UWM Masters Olsztyn | | 2:09.55 | | |
| | Go dziejewska Anna | 67 | +0,85 | 34.24 | Mówi ski Grzegorz | 69 | +0,54 | 32.93 |
| | Piekut Anna | 88 | +0,22 | 33.08 | Gabiec Mariusz | 58 | +0,48 | 29.30 |
| 5. | Warsaw Masters Team C | | | Warsaw Masters Team | | 2:13.40 | | |
| | Czupryn Wojciech | 58 | +0,85 | 35.63 | Krzy anowska Ewa | 72 | +0,71 | 32.70 |
| | Dobczy ska Katarzyna | 77 | +0,55 | 38.91 | Madej Leszek | 60 | +0,43 | 26.16 |
| 6. | TKKF Koszalin C | | | TKKF Koszalin | | 2:18.34 | | |
| | Stankiewicz-Majkowska Joanna | 72 | +0,89 | 38.93 | Gudaniec Katarzyna | 88 | +0,46 | 32.88 |
| | Michałkowski Andrzej | 51 | +0,05 | 38.10 | Stefa ski Krzysztof | 73 | +0,60 | 28.43 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 5, Mieszane, 4 x 50m dowolny

Kategoria D

| | | | | | | | |
|------------------------------|----|-------|-------------------------|------------------------|----------------|-------|-------|
| 1. Zgiersko-Ł czyckie WOPR D | | | Zgiersko-Ł czyckie WOPR | | 2:02.90 | | |
| Maciejczyk Zbigniew | 47 | +1,01 | 33.13 | Fajkowska Daria | 73 | +0,64 | 29.11 |
| cibiorek Małgorzata | 71 | +0,68 | 30.09 | Przytułski Włodzimierz | 57 | +0,61 | 30.57 |
| 2. Pregel Kaliningrad D | | | Pregel Kaliningrad | | 2:05.44 | | |
| Chekutov Vladimir | 67 | +0,83 | 28.51 | Aleskchenko Natalia | 57 | +0,47 | 33.77 |
| Ezhkov Vadim | 65 | +0,60 | 29.92 | Kilina Marina | 63 | +0,74 | 33.24 |
| 3. Masters Korona Kraków D | | | Masters Korona Kraków | | 2:07.59 | | |
| Piszczek Waldemar | 62 | +0,92 | 29.22 | Wysocka Marta | 59 | +0,38 | 34.66 |
| Macierzewska Agnieszka | 60 | +0,57 | 35.08 | Kominiak Robert | 64 | +0,27 | 28.63 |
| 4. Zgiersko-Ł czyckie WOPR D | | | Zgiersko-Ł czyckie WOPR | | 2:13.82 | | |
| Ossowski Aleksander | 53 | +0,90 | 32.20 | Niedzwiedz Tomasz | 63 | +0,57 | 35.55 |
| Mróz Urszula | 62 | +0,81 | 33.87 | St pie Ewa | 62 | +0,52 | 32.20 |

Kategoria E

| | | | | | | | |
|----------------------------|----|-------|-----------------------|--------------------|----------------|-------|-------|
| 1. Weteran Zabrze E | | | Weteran Zabrze | | 2:19.64 | | |
| Brendler Barbara | 50 | +0,99 | 38.79 | Kornicki Wiesław | 49 | +0,48 | 31.61 |
| Wrona Aurelia | 56 | +0,39 | 37.73 | Kiszczak Stanisław | 48 | +0,32 | 31.51 |
| 2. Masters Korona Kraków E | | | Masters Korona Kraków | | 2:23.75 | | |
| Legutko Mirosława | 57 | +1,07 | 37.13 | Kubis Antoni | 47 | +0,90 | 37.70 |
| Gorecka Jadwiga | 58 | +0,78 | 35.32 | Mleczo Andrzej | 47 | +0,67 | 33.60 |
| 3. Masters Gdynia E | | | Gdynia Masters | | 2:24.85 | | |
| Kubicki Leszek | 53 | +0,99 | 37.17 | Skwarło Andrzej | 39 | +0,70 | 36.29 |
| Mysiak Katarzyna | 61 | +0,29 | 38.90 | Mazurek Katarzyna | 59 | +0,58 | 32.49 |

Kategoria F

| | | | | | | | |
|---------------------|----|-------|----------------------|-------------------|----------------|-------|-------|
| 1. Weteran Zabrze F | | | Weteran Zabrze | | 2:24.32 | | |
| Bastek Renata | 43 | +0,79 | 35.51 | Fecica Daniel | 40 | +0,63 | 37.17 |
| Bastek Ewald | 39 | +0,52 | 35.23 | Kiszczak Gra yna | 50 | +0,28 | 36.41 |
| PK PVK Bratislava C | | | PVK Bratislava | | 2:05.40 | | |
| Sykora Jaroslav | 71 | +0,80 | 27.62 | Novakova Monika | 75 | +0,51 | 34.23 |
| Majernikova Laura | 67 | +0,53 | 35.92 | Soukup Petr | 67 | +0,46 | 27.63 |
| PK MSC Euro Lviv D | | | Masters SC Euro Lviv | | 2:07.24 | | |
| Mashkin Sergiy | 55 | +0,87 | 29.32 | Sirenko Romana | 76 | +0,27 | 33.69 |
| Khiresk Lyudmyla | 57 | +0,62 | 35.39 | Zhykh Serhiy | 62 | +0,65 | 28.84 |
| PK MSC Euro Lviv F | | | Masters SC Euro Lviv | | 3:01.71 | | |
| Galkin Mykhailo | 47 | +1,08 | 36.08 | Tymoshenko Lidiya | 49 | +0,24 | 45.44 |
| Golub Nina | 42 | +0,57 | 57.69 | Simankov Serhiy | 32 | +0,56 | 42.50 |

Konkurencja 6
15/11/2013 - 18:41

Kobiet, 800m dowolny

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | Czas | Pkt. |
|---------|---------|------|------|
|---------|---------|------|------|

Kategoria 0

| | | | | |
|------------------------|-----------------------|-----------------------|------------------------|-----|
| 1. Zadro na Karolina | 92 | Masters Korona Kraków | 10:22.38 | 682 |
| 100m: 1:12.97 1:12.97 | 300m: 3:48.60 1:18.25 | 500m: 6:26.35 1:18.88 | 700m: 9:05.22 1:19.35 | |
| 200m: 2:30.35 1:17.38 | 400m: 5:07.47 1:18.87 | 600m: 7:45.87 1:19.52 | 800m: 10:22.38 1:17.16 | |
| 2. Jamrozik Aleksandra | 91 | Masters Korona Kraków | 10:59.77 | 572 |
| 100m: 1:16.20 1:16.20 | 300m: 4:02.14 1:23.26 | 500m: 6:49.96 1:23.71 | 700m: 9:38.72 1:24.76 | |
| 200m: 2:38.88 1:22.68 | 400m: 5:26.25 1:24.11 | 600m: 8:13.96 1:24.00 | 800m: 10:59.77 1:21.05 | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 6, Kobiet, 800m dowolny, Kategoria 0

| Pozycja | | Rok ur. | | | | | Czas | Pkt. |
|---------|-------------------|---------|---------------|-------------------|---------------|---------|-----------------|---------|
| 3. | Kostyra Agnieszka | 90 | Toru | czyk Masters Toru | | | 12:35.51 | 381 |
| | 100m: 1:25.48 | 1:25.48 | 300m: 4:28.43 | 1:32.27 | 500m: 7:40.61 | 1:37.93 | 700m: 10:58.08 | 1:38.17 |
| | 200m: 2:56.16 | 1:30.68 | 400m: 6:02.68 | 1:34.25 | 600m: 9:19.91 | 1:39.30 | 800m: 12:35.51 | 1:37.43 |

Kategoria A

| | | | | | | | | |
|----|-------------------|---------|------------------------|---------|------------------|------------|-----------------|---------|
| 1. | Mongiła Magdalena | 88 | Redeco Wrocław | | | | 10:34.27 | 675 |
| | 100m: 1:11.54 | 1:11.54 | 300m: 3:49.23 | 1:19.62 | 500m: 6:30.74 | 1:20.99 | 700m: 9:15.11 | 1:22.08 |
| | 200m: 2:29.61 | 1:18.07 | 400m: 5:09.75 | 1:20.52 | 600m: 7:53.03 | 1:22.29 | 800m: 10:34.27 | 1:19.16 |
| 2. | Grycz Urszula | 85 | Ursynów Masters | | | | 12:16.41 | 431 |
| | 100m: 1:25.04 | 1:25.04 | 300m: 4:29.12 | 1:32.93 | 500m: 7:36.76 | 1:34.31 | 700m: 10:45.47 | 1:34.21 |
| | 200m: 2:56.19 | 1:31.15 | 400m: 6:02.45 | 1:33.33 | 600m: 9:11.26 | 1:34.50 | 800m: 12:16.41 | 1:30.94 |
| 3. | Chomicz Joanna | 88 | KP Koziegłowy | | | | 12:26.26 | 414 |
| | 100m: 1:28.89 | 1:28.89 | 300m: 4:34.28 | 1:34.00 | 500m: 1:07:46.92 | 1:01:37.13 | 700m: 10:56.21 | 1:34.71 |
| | 200m: 3:00.28 | 1:31.39 | 400m: 6:09.79 | 1:35.51 | 600m: 9:21.50 | | 800m: 12:26.26 | 1:30.05 |
| 4. | Stanisławska Anna | 87 | Warsaw Masters Team | | | | 13:06.12 | 354 |
| | 100m: 1:29.96 | 1:29.96 | 300m: 4:47.50 | 1:39.85 | 500m: 8:09.51 | 1:41.13 | 700m: 11:29.64 | 1:40.23 |
| | 200m: 3:07.65 | 1:37.69 | 400m: 6:28.38 | 1:40.88 | 600m: 9:49.41 | 1:39.90 | 800m: 13:06.12 | 1:36.48 |
| 5. | Maduzia Aneta | 84 | KP Koziegłowy | | | | 13:13.82 | 344 |
| | 100m: 1:30.74 | 1:30.74 | 300m: 4:48.55 | 1:39.54 | 500m: 8:12.23 | 1:41.90 | 700m: 11:33.82 | 1:40.55 |
| | 200m: 3:09.01 | 1:38.27 | 400m: 6:30.33 | 1:41.78 | 600m: 9:53.27 | 1:41.04 | 800m: 13:13.82 | 1:40.00 |
| 6. | Kara Karolina | 87 | Victory Masters Elbl g | | | | 14:35.52 | 256 |
| | 100m: 1:41.71 | 1:41.71 | 300m: 9:07.57 | 3:44.58 | 500m: | | 700m: | |
| | 200m: 5:22.99 | 3:41.28 | 400m: 12:49.74 | 3:42.17 | 600m: | | 800m: 14:35.52 | |

Kategoria B

| | | | | | | | | |
|----|---------------------|---------|-------------------------|---------|---------------|---------|-----------------|---------|
| 1. | Michalik Dominika | 79 | Masters Białystok | | | | 10:30.81 | 770 |
| | 100m: 1:10.88 | 1:10.88 | 300m: 3:45.53 | 1:18.20 | 500m: 6:24.32 | 1:20.28 | 700m: 9:08.96 | 1:23.34 |
| | 200m: 2:27.33 | 1:16.45 | 400m: 5:04.04 | 1:18.51 | 600m: 7:45.62 | 1:21.30 | 800m: 10:30.81 | 1:21.85 |
| 2. | Rompała Agata | 82 | Tarnowskie WOPR Masters | | | | 11:16.11 | 625 |
| | 100m: 1:13.83 | 1:13.83 | 300m: 4:04.02 | 1:26.52 | 500m: 6:59.20 | 1:27.22 | 700m: 9:52.79 | 1:26.30 |
| | 200m: 2:37.50 | 1:23.67 | 400m: 5:31.98 | 1:27.96 | 600m: 8:26.49 | 1:27.29 | 800m: 11:16.11 | 1:23.32 |
| 3. | Duda Anna | 81 | Wodnik 29 Katowice | | | | 11:45.91 | 549 |
| | 100m: 1:18.35 | 1:18.35 | 300m: 4:16.53 | 1:30.61 | 500m: 7:18.01 | 1:31.18 | 700m: 10:18.35 | 1:29.70 |
| | 200m: 2:45.92 | 1:27.57 | 400m: 5:46.83 | 1:30.30 | 600m: 8:48.65 | 1:30.64 | 800m: 11:45.91 | 1:27.56 |
| 4. | Sikacz Hanna | 79 | Redeco Wrocław | | | | 12:12.71 | 491 |
| | 100m: 1:24.86 | 1:24.86 | 300m: 4:27.77 | 1:32.04 | 500m: 7:35.57 | 1:35.68 | 700m: 10:43.96 | 1:33.63 |
| | 200m: 2:55.73 | 1:30.87 | 400m: 5:59.89 | 1:32.12 | 600m: 9:10.33 | 1:34.76 | 800m: 12:12.71 | 1:28.75 |
| 5. | Przybysz Aleksandra | 82 | AZS UWM Masters Olsztyn | | | | 12:32.78 | 453 |
| | 100m: 1:26.09 | 1:26.09 | 300m: 4:33.34 | 1:34.55 | 500m: 7:42.53 | 1:34.50 | 700m: 10:55.46 | 1:37.17 |
| | 200m: 2:58.79 | 1:32.70 | 400m: 6:08.03 | 1:34.69 | 600m: 9:18.29 | 1:35.76 | 800m: 12:32.78 | 1:37.32 |

Kategoria C

| | | | | | | | | |
|----|-----------------|---------|----------------------------|---------|----------------|---------|-----------------|---------|
| 1. | Maryl Marta | 78 | Akademia Ruchu AG Warszawa | | | | 12:00.37 | 485 |
| | 100m: 1:24.22 | 1:24.22 | 300m: 4:27.93 | 1:32.38 | 500m: 7:31.67 | 1:36.96 | 700m: 10:33.82 | 1:30.86 |
| | 200m: 2:55.55 | 1:31.33 | 400m: 5:54.71 | 1:26.78 | 600m: 9:02.96 | 1:31.29 | 800m: 12:00.37 | 1:26.55 |
| 2. | Roma ska Alicja | 75 | Masters Korona Kraków | | | | 14:24.68 | 280 |
| | 100m: 1:52.93 | 1:52.93 | 300m: 5:28.01 | 1:46.95 | 500m: 9:06.86 | 1:49.10 | 700m: 12:40.27 | 1:46.27 |
| | 200m: 3:41.06 | 1:48.13 | 400m: 7:17.76 | 1:49.75 | 600m: 10:54.00 | 1:47.14 | 800m: 14:24.68 | 1:44.41 |



Konkurencja 6, Kobiet, 800m dowolny

Kategoria E

| | | | | |
|------------------------|-----------------------|-------------------------|------------------------|-----|
| 1. Serbin Małgorzata | 66 | MKP Szczecin | 10:46.78 | 705 |
| 100m: 1:12.10 1:12.10 | 300m: 3:52.44 1:21.47 | 500m: 6:37.68 1:23.05 | 700m: 9:24.09 1:23.23 | |
| 200m: 2:30.97 1:18.87 | 400m: 5:14.63 1:22.19 | 600m: 8:00.86 1:23.18 | 800m: 10:46.78 1:22.69 | |
| 2. Go dziejewska Anna | 67 | AZS UWM Masters Olsztyn | 11:56.35 | 519 |
| 100m: 1:25.96 1:25.96 | 300m: 4:28.12 1:31.53 | 500m: 7:28.18 1:29.64 | 700m: 10:28.24 1:29.45 | |
| 200m: 2:56.59 1:30.63 | 400m: 5:58.54 1:30.42 | 600m: 8:58.79 1:30.61 | 800m: 11:56.35 1:28.11 | |
| 3. Sikorska Małgorzata | 66 | Astoria Bydgoszcz | 12:05.53 | 499 |
| 100m: 1:24.46 1:24.46 | 300m: 4:22.49 1:30.13 | 500m: 7:27.60 1:32.37 | 700m: 10:32.78 1:32.69 | |
| 200m: 2:52.36 1:27.90 | 400m: 5:55.23 1:32.74 | 600m: 9:00.09 1:32.49 | 800m: 12:05.53 1:32.75 | |
| 4. Kotecka Anna | 65 | Warta Poznań | 12:44.71 | 426 |
| 100m: 1:25.73 1:25.73 | 300m: 4:33.84 1:35.15 | 500m: 7:51.17 1:40.38 | 700m: 11:08.82 1:39.32 | |
| 200m: 2:58.69 1:32.96 | 400m: 6:10.79 1:36.95 | 600m: 9:29.50 1:38.33 | 800m: 12:44.71 1:35.89 | |
| 5. Majernikova Laura | 67 | PVK Bratislava | 13:30.01 | 359 |
| 100m: 1:28.07 1:28.07 | 300m: 4:51.39 1:43.25 | 500m: 8:19.26 1:44.42 | 700m: 11:50.91 1:45.35 | |
| 200m: 3:08.14 1:40.07 | 400m: 6:34.84 1:43.45 | 600m: 10:05.56 1:46.30 | 800m: 13:30.01 1:39.10 | |

Kategoria F

| | | | | |
|---------------------------|-----------------------|----------------------------|------------------------|-----|
| 1. Szała Ewa | 59 | KP Koziegłowy | 12:08.88 | 517 |
| 100m: 1:24.15 1:24.15 | 300m: 4:27.07 1:31.73 | 500m: 7:30.13 1:31.42 | 700m: 10:36.44 1:33.77 | |
| 200m: 2:55.34 1:31.19 | 400m: 5:58.71 1:31.64 | 600m: 9:02.67 1:32.54 | 800m: 12:08.88 1:32.44 | |
| 2. Gudaniec Dorota | 60 | TKKF Koszalin | 13:12.80 | 402 |
| 100m: 1:28.98 1:28.98 | 300m: 4:50.05 1:41.03 | 500m: 8:12.46 1:41.27 | 700m: 11:34.16 1:40.50 | |
| 200m: 3:09.02 1:40.04 | 400m: 6:31.19 1:41.14 | 600m: 9:53.66 1:41.20 | 800m: 13:12.80 1:38.64 | |
| 3. Macierzewska Agnieszka | 60 | Masters Korona Kraków | 13:28.57 | 378 |
| 100m: 1:28.70 1:28.70 | 300m: 4:52.43 1:43.79 | 500m: 8:20.43 1:43.87 | 700m: 11:50.77 1:44.83 | |
| 200m: 3:08.64 1:39.94 | 400m: 6:36.56 1:44.13 | 600m: 10:05.94 1:45.51 | 800m: 13:28.57 1:37.80 | |
| 4. Pola czyk Renata | 59 | Gdynia Masters | 14:12.43 | 323 |
| 100m: 1:32.96 1:32.96 | 300m: 5:01.84 1:46.38 | 500m: 8:42.74 1:52.62 | 700m: 12:22.36 | |
| 200m: 3:15.46 1:42.50 | 400m: 6:50.12 1:48.28 | 600m: 10:03:31.18 54:48.44 | 800m: 14:12.43 1:50.07 | |
| 5. Mysiak Katarzyna | 61 | Gdynia Masters | 14:27.10 | 307 |
| 100m: 1:33.48 1:33.48 | 300m: 5:08.05 1:49.61 | 500m: 8:53.03 1:52.73 | 700m: 12:38.36 1:52.32 | |
| 200m: 3:18.44 1:44.96 | 400m: 7:00.30 1:52.25 | 600m: 10:46.04 1:53.01 | 800m: 14:27.10 1:48.74 | |
| 6. Kara Beata | 62 | Victory Masters Elbl g | 14:30.36 | 303 |
| 100m: 1:49.15 1:49.15 | 300m: 5:29.38 1:50.05 | 500m: 9:08.02 1:48.98 | 700m: 12:45.45 1:48.71 | |
| 200m: 3:39.33 1:50.18 | 400m: 7:19.04 1:49.66 | 600m: 10:56.74 1:48.72 | 800m: 14:30.36 1:44.91 | |
| 7. Szczepa ska Joanna | 59 | Sport Figielski Warszawa | 18:19.83 | 150 |
| 100m: 1:58.12 1:58.12 | 300m: 6:25.83 2:08.34 | 500m: 11:18.97 2:22.86 | 700m: 16:06.18 2:27.27 | |
| 200m: 4:17.49 2:19.37 | 400m: 8:56.11 2:30.28 | 600m: 13:38.91 2:19.94 | 800m: 18:19.83 2:13.65 | |

Kategoria G

| | | | | |
|-----------------------|-----------------------|------------------------|------------------------|-----|
| 1. Legutko Mirosława | 57 | Masters Korona Kraków | 14:29.45 | 460 |
| 100m: 1:38.21 1:38.21 | 300m: 5:17.26 1:50.63 | 500m: 8:56.96 1:50.14 | 700m: 12:39.55 1:51.26 | |
| 200m: 3:26.63 1:48.42 | 400m: 7:06.82 1:49.56 | 600m: 10:48.29 1:51.33 | 800m: 14:29.45 1:49.90 | |

NIE UK. Kerner Mateusiak Ewa 54 Victory Masters Elbl g

Kategoria H

| | | | | |
|------------------------|-----------------------|-------------------------|------------------------|-----|
| 1. Zimna-Walendzik Ewa | 51 | Zgiersko-Ł czyckie WOPR | 15:22.40 | 487 |
| 100m: 1:39.33 1:39.33 | 300m: 5:34.05 1:59.64 | 500m: 9:31.99 1:58.75 | 700m: 13:27.79 1:58.16 | |
| 200m: 3:34.41 1:55.08 | 400m: 7:33.24 1:59.19 | 600m: 11:29.63 1:57.64 | 800m: 15:22.40 1:54.61 | |
| 2. Szemberg Anna | 49 | Warsaw Masters Team | 17:50.49 | 311 |
| 100m: 2:08.32 2:08.32 | 300m: 6:41.29 2:16.02 | 500m: 11:10.81 2:14.45 | 700m: 15:40.94 2:15.07 | |
| 200m: 4:25.27 2:16.95 | 400m: 8:56.36 2:15.07 | 600m: 13:25.87 2:15.06 | 800m: 17:50.49 2:09.55 | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 6, Kobiet, 800m dowolny

Kategoria J

| | | | | |
|-----------------------|-----------------------|------------------------|------------------------|-----|
| 1. Fecica Krystyna | 43 | Weteran Zabrze | 15:36.29 | 586 |
| 100m: 1:47.38 1:47.38 | 300m: 5:45.20 1:57.61 | 500m: 9:40.84 1:57.24 | 700m: 13:38.53 1:56.36 | |
| 200m: 3:47.59 2:00.21 | 400m: 7:43.60 1:58.40 | 600m: 11:42.17 2:01.33 | 800m: 15:36.29 1:57.76 | |

Kategoria L

| | | | | |
|-----------------------|------------------------|------------------------|------------------------|-----|
| 1. Walkowicz Urszula | 32 | Wodnik 29 Katowice | 24:45.59 | 421 |
| 100m: 2:40.14 2:40.14 | 300m: 8:47.92 3:06.12 | 500m: 15:09.94 3:10.47 | 700m: 21:39.99 3:10.09 | |
| 200m: 5:41.80 3:01.66 | 400m: 11:59.47 3:11.55 | 600m: 18:29.90 3:19.96 | 800m: 24:45.59 3:05.60 | |

Konkurencja 7
15/11/2013 - 20:05

M czynn, 1500m dowolny

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

Pozycja Rok ur. Czas Pkt.

Kategoria O

| | | | | |
|-----------------------|-----------------------|-------------------------|-------------------------|-----|
| 1. Czermak Tomasz | 91 | AZS AWF Katowice | 17:46.83 | 726 |
| 100m: 1:05.24 1:05.24 | 500m: 5:49.27 1:11.70 | 900m: 10:36.74 1:11.60 | 1300m: 15:26.05 1:12.70 | |
| 200m: 2:15.48 1:10.24 | 600m: 7:01.07 1:11.80 | 1000m: 11:49.29 1:12.55 | 1400m: 16:37.85 1:11.80 | |
| 300m: 3:26.35 1:10.87 | 700m: 8:13.54 1:12.47 | 1100m: 13:01.50 1:12.21 | 1500m: 17:46.83 1:08.98 | |
| 400m: 4:37.57 1:11.22 | 800m: 9:25.14 1:11.60 | 1200m: 14:13.35 1:11.85 | | |

Kategoria A

| | | | | |
|-----------------------|------------------------|-------------------------|-------------------------|-----|
| 1. Szczypi ski Marcin | 86 | Wodnik 29 Katowice | 17:27.30 | 791 |
| 100m: 1:05.56 1:05.56 | 500m: 5:47.35 1:10.47 | 900m: 10:27.30 1:09.92 | 1300m: 15:09.72 1:10.64 | |
| 200m: 2:15.69 1:10.13 | 600m: 6:58.10 1:10.75 | 1000m: 11:37.76 1:10.46 | 1400m: 16:20.10 1:10.38 | |
| 300m: 3:26.11 1:10.42 | 700m: 8:07.85 1:09.75 | 1100m: 12:48.64 1:10.88 | 1500m: 17:27.30 1:07.20 | |
| 400m: 4:36.88 1:10.77 | 800m: 9:17.38 1:09.53 | 1200m: 13:59.08 1:10.44 | | |
| 2. urek Jacek | 85 | Masters Korona Kraków | 19:58.00 | 528 |
| 100m: 1:09.84 1:09.84 | 500m: 6:24.65 1:20.21 | 900m: 11:50.53 1:20.93 | 1300m: 17:15.88 1:21.24 | |
| 200m: 2:25.29 1:15.45 | 600m: 7:46.08 1:21.43 | 1000m: 13:12.09 1:21.56 | 1400m: 18:37.32 1:21.44 | |
| 300m: 3:44.31 1:19.02 | 700m: 9:07.97 1:21.89 | 1100m: 14:33.18 1:21.09 | 1500m: 19:58.00 1:20.68 | |
| 400m: 5:04.44 1:20.13 | 800m: 10:29.60 1:21.63 | 1200m: 15:54.64 1:21.46 | | |

Kategoria B

| | | | | |
|-----------------------|------------------------|-------------------------|-------------------------|-----|
| 1. Isalski Przemysław | 82 | Warta Poznań | 18:23.98 | 761 |
| 100m: 1:08.30 1:08.30 | 500m: 6:02.80 1:14.05 | 900m: 11:02.64 1:14.97 | 1300m: 15:59.37 1:12.99 | |
| 200m: 2:21.58 1:13.28 | 600m: 7:17.06 1:14.26 | 1000m: 12:17.68 1:15.04 | 1400m: 17:12.58 1:13.21 | |
| 300m: 3:35.03 1:13.45 | 700m: 8:32.46 1:15.40 | 1100m: 13:32.24 1:14.56 | 1500m: 18:23.98 1:11.40 | |
| 400m: 4:48.75 1:13.72 | 800m: 9:47.67 1:15.21 | 1200m: 14:46.38 1:14.14 | | |
| 2. Jurek Przemysław | 81 | Tarnowskie WOPR Masters | 20:11.22 | 576 |
| 100m: 1:13.37 1:13.37 | 500m: 6:33.58 1:20.87 | 900m: 12:00.63 1:22.18 | 1300m: 17:28.03 1:22.59 | |
| 200m: 2:30.98 1:17.61 | 600m: 7:54.10 1:20.52 | 1000m: 13:22.39 1:21.76 | 1400m: 18:51.35 1:23.32 | |
| 300m: 3:50.77 1:19.79 | 700m: 9:16.02 1:21.92 | 1100m: 14:34.34 1:11.95 | 1500m: 20:11.22 1:19.87 | |
| 400m: 5:12.71 1:21.94 | 800m: 10:38.45 1:22.43 | 1200m: 16:05.44 1:31.10 | | |
| 3. Kotus Tomasz | 81 | Pi tka Konstanyńów Ł. | 20:52.67 | 521 |
| 100m: 1:12.81 1:12.81 | 500m: 6:36.05 1:23.63 | 900m: 12:21.14 1:26.36 | 1300m: 18:06.55 1:24.76 | |
| 200m: 2:31.16 1:18.35 | 600m: 8:01.70 1:25.65 | 1000m: 13:48.39 1:27.25 | 1400m: 19:30.68 1:24.13 | |
| 300m: 3:50.77 1:19.79 | 700m: 9:29.38 1:27.68 | 1100m: 15:12.63 1:24.24 | 1500m: 20:52.67 1:21.99 | |
| 400m: 5:12.42 | 800m: 10:54.78 1:25.40 | 1200m: 16:41.79 1:29.16 | | |
| 4. Dybek Mateusz | 80 | Wisła Masters Kraków | 22:20.84 | 425 |
| 100m: 1:20.35 1:20.35 | 500m: 7:20.73 1:32.81 | 900m: 13:29.26 1:32.47 | 1300m: 19:34.04 1:30.44 | |
| 200m: 2:49.08 1:28.73 | 600m: 8:53.30 1:32.57 | 1000m: 15:01.38 1:32.12 | 1400m: 21:00.73 1:26.69 | |
| 300m: 4:19.22 1:30.14 | 700m: 10:25.30 1:32.00 | 1100m: 16:33.40 1:32.02 | 1500m: 22:20.84 1:20.11 | |
| 400m: 5:47.92 1:28.70 | 800m: 11:56.79 1:31.49 | 1200m: 18:03.60 1:30.20 | | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 7, M cyczny, 1500m dowolny, Kategoria B

| Pozycja | | Rok ur. | | | | | | Czas | Pkt. |
|---------|---------------|---------|-----------------------|---------|-----------------|---------|-----------------|-----------------|------|
| 5. | Gugała Michał | 79 | Masters Korona Kraków | | | | | 22:53.83 | 395 |
| | 100m: 1:23.85 | 1:23.85 | 500m: 7:30.35 | 1:52.20 | 900m: 13:43.49 | 1:33.37 | 1300m: 19:54.16 | 1:32.76 | |
| | 200m: 2:53.86 | 1:30.01 | 600m: 9:03.18 | 1:32.83 | 1000m: 15:17.58 | 1:34.09 | 1400m: 21:26.29 | 1:32.13 | |
| | 300m: 4:26.05 | 1:32.19 | 700m: 10:36.43 | 1:33.25 | 1100m: 16:49.23 | 1:31.65 | 1500m: 22:53.83 | 1:27.54 | |
| | 400m: 5:38.15 | 1:12.10 | 800m: 12:10.12 | 1:33.69 | 1200m: 18:21.40 | 1:32.17 | | | |

Kategoria C

| | | | | | | | | | |
|----|-----------------------|---------|------------------------|---------|-----------------|---------|-----------------|-----------------|-----|
| 1. | Goł biowski Remigiusz | 76 | Swimmers Warszawa | | | | | 18:28.81 | 756 |
| | 100m: 1:06.91 | 1:06.91 | 500m: 5:57.81 | 1:13.02 | 900m: 10:57.76 | 1:15.94 | 1300m: 15:59.60 | 1:15.36 | |
| | 200m: 2:18.66 | 1:11.75 | 600m: 7:11.93 | 1:14.12 | 1000m: 12:13.77 | 1:16.01 | 1400m: 17:15.02 | 1:15.42 | |
| | 300m: 3:31.62 | 1:12.96 | 700m: 8:26.40 | 1:14.47 | 1100m: 13:28.82 | 1:15.05 | 1500m: 18:28.81 | 1:13.79 | |
| | 400m: 4:44.79 | 1:13.17 | 800m: 9:41.82 | 1:15.42 | 1200m: 14:44.24 | 1:15.42 | | | |
| 2. | Kowalczyk Piotr | 74 | MKP Szczecin | | | | | 19:17.71 | 664 |
| | 100m: 1:10.24 | 1:10.24 | 500m: 6:16.77 | 1:17.78 | 900m: 11:29.28 | 1:18.04 | 1300m: 16:44.39 | 1:18.95 | |
| | 200m: 2:25.13 | 1:14.89 | 600m: 7:34.93 | 1:18.16 | 1000m: 12:47.84 | 1:18.56 | 1400m: 18:02.84 | 1:18.45 | |
| | 300m: 3:41.22 | 1:16.09 | 700m: 8:53.06 | 1:18.13 | 1100m: 14:06.45 | 1:18.61 | 1500m: 19:17.71 | 1:14.87 | |
| | 400m: 4:58.99 | 1:17.77 | 800m: 10:11.24 | 1:18.18 | 1200m: 15:25.44 | 1:18.99 | | | |
| 3. | Hoffman Wojciech | 75 | Masters Korona Kraków | | | | | 20:25.28 | 560 |
| | 100m: 1:12.95 | 1:12.95 | 500m: 6:31.89 | 1:21.44 | 900m: 12:01.52 | 1:21.29 | 1300m: 17:39.75 | 58.07 | |
| | 200m: 2:30.36 | 1:17.41 | 600m: 7:54.65 | 1:22.76 | 1000m: 13:28.04 | 1:26.52 | 1400m: 19:03.32 | 1:23.57 | |
| | 300m: 3:49.75 | 1:19.39 | 700m: 9:17.47 | 1:22.82 | 1100m: 14:51.69 | 1:23.65 | 1500m: 20:25.28 | 1:21.96 | |
| | 400m: 5:10.45 | 1:20.70 | 800m: 10:40.23 | 1:22.76 | 1200m: 16:41.68 | 1:49.99 | | | |
| 4. | Olkowicz Arkadiusz | 76 | Pi tka Konstantinów Ł. | | | | | 20:53.83 | 523 |
| | 100m: 1:13.62 | 1:13.62 | 500m: 6:44.98 | 1:24.97 | 900m: 12:24.57 | 1:24.37 | 1300m: 18:05.54 | 1:25.09 | |
| | 200m: 2:31.96 | 1:18.34 | 600m: 8:10.27 | 1:25.29 | 1000m: 13:49.06 | 1:24.49 | 1400m: 19:30.46 | 1:24.92 | |
| | 300m: 3:55.00 | 1:23.04 | 700m: 9:35.10 | 1:24.83 | 1100m: 15:15.17 | 1:26.11 | 1500m: 20:53.83 | 1:23.37 | |
| | 400m: 5:20.01 | 1:25.01 | 800m: 11:00.20 | 1:25.10 | 1200m: 16:40.45 | 1:25.28 | | | |
| 5. | Dygdo Paweł | 75 | Wodnik 29 Katowice | | | | | 21:36.55 | 473 |
| | 100m: 1:13.40 | 1:13.40 | 500m: 6:54.72 | 1:27.24 | 900m: 12:47.31 | 1:28.07 | 1300m: 18:41.43 | 1:28.50 | |
| | 200m: 2:35.09 | 1:21.69 | 600m: 8:22.75 | 1:28.03 | 1000m: 14:15.70 | 1:28.39 | 1400m: 20:10.19 | 1:28.76 | |
| | 300m: 4:00.81 | 1:25.72 | 700m: 9:51.06 | 1:28.31 | 1100m: 15:44.24 | 1:28.54 | 1500m: 21:36.55 | 1:26.36 | |
| | 400m: 5:27.48 | 1:26.67 | 800m: 11:19.24 | 1:28.18 | 1200m: 17:12.93 | 1:28.69 | | | |
| 6. | Witkowski Adam | 75 | KP Koziegłowy | | | | | 22:10.79 | 437 |
| | 100m: 1:18.96 | 1:18.96 | 500m: 7:13.29 | 1:30.75 | 900m: 13:08.98 | 1:29.13 | 1300m: 19:10.45 | 1:31.23 | |
| | 200m: 2:45.19 | 1:26.23 | 600m: 8:42.49 | 1:29.20 | 1000m: 14:38.51 | 1:29.53 | 1400m: 20:41.32 | 1:30.87 | |
| | 300m: 4:12.35 | 1:27.16 | 700m: 10:11.08 | 1:28.59 | 1100m: 16:08.74 | 1:30.23 | 1500m: 22:10.79 | 1:29.47 | |
| | 400m: 5:42.54 | 1:30.19 | 800m: 11:39.85 | 1:28.77 | 1200m: 17:39.22 | 1:30.48 | | | |

Kategoria D

| | | | | | | | | | |
|----|---------------------|---------|-----------------------|---------|-----------------|---------|-----------------|-----------------|-----|
| 1. | Monczak Grzegorz | 73 | One Man Team Pozna | | | | | 18:35.11 | 714 |
| | 100m: 1:09.27 | 1:09.27 | 500m: 6:07.00 | 1:15.27 | 900m: 11:06.83 | 1:14.53 | 1300m: 16:05.44 | 1:14.32 | |
| | 200m: 2:22.89 | 1:13.62 | 600m: 7:22.82 | 1:15.82 | 1000m: 12:21.72 | 1:14.89 | 1400m: 17:20.55 | 1:15.11 | |
| | 300m: 3:37.38 | 1:14.49 | 700m: 8:37.56 | 1:14.74 | 1100m: 13:36.46 | 1:14.74 | 1500m: 18:35.11 | 1:14.56 | |
| | 400m: 4:51.73 | 1:14.35 | 800m: 9:52.30 | 1:14.74 | 1200m: 14:51.12 | 1:14.66 | | | |
| 2. | Pyr Szymon | 73 | Masters Korona Kraków | | | | | 19:25.10 | 626 |
| | 100m: 1:12.44 | 1:12.44 | 500m: 6:23.97 | 1:17.80 | 900m: 11:36.27 | 1:17.95 | 1300m: 16:49.19 | 1:18.36 | |
| | 200m: 2:30.89 | 1:18.45 | 600m: 7:42.00 | 1:18.03 | 1000m: 12:53.71 | 1:17.44 | 1400m: 18:08.04 | 1:18.85 | |
| | 300m: 3:48.70 | 1:17.81 | 700m: 9:00.19 | 1:18.19 | 1100m: 14:11.74 | 1:18.03 | 1500m: 19:25.10 | 1:17.06 | |
| | 400m: 5:06.17 | 1:17.47 | 800m: 10:18.32 | 1:18.13 | 1200m: 15:30.83 | 1:19.09 | | | |
| 3. | Wojciechowicz Marek | 70 | Masters Gorzów Wlkp. | | | | | 20:17.32 | 549 |
| | 100m: 1:12.57 | 1:12.57 | 500m: 6:29.92 | 1:20.54 | 900m: 12:01.07 | 1:23.53 | 1300m: 17:39.27 | 1:25.13 | |
| | 200m: 2:30.75 | 1:18.18 | 600m: 7:51.56 | 1:21.64 | 1000m: 13:26.39 | 1:25.32 | 1400m: 19:00.88 | 1:21.61 | |
| | 300m: 3:49.77 | 1:19.02 | 700m: 9:14.12 | 1:22.56 | 1100m: 14:50.89 | 1:24.50 | 1500m: 20:17.32 | 1:16.44 | |
| | 400m: 5:09.38 | 1:19.61 | 800m: 10:37.54 | 1:23.42 | 1200m: 16:14.14 | 1:23.25 | | | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 7, M cyczny, 1500m dowolny, Kategoria D

| Pozycja | | Rok ur. | | | | | Czas | Pkt. |
|---------|-----------------------|---------|-----------------------------|--|-------------------------|--|-------------------------|------|
| 4. | Bar Wiesław | 70 | Motyl Senior MOSiR St. Wola | | | | 20:18.68 | 547 |
| | 100m: 1:12.90 1:12.90 | | 500m: 6:32.74 1:21.38 | | 900m: | | 1300m: 17:35.34 1:24.70 | |
| | 200m: 2:31.66 1:18.76 | | 600m: 7:54.11 1:21.37 | | 1000m: 13:23.97 | | 1400m: 18:59.13 1:23.79 | |
| | 300m: 3:51.24 1:19.58 | | 700m: 9:16.04 1:21.93 | | 1100m: 14:47.55 1:23.58 | | 1500m: 20:18.68 1:19.55 | |
| | 400m: 5:11.36 1:20.12 | | 800m: 10:38.26 1:22.22 | | 1200m: 16:10.64 1:23.09 | | | |
| 5. | Lewandowski Marcin | 73 | Happy TRI Friends Kraków | | | | 22:15.35 | 416 |
| | 100m: 1:22.18 1:22.18 | | 500m: 7:17.94 1:30.04 | | 900m: 13:18.59 1:30.69 | | 1300m: 19:19.59 1:30.23 | |
| | 200m: 2:48.76 1:26.58 | | 600m: 8:47.92 1:29.98 | | 1000m: 14:48.83 1:30.24 | | 1400m: 20:48.43 1:28.84 | |
| | 300m: 4:17.76 1:29.00 | | 700m: 10:17.69 1:29.77 | | 1100m: 16:18.68 1:29.85 | | 1500m: 22:15.35 1:26.92 | |
| | 400m: 5:47.90 1:30.14 | | 800m: 11:47.90 1:30.21 | | 1200m: 17:49.36 1:30.68 | | | |
| 6. | Wiater Krzysztof | 71 | Zawodnik niezrzeszony | | | | 22:28.03 | 404 |
| | 100m: 1:17.09 1:17.09 | | 500m: 7:11.09 1:30.91 | | 900m: 13:15.63 1:31.71 | | 1300m: 19:25.65 1:32.54 | |
| | 200m: 2:42.77 1:25.68 | | 600m: 8:41.78 1:30.69 | | 1000m: 14:47.64 1:32.01 | | 1400m: 20:58.04 1:32.39 | |
| | 300m: 4:10.17 1:27.40 | | 700m: 10:13.36 1:31.58 | | 1100m: 16:20.30 1:32.66 | | 1500m: 22:28.03 1:29.99 | |
| | 400m: 5:40.18 1:30.01 | | 800m: 11:43.92 1:30.56 | | 1200m: 17:53.11 1:32.81 | | | |
| 7. | Mytnik Grzegorz | 72 | Water Knights Zabierzów | | | | 22:37.09 | 396 |
| | 100m: 1:21.55 1:21.55 | | 500m: 7:19.21 1:30.82 | | 900m: 13:27.77 1:32.18 | | 1300m: 19:37.62 1:32.72 | |
| | 200m: 2:49.44 1:27.89 | | 600m: 8:50.89 1:31.68 | | 1000m: 15:00.74 1:32.97 | | 1400m: 21:09.53 1:31.91 | |
| | 300m: 4:17.70 1:28.26 | | 700m: 10:22.75 1:31.86 | | 1100m: 16:32.72 1:31.98 | | 1500m: 22:37.09 1:27.56 | |
| | 400m: 5:48.39 1:30.69 | | 800m: 11:55.59 1:32.84 | | 1200m: 18:04.90 1:32.18 | | | |
| 8. | Zembala Tomasz | 71 | Zawodnik niezrzeszony | | | | 22:57.82 | 378 |
| | 100m: 1:20.74 1:20.74 | | 500m: 7:26.85 1:32.35 | | 900m: 13:43.60 1:34.03 | | 1300m: 19:57.97 1:34.15 | |
| | 200m: 2:50.08 1:29.34 | | 600m: 9:00.48 1:33.63 | | 1000m: | | 1400m: 21:31.02 1:33.05 | |
| | 300m: 4:21.60 1:31.52 | | 700m: 10:35.00 1:34.52 | | 1100m: | | 1500m: 22:57.82 1:26.80 | |
| | 400m: 5:54.50 1:32.90 | | 800m: 12:09.57 1:34.57 | | 1200m: 18:23.82 | | | |
| 9. | Szurek Sławomir | 71 | Orka Masters Radlin | | | | 23:22.53 | 359 |
| | 100m: 1:24.03 1:24.03 | | 500m: 7:35.83 1:33.34 | | 900m: 13:56.13 1:35.42 | | 1300m: 20:16.41 1:35.26 | |
| | 200m: 2:56.09 1:32.06 | | 600m: 9:10.26 1:34.43 | | 1000m: 15:31.54 1:35.41 | | 1400m: 21:51.81 1:35.40 | |
| | 300m: 4:29.81 1:33.72 | | 700m: 10:45.26 1:35.00 | | 1100m: 17:06.07 1:34.53 | | 1500m: 23:22.53 1:30.72 | |
| | 400m: 6:02.49 1:32.68 | | 800m: 12:20.71 1:35.45 | | 1200m: 18:41.15 1:35.08 | | | |
| 10. | urczak Tomasz | 69 | Orka Masters Radlin | | | | 23:22.57 | 359 |
| | 100m: 1:22.66 1:22.66 | | 500m: 7:36.77 1:34.62 | | 900m: 13:54.72 1:34.79 | | 1300m: 20:14.81 1:35.64 | |
| | 200m: 2:55.28 1:32.62 | | 600m: 9:11.26 1:34.49 | | 1000m: 15:37.32 1:42.60 | | 1400m: 21:48.86 1:34.05 | |
| | 300m: 4:28.63 1:33.35 | | 700m: 10:45.45 1:34.19 | | 1100m: 17:03.86 1:26.54 | | 1500m: 23:22.57 1:33.71 | |
| | 400m: 6:02.15 1:33.52 | | 800m: 12:19.93 1:34.48 | | 1200m: 18:39.17 1:35.31 | | | |
| 11. | Hudyka Sebastian | 71 | Delfinek Legnica | | | | 23:32.58 | 351 |
| | 100m: 1:24.49 1:24.49 | | 500m: 7:34.28 1:34.49 | | 900m: 13:56.47 1:36.51 | | 1300m: 20:23.49 1:36.07 | |
| | 200m: 2:55.14 1:30.65 | | 600m: 9:09.09 1:34.81 | | 1000m: 15:33.87 1:37.40 | | 1400m: 22:00.53 1:37.04 | |
| | 300m: 4:27.14 1:32.00 | | 700m: 10:43.98 1:34.89 | | 1100m: 17:10.41 1:36.54 | | 1500m: 23:32.58 1:32.05 | |
| | 400m: 5:59.79 1:32.65 | | 800m: 12:19.96 1:35.98 | | 1200m: 18:47.42 1:37.01 | | | |
| 12. | Wo niak Rafał | 73 | Delfin Masters Tarnobrzeg | | | | 24:13.96 | 322 |
| | 100m: 1:23.61 1:23.61 | | 500m: 7:45.93 1:37.79 | | 900m: 14:21.34 1:38.83 | | 1300m: 21:01.09 1:39.66 | |
| | 200m: 2:58.00 1:34.39 | | 600m: 9:24.37 1:38.44 | | 1000m: 16:01.54 1:40.20 | | 1400m: 22:38.74 1:37.65 | |
| | 300m: 4:32.31 1:34.31 | | 700m: 11:03.69 1:39.32 | | 1100m: 17:42.08 1:40.54 | | 1500m: 24:13.96 1:35.22 | |
| | 400m: 6:08.14 1:35.83 | | 800m: 12:42.51 1:38.82 | | 1200m: 19:21.43 1:39.35 | | | |
| 13. | Wytrwał Adam | 69 | Tarnowskie WOPR Masters | | | | 24:44.21 | 303 |
| | 100m: 1:26.21 1:26.21 | | 500m: 8:00.61 1:40.17 | | 900m: 14:43.69 1:40.30 | | 1300m: 21:27.91 1:40.30 | |
| | 200m: 3:01.50 1:35.29 | | 600m: 9:41.62 1:41.01 | | 1000m: 16:24.67 1:40.98 | | 1400m: 23:10.09 1:42.18 | |
| | 300m: 4:40.65 1:39.15 | | 700m: 11:21.83 1:40.21 | | 1100m: 18:06.83 1:42.16 | | 1500m: 24:44.21 1:34.12 | |
| | 400m: 6:20.44 1:39.79 | | 800m: 13:03.39 1:41.56 | | 1200m: 19:47.61 1:40.78 | | | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 7, M cżyn, 1500m dowolny

Kategoria E

| | | | | |
|-----------------------|------------------------|-------------------------------|-------------------------|-----|
| 1. Smirnov Alexander | 68 | Pregel Kaliningrad | 19:49.74 | 573 |
| 100m: 1:13.46 1:13.46 | 500m: 6:31.39 1:18.94 | 900m: 11:50.29 1:20.35 | 1300m: 17:12.50 1:20.29 | |
| 200m: 2:34.10 1:20.64 | 600m: 7:50.54 1:19.15 | 1000m: 13:10.57 1:20.28 | 1400m: 18:33.15 1:20.65 | |
| 300m: 3:53.07 1:18.97 | 700m: 9:10.01 1:19.47 | 1100m: 14:31.14 1:20.57 | 1500m: 19:49.74 1:16.59 | |
| 400m: 5:12.45 1:19.38 | 800m: 10:29.94 1:19.93 | 1200m: 15:52.21 1:21.07 | | |
| 2. Skoczylas Tomasz | 66 | Wodnik 29 Katowice | 19:59.15 | 560 |
| 100m: 1:14.10 1:14.10 | 500m: 6:32.35 1:20.57 | 900m: 11:53.17 1:20.51 | 1300m: 17:19.73 1:21.69 | |
| 200m: 2:33.02 1:18.92 | 600m: 7:52.81 1:20.46 | 1000m: 13:14.99 1:21.82 | 1400m: 18:41.45 1:21.72 | |
| 300m: 3:52.46 1:19.44 | 700m: 9:12.78 1:19.97 | 1100m: 14:36.20 1:21.21 | 1500m: 19:59.15 1:17.70 | |
| 400m: 5:11.78 1:19.32 | 800m: 10:32.66 1:19.88 | 1200m: 15:58.04 1:21.84 | | |
| 3. Kukharyev Igor | 66 | Zhytomyr Aqua Masters | 20:15.46 | 538 |
| 100m: 1:13.98 1:13.98 | 500m: 6:36.81 1:21.72 | 900m: 12:04.70 1:22.02 | 1300m: 17:36.45 1:23.18 | |
| 200m: 2:33.38 1:19.40 | 600m: 7:58.39 1:21.58 | 1000m: 13:27.12 1:22.42 | 1400m: 18:58.71 1:22.26 | |
| 300m: 3:54.27 1:20.89 | 700m: 9:20.48 1:22.09 | 1100m: 14:50.45 1:23.33 | 1500m: 20:15.46 1:16.75 | |
| 400m: 5:15.09 1:20.82 | 800m: 10:42.68 1:22.20 | 1200m: 16:13.27 1:22.82 | | |
| 4. Frolov Sergey | 64 | Nevskie Zvezdy St. Petersburg | 20:38.61 | 508 |
| 100m: 1:15.33 1:15.33 | 500m: 6:48.07 1:23.29 | 900m: 12:25.51 1:24.07 | 1300m: 17:56.66 1:22.13 | |
| 200m: 2:38.84 1:23.51 | 600m: 8:11.77 1:23.70 | 1000m: 13:48.58 1:23.07 | 1400m: 19:19.77 1:23.11 | |
| 300m: 4:06.40 1:27.56 | 700m: 9:36.24 1:24.47 | 1100m: 15:11.84 1:23.26 | 1500m: 20:38.61 1:18.84 | |
| 400m: 5:24.78 1:18.38 | 800m: 11:01.44 1:25.20 | 1200m: 16:34.53 1:22.69 | | |
| 5. Jr. Janovsky Jiri | 64 | Straz pod Ralskem | 20:56.60 | 486 |
| 100m: 1:20.47 1:20.47 | 500m: 6:54.19 1:23.99 | 900m: 12:33.49 1:25.13 | 1300m: 18:10.91 1:24.14 | |
| 200m: 2:43.26 1:22.79 | 600m: 8:18.69 1:24.50 | 1000m: 13:57.95 1:24.46 | 1400m: 19:34.33 1:23.42 | |
| 300m: 4:06.40 1:23.14 | 700m: 9:43.14 1:24.45 | 1100m: 15:22.39 1:24.44 | 1500m: 20:56.60 1:22.27 | |
| 400m: 5:30.20 1:23.80 | 800m: 11:08.36 1:25.22 | 1200m: 16:46.77 1:24.38 | | |
| 6. Janyga Dariusz | 66 | Warta Pozna | 21:30.98 | 449 |
| 100m: 1:14.36 1:14.36 | 500m: 6:47.07 1:25.93 | 900m: 12:39.46 1:28.37 | 1300m: 18:38.73 1:29.95 | |
| 200m: 2:34.43 1:20.07 | 600m: 8:13.17 1:26.10 | 1000m: 14:08.38 1:28.92 | 1400m: 20:07.68 1:28.95 | |
| 300m: 3:57.13 1:22.70 | 700m: 9:40.77 1:27.60 | 1100m: 15:39.16 1:30.78 | 1500m: 21:30.98 1:23.30 | |
| 400m: 5:21.14 1:24.01 | 800m: 11:11.09 1:30.32 | 1200m: 17:08.78 1:29.62 | | |
| 7. Ko mider Jan | 66 | Victoria Józefów | 21:31.05 | 449 |
| 100m: 1:18.28 1:18.28 | 500m: 6:55.31 1:25.76 | 900m: 12:45.93 1:28.55 | 1300m: 18:36.35 1:28.04 | |
| 200m: 2:41.41 1:23.13 | 600m: 8:22.07 1:26.76 | 1000m: 14:13.70 1:27.77 | 1400m: 20:04.76 1:28.41 | |
| 300m: 4:04.70 1:23.29 | 700m: 9:49.59 1:27.52 | 1100m: 15:40.38 1:26.68 | 1500m: 21:31.05 1:26.29 | |
| 400m: 5:29.55 1:24.85 | 800m: 11:17.38 1:27.79 | 1200m: 17:08.31 1:27.93 | | |
| 8. Markowicz Piotr | 67 | AZS UWM Masters Olsztyn | 21:49.79 | 430 |
| 100m: 1:20.19 1:20.19 | 500m: 7:04.62 1:27.43 | 900m: 12:52.78 1:26.67 | 1300m: 18:48.77 1:30.41 | |
| 200m: 2:44.37 1:24.18 | 600m: 8:31.53 1:26.91 | 1000m: 14:20.61 1:27.83 | 1400m: 20:20.20 1:31.43 | |
| 300m: 4:10.61 1:26.24 | 700m: 9:57.87 1:26.34 | 1100m: 15:48.59 1:27.98 | 1500m: 21:49.79 1:29.59 | |
| 400m: 5:37.19 1:26.58 | 800m: 11:26.11 1:28.24 | 1200m: 17:18.36 1:29.77 | | |
| 9. Chołda Krzysztof | 64 | Masters Korona Kraków | 22:36.75 | 386 |
| 100m: 1:21.92 1:21.92 | 500m: 7:19.78 1:31.31 | 900m: 13:28.53 1:32.53 | 1300m: 19:36.36 1:31.79 | |
| 200m: 2:49.45 1:27.53 | 600m: 8:51.91 1:32.13 | 1000m: 15:00.56 1:32.03 | 1400m: 21:09.16 1:32.80 | |
| 300m: 4:18.08 1:28.63 | 700m: 10:23.72 1:31.81 | 1100m: 16:32.55 1:31.99 | 1500m: 22:36.75 1:27.59 | |
| 400m: 5:48.47 1:30.39 | 800m: 11:56.00 1:32.28 | 1200m: 18:04.57 1:32.02 | | |
| 10. Zadro ny Jarosław | 66 | Masters Korona Kraków | 24:02.85 | 321 |
| 100m: 1:23.60 1:23.60 | 500m: 7:43.88 1:36.92 | 900m: 14:16.08 1:38.77 | 1300m: 20:49.65 1:38.23 | |
| 200m: 2:54.92 1:31.32 | 600m: 9:21.06 1:37.18 | 1000m: 15:55.07 1:38.99 | 1400m: 22:28.68 1:39.03 | |
| 300m: 4:30.27 1:35.35 | 700m: 10:58.21 1:37.15 | 1100m: 17:33.50 1:38.43 | 1500m: 24:02.85 1:34.17 | |
| 400m: 6:06.96 1:36.69 | 800m: 12:37.31 1:39.10 | 1200m: 19:11.42 1:37.92 | | |
| 11. Bro ek Wacław | 67 | Masters Korona Kraków | 25:02.08 | 285 |
| 100m: 1:26.98 1:26.98 | 500m: 8:06.35 1:41.70 | 900m: 14:54.04 1:41.92 | 1300m: 21:40.90 1:42.20 | |
| 200m: 3:02.84 1:35.86 | 600m: 9:48.32 1:41.97 | 1000m: 16:36.60 1:42.56 | 1400m: 23:22.95 1:42.05 | |
| 300m: 4:43.01 1:40.17 | 700m: 11:29.48 1:41.16 | 1100m: 18:16.85 1:40.25 | 1500m: 25:02.08 1:39.13 | |
| 400m: 6:24.65 1:41.64 | 800m: 13:12.12 1:42.64 | 1200m: 19:58.70 1:41.85 | | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 7, M cżyn, 1500m dowolny

Kategoria F

| | | | | |
|-----------------------|------------------------|-------------------------|-------------------------|-----|
| 1. Kasperk Piotr | 61 | Lublinianka Lublin | 20:15.26 | 679 |
| 100m: 1:14.17 1:14.17 | 500m: 6:36.81 1:21.54 | 900m: 12:04.39 1:21.92 | 1300m: 17:36.28 1:23.06 | |
| 200m: 2:33.65 1:19.48 | 600m: 7:58.37 1:21.56 | 1000m: 13:27.30 1:22.91 | 1400m: 18:58.25 1:21.97 | |
| 300m: 3:54.51 1:20.86 | 700m: 9:20.22 1:21.85 | 1100m: 14:50.33 1:23.03 | 1500m: 20:15.26 1:17.01 | |
| 400m: 5:15.27 1:20.76 | 800m: 10:42.47 1:22.25 | 1200m: 16:13.22 1:22.89 | | |
| 2. Kania Waldemar | 62 | ORS Opole | 21:57.96 | 532 |
| 100m: 1:21.46 1:21.46 | 500m: 7:17.33 1:28.45 | 900m: 13:10.23 1:28.74 | 1300m: 19:07.12 1:28.96 | |
| 200m: 2:50.65 1:29.19 | 600m: 8:45.25 1:27.92 | 1000m: 14:39.69 1:29.46 | 1400m: 20:34.14 1:27.02 | |
| 300m: 4:20.01 1:29.36 | 700m: 10:12.99 1:27.74 | 1100m: 16:09.56 1:29.87 | 1500m: 21:57.96 1:23.82 | |
| 400m: 5:48.88 1:28.87 | 800m: 11:41.49 1:28.50 | 1200m: 17:38.16 1:28.60 | | |
| 3. Szymik Piotr | 60 | Wodnik Siemianowice I. | 22:01.12 | 528 |
| 100m: 1:20.83 1:20.83 | 500m: 7:20.23 1:30.24 | 900m: 13:17.40 1:29.77 | 1300m: 19:11.29 1:28.14 | |
| 200m: 2:50.73 1:29.90 | 600m: 8:49.00 1:28.77 | 1000m: 14:46.64 1:29.24 | 1400m: 20:39.60 1:28.31 | |
| 300m: 4:20.38 1:29.65 | 700m: 10:18.00 1:29.00 | 1100m: 16:14.19 1:27.55 | 1500m: 22:01.12 1:21.52 | |
| 400m: 5:49.99 1:29.61 | 800m: 11:47.63 1:29.63 | 1200m: 17:43.15 1:28.96 | | |
| 4. Data Andrzej | 61 | Masters Korona Kraków | 24:33.84 | 380 |
| 100m: 1:23.99 1:23.99 | 500m: 8:01.45 1:40.61 | 900m: 14:38.98 1:39.21 | 1300m: 21:18.69 1:40.14 | |
| 200m: 3:00.71 1:36.72 | 600m: 9:40.96 1:39.51 | 1000m: 16:19.10 1:40.12 | 1400m: 22:58.58 1:39.89 | |
| 300m: 4:40.51 1:39.80 | 700m: 11:20.11 1:39.15 | 1100m: 17:58.98 1:39.88 | 1500m: 24:33.84 1:35.26 | |
| 400m: 6:20.84 1:40.33 | 800m: 12:59.77 1:39.66 | 1200m: 19:38.55 1:39.57 | | |
| 5. Thiem Jacek | 63 | Warta Pozna | 24:36.85 | 378 |
| 100m: 1:26.24 1:26.24 | 500m: 7:57.71 1:39.32 | 900m: 14:37.49 1:41.33 | 1300m: 21:22.33 1:41.00 | |
| 200m: 3:01.85 1:35.61 | 600m: 9:37.22 1:39.51 | 1000m: 16:18.48 1:40.99 | 1400m: 23:02.05 1:39.72 | |
| 300m: 4:39.98 1:38.13 | 700m: 11:16.28 1:39.06 | 1100m: 18:00.63 1:42.15 | 1500m: 24:36.85 1:34.80 | |
| 400m: 6:18.39 1:38.41 | 800m: 12:56.16 1:39.88 | 1200m: 19:41.33 1:40.70 | | |
| 6. Tatarczuk Ryszard | 59 | WOPR K dzierzyn Ko le | 25:50.89 | 326 |
| 100m: 1:31.41 1:31.41 | 500m: 8:20.88 1:44.82 | 900m: 15:21.42 1:45.01 | 1300m: 22:23.57 1:45.77 | |
| 200m: 3:12.41 1:41.00 | 600m: 10:05.18 1:44.30 | 1000m: 17:07.21 1:45.79 | 1400m: 24:10.62 1:47.05 | |
| 300m: 4:52.82 1:40.41 | 700m: 11:50.03 1:44.85 | 1100m: 18:52.28 1:45.07 | 1500m: 25:50.89 1:40.27 | |
| 400m: 6:36.06 1:43.24 | 800m: 13:36.41 1:46.38 | 1200m: 20:37.80 1:45.52 | | |
| 7. Maciejczak Andrzej | 60 | Tarnowskie WOPR Masters | 26:07.90 | 316 |
| 100m: 1:24.45 1:24.45 | 500m: 8:14.43 1:44.93 | 900m: 15:19.21 1:46.84 | 1300m: 22:31.27 1:49.02 | |
| 200m: 3:03.72 1:39.27 | 600m: 9:59.61 1:45.18 | 1000m: 17:06.36 1:47.15 | 1400m: 24:21.00 1:49.73 | |
| 300m: 4:46.05 1:42.33 | 700m: 11:45.42 1:45.81 | 1100m: 18:54.11 1:47.75 | 1500m: 26:07.90 1:46.90 | |
| 400m: 6:29.50 1:43.45 | 800m: 13:32.37 1:46.95 | 1200m: 20:42.25 1:48.14 | | |

Kategoria G

| | | | | |
|-----------------------|------------------------|-------------------------|-------------------------|-----|
| 1. Krcik Jozef | 57 | PVK Bratislava | 21:30.93 | 723 |
| 100m: 1:20.23 1:20.23 | 500m: 7:04.53 1:27.00 | 900m: 12:53.15 1:27.48 | 1300m: 18:40.00 1:26.44 | |
| 200m: 2:45.08 1:24.85 | 600m: 8:31.35 1:26.82 | 1000m: 14:20.83 1:27.68 | 1400m: 20:06.55 1:26.55 | |
| 300m: 4:10.96 1:25.88 | 700m: 9:58.44 1:27.09 | 1100m: 15:47.96 1:27.13 | 1500m: 21:30.93 1:24.38 | |
| 400m: 5:37.53 1:26.57 | 800m: 11:25.67 1:27.23 | 1200m: 17:13.56 1:25.60 | | |
| 2. Trzaska Stanisław | 56 | Wisła Masters Kraków | 22:46.42 | 609 |
| 100m: 1:24.07 1:24.07 | 500m: 7:24.89 1:31.22 | 900m: 13:29.46 1:31.77 | 1300m: 19:41.02 1:33.67 | |
| 200m: 2:52.90 1:28.83 | 600m: 8:56.17 1:31.28 | 1000m: 15:01.61 1:32.15 | 1400m: 21:14.74 1:33.72 | |
| 300m: 4:22.95 1:30.05 | 700m: 10:26.53 1:30.36 | 1100m: 16:34.65 1:33.04 | 1500m: 22:46.42 1:31.68 | |
| 400m: 5:53.67 1:30.72 | 800m: 11:57.69 1:31.16 | 1200m: 18:07.35 1:32.70 | | |
| 3. Kwiatkowski Jacek | 57 | YMCA Kraków | 25:03.85 | 457 |
| 100m: 1:24.30 1:24.30 | 500m: 8:03.38 1:41.76 | 900m: 14:50.98 1:41.13 | 1300m: 22:35.97 2:35.30 | |
| 200m: 2:59.85 1:35.55 | 600m: 9:45.70 1:42.32 | 1000m: 16:34.12 1:43.14 | 1400m: 24:15.00 1:39.03 | |
| 300m: 4:40.30 1:40.45 | 700m: 11:27.52 1:41.82 | 1100m: 18:18.17 1:44.05 | 1500m: 25:03.85 48.85 | |
| 400m: 6:21.62 1:41.32 | 800m: 13:09.85 1:42.33 | 1200m: 20:00.67 1:42.50 | | |
| 4. Czupryn Wojciech | 58 | Warsaw Masters Team | 26:22.45 | 392 |
| 100m: 1:39.24 1:39.24 | 500m: 8:45.53 1:46.45 | 900m: 15:49.34 1:46.17 | 1300m: 22:54.63 1:46.48 | |
| 200m: 3:25.33 1:46.09 | 600m: 10:31.81 1:46.28 | 1000m: 17:34.89 1:45.55 | 1400m: 24:41.25 1:46.62 | |
| 300m: 3:12.05 | 700m: 12:18.04 1:46.23 | 1100m: 19:20.91 1:46.02 | 1500m: 26:22.45 1:41.20 | |
| 400m: 6:59.08 3:47.03 | 800m: 14:03.17 1:45.13 | 1200m: 21:08.15 1:47.24 | | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 7, M cyszyn, 1500m dowolny, Kategoria G

| Pozycja | Rok ur. | Czas | Pkt. |
|-----------------------|-------------------------|-------------------------|-------------------------|
| 5. Mi ski Andrzej | 56 Niezrzeszeni.pl | 26:27.21 | 389 |
| 100m: 1:32.45 1:32.45 | 500m: 8:33.74 1:46.86 | 900m: 15:45.36 1:47.17 | 1300m: 22:56.21 1:47.19 |
| 200m: 3:15.26 1:42.81 | 600m: 10:21.45 1:47.71 | 1000m: 17:33.38 1:48.02 | 1400m: 24:45.94 1:49.73 |
| 300m: 5:00.15 1:44.89 | 700m: 12:10.27 1:48.82 | 1100m: 19:21.24 1:47.86 | 1500m: 26:27.21 1:41.27 |
| 400m: 6:46.88 1:46.73 | 800m: 13:58.19 1:47.92 | 1200m: 21:09.02 1:47.78 | |
| 6. Lasowy Marian | 55 Masters Gorzów Wlkp. | 27:01.93 | 364 |
| 100m: 1:30.51 1:30.51 | 500m: 8:43.78 1:48.82 | 900m: 16:04.47 1:50.97 | 1300m: 23:24.38 1:50.87 |
| 200m: 3:15.99 1:45.48 | 600m: 10:33.57 1:49.79 | 1000m: 17:53.54 1:49.07 | 1400m: 25:15.77 1:51.39 |
| 300m: 5:04.73 1:48.74 | 700m: 12:23.68 1:50.11 | 1100m: 19:43.32 1:49.78 | 1500m: 27:01.93 1:46.16 |
| 400m: 6:54.96 1:50.23 | 800m: 14:13.50 1:49.82 | 1200m: 21:33.51 1:50.19 | |

Kategoria H

| | | | |
|----------------------------|--------------------------|-------------------------|-------------------------|
| 1. Kubicki Leszek | 53 Gdynia Masters | 22:45.01 | 829 |
| 100m: 1:20.80 1:20.80 | 500m: 7:24.11 1:30.77 | 900m: 13:28.55 1:31.73 | 1300m: 19:40.50 1:33.56 |
| 200m: 2:51.34 1:30.54 | 600m: 8:54.80 1:30.69 | 1000m: 15:00.56 1:32.01 | 1400m: 21:14.22 1:33.72 |
| 300m: 4:22.38 1:31.04 | 700m: 10:25.01 1:30.21 | 1100m: 16:33.75 1:33.19 | 1500m: 22:45.01 1:30.79 |
| 400m: 5:53.34 1:30.96 | 800m: 11:56.82 1:31.81 | 1200m: 18:06.94 1:33.19 | |
| 2. Ciecior Jerzy | 53 Orka Masters Radlin | 24:40.50 | 650 |
| 100m: 1:27.84 1:27.84 | 500m: 8:05.35 1:40.32 | 900m: 14:44.73 1:40.32 | 1300m: 21:23.67 1:36.70 |
| 200m: 3:05.02 1:37.18 | 600m: 9:45.30 1:39.95 | 1000m: 16:25.31 1:40.58 | 1400m: 23:04.28 1:40.61 |
| 300m: 4:44.90 1:39.88 | 700m: 11:24.61 1:39.31 | 1100m: 18:05.93 1:40.62 | 1500m: 24:40.50 1:36.22 |
| 400m: 6:25.03 1:40.13 | 800m: 13:04.41 1:39.80 | 1200m: 19:46.97 1:41.04 | |
| 3. Dubi ski Bogdan | 53 Zawodnik niezrzeszony | 24:46.75 | 642 |
| 100m: 1:31.65 1:31.65 | 500m: 8:06.95 1:39.39 | 900m: 14:52.47 1:40.43 | 1300m: 21:35.15 1:41.62 |
| 200m: 3:10.07 1:38.42 | 600m: 9:48.69 1:41.74 | 1000m: 16:32.81 1:40.34 | 1400m: 23:13.71 1:38.56 |
| 300m: 4:47.22 1:37.15 | 700m: 11:30.04 1:41.35 | 1100m: 18:13.04 1:40.23 | 1500m: 24:46.75 1:33.04 |
| 400m: 6:27.56 1:40.34 | 800m: 13:12.04 1:42.00 | 1200m: 19:53.53 1:40.49 | |
| 4. Zielezi ski Włodzimierz | 53 Zawodnik niezrzeszony | 26:32.72 | 522 |
| 100m: 1:30.17 1:30.17 | 500m: 8:33.15 1:47.65 | 900m: 15:48.83 1:50.36 | 1300m: 23:03.43 1:47.50 |
| 200m: 3:12.79 1:42.62 | 600m: 10:21.79 1:48.64 | 1000m: 17:37.38 1:48.55 | 1400m: 24:50.96 1:47.53 |
| 300m: 4:58.31 1:45.52 | 700m: 12:09.92 1:48.13 | 1100m: 19:27.14 1:49.76 | 1500m: 26:32.72 1:41.76 |
| 400m: 6:45.50 1:47.19 | 800m: 13:58.47 1:48.55 | 1200m: 21:15.93 1:48.79 | |
| 5. Boryski Jerzy | 51 Olimpia Pozna | 28:22.50 | 427 |
| 100m: 1:43.48 1:43.48 | 500m: 9:14.92 1:55.61 | 900m: 16:56.04 1:54.99 | 1300m: 24:37.95 1:54.80 |
| 200m: 3:34.77 1:51.29 | 600m: 11:11.60 1:56.68 | 1000m: 18:52.88 1:56.84 | 1400m: 26:31.93 1:53.98 |
| 300m: 5:25.76 1:50.99 | 700m: 13:05.75 1:54.15 | 1100m: 20:48.07 1:55.19 | 1500m: 28:22.50 1:50.57 |
| 400m: 7:19.31 1:53.55 | 800m: 15:01.05 1:55.30 | 1200m: 22:43.15 1:55.08 | |
| 6. Irczyk Leon | 51 Orka Masters Radlin | 31:39.94 | 307 |
| 100m: 1:50.43 1:50.43 | 500m: 10:22.84 2:07.84 | 900m: 19:00.61 2:10.68 | 1300m: 27:30.75 2:06.65 |
| 200m: 3:57.46 2:07.03 | 600m: 12:30.97 2:08.13 | 1000m: 21:08.82 2:08.21 | 1400m: 29:35.87 2:05.12 |
| 300m: 6:03.95 2:06.49 | 700m: 14:40.90 2:09.93 | 1100m: 23:18.62 2:09.80 | 1500m: 31:39.94 2:04.07 |
| 400m: 8:15.00 2:11.05 | 800m: 16:49.93 2:09.03 | 1200m: 25:24.10 2:05.48 | |

Kategoria I

| | | | |
|-----------------------|--------------------------|--------------------------|--------------------------|
| 1. Mleczko Andrzej | 47 Masters Korona Kraków | 26:51.57 | 550 |
| 100m: 1:41.02 1:41.02 | 500m: 8:58.31 1:48.71 | 900m: 16:11.42 1:43.91 | 1300m: 23:25.05 1:47.05 |
| 200m: 3:32.74 1:51.72 | 600m: 10:46.25 1:47.94 | 1000m: 17:59.23 1:47.81 | 1400m: 25:10.13 1:45.08 |
| 300m: 5:19.98 1:47.24 | 700m: 12:33.80 1:47.55 | 1100m: 19:49 1:48.11 | 1500m: 26:51.57 1:41.44 |
| 400m: 7:09.60 1:49.62 | 800m: 14:27.51 1:53.71 | 1200m: 21:38.00 21:18.51 | |
| 2. Zajfert Stanisław | 48 WOPR K dierzyn Ko le | 27:07.94 | 534 |
| 100m: 1:36.54 1:36.54 | 500m: 8:51.39 1:49.94 | 900m: 16:13.71 1:49.32 | 1300m: 23:32.99 1:50.82 |
| 200m: 3:24.26 1:47.72 | 600m: 10:41.71 1:50.32 | 1000m: 18:03.02 1:49.31 | 1400m: 2:52.32 |
| 300m: 5:12.31 1:48.05 | 700m: 12:32.90 1:51.19 | 1100m: 19:51.43 1:48.41 | 1500m: 27:07.94 24:15.62 |
| 400m: 7:01.45 1:49.14 | 800m: 14:24.39 1:51.49 | 1200m: 21:42.17 1:50.74 | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 7, M czynn, 1500m dowolny, Kategoria I

| Pozycja | | | Rok ur. | | | | Czas | Pkt. |
|---------|-------------------|-----------------|--------------------|------------------|--------|------------------|-----------------|------------------|
| 3. | Wolniewicz Janusz | | 48 Trójka Oborniki | | | | 29:08.91 | 430 |
| | 100m: | 1:40.57 1:40.57 | 500m: | 9:16.83 1:56.17 | 900m: | 17:08.81 1:59.44 | 1300m: | 25:11.20 2:01.42 |
| | 200m: | 3:31.71 1:51.14 | 600m: | 11:12.93 1:56.10 | 1000m: | 19:08.71 1:59.90 | 1400m: | 27:12.37 2:01.17 |
| | 300m: | 5:25.20 1:53.49 | 700m: | 13:10.47 1:57.54 | 1100m: | 21:08.33 1:59.62 | 1500m: | 29:08.91 1:56.54 |
| | 400m: | 7:20.66 1:55.46 | 800m: | 15:09.37 1:58.90 | 1200m: | 23:09.78 2:01.45 | | |

Kategoria J

| | | | | | | | | |
|----|-------------------|-----------------|--------------------------|------------------|--------|------------------|-----------------|------------------|
| 1. | Dzieko ski Edward | | 43 Zawodnik niezrzeszony | | | | 28:40.47 | 522 |
| | 100m: | 1:46.23 1:46.23 | 500m: | 9:26.29 1:54.81 | 900m: | 17:03.02 1:53.65 | 1300m: | 24:46.07 1:55.45 |
| | 200m: | 3:41.22 1:54.99 | 600m: | 11:20.33 1:54.04 | 1000m: | 18:58.80 1:55.78 | 1400m: | 26:43.28 1:57.21 |
| | 300m: | 5:35.92 1:54.70 | 700m: | 13:15.22 1:54.89 | 1100m: | 20:55.07 1:56.27 | 1500m: | 28:40.47 1:57.19 |
| | 400m: | 7:31.48 1:55.56 | 800m: | 15:09.37 1:54.15 | 1200m: | 22:50.62 1:55.55 | | |
| 2. | Waga Stanisław | | 40 Masters Korona Kraków | | | | 31:27.23 | 395 |
| | 100m: | 1:51.94 1:51.94 | 500m: | 10:25.20 2:07.75 | 900m: | 18:54.37 2:07.28 | 1300m: | 27:19.18 2:06.04 |
| | 200m: | 3:59.18 2:07.24 | 600m: | 12:32.55 2:07.35 | 1000m: | 21:01.30 2:06.93 | 1400m: | 29:24.96 2:05.78 |
| | 300m: | 6:08.85 2:09.67 | 700m: | 14:40.45 2:07.90 | 1100m: | 23:07.11 2:05.81 | 1500m: | 31:27.23 2:02.27 |
| | 400m: | 8:17.45 2:08.60 | 800m: | 16:47.09 2:06.64 | 1200m: | 25:13.14 2:06.03 | | |

Kategoria K

| | | | | | | | | |
|----|---------------------|-----------------|----------------------|------------------|--------|------------------|-----------------|------------------|
| 1. | Lewandowski Zygmunt | | 37 Delfin Inowrocław | | | | 28:30.20 | 585 |
| | 100m: | 1:45.37 1:45.37 | 500m: | 8:23.32 1:54.96 | 900m: | 16:04.77 1:57.41 | 1300m: | 23:48.18 1:55.34 |
| | 200m: | 3:38.73 1:53.36 | 600m: | 10:17.76 1:54.44 | 1000m: | 18:00.35 1:55.58 | 1400m: | 25:43.65 1:55.47 |
| | 300m: | 4:35.18 56.45 | 700m: | 12:12.53 1:54.77 | 1100m: | 19:56.39 1:56.04 | 1500m: | 28:30.20 2:46.55 |
| | 400m: | 6:28.36 1:53.18 | 800m: | 14:07.36 1:54.83 | 1200m: | 21:52.84 1:56.45 | | |

Kategoria L

| | | | | | | | | |
|----|-------------|------------------|---------------------|------------------|--------|------------------|-----------------|------------------|
| 1. | I y ski Jan | | 31 AZS AWF Katowice | | | | 44:50.33 | 296 |
| | 100m: | 2:44.04 2:44.04 | 500m: | 14:44.26 3:02.04 | 900m: | 26:57.93 3:03.16 | 1300m: | 39:00.11 3:00.28 |
| | 200m: | 5:43.87 2:59.83 | 600m: | 17:47.70 3:03.44 | 1000m: | 30:00.11 3:02.18 | 1400m: | 41:57.61 2:57.50 |
| | 300m: | 8:43.74 2:59.87 | 700m: | 20:52.97 3:05.27 | 1100m: | 33:00.42 3:00.31 | 1500m: | 44:50.33 2:52.72 |
| | 400m: | 11:42.22 2:58.48 | 800m: | 23:54.77 3:01.80 | 1200m: | 35:59.83 2:59.41 | | |



2 - MP Masters BLOK II

16/11/2013 - 9:00

Konkurencja 8

Kobiet, 50m grzbietowy

20 - 94 lat
Wyniki

| | | | | |
|-------------------------------|---------|-------------------|----------|------------|
| Rekord Polski Masters 25 - 29 | 32.33 | Burghardt Nina | Katowice | 24/11/2012 |
| Rekord Polski Masters 30 - 34 | 34.26 | Radtke Alicja | Goslar | 4/3/1995 |
| Rekord Polski Masters 35 - 39 | 33.90 | Bałdowska Luiza | Warszawa | 6/6/2009 |
| Rekord Polski Masters 40 - 44 | 35.21 | Zieli ska Joanna | yrardów | 19/12/2009 |
| Rekord Polski Masters 45 - 49 | 35.40 | Zieli ska Joanna | Warszawa | 5/6/2010 |
| Rekord Polski Masters 50 - 54 | 38.32 | MRÓZ URSZULA | Katowice | 24/11/2012 |
| Rekord Polski Masters 55 - 59 | 38.74 | Bastek Renata | Warszawa | 20/6/1998 |
| Rekord Polski Masters 60 - 64 | 38.17 | KISZCZAK GRA YNA | Gliwice | 17/3/2013 |
| Rekord Polski Masters 65 - 69 | 41.11 | Bastek Renata | Warszawa | 6/6/2009 |
| Rekord Polski Masters 70 - 74 | 41.42 | Bastek Renata | Katowice | 14/4/2013 |
| Rekord Polski Masters 75 - 79 | 1:01.76 | Walkowicz Urszula | Opole | 11/12/2011 |
| Rekord Polski Masters 80 - 84 | 1:03.38 | Walkowicz Urszula | Gliwice | 17/3/2013 |
| Rekord Polski Masters 85 - 89 | 1:43.40 | Korol Barbara | Pozna | 19/11/2011 |
| Rekord Polski Masters 90 - 94 | 3:00.00 | | | |

Punkty: DSV Masters 13

Pozycja Rok ur. Czas Pkt.

Kategoria 0

| | | | | |
|-------------------------|----|--------------------------------|--------------|-----|
| 1. Borek Natalia | 90 | Zawodnik niezrzeszony | 31.59 | 882 |
| 2. Palka Paulina | 91 | Wisła Masters Kraków | 33.79 | 721 |
| 3. Stadnik Karolina | 89 | AZS UAM Pozna | 34.02 | 706 |
| 4. Sowa Kinga | 93 | Masters Korona Kraków | 34.07 | 703 |
| 5. Nowak Alicja | 93 | Swimming Masters Team Szczecin | 34.29 | 689 |
| 6. Wawrzy czak Karolina | 90 | AZS Uniw. Wrocławski | 35.02 | 647 |
| 7. Nawrocka Manuela | 90 | SGGW Warszawa | 36.25 | 584 |
| 8. Brunka Zofia | 93 | Zawodnik niezrzeszony | 38.81 | 475 |

Kategoria A

| | | | | |
|--------------------------|----|-------------------------|--------------|-----|
| 1. Palmowska Paulina | 85 | Masters Korona Kraków | 34.31 | 728 |
| 2. Vachanova Lucia | 87 | SPK Kupele Piestany | 34.63 | 708 |
| 3. Mróz Urszula | 86 | Tarnowskie WOPR Masters | 34.90 | 692 |
| 4. Piekut Anna | 88 | AZS UWM Masters Olsztyn | 36.49 | 605 |
| 5. Bubienko Katarzyna | 84 | Zawodnik niezrzeszony | 46.06 | 301 |
| DYSKW. Szymkowiak Kamila | 87 | JW 4408 Sulechów | | |

G2 - Całkowite zanurzenie w trakcie wy cigu (za wyj tkiem 15 m po starcie lub nawrocie) (Czas: 9:19)

Kategoria B

| | | | | |
|-------------------------|----|-------------------------|--------------|-----|
| 1. Lord Marta | 80 | Toru czyk Masters Toru | 33.48 | 745 |
| 2. Le czowska Agnieszka | 82 | Wisła Masters Kraków | 35.81 | 609 |
| 3. Kucharska Jowita | 80 | AZS UWM Masters Olsztyn | 37.47 | 531 |
| 4. Rek-Dylich Monika | 82 | Orka Masters Radlin | 43.47 | 340 |
| 5. Korna Sylwia | 83 | Wodnik 29 Katowice | 44.79 | 311 |

Kategoria C

| | | | | |
|-------------------------|----|---------------------------|--------------|-----|
| 1. Osmala Renata | 77 | Delfin Masters Tarnobrzeg | 36.34 | 675 |
| 2. Shikina Galina | 74 | PK Kipsala Riga | 38.87 | 552 |
| 3. Ło -Janczur Monika | 74 | Zawodnik niezrzeszony | 40.03 | 505 |
| 4. Dobczy ska Katarzyna | 77 | Warsaw Masters Team | 42.89 | 411 |
| 5. Jakubów Marlena | 74 | Redeco Wrocław | 44.61 | 365 |



Konkurencja 8, Kobiet, 50m grzbietowy

Kategoria D

| | | | | | |
|-----|------------------------------|----|---------------------------|----------------|-----|
| 1. | cibiorek Małgorzata | 71 | Zgiersko-Ł czyckie WOPR | 34.87 | 746 |
| 2. | Płatek Jolanta | 71 | Masters Unia O wi cim | 36.49 | 651 |
| 3. | Fr czek Izabela | 70 | Masters Korona Kraków | 37.03 | 623 |
| 4. | Krzy anowska Ewa | 72 | Warsaw Masters Team | 38.91 | 537 |
| 5. | Huszarova Silvia | 70 | MPK Previdza | 39.13 | 528 |
| 6. | Wo niak Dorota | 73 | ORS Opole | 39.20 | 525 |
| 7. | Janeczko Anna | 72 | Masters Korona Kraków | 39.67 | 506 |
| 8. | Maci g Monika | 72 | Delfin Masters Tarnobrzeg | 40.48 | 477 |
| 9. | Stankiewicz-Majkowska Joanna | 72 | TKKF Koszalin | 46.03 | 324 |
| 10. | Wolska Marta | 69 | Masters Korona Kraków | 54.10 | 199 |
| 11. | Afanasjewa Seweryna | 72 | Zawodnik niezrzeszony | 58.95 | 154 |
| 12. | Ilchenko Olena | 73 | Zhytomyr Aqua Masters | 1:00.59 | 142 |

Kategoria E

| | | | | | |
|----|-------------------|----|-----------------------|--------------|-----|
| 1. | Frank Marta | 68 | Weteran Zabrze | 34.54 | 840 |
| 2. | Szkudlarz Ilona | 66 | Masters Unia O wi cim | 41.67 | 478 |
| 3. | Logvinova Tatiana | 64 | Pregel Kaliningrad | 44.05 | 404 |
| 4. | Kotecka Anna | 65 | Warta Pozna | 45.37 | 370 |

Kategoria F

| | | | | | |
|----|------------------|----|-------------------------|--------------|-----|
| 1. | Mróz Urszula | 62 | Zgiersko-Ł czyckie WOPR | 37.69 | 684 |
| 2. | Kilina Marina | 63 | Pregel Kaliningrad | 38.21 | 656 |
| 3. | Maciejowska Anna | 60 | Sopot Masters | 42.81 | 466 |
| 4. | Mysiak Katarzyna | 61 | Gdynia Masters | 46.58 | 362 |
| 5. | Vasylo Mariia | 60 | Masters SC Euro Lviv | 48.52 | 320 |

Kategoria G

| | | | | | |
|----|----------------------|----|------------------------|----------------|-----|
| 1. | Khiresz Lyudmyla | 57 | Masters SC Euro Lviv | 39.30 | 793 |
| 2. | Legutko Mirosława | 57 | Masters Korona Kraków | 43.74 | 575 |
| 3. | Lukashova Ludmila | 55 | All Stars Moscow | 55.04 | 289 |
| 4. | Kerner Mateusiak Ewa | 54 | Victory Masters Elbl g | 1:02.53 | 197 |

Kategoria H

| | | | | | |
|----|-------------------|----|----------------------|----------------|-----|
| 1. | Kiszczak Gra yna | 50 | Weteran Zabrze | 39.99 | 977 |
| 2. | Hausnerova Maria | 49 | MPK Previdza | 43.64 | 752 |
| 3. | Kozakova Tetiana | 51 | Masters SC Euro Lviv | 52.13 | 441 |
| 4. | Tymoshenko Lidiya | 49 | Masters SC Euro Lviv | 1:02.91 | 251 |

Kategoria I

| | | | | | |
|----|-------------------|----|------------------|--------------|-----|
| 1. | Łowkis Barbara | 47 | Polna Warszawa | 48.73 | 554 |
| 2. | Yliene Aleksandra | 48 | SMC Takas Kaunas | 50.22 | 506 |
| 3. | Syguła Kazimiera | 47 | Redeco Wrocław | 52.78 | 436 |
| 4. | Bosowska Janina | 47 | Weteran Zabrze | 53.75 | 413 |

Kategoria J

| | | | | | |
|----|----------------------|----|----------------------|----------------|-----|
| 1. | Bastek Renata | 43 | Weteran Zabrze | 43.41 | 894 |
| 2. | Macierzewska Ewa | 39 | Wisła Masters Kraków | 1:16.20 | 165 |
| 3. | Wieczorkiewicz Alina | 40 | Warsaw Masters Team | 1:18.14 | 153 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 8, Kobiet, 50m grzbietowy

Kategoria L

1. Walkowicz Urszula 32 Wodnik 29 Katowice **1:13.02** 394

Kategoria M

1. Wilczy ska Wacława 28 Astoria Bydgoszcz **1:29.81** 489

Konkurencja 9

M czyzn, 50m grzbietowy

20 - 94 lat

16/11/2013 - 9:15

Wyniki

| | | | | |
|-------------------------------|----------|------------------------|------------|------------|
| Rekord Polski Masters 25 - 29 | 26.54 | emier Karol | Vlissingen | 25/1/2009 |
| Rekord Polski Masters 30 - 34 | 26.08 | Kaczmarek Marcin | Lublin | 14/11/2009 |
| Rekord Polski Masters 35 - 39 | 26.67 | Kaczmarek Marcin | Warszawa | 8/12/2012 |
| Rekord Polski Masters 40 - 44 | 28.45 | Rother Marek | Lublin | 14/11/2009 |
| Rekord Polski Masters 45 - 49 | 29.38 | Rother Marek | Gliwice | 17/3/2013 |
| Rekord Polski Masters 50 - 54 | 30.38 | Wolny Dariusz | Pozna | 20/2/2010 |
| Rekord Polski Masters 55 - 59 | 32.51 | Gorbaczow Dariusz | Majorka | 7/4/2013 |
| Rekord Polski Masters 60 - 64 | 34.78 | Walczak Roman | Warszawa | 1/6/2013 |
| Rekord Polski Masters 65 - 69 | 38.56 | Janu Tadeusz | Katowice | 27/3/2011 |
| Rekord Polski Masters 70 - 74 | 40.76 | Bastek Ewald | Gliwice | 24/5/2009 |
| Rekord Polski Masters 75 - 79 | 46.99 | Krokoszy ski Stanisław | Lublin | 14/11/2009 |
| Rekord Polski Masters 80 - 84 | 50.56 | Prz do Lucjan | Toru | 24/4/2010 |
| Rekord Polski Masters 85 - 89 | 10:00.00 | | | |
| Rekord Polski Masters 90 - 94 | 10:00.00 | | | |

Punkty: DSV Masters 13

Pozycja Rok ur. Czas Pkt.

Kategoria 0

1. Jabło ski Marcin 90 Zawodnik niezrzeszony **27.63** 824
2. Suchodolski Patryk 93 Zawodnik niezrzeszony **31.18** 573
3. Pałka Karol 90 AZS I ski UM **37.40** 332

Kategoria A

1. Szczypi ski Marcin 86 Wodnik 29 Katowice **28.28** 695
2. Urba czyk Piotr 84 Zawodnik niezrzeszony **28.40** 686
3. Miłek Mateusz 87 Sport and Body Kraków **28.64** 669
4. Górka Marcin 88 Zawodnik niezrzeszony **28.79** 658
5. J kalski Tomasz 88 Zawodnik niezrzeszony **29.54** 609
6. Pfitzner Jan 86 Warsaw Masters Team **30.69** 543
7. Lisiecki Rafał 88 Swimming Masters Team Szczecin **30.79** 538
8. Brysz Robert 87 Masters Opole **30.82** 536
9. Kunets Taras 86 Masters SC Euro Lviv **35.56** 349
10. Wirszuło Radosław 86 Delfinek Legnica **39.75** 250
11. Kowalczyk Rafał 84 Akademia Ruchu AG Warszawa **43.08** 196

Kategoria B

1. Pi tkowski Jakub 83 Redeco Wrocław **29.91** 695
2. Tomaszewski Tomasz 81 Warta Pozna **30.11** 681
3. Spławi ski Michał 81 Wodnik 29 Katowice **30.15** 679
4. Hałada Łukasz 83 Redeco Wrocław **31.63** 588
5. Jurek Przemysław 81 Tarnowskie WOPR Masters **31.71** 583
6. Bro yna Andrzej 79 Delfin Masters Tarnobrzeg **33.44** 497
7. Karczmarczyk Jakub 80 Pi tka Konstantynów Ł. **34.14** 467
8. Pietrowski Witold 80 Pi tka Konstantynów Ł. **34.88** 438
9. Jurek Radosław 83 Tarnowskie WOPR Masters **36.00** 398
10. Sidorowicz Jakub 83 Pi tka Konstantynów Ł. **41.11** 267



Konkurencja 9, M cżyn, 50m grzbietowy

Kategoria C

| | | | | |
|--------------------------|----|-----------------------------|--------------|-----|
| 1. Minakovs Valerijs | 74 | Jelgava SPS | 28.20 | 891 |
| 2. Baran Robert | 75 | Motyl Senior MOSiR St. Wola | 29.96 | 743 |
| 3. Dadej Grzegorz | 78 | Zawodnik niezrzeszony | 30.59 | 698 |
| 4. Suchecki Piotr | 77 | AZS UWM Masters Olsztyn | 30.90 | 677 |
| 5. Doli ski Arkadiusz | 78 | Zawodnik niezrzeszony | 32.72 | 570 |
| 6. Pawłowski Krzysztof | 77 | Motyl Senior MOSiR St. Wola | 33.54 | 529 |
| 7. Szyma ski Sebastian | 74 | Start Wrocław | 33.60 | 527 |
| 8. Hoffman Wojciech | 75 | Masters Korona Kraków | 33.89 | 513 |
| 9. Nowak Paweł | 75 | Delfin Masters Tarnobrzeg | 36.69 | 404 |
| 10. Kowalski Piotr | 78 | Masters Korona Kraków | 44.03 | 234 |
| 11. Charchouli Norbert | 75 | Tarnowskie WOPR Masters | 45.15 | 217 |
| 12. Próchniewicz Bartosz | 78 | Masters Korona Kraków | 48.52 | 175 |

Kategoria D

| | | | | |
|------------------------|----|-----------------------|--------------|-----|
| 1. Skorykow Andrzej | 69 | Warsaw Masters Team | 29.63 | 769 |
| 2. Stuchlik Tadeusz | 69 | Weteran Zabrze | 29.66 | 767 |
| 3. Kersevicius Linas | 71 | SMC Takas Kaunas | 30.82 | 683 |
| 4. Kaliszyk Mariusz | 70 | Masters Korona Kraków | 30.83 | 682 |
| 5. Liszkowski Wojciech | 72 | CM UJ Masters Kraków | 31.73 | 626 |
| 6. Sykora Jaroslav | 71 | PVK Bratislava | 32.30 | 593 |
| 7. Borus Dawid | 70 | Masters Gorzów Wlkp. | 32.69 | 572 |
| 8. Skodny Pavol | 69 | SPK Kupele Piestany | 34.28 | 496 |
| 9. Friauf Ruslan | 69 | Masters SC Euro Lviv | 36.42 | 414 |
| 10. Kuryło Artur | 70 | Masters Krosno | 38.88 | 340 |
| 11. Rybarczyk Michał | 70 | Ursynów Masters | 43.63 | 240 |

Kategoria E

| | | | | |
|----------------------|----|-----------------------------|--------------|-----|
| 1. Rother Marek | 68 | Weteran Zabrze | 29.49 | 917 |
| 2. Sko kiewicz Rafał | 66 | Warsaw Masters Team | 30.96 | 793 |
| 3. Katakchiev Sergey | 68 | Pregel Kaliningrad | 32.60 | 679 |
| 4. Janyga Dariusz | 66 | Warta Pozna | 33.14 | 646 |
| 5. Skoczylas Tomasz | 66 | Wodnik 29 Katowice | 33.85 | 606 |
| 6. Przybylski Adam | 67 | Motyl Senior MOSiR St. Wola | 34.95 | 551 |
| 7. ebracki Bogdan | 66 | Masters Krosno | 35.28 | 536 |
| 8. Jr. Janovsky Jiri | 64 | Straz pod Ralskem | 36.42 | 487 |
| 9. Bro ek Wacław | 67 | Masters Korona Kraków | 54.66 | 144 |

Kategoria F

| | | | | |
|------------------------------|----|-------------------------------|--------------|-----|
| 1. Wolny Dariusz | 60 | Redeco Wrocław | 30.90 | 859 |
| 2. Januskiewicz Zbigniew | 62 | Masters Opole | 31.52 | 809 |
| 3. Juodeska Arlandas Antanas | 61 | SMC Takas Kaunas | 33.08 | 700 |
| 4. Zhykh Serhiy | 62 | Masters SC Euro Lviv | 33.99 | 645 |
| 5. Lukonenko Igor | 63 | Nevskie Zvezdy St. Petersburg | 34.23 | 632 |
| 6. Piszczek Waldemar | 62 | Masters Korona Kraków | 35.63 | 560 |
| 7. Dorywalski Tomasz | 61 | Masters Unia O wi cim | 36.02 | 542 |
| 8. Cis Andrzej | 60 | Masters Kra nik | 38.06 | 460 |
| 9. Barucha Jan | 59 | Weteran Zabrze | 39.16 | 422 |
| 10. Derkowski Krzysztof | 61 | Delfin Inowrocław | 47.33 | 239 |
| 11. Sutowski Robert | 59 | Warsaw Masters Team | 53.46 | 165 |



Konkurencja 9, M czyzn, 50m grzbietowy

Kategoria G

| | | | | | |
|-----|------------------------|----|-------------------------|--------------|-----|
| 1. | Gorbaczow Dariusz | 58 | Sopot Masters | 33.58 | 823 |
| 2. | Mashkin Sergiy | 55 | Masters SC Euro Lviv | 34.98 | 728 |
| 3. | Przytulski Włodzimierz | 57 | Zgiersko-Ł czyckie WOPR | 35.91 | 673 |
| 4. | Konstanty Janusz | 56 | Wisła Masters Kraków | 36.18 | 658 |
| 5. | Birecki Roman | 55 | Masters Opole | 38.80 | 533 |
| 6. | Tervinskiy Alexander | 58 | Pregel Kaliningrad | 39.99 | 487 |
| 7. | Pietraszewski Zbigniew | 55 | Olimpia Pozna | 41.11 | 448 |
| 8. | Samonek Krzysztof | 57 | Masters Kra nik | 43.43 | 380 |
| 9. | Czupryn Wojciech | 58 | Warsaw Masters Team | 45.98 | 320 |
| 10. | Rusowicz Waldemar | 55 | Masters Kra nik | 52.24 | 218 |

Kategoria H

| | | | | | |
|-----|-------------------------|----|-----------------------------|----------------|-----|
| 1. | Rubaszkiwicz Andrzej | 49 | MKS Piaseczno | 38.22 | 652 |
| 2. | Dubi ski Bogdan | 53 | Zawodnik niezrzeszony | 39.22 | 603 |
| 3. | Ossowski Aleksander | 53 | Zgiersko-Ł czyckie WOPR | 39.69 | 582 |
| 4. | Ciecior Jerzy | 53 | Orka Masters Radlin | 40.85 | 534 |
| 5. | Chyrkov Yuriy | 51 | Masters SC Euro Lviv | 41.14 | 523 |
| 6. | Jarzyna Włodzimierz | 49 | Motyl Senior MOSiR St. Wola | 41.54 | 508 |
| 7. | Zielezi ski Włodzimierz | 53 | Zawodnik niezrzeszony | 42.94 | 460 |
| 8. | Boryski Jerzy | 51 | Olimpia Pozna | 43.23 | 450 |
| 9. | Garbarczuk Janusz | 51 | Masters Opole | 48.22 | 324 |
| 10. | Bantkowski Jan | 49 | Toru czyk Masters Toru | 1:12.30 | 96 |

Kategoria I

| | | | | | |
|--------|--------------------|----|-------------------------------|----------------|-----|
| 1. | Poloczek Bernard | 47 | Weteran Zabrze | 42.70 | 475 |
| 2. | Andreev Igor | 46 | Nevskie Zvezdy St. Petersburg | 42.88 | 469 |
| 3. | Galkin Mykhailo | 47 | Masters SC Euro Lviv | 42.99 | 465 |
| 4. | Morshin Alexander | 45 | MKMP Moscow | 43.33 | 454 |
| 5. | Kiszczak Stanisław | 48 | Weteran Zabrze | 44.00 | 434 |
| 6. | Ciupek Józef | 46 | Masters Opole | 47.56 | 343 |
| 7. | Daszy ski Andrzej | 48 | Energetyk Zgorzelec | 48.41 | 326 |
| 8. | Kubis Antoni | 47 | Masters Korona Kraków | 52.13 | 261 |
| 9. | Kushnir Zenoviy | 46 | Masters SC Euro Lviv | 56.22 | 208 |
| 10. | Boboli Jan Maciej | 48 | Warsaw Masters Team | 1:01.80 | 156 |
| 11. | Marciniszko Jerzy | 44 | Delfin Gliwice | 1:11.20 | 102 |
| DYSKW. | Lipski Romuald | 47 | Zawodnik niezrzeszony | | |

G4 - Wykonanie wi cej ni jednego poci gni cia ramieniem (lub obydwoma ramionami jednocze nie) po obróceniu s

Kategoria J

| | | | | | |
|----|---------------------|----|------------------------|----------------|-----|
| 1. | Buczowski Władysław | 42 | Weteran Zabrze | 44.83 | 462 |
| 2. | Skwarło Andrzej | 39 | Gdynia Masters | 47.64 | 385 |
| 3. | Dzieko ski Edward | 43 | Zawodnik niezrzeszony | 50.68 | 320 |
| 4. | Rybarczyk Ryszard | 42 | Ursynów Masters | 53.57 | 271 |
| 5. | Korolko Edward | 40 | Toru czyk Masters Toru | 1:02.04 | 174 |

Kategoria K

| | | | | | |
|----|---------------------------|----|--------------------|--------------|-----|
| 1. | Witkowski Tadeusz | 37 | Masters Opole | 47.53 | 591 |
| 2. | Ciundziewicki Bogdan | 34 | Gdynia Masters | 48.86 | 544 |
| 3. | Aleksandrowicz Aleksander | 37 | Wodnik 29 Katowice | 55.66 | 368 |



Konkurencja 9, M czynn, 50m grzbietowy

Kategoria L

| | | | | |
|---------------------------|----|------------------------|----------------|-----|
| 1. Krokoszy ski Stanisław | 30 | Wisła Masters Kraków | 51.77 | 601 |
| 2. Prz do Lucjan | 30 | Polonia Warszawa | 52.55 | 575 |
| 3. Ludwiczak Zbigniew | 33 | STP Masters Szczecinek | 1:01.82 | 353 |
| 4. From Kazimierz | 32 | Zawodnik niezrzeszony | 1:17.52 | 179 |

Kategoria M

| | | | | |
|------------------------|----|-------------|----------------|-----|
| 1. Rabinovich Vladimir | 24 | MKMP Moscow | 1:09.83 | 308 |
|------------------------|----|-------------|----------------|-----|

Konkurencja 10

Kobiet, 200m klasyczny

20 - 94 lat

16/11/2013 - 9:39

Wyniki

| | | | | |
|-------------------------------|----------|----------------------|------------|------------|
| Rekord Polski Masters 25 - 29 | 2:40.71 | Bystrzycka Agnieszka | Pozna | 20/2/2010 |
| Rekord Polski Masters 30 - 34 | 2:39.59 | Bystrzycka Agnieszka | Pozna | 19/11/2011 |
| Rekord Polski Masters 35 - 39 | 2:56.07 | Sulewska Beata | Pozna | 20/2/2010 |
| Rekord Polski Masters 40 - 44 | 3:01.23 | SULEWSKA BEATA | Kórnik | 25/2/2012 |
| Rekord Polski Masters 45 - 49 | 3:02.22 | Puchalska Joanna | Pozna | 14/2/2009 |
| Rekord Polski Masters 50 - 54 | 3:10.16 | Cabaj-Drela Gra yna | Pruszków | 3/11/2007 |
| Rekord Polski Masters 55 - 59 | 3:18.81 | Cabaj-Drela Gra yna | Katowice | 24/11/2012 |
| Rekord Polski Masters 60 - 64 | 3:42.80 | Fecica Krystyna | Ceska Lipa | 11/6/2005 |
| Rekord Polski Masters 65 - 69 | 3:49.30 | Fecica Krystyna | Pozna | 14/2/2009 |
| Rekord Polski Masters 70 - 74 | 4:00.08 | Fecica Krystyna | Konstancin | 20/10/2013 |
| Rekord Polski Masters 75 - 79 | 4:42.66 | NOETZEL STEFANIA | Katowice | 24/11/2012 |
| Rekord Polski Masters 80 - 84 | 8:31.54 | Wilczynska Wacława | Pozna | 19/11/2011 |
| Rekord Polski Masters 85 - 89 | 9:41.85 | Kowalewska Danuta | Pozna | 19/11/2011 |
| Rekord Polski Masters 90 - 94 | 20:00.00 | | | |

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---------|--|------|------|-----|------|------|------|
|---------|---------|--|------|------|-----|------|------|------|

Kategoria 0

| | | | | | | | | |
|----------------------|----|------------------------|----------------|-----|-------|---------|---------|---------|
| 1. Kostyra Agnieszka | 90 | Toru czyk Masters Toru | 3:28.54 | 386 | 48.66 | 52.48 | 52.52 | 54.88 |
| 2. Sołtys Anna | 89 | Delfinek Legnica | 4:10.21 | 223 | 52.95 | 1:03.45 | 1:06.51 | 1:07.30 |

Kategoria A

| | | | | | | | | |
|-----------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Bolewska Magdalena | 84 | Toru czyk Masters Toru | 2:55.24 | 674 | 39.00 | 44.88 | 45.82 | 45.54 |
| 2. Jamrozik Justyna | 88 | Masters Korona Kraków | 3:08.64 | 540 | 43.09 | 47.76 | 48.48 | 49.31 |
| 3. Kwatera Joanna | 84 | Masters Korona Kraków | 3:15.49 | 485 | 42.86 | 49.44 | 51.16 | 52.03 |
| 4. Szyma ska Paulina | 86 | Zawodnik niezrzeszony | 3:18.46 | 464 | 45.00 | 50.71 | 51.43 | 51.32 |
| 5. Gajdus Marianna | 86 | Warsaw Masters Team | 3:21.80 | 441 | 45.75 | 51.23 | 52.74 | 52.08 |

Kategoria B

| | | | | | | | | |
|-------------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Bystrzycka Agnieszka | 81 | Redeco Wrocław | 2:43.91 | 865 | 36.85 | 41.14 | 42.06 | 43.86 |
| 2. Malchar Jowita | 82 | Delfinek Legnica | 3:10.25 | 553 | 41.62 | 47.31 | 50.62 | 50.70 |
| 3. Opitz Agnieszka | 82 | Tarnowskie WOPR Masters | 3:11.55 | 542 | 43.42 | 48.78 | 50.45 | 48.90 |

Kategoria C

| | | | | | | | | |
|----------------------------|----|---------------------|----------------|-----|-------|-------|---------|-------|
| 1. Jarecka-Skorykow Monika | 74 | Warsaw Masters Team | 3:08.98 | 638 | 42.38 | 46.88 | 49.39 | 50.33 |
| 2. Besler Agnieszka | 78 | Sinnet Warszawa | 3:24.45 | 504 | 44.79 | 51.18 | 54.29 | 54.19 |
| 3. Novakova Monika | 75 | PVK Bratislava | 3:31.84 | 453 | 47.82 | 53.72 | 55.17 | 55.13 |
| 4. Macionczyk Renata | 75 | Orka Masters Radlin | 3:53.25 | 339 | 53.93 | 59.83 | 1:00.31 | 59.18 |



Konkurencja 10, Kobiety, 200m klasyczny

Kategoria D

| | | | | | | | | |
|------------------------|----|-----------------------|----------------|-----|---------|---------|---------|---------|
| 1. Sulewska Beata | 72 | Weteran Zabrze | 3:03.95 | 736 | 42.25 | 46.76 | 47.56 | 47.38 |
| 2. Piechura Małgorzata | 73 | Niezrzeszeni.pl | 3:53.90 | 358 | 54.68 | 59.95 | 59.66 | 59.61 |
| 3. Fligier Marzena | 71 | Wodnik 29 Katowice | 3:59.38 | 334 | 52.57 | 1:00.30 | 1:03.77 | 1:02.74 |
| 4. Jakubowska Ewa | 72 | KP Koziegłowy | 4:14.87 | 276 | 54.64 | 1:04.57 | 1:09.00 | 1:06.66 |
| 5. Wolska Marta | 69 | Masters Korona Kraków | 4:30.55 | 231 | 1:00.54 | 1:09.45 | 1:11.12 | 1:09.44 |

Kategoria E

| | | | | | | | | |
|-----------------------|----|-----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Puchalska Joanna | 64 | Sopot Masters | 3:01.33 | 830 | 42.56 | 46.14 | 46.81 | 45.82 |
| 2. Olszewska Edyta | 64 | Warsaw Masters Team | 3:12.36 | 695 | 43.87 | 50.14 | 49.33 | 49.02 |
| 3. Go dziejewska Anna | 67 | AZS UWM Masters Olsztyn | 3:24.13 | 581 | 48.05 | 51.11 | 51.82 | 53.15 |
| 4. Petecka Maria | 67 | Motyl Senior MOSiR St. Wol. | 3:25.57 | 569 | 46.52 | 52.22 | 54.20 | 52.63 |
| 5. Mlchalska Anna | 64 | Warsaw Masters Team | 3:34.25 | 503 | 49.64 | 55.29 | 54.96 | 54.36 |
| 6. Kovalchuk Iryna | 68 | Zhytomyr Aqua Masters | 3:41.33 | 456 | 51.13 | 56.67 | 57.60 | 55.93 |

Kategoria F

| | | | | | | | | |
|-----------------------|----|------------------------|----------------|-----|---------|---------|---------|---------|
| 1. Wysocka Marta | 59 | Masters Korona Kraków | 3:16.49 | 737 | 43.55 | 49.23 | 51.74 | 51.97 |
| 2. Kicinova Anna | 61 | SPK Kupele Piastany | 3:33.37 | 575 | 49.08 | 53.52 | 55.43 | 55.34 |
| 3. Stefanek Jolanta | 60 | Wodnik 29 Katowice | 3:37.37 | 544 | 47.50 | 53.77 | 57.37 | 58.73 |
| 4. Gudaniec Dorota | 60 | TKKF Koszalin | 3:43.77 | 499 | 48.76 | 56.82 | 59.38 | 58.81 |
| 5. Wilczek Małgorzata | 60 | Zawodnik niezrzeszony | 3:44.34 | 495 | 47.44 | 56.26 | 1:00.20 | 1:00.44 |
| 6. Zagąła Joanna | 59 | SiKReT Masters Gliwice | 4:01.76 | 395 | 55.22 | 1:01.60 | 1:03.82 | 1:01.12 |
| 7. Radkowiak Danuta | 60 | Gdynia Masters | 4:10.54 | 355 | 57.61 | 1:04.62 | 1:05.07 | 1:03.24 |
| 8. Lipowska Barbara | 62 | Delfin Gliwice | 5:04.38 | 198 | 1:04.17 | 1:16.58 | 1:22.89 | 1:20.74 |
| 9. Wepa Hanna | 59 | Masters Chełm | 5:08.80 | 189 | 1:10.48 | 1:19.63 | 1:20.42 | 1:18.27 |

Kategoria G

| | | | | | | | | |
|--------------------|----|------------------------|----------------|-----|---------|---------|---------|---------|
| 1. Kania Hanka | 54 | Gdynia Masters | 3:54.45 | 493 | 52.22 | 59.62 | 1:01.96 | 1:00.65 |
| 2. D browska Zofia | 58 | SiKReT Masters Gliwice | 4:10.47 | 404 | 57.71 | 1:06.04 | 1:05.15 | 1:01.57 |
| 3. Benova Dana | 56 | Spolchemie Usti n/L | 5:00.16 | 235 | 1:04.71 | 1:15.80 | 1:21.67 | 1:17.98 |

Kategoria H

| | | | | | | | | |
|-------------------|----|-----------------------|----------------|-----|---------|---------|---------|---------|
| 1. Krupiska Anna | 53 | Aquatic Gubin | 4:09.32 | 424 | 57.49 | 1:01.42 | 1:05.92 | 1:04.49 |
| 2. Komin Anna | 51 | Masters Korona Kraków | 4:23.79 | 358 | 55.50 | 1:06.81 | 1:11.84 | 1:09.64 |
| 3. Gdula Teodozja | 51 | Delfin Gliwice | 4:54.37 | 258 | 1:07.25 | 1:15.83 | 1:17.14 | 1:14.15 |

Kategoria I

| | | | | | | | | |
|---------------------|----|----------------|----------------|-----|-------|---------|---------|-------|
| 1. Buczkowska Maria | 46 | Weteran Zabrze | 4:01.66 | 573 | 55.34 | 1:05.84 | 1:03.80 | 56.68 |
|---------------------|----|----------------|----------------|-----|-------|---------|---------|-------|

Kategoria J

| | | | | | | | | |
|--------------------|----|----------------|----------------|-----|-------|---------|---------|-------|
| 1. Fecica Krystyna | 43 | Weteran Zabrze | 3:56.56 | 732 | 53.91 | 1:02.47 | 1:01.92 | 58.26 |
|--------------------|----|----------------|----------------|-----|-------|---------|---------|-------|

Kategoria K

| | | | | | | | | |
|---------------------|----|--------------|----------------|-----|---------|---------|---------|---------|
| 1. Noetzel Stefania | 35 | MKP Szczecin | 4:55.59 | 640 | 1:07.79 | 1:13.72 | 1:19.08 | 1:15.00 |
|---------------------|----|--------------|----------------|-----|---------|---------|---------|---------|



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 11

M czynny, 200m klasyczny

20 - 94 lat

16/11/2013 - 10:09

Wyniki

| | | | | |
|-------------------------------|----------|----------------------|----------|------------|
| Rekord Polski Masters 25 - 29 | 2:19.34 | Duszy ski Tomasz | Warszawa | 1/12/2001 |
| Rekord Polski Masters 30 - 34 | 2:15.72 | Duszy ski Tomasz | Lublin | 8/12/2007 |
| Rekord Polski Masters 35 - 39 | 2:38.08 | Skrok Michał | Katowice | 24/11/2012 |
| Rekord Polski Masters 40 - 44 | 2:33.37 | Formas Sławomir | Lublin | 14/11/2009 |
| Rekord Polski Masters 45 - 49 | 2:41.55 | Wolny Dariusz | Pozna | 17/2/2007 |
| Rekord Polski Masters 50 - 54 | 2:49.59 | Madaj Leszek | Gliwice | 16/3/2013 |
| Rekord Polski Masters 55 - 59 | 3:00.71 | Nowak Michał | Katowice | 26/6/2010 |
| Rekord Polski Masters 60 - 64 | 2:59.30 | Klukowski Józef | Szczecin | 18/11/2007 |
| Rekord Polski Masters 65 - 69 | 3:15.31 | Fecica Daniel | Pozna | 19/2/2005 |
| Rekord Polski Masters 70 - 74 | 3:21.40 | Fecica Daniel | Katowice | 26/6/2010 |
| Rekord Polski Masters 75 - 79 | 3:41.15 | Ciundziewicki Bogdan | Lublin | 14/11/2009 |
| Rekord Polski Masters 80 - 84 | 4:11.65 | Prz do Lucjan | Mława | 14/11/2010 |
| Rekord Polski Masters 85 - 89 | 20:00.00 | | | |
| Rekord Polski Masters 90 - 94 | 20:00.00 | | | |

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---------|--|------|------|-----|------|------|------|
|---------|---------|--|------|------|-----|------|------|------|

Kategoria 0

| | | | | | | | | |
|------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. Czermak Tomasz | 91 | AZS AWF Katowice | 2:31.15 | 786 | 33.92 | 38.88 | 39.30 | 39.05 |
| 2. Olszewski Krzysztof | 89 | SGGW Warszawa | 2:46.43 | 589 | 38.14 | 42.79 | 43.00 | 42.50 |
| 3. Kister Piotr | 89 | Zawodnik niezrzeszony | 2:57.43 | 486 | 39.05 | 44.42 | 46.51 | 47.45 |
| 4. Pałka Karol | 90 | AZS I ski UM | 3:04.83 | 430 | 40.19 | 45.91 | 48.67 | 50.06 |

Kategoria A

| | | | | | | | | |
|----------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. Dudek Mateusz | 88 | Aquapark Wrocław | 2:34.36 | 721 | 34.46 | 38.55 | 40.04 | 41.31 |
| 2. Kozak Stanisław | 86 | Warsaw Masters Team | 2:35.43 | 706 | 34.89 | 39.29 | 40.81 | 40.44 |
| 3. Janovsky Jiri | 88 | Straz pod Ralskiem | 2:36.95 | 685 | 34.76 | 40.66 | 41.25 | 40.28 |
| 4. Stasiaczek Michał | 84 | Aquapark Wrocław | 2:46.22 | 577 | 36.00 | 41.02 | 43.91 | 45.29 |
| 5. Makomaski Tomasz | 86 | Warsaw Masters Team | 3:00.38 | 451 | 38.82 | 47.11 | 48.18 | 46.27 |

Kategoria B

| | | | | | | | | |
|-----------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Ptak Łukasz | 83 | Redeco Wrocław | 2:31.30 | 801 | 33.98 | 38.58 | 39.95 | 38.79 |
| 2. Twarowski Karol | 79 | Toru czyk Masters Toru | 2:41.64 | 657 | 37.19 | 41.56 | 41.92 | 40.97 |
| 3. Kozikowski Michał | 80 | AZS UWM Masters Olsztyn | 2:41.68 | 656 | 35.20 | 40.12 | 42.45 | 43.91 |
| 4. Trudnos Rafał | 80 | Pi tka Konstantynów Ł. | 2:51.69 | 548 | 36.67 | 42.20 | 45.77 | 47.05 |
| 5. Kłosi ski Artur | 81 | Toru czyk Masters Toru | 2:58.90 | 484 | 39.22 | 44.76 | 46.58 | 48.34 |
| 6. Grabarczyk Marcin | 79 | Pi tka Konstantynów Ł. | 3:00.41 | 472 | 38.93 | 44.92 | 48.16 | 48.40 |
| 7. Janowski Mariusz | 80 | JW 2399 wi tos ów | 3:14.13 | 379 | 41.67 | 48.09 | 51.56 | 52.81 |
| 8. Karczmarczyk Jakub | 80 | Pi tka Konstantynów Ł. | 3:14.96 | 374 | 40.78 | 50.12 | 53.35 | 50.71 |

Kategoria C

| | | | | | | | | |
|----------------------|----|----------------------------|----------------|-----|-------|---------|---------|---------|
| 1. Skrok Michał | 76 | Motyl Senior MOSiR St. Wol | 2:38.09 | 732 | 35.71 | 39.96 | 40.52 | 41.90 |
| 2. Opali ski Paweł | 74 | Motyl Senior MOSiR St. Wol | 2:45.16 | 642 | 36.39 | 41.38 | 43.47 | 43.92 |
| 3. Shavrov Oleksandr | 76 | Masters SC Euro Lviv | 2:51.60 | 572 | 37.57 | 43.56 | 44.68 | 45.79 |
| 4. Cie li ski Paweł | 76 | Motyl Senior MOSiR St. Wol | 2:59.39 | 501 | 40.91 | 45.51 | 46.69 | 46.28 |
| 5. Bogucki Oscar | 74 | JW 2399 wi tos ów | 3:16.46 | 381 | 40.95 | 49.47 | 53.03 | 53.01 |
| 6. Witkowski Adam | 75 | KP Koziegłowy | 3:26.69 | 327 | 45.23 | 51.49 | 54.81 | 55.16 |
| 7. Porszke Andrzej | 74 | Wodnik 29 Katowice | 3:31.28 | 306 | 46.06 | 52.90 | 56.74 | 55.58 |
| 8. Klepacki Piotr | 74 | Wodnik 29 Katowice | 4:19.40 | 165 | 52.27 | 1:04.98 | 1:10.13 | 1:12.02 |

Kategoria D

| | | | | | | | | |
|----------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Wilczy ski Marcin | 71 | ORS Opole | 2:43.72 | 664 | 37.17 | 41.62 | 42.70 | 42.23 |
| 2. Petrov Sergey | 73 | Poseidon Moscow | 2:51.76 | 575 | 37.70 | 42.06 | 44.80 | 47.20 |
| 3. Horil Juraj | 72 | SPK Kupele Piestany | 3:06.71 | 448 | 39.65 | 46.33 | 49.76 | 50.97 |
| 4. Jaro Tomasz | 71 | Zawodnik niezrzeszony | 3:07.23 | 444 | 41.08 | 48.32 | 49.20 | 48.63 |
| 5. Wo niak Rafał | 73 | Delfin Masters Tarnobrzeg | 3:16.59 | 383 | 43.98 | 49.75 | 51.32 | 51.54 |
| 6. urczak Tomasz | 69 | Orka Masters Radlin | 3:27.85 | 324 | 46.99 | 51.39 | 54.44 | 55.03 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 11, M czynn, 200m klasyczny

Kategoria E

| | | | | | | | | |
|-------------------------|----|-----------------------|----------------|-----|-------|---------|---------|---------|
| 1. Barski Piotr | 65 | Sinnet Warszawa | 2:41.63 | 787 | 36.00 | 41.72 | 42.29 | 41.62 |
| 2. Ko mider Jan | 66 | Victoria Józefów | 2:56.80 | 601 | 39.86 | 45.45 | 46.15 | 45.34 |
| 3. Cybertowicz Sławomir | 66 | Olimpia Pozna | 2:56.89 | 600 | 38.64 | 44.83 | 47.16 | 46.26 |
| 4. Ezhkov Vadim | 65 | Pregel Kaliningrad | 2:57.69 | 592 | 39.11 | 44.57 | 46.33 | 47.68 |
| 5. Lewandowski Andrzej | 68 | Warsaw Masters Team | 3:09.57 | 488 | 42.34 | 47.81 | 50.41 | 49.01 |
| 6. Rudzi ski Michał | 66 | Warsaw Masters Team | 3:26.71 | 376 | 46.49 | 51.33 | 54.05 | 54.84 |
| 7. Zadro ny Jarosław | 66 | Masters Korona Kraków | 4:03.70 | 229 | 56.27 | 1:02.97 | 1:03.49 | 1:00.97 |

Kategoria F

| | | | | | | | | |
|----------------------------|----|-------------------------|----------------|-----|---------|---------|---------|---------|
| 1. Juodeska Arlandas Antan | 61 | SMC Takas Kaunas | 3:03.45 | 600 | 41.51 | 47.27 | 48.06 | 46.61 |
| 2. Waraczewski Przemysław | 62 | Warta Pozna | 3:06.20 | 573 | 40.73 | 46.54 | 49.26 | 49.67 |
| 3. Mrozi ski Jerzy | 59 | Wodnik 29 Katowice | 3:06.27 | 573 | 40.65 | 47.46 | 48.46 | 49.70 |
| 4. Mydłowski Mietek | 62 | SiKReT Masters Gliwice | 3:09.20 | 547 | 42.54 | 47.81 | 50.16 | 48.69 |
| 5. Lopin Grigoriy | 63 | Pregel Kaliningrad | 3:33.30 | 381 | 45.71 | 53.35 | 57.44 | 56.80 |
| 6. Data Andrzej | 61 | Masters Korona Kraków | 3:34.66 | 374 | 46.96 | 53.25 | 57.24 | 57.21 |
| 7. Obiedzi ski Tadeusz | 59 | Zgiersko-Ł czyckie WOPR | 3:43.64 | 331 | 48.80 | 56.98 | 58.80 | 59.06 |
| 8. Wiszniewski Andrzej | 63 | Warsaw Masters Team | 3:46.79 | 317 | 53.36 | 56.61 | 59.80 | 57.02 |
| 9. Liber Zbigniew | 63 | Warta Pozna | 4:38.50 | 171 | 1:03.22 | 1:12.36 | 1:12.81 | 1:10.11 |

Kategoria G

| | | | | | | | | |
|--------------------------|----|-------------------------|----------------|-----|-------|---------|---------|---------|
| 1. W sik Bogdan | 55 | Zgiersko-Ł czyckie WOPR | 3:09.61 | 630 | 41.67 | 47.69 | 49.87 | 50.38 |
| 2. Kawecki Krzysztof | 57 | Astoria Bydgoszcz | 3:12.75 | 600 | 44.50 | 47.85 | 49.79 | 50.61 |
| 3. Piechula Adolf | 57 | AZS PWSZ Racibórz | 3:21.48 | 525 | 44.95 | 50.42 | 52.06 | 54.05 |
| 4. Krasnod bski Zbigniew | 56 | Masters Opole | 3:22.34 | 519 | 46.23 | 51.89 | 53.05 | 51.17 |
| 5. Moravec Peter | 55 | PVK Bratislava | 3:31.13 | 457 | 44.85 | 51.75 | 58.16 | 56.37 |
| 6. Rusowicz Waldemar | 55 | Masters Kra nik | 3:38.25 | 413 | 49.63 | 55.35 | 57.95 | 55.32 |
| 7. Mi ski Andrzej | 56 | Niezrzeszeni.pl | 3:43.56 | 384 | 49.79 | 55.58 | 59.60 | 58.59 |
| 8. Wepa Wiesław | 56 | Masters Chełm | 3:57.45 | 321 | 53.99 | 1:01.31 | 1:03.75 | 58.40 |
| 9. Michalczyk Jerzy | 56 | Masters Kra nik | 3:57.74 | 320 | 51.75 | 1:01.46 | 1:04.18 | 1:00.35 |
| 10. Patrzalek Dariusz | 55 | Redeco Wrocław | 4:35.23 | 206 | 53.69 | 1:04.21 | 1:13.58 | 1:23.75 |

DYSKW. Valtr Vaclav 56 Spolchemie Usti n/L

K16 - Niejednoczesne dotkni cie ciany dło mi przy nawrocie lub na zako czenie wy cigu (Czas: 11:03)

Kategoria H

| | | | | | | | | |
|-------------------------|----|------------------------|----------------|-----|-------|-------|---------|---------|
| 1. Nowak Michał | 52 | Ursynów Masters | 3:06.31 | 828 | 40.89 | 46.61 | 48.41 | 50.40 |
| 2. Bryniak Jan | 53 | Masters Opole | 3:20.50 | 664 | 45.69 | 50.35 | 51.98 | 52.48 |
| 3. Grzeszewski Sławomir | 53 | Zawodnik niezrzeszony | 3:24.78 | 623 | 46.64 | 51.36 | 52.97 | 53.81 |
| 4. Wysocki Jarosław | 53 | Toru czyk Masters Toru | 3:30.84 | 571 | 46.74 | 53.03 | 56.02 | 55.05 |
| 5. Kubicki Leszek | 53 | Gdynia Masters | 3:31.60 | 565 | 45.65 | 53.83 | 55.82 | 56.30 |
| 6. Mikołajczyk Czesław | 50 | Gdynia Masters | 3:38.09 | 516 | 49.27 | 55.70 | 56.56 | 56.56 |
| 7. Wasiuk Janusz | 53 | Masters Kra nik | 3:41.11 | 495 | 49.05 | 55.63 | 58.98 | 57.45 |
| 8. Irczyk Leon | 51 | Orka Masters Radlin | 3:48.39 | 449 | 52.04 | 58.38 | 58.98 | 58.99 |
| 9. Szufarski Andrzej | 52 | Toru czyk Masters Toru | 3:53.21 | 422 | 51.89 | 58.17 | 1:00.46 | 1:02.69 |

Kategoria I

| | | | | | | | | |
|-------------------------|----|-------------------------------|----------------|-----|---------|---------|---------|---------|
| 1. Wiczel Roman | 48 | Zgiersko-Ł czyckie WOPR | 3:20.83 | 746 | 45.59 | 50.65 | 52.16 | 52.43 |
| 2. Kharchenko Alexander | 47 | Nevskie Zvezdy St. Petersburg | 3:34.18 | 615 | 47.01 | 53.75 | 56.16 | 57.26 |
| 3. Woch Janusz | 46 | Olimpia Pozna | 3:52.21 | 482 | 51.46 | 59.78 | 1:01.97 | 59.00 |
| 4. Jawor Bogdan | 47 | Masters Polkowice | 4:28.38 | 312 | 1:00.54 | 1:09.12 | 1:10.87 | 1:07.85 |
| 5. Marciniuszko Jerzy | 44 | Delfin Gliwice | 5:23.53 | 178 | 1:13.19 | 1:20.55 | 1:26.68 | 1:23.11 |

NIE UK. Goł biewski Janusz 48 Masters Korona Kraków



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 11, M czynn, 200m klasyczny

Kategoria J

| | | | | | | | | |
|----------------------|----|-----------------------|----------------|-----|---------|---------|---------|---------|
| 1. Fecica Daniel | 40 | Weteran Zabrze | 3:28.51 | 701 | 46.75 | 53.69 | 54.80 | 53.27 |
| 2. Golik Janusz | 41 | Masters Chełm | 3:56.83 | 478 | 54.59 | 1:01.46 | 1:02.68 | 58.10 |
| 3. Rybarczyk Ryszard | 42 | Ursynów Masters | 3:57.05 | 477 | 52.64 | 1:03.09 | 1:04.27 | 57.05 |
| 4. Skwarło Andrzej | 39 | Gdynia Masters | 4:00.92 | 454 | 52.25 | 1:00.74 | 1:04.01 | 1:03.92 |
| 5. Filipek Stanisław | 40 | Zawodnik niezrzeszony | 4:28.40 | 328 | 1:00.14 | 1:07.49 | 1:11.74 | 1:09.03 |

Kategoria K

| | | | | | | | | |
|------------------------------|----|---------------------|----------------|-----|---------|---------|---------|---------|
| 1. Ciundziejewicki Bogdan | 34 | Gdynia Masters | 4:10.70 | 474 | 56.62 | 1:05.76 | 1:06.26 | 1:02.06 |
| 2. Sielski Ryszard | 37 | Warsaw Masters Team | 4:37.18 | 351 | 1:05.39 | 1:12.50 | 1:11.63 | 1:07.66 |
| 3. Aleksandrowicz Aleksander | 37 | Wodnik 29 Katowice | 4:50.62 | 304 | 1:04.16 | 1:14.53 | 1:16.96 | 1:14.97 |

Kategoria L

| | | | | | | | | |
|-------------------------|----|-----------------------|----------------|-----|---------|---------|---------|---------|
| 1. Prz do Lucjan | 30 | Polonia Warszawa | 4:16.46 | 637 | 56.90 | 1:04.00 | 1:06.94 | 1:08.62 |
| 2. Shcheglov Kostyantyn | 33 | Zhytomyr Aqua Masters | 4:43.46 | 472 | 1:05.74 | 1:12.56 | 1:14.82 | 1:10.34 |
| 3. I y ski Jan | 31 | AZS AWF Katowice | 5:23.08 | 318 | 1:09.84 | 1:23.94 | 1:26.67 | 1:22.63 |
| 4. Pichurski Bronisław | 33 | Masters Opole | 9:31.58 | 57 | 2:02.07 | 2:28.73 | 2:32.25 | 2:28.53 |

Konkurencja 12
16/11/2013 - 11:04

Kobiet, 100m dowolny

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|----------------------|---------|---------------------------|----------------|------|-------|-------|
| Kategoria O | | | | | | |
| 1. Drab Magdalena | 92 | CM UJ Masters Kraków | 1:00.72 | 865 | 29.18 | 31.54 |
| 2. Stadnik Karolina | 89 | AZS UAM Pozna | 1:01.98 | 813 | 29.99 | 31.99 |
| 3. Krysiak Olga | 91 | Zawodnik niezrzeszony | 1:03.30 | 764 | 29.91 | 33.39 |
| 4. Jasi ska Joanna | 93 | KU AZS UJ Kraków | 1:03.99 | 739 | 29.45 | 34.54 |
| 5. Kieszek Joanna | 91 | Masters Korona Kraków | 1:05.36 | 694 | 30.98 | 34.38 |
| 6. Zadro na Karolina | 92 | Masters Korona Kraków | 1:06.15 | 669 | 32.36 | 33.79 |
| 7. Pietrzak Sandra | 89 | Wodnik 29 Katowice | 1:06.49 | 659 | 31.17 | 35.32 |
| 8. Urbaniak Patrycja | 91 | Delfin Masters Tarnobrzeg | 1:06.83 | 649 | 32.22 | 34.61 |
| 9. Sowa Kinga | 93 | Masters Korona Kraków | 1:09.14 | 586 | 31.57 | 37.57 |
| 10. Sołtys Anna | 89 | Delfinek Legnica | 1:46.16 | 161 | 47.40 | 58.76 |

Kategoria A

| | | | | | | |
|-------------------------|----|------------------------|----------------|-----|-------|-------|
| 1. Mongiało Magdalena | 88 | Redeco Wrocław | 1:02.68 | 808 | 30.08 | 32.60 |
| 2. Vachanova Lucia | 87 | SPK Kupele Piastany | 1:04.59 | 738 | 31.33 | 33.26 |
| 3. Figura Agnieszka | 85 | Zawodnik niezrzeszony | 1:08.09 | 630 | 32.76 | 35.33 |
| 4. Grycz Urszula | 85 | Ursynów Masters | 1:12.49 | 522 | 35.08 | 37.41 |
| 5. Szcz snowicz Natalia | 85 | JW 2399 wi tos ów | 1:18.30 | 414 | 36.10 | 42.20 |
| 6. Stanisławska Anna | 87 | Warsaw Masters Team | 1:20.28 | 384 | 37.34 | 42.94 |
| 7. Kotusi ska Anna | 86 | Zawodnik niezrzeszony | 1:21.14 | 372 | 36.71 | 44.43 |
| 8. Tkacz Barbara | 86 | Warsaw Masters Team | 1:27.50 | 297 | 41.42 | 46.08 |
| 9. Kara Karolina | 87 | Victory Masters Elbl g | 1:35.15 | 231 | 47.29 | 47.86 |

Kategoria B

| | | | | | | |
|------------------------|----|----------------------------|----------------|-----|-------|-------|
| 1. Goł biowska Joanna | 82 | Warsaw Masters Team | 59.77 | 888 | 29.02 | 30.75 |
| 2. Duda Anna | 81 | Wodnik 29 Katowice | 1:06.53 | 644 | 31.36 | 35.17 |
| 3. Michalik Dominika | 79 | Masters Białystok | 1:08.61 | 587 | 32.97 | 35.64 |
| 4. Sikacz Hanna | 79 | Redeco Wrocław | 1:14.48 | 459 | 35.56 | 38.92 |
| 5. Przybysz Aleksandra | 82 | AZS UWM Masters Olsztyn | 1:15.96 | 433 | 35.96 | 40.00 |
| 6. Kozłowska Gabriela | 79 | Pływak Tomaszów Maz. | 1:20.71 | 361 | 37.79 | 42.92 |
| 7. Rek-Dylich Monika | 82 | Orka Masters Radlin | 1:21.53 | 350 | 39.35 | 42.18 |
| 8. Chmielewska Izabela | 81 | Akademia Ruchu AG Warszawa | 1:38.45 | 198 | 45.03 | 53.42 |



Konkurencja 12, Kobiety, 100m dowolny

Kategoria C

| | | | | | | | |
|----|----------------------|----|----------------------------|----------------|-----|-------|-------|
| 1. | Rozmus Angelika | 78 | Delfin Masters Tarnobrzeg | 1:10.75 | 544 | 33.71 | 37.04 |
| 2. | Meksuła Agata | 77 | Delfin Masters Tarnobrzeg | 1:11.11 | 536 | 33.55 | 37.56 |
| 3. | Maryl Marta | 78 | Akademia Ruchu AG Warszawa | 1:12.77 | 500 | 34.15 | 38.62 |
| 4. | Shikina Galina | 74 | PK Kipsala Riga | 1:13.45 | 487 | 35.59 | 37.86 |
| 5. | Kaczmarczyk Beata | 75 | Delfin Masters Tarnobrzeg | 1:17.25 | 418 | 36.53 | 40.72 |
| 6. | Fira El bieta | 75 | Wodnik 29 Katowice | 1:21.31 | 359 | 38.75 | 42.56 |
| 7. | Dobczy ska Katarzyna | 77 | Warsaw Masters Team | 1:24.00 | 325 | 39.92 | 44.08 |
| 8. | Macionczyk Renata | 75 | Orka Masters Radlin | 1:26.35 | 299 | | |
| 9. | Roma ska Alicja | 75 | Masters Korona Kraków | 1:36.46 | 215 | 47.79 | 48.67 |

Kategoria D

| | | | | | | | |
|----|------------------|----|---------------------------|----------------|-----|-------|-------|
| 1. | Sulewska Beata | 72 | Weteran Zabrze | 1:09.28 | 631 | 34.05 | 35.23 |
| 2. | Huszarova Silvia | 70 | MPK Previdza | 1:14.42 | 509 | 34.79 | 39.63 |
| 3. | Krzy anowska Ewa | 72 | Warsaw Masters Team | 1:15.48 | 488 | 35.52 | 39.96 |
| 4. | Buczek Anna | 72 | Delfin Masters Tarnobrzeg | 1:24.91 | 342 | 39.78 | 45.13 |

Kategoria E

| | | | | | | | |
|----|---------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | Serbin Małgorzata | 66 | MKP Szczecin | 1:08.58 | 683 | 33.53 | 35.05 |
| 2. | Hlatka Nina | 68 | MPK Previdza | 1:10.43 | 631 | 33.87 | 36.56 |
| 3. | Kuli Mariola | 66 | Masters Korona Kraków | 1:11.21 | 610 | 33.57 | 37.64 |
| 4. | Ivanauškaite Ramune | 64 | SMC Takas Kaunas | 1:20.23 | 426 | 38.36 | 41.87 |
| 5. | Kotecka Anna | 65 | Warta Pozna | 1:21.68 | 404 | 40.10 | 41.58 |
| 6. | Ivanova Nataliya | 68 | Zhytomyr Aqua Masters | 1:22.53 | 392 | 39.80 | 42.73 |

Kategoria F

| | | | | | | | |
|-----|------------------------|----|-------------------------|----------------|-----|---------|---------|
| 1. | St pie Ewa | 62 | Zgiersko-Ł czyckie WOPR | 1:12.04 | 636 | 33.84 | 38.20 |
| 2. | Szała Ewa | 59 | KP Koziegłowy | 1:14.81 | 568 | 35.41 | 39.40 |
| 3. | Maciejowska Anna | 60 | Sopot Masters | 1:20.31 | 459 | 38.74 | 41.57 |
| 4. | Macierzewska Agnieszka | 60 | Masters Korona Kraków | 1:21.74 | 435 | 38.02 | 43.72 |
| 5. | Mazurek Katarzyna | 59 | Gdynia Masters | 1:22.81 | 418 | 38.88 | 43.93 |
| 6. | Mysiak Katarzyna | 61 | Gdynia Masters | 1:28.89 | 338 | 40.52 | 48.37 |
| 7. | Kara Beata | 62 | Victory Masters Elbl g | 1:34.85 | 278 | 45.59 | 49.26 |
| 8. | Wilczek Małgorzata | 60 | Zawodnik niezrzeszony | 1:38.82 | 246 | 45.24 | 53.58 |
| 9. | Lipowska Barbara | 62 | Delfin Gliwice | 2:06.09 | 118 | 57.77 | 1:08.32 |
| 10. | Wepa Hanna | 59 | Masters Chełm | 2:31.04 | 69 | 1:10.58 | 1:20.46 |

Kategoria G

| | | | | | | | |
|----|----------------------|----|------------------------|----------------|-----|-------|---------|
| 1. | Gorecka Jadwiga | 58 | Masters Korona Kraków | 1:20.63 | 613 | 37.80 | 42.83 |
| 2. | Weber Jadwiga | 58 | Zawodnik niezrzeszony | 1:22.18 | 579 | 37.97 | 44.21 |
| 3. | Kerner Mateusiak Ewa | 54 | Victory Masters Elbl g | 2:02.40 | 175 | 56.83 | 1:05.57 |

Kategoria H

| | | | | | | | |
|----|--------------------|----|-------------------------|----------------|-----|---------|---------|
| 1. | Hausnerova Maria | 49 | MPK Previdza | 1:23.38 | 628 | 39.64 | 43.74 |
| 2. | Łutowicz Maria | 50 | Olimpia Pozna | 1:28.93 | 517 | 42.33 | 46.60 |
| 3. | Brendler Barbara | 50 | Weteran Zabrze | 1:29.26 | 512 | 42.01 | 47.25 |
| 4. | Zimna-Walenzik Ewa | 51 | Zgiersko-Ł czyckie WOPR | 1:31.27 | 478 | 43.04 | 48.23 |
| 5. | Szemberg Anna | 49 | Warsaw Masters Team | 1:56.20 | 232 | | |
| 6. | Gdula Teodozja | 51 | Delfin Gliwice | 2:22.71 | 125 | 1:07.45 | 1:15.26 |

Kategoria I

| | | | | | | | |
|----|-------------------|----|-----------------------|----------------|-----|-------|---------|
| 1. | Yliene Aleksandra | 48 | SMC Takas Kaunas | 1:39.32 | 364 | 45.85 | 53.47 |
| 2. | Syguła Kazimiera | 47 | Redeco Wrocław | 1:47.51 | 287 | 49.62 | 57.89 |
| 3. | Mleczko Maria | 46 | Masters Korona Kraków | 2:07.13 | 173 | 58.40 | 1:08.73 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 12, Kobiet, 100m dowolny

Kategoria J

| | | | | | | |
|---------------|----|----------------------|----------------|-----|-------|---------|
| 1. Golub Nina | 42 | Masters SC Euro Lviv | 2:08.51 | 196 | 59.03 | 1:09.48 |
|---------------|----|----------------------|----------------|-----|-------|---------|

Kategoria L

| | | | | | | |
|----------------------|----|--------------------|----------------|-----|---------|---------|
| 1. Walkowicz Urszula | 32 | Wodnik 29 Katowice | 2:42.93 | 353 | 1:16.16 | 1:26.77 |
|----------------------|----|--------------------|----------------|-----|---------|---------|

Kategoria M

| | | | | | | |
|-----------------------|----|-------------------|----------------|-----|---------|---------|
| 1. Wilczy ska Wacława | 28 | Astoria Bydgoszcz | 2:37.89 | 519 | 1:14.91 | 1:22.98 |
|-----------------------|----|-------------------|----------------|-----|---------|---------|

Konkurencja 13

M czyzn, 100m dowolny

20 - 94 lat

16/11/2013 - 11:27

Wyniki

| | | | | |
|-------------------------------|---------|------------------------|--------------|------------|
| Rekord Polski Masters 25 - 29 | 52.08 | Ziemniarski Bartosz | Pozna | 19/11/2011 |
| Rekord Polski Masters 30 - 34 | 53.39 | Pr dki Sławomir | Bielawa | 25/4/2009 |
| Rekord Polski Masters 35 - 39 | 53.97 | Szuter Bolesław | Lublin | 15/11/2009 |
| Rekord Polski Masters 40 - 44 | 54.81 | Stanek Grzegorz | Opole | 6/12/2009 |
| Rekord Polski Masters 45 - 49 | 57.39 | Barski Piotr | Pozna | 19/11/2011 |
| Rekord Polski Masters 50 - 54 | 57.23 | Madaj Leszek | Warszawa | 2/6/2013 |
| Rekord Polski Masters 55 - 59 | 1:01.29 | Warchoł Mirosław | Dunkierka | 27/2/2009 |
| Rekord Polski Masters 60 - 64 | 1:02.59 | Warchoł Mirosław | Warszawa | 2/6/2013 |
| Rekord Polski Masters 65 - 69 | 1:11.25 | Bastek Ewald | Bielawa | 22/4/2006 |
| Rekord Polski Masters 70 - 74 | 1:11.36 | Bastek Ewald | Bielawa | 25/4/2009 |
| Rekord Polski Masters 75 - 79 | 1:19.42 | Krokoszy ski Stanisław | Lublin | 15/11/2009 |
| Rekord Polski Masters 80 - 84 | 1:26.69 | Krokoszy ski Stanisław | Stalowa Wola | 13/5/2012 |
| Rekord Polski Masters 85 - 89 | 1:52.38 | Mrówczy ski Kazimierz | Gliwice | 27/5/2007 |
| Rekord Polski Masters 90 - 94 | 2:08.25 | MRÓWCZY SKI Kazimierz | Katowice | 24/11/2012 |

Punkt: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|----------------------|---------|-------------------------|----------------|------|-------|-------|
| Kategoria O | | | | | | |
| 1. Jabło ski Marcin | 90 | Zawodnik niezrzeszony | 51.89 | 944 | 25.29 | 26.60 |
| 2. Choi ski Michał | 90 | G-8 Bielany Warszawa | 55.43 | 775 | 25.83 | 29.60 |
| 3. R bas Igor | 89 | Zawodnik niezrzeszony | 55.81 | 759 | 26.42 | 29.39 |
| 4. Micorek Krzysztof | 93 | Legia Warszawa | 55.85 | 757 | 26.42 | 29.43 |
| 5. Kapro Kacper | 93 | AZS WSB Dabrowa Grn. | 59.21 | 636 | 27.44 | 31.77 |
| 6. Bigdowski Hubert | 92 | Zawodnik niezrzeszony | 1:00.11 | 607 | 27.70 | 32.41 |
| 7. Pagacz Miłosz | 90 | Tarnowskie WOPR Masters | 1:32.34 | 167 | 37.39 | 54.95 |

Kategoria A

| | | | | | | |
|------------------------|----|----------------------------|----------------|-----|-------|-------|
| 1. Szczypi ski Marcin | 86 | Wodnik 29 Katowice | 52.38 | 797 | 25.38 | 27.00 |
| 2. Ziemniarski Bartosz | 86 | AZS UAM Pozna | 54.06 | 725 | 25.47 | 28.59 |
| 3. Pe sko Jan | 87 | Legia Warszawa | 54.30 | 716 | 26.59 | 27.71 |
| 4. Stawiany Mateusz | 86 | Aquapark Wrocław | 56.48 | 636 | 27.43 | 29.05 |
| 5. Kownacki Maciej | 85 | Redeco Wrocław | 56.66 | 630 | 27.71 | 28.95 |
| 6. Latuszek Kamil | 88 | Masters Korona Kraków | 56.89 | 622 | 27.16 | 29.73 |
| 7. Pfitzner Jan | 86 | Warsaw Masters Team | 58.31 | 578 | 27.77 | 30.54 |
| 8. Górka Marcin | 88 | Zawodnik niezrzeszony | 58.86 | 562 | 27.52 | 31.34 |
| 9. urek Jacek | 85 | Masters Korona Kraków | 1:01.50 | 492 | 29.10 | 32.40 |
| 10. Makomaski Tomasz | 86 | Warsaw Masters Team | 1:02.39 | 472 | 29.94 | 32.45 |
| 11. Babyak Taras | 88 | Masters SC Euro Lviv | 1:03.20 | 454 | 29.88 | 33.32 |
| 12. Dymiter Mateusz | 86 | Tarnowskie WOPR Masters | 1:03.47 | 448 | 30.43 | 33.04 |
| 13. St pie Radosław | 84 | JW 2399 wi tos ów | 1:05.12 | 415 | 28.97 | 36.15 |
| 14. Czupryn Jacek | 88 | Warsaw Masters Team | 1:06.46 | 390 | 31.45 | 35.01 |
| 15. Druciarek Jarosław | 87 | JW 2399 wi tos ów | 1:07.61 | 370 | 30.98 | 36.63 |
| 16. Wirszuło Radosław | 86 | Delfinek Legnica | 1:10.25 | 330 | | |
| 17. Kowalczyk Rafał | 84 | Akademia Ruchu AG Warszawa | 1:12.24 | 304 | 35.05 | 37.19 |



Konkurencja 13, M czynn, 100m dowolny

Kategoria B

| | | | | | | | |
|-----|----------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | Waszkewicz Andrzej | 83 | Just Swim J. Góra | 52.88 | 797 | 25.25 | 27.63 |
| 2. | Orbidans Jaroslavs | 81 | Jelgava SPS | 55.29 | 697 | 26.20 | 29.09 |
| 3. | Brodacki Maciej | 83 | Swimming Masters Team Szczecin | 55.85 | 677 | 26.67 | 29.18 |
| 4. | Dzi ciół Karol | 81 | Warsaw Masters Team | 55.89 | 675 | 27.01 | 28.88 |
| 5. | Twarowski Karol | 79 | Toru czyk Masters Toru | 56.12 | 667 | 26.91 | 29.21 |
| 6. | Urban Wojciech | 82 | Redeco Wrocław | 58.06 | 602 | 27.41 | 30.65 |
| 7. | Dybek Mateusz | 80 | Wisła Masters Kraków | 58.53 | 588 | 27.87 | 30.66 |
| 8. | Olejarczyk Igor | 79 | Pi tka Konstantynów Ł. | 59.82 | 550 | 27.65 | 32.17 |
| 9. | Fuli ski Piotr | 82 | Zawodnik niezrzeszony | 1:00.00 | 546 | 27.39 | 32.61 |
| 10. | Binkowski Michał | 82 | Masters Korona Kraków | 1:00.06 | 544 | 28.24 | 31.82 |
| 11. | Konowalski Paweł | 83 | Warta Pozna | 1:00.71 | 527 | 29.47 | 31.24 |
| 12. | Porolniczak Bolesław | 81 | Swimmers Warszawa | 1:01.28 | 512 | 28.87 | 32.41 |
| 13. | Hałada Łukasz | 83 | Redeco Wrocław | 1:01.75 | 500 | 28.03 | 33.72 |
| 14. | Opalka Karol | 80 | Zawodnik niezrzeszony | 1:02.00 | 494 | 29.28 | 32.72 |
| 15. | Marek Przemek | 79 | Redeco Wrocław | 1:02.03 | 494 | 29.20 | 32.83 |
| 16. | Ilczyszyn Krzysztof | 83 | UKS 307 Warszawa | 1:02.67 | 479 | 30.53 | 32.14 |
| 17. | Zdzieszski Wojciech | 80 | Pi tka Konstantynów Ł. | 1:04.43 | 440 | 30.05 | 34.38 |
| 18. | Gada Andrzej | 81 | Akademia Ruchu AG Warszawa | 1:06.04 | 409 | 31.10 | 34.94 |
| 19. | Pietrowski Witold | 80 | Pi tka Konstantynów Ł. | 1:06.55 | 400 | 31.08 | 35.47 |
| 20. | Kału y ski Wojciech | 80 | Warsaw Masters Team | 1:07.43 | 384 | 32.04 | 35.39 |
| 21. | Wasielek Michał | 81 | Warsaw Masters Team | 1:14.88 | 280 | 35.97 | 38.91 |
| 22. | Szanli Ulasz | 83 | Weteran Zabrze | 1:28.18 | 172 | 39.08 | 49.10 |

Kategoria C

| | | | | | | | |
|-----|----------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. | Gregorowicz Paweł | 74 | AZS UWM Masters Olsztyn | 56.01 | 774 | 26.65 | 29.36 |
| 2. | Horbacz Marcin | 74 | JW 2399 wi tos ów | 56.10 | 770 | 27.32 | 28.78 |
| 3. | Baran Robert | 75 | Motyl Senior MOSiR St. Wola | 57.82 | 703 | 27.37 | 30.45 |
| 4. | Szulc Jakub | 76 | Warsaw Masters Team | 59.95 | 631 | 28.20 | 31.75 |
| 5. | Opali ski Paweł | 74 | Motyl Senior MOSiR St. Wola | 1:00.18 | 624 | 28.30 | 31.88 |
| 6. | Kowalczyk Piotr | 74 | MKP Szczecin | 1:00.36 | 618 | 28.65 | 31.71 |
| 7. | Szyma ski Sebastian | 74 | Start Wrocław | 1:01.18 | 594 | 29.22 | 31.96 |
| 8. | l czka Krzysztof | 74 | Delfin Masters Tarnobrzeg | 1:01.28 | 591 | 28.43 | 32.85 |
| 9. | Zadoro ny Bartłomiej | 78 | Olimpia Pozna | 1:01.66 | 580 | 28.56 | 33.10 |
| 10. | Kielar Jakub | 74 | TKKF Koszalin | 1:01.84 | 575 | 28.30 | 33.54 |
| 11. | Bartłomiej Pawłowski | 75 | Polna Warszawa | 1:02.92 | 546 | 28.76 | 34.16 |
| 12. | W growski Michał | 76 | Zawodnik niezrzeszony | 1:03.70 | 526 | 29.13 | 34.57 |
| 13. | Hoffman Wojciech | 75 | Masters Korona Kraków | 1:04.66 | 503 | 30.72 | 33.94 |
| 14. | Pintara Kornel | 78 | Pi tka Konstantynów Ł. | 1:05.00 | 495 | 30.15 | 34.85 |
| 15. | Litwora Łukasz | 76 | Tarnowskie WOPR Masters | 1:05.78 | 477 | 30.34 | 35.44 |
| 16. | Pałysa Marek | 74 | Zawodnik niezrzeszony | 1:06.91 | 454 | 31.72 | 35.19 |
| 17. | Juchno Rafał | 76 | IKS Konstancin | 1:07.19 | 448 | 31.25 | 35.94 |
| 18. | Płaneta Maciej | 74 | Delfin Masters Tarnobrzeg | 1:09.28 | 409 | 32.92 | 36.36 |
| 19. | Mazurek Marcin | 75 | Masters Kra nik | 1:15.39 | 317 | 36.26 | 39.13 |
| 20. | Szabelka Tomasz | 77 | Wodnik 29 Katowice | 1:15.91 | 311 | 34.94 | 40.97 |
| 21. | Kowalski Piotr | 78 | Masters Korona Kraków | 1:16.19 | 307 | 34.61 | 41.58 |
| 22. | Budek Robert | 74 | Akademia Ruchu AG Warszawa | 1:16.55 | 303 | 34.59 | 41.96 |
| 23. | Charchouli Norbert | 75 | Tarnowskie WOPR Masters | 1:19.12 | 274 | 34.97 | 44.15 |
| 24. | Koza Maciej | 74 | Masters Krosno | 1:20.53 | 260 | 37.83 | 42.70 |
| 25. | Nowicki Piotr | 76 | MKP Szczecin | 1:21.71 | 249 | 38.95 | 42.76 |
| 26. | Siwonia Marcin | 77 | Akademia Ruchu AG Warszawa | 1:27.51 | 202 | 39.09 | 48.42 |

Kategoria D

| | | | | | | | |
|----|---------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. | Syrbu Oleksandr | 72 | Masters SC Euro Lviv | 56.91 | 765 | 28.12 | 28.79 |
| 2. | Monczak Grzegorz | 73 | One Man Team Pozna | 59.09 | 684 | 28.99 | 30.10 |
| 3. | Spyra Krzysztof | 73 | Legia Warszawa | 59.56 | 668 | 27.80 | 31.76 |
| 4. | Beym Robert | 69 | Start Pozna | 59.76 | 661 | 28.26 | 31.50 |
| 5. | Wojciechowicz Marek | 70 | Masters Gorzów Wlkp. | 1:00.74 | 630 | 28.62 | 32.12 |
| 6. | Bar Wiesław | 70 | Motyl Senior MOSiR St. Wola | 1:01.54 | 605 | 29.78 | 31.76 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 13, M czynn, 100m dowolny, Kategoria D

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|---------|---------------------|----|-------------------------|----------------|-----|-------|-------|
| 7. | Łopaci ski Artur | 72 | Masters Gorzów Wlkp. | 1:03.94 | 540 | 31.14 | 32.80 |
| 8. | Rybarczyk Michał | 70 | Ursynów Masters | 1:05.34 | 506 | 31.18 | 34.16 |
| 9. | Stefa ski Krzysztof | 73 | TKKF Koszalin | 1:05.37 | 505 | 30.74 | 34.63 |
| 10. | Fajdasz Andrzej | 73 | Zawodnik niezrzeszony | 1:05.91 | 493 | 30.56 | 35.35 |
| 11. | Wesołowski Dariusz | 71 | Wisła Masters Kraków | 1:07.86 | 451 | 33.26 | 34.60 |
| 12. | Krause Dariusz | 73 | Zawodnik niezrzeszony | 1:10.07 | 410 | 33.91 | 36.16 |
| 13. | Szurek Sławomir | 71 | Orka Masters Radlin | 1:11.37 | 388 | 33.58 | 37.79 |
| 14. | Wytrwał Adam | 69 | Tarnowskie WOPR Masters | 1:11.74 | 382 | 33.80 | 37.94 |
| 15. | Horil Juraj | 72 | SPK Kupele Piestany | 1:12.01 | 378 | 33.91 | 38.10 |
| 16. | Kuryło Artur | 70 | Masters Krosno | 1:16.42 | 316 | 34.92 | 41.50 |
| 17. | Shikin Vyacheslav | 70 | PK Kipsala Riga | 1:18.93 | 287 | 36.58 | 42.35 |

Kategoria E

| | | | | | | | |
|-----|---------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. | Barski Piotr | 65 | Sinnet Warszawa | 57.09 | 796 | 27.39 | 29.70 |
| 2. | Monczak Piotr | 67 | Start Pozna | 57.22 | 791 | 27.79 | 29.43 |
| 3. | Soukup Petr | 67 | PVK Bratislava | 1:00.13 | 681 | 28.62 | 31.51 |
| 4. | Skoczylas Tomasz | 66 | Wodnik 29 Katowice | 1:00.56 | 667 | 29.64 | 30.92 |
| 5. | Przybylski Adam | 67 | Motyl Senior MOSiR St. Wola | 1:02.22 | 615 | 29.35 | 32.87 |
| 6. | Janyga Dariusz | 66 | Warta Pozna | 1:04.17 | 560 | 30.81 | 33.36 |
| 7. | Levchenko Volodymyr | 68 | Zhytomyr Aqua Masters | 1:05.37 | 530 | 30.99 | 34.38 |
| 8. | Delyatynskyy Stepan | 65 | Masters SC Euro Lviv | 1:05.88 | 518 | 31.43 | 34.45 |
| 9. | Jr. Janovsky Jiri | 64 | Straz pod Ralskiem | 1:09.02 | 450 | 33.13 | 35.89 |
| 10. | Pogorzelski Marek | 66 | Zawodnik niezrzeszony | 1:09.33 | 444 | 33.88 | 35.45 |
| 11. | Pycia Adam | 66 | Zawodnik niezrzeszony | 1:13.16 | 378 | 34.15 | 39.01 |
| 12. | Zadrony Jarosław | 66 | Masters Korona Kraków | 1:15.46 | 344 | 36.18 | 39.28 |

DYSKW. Majsiak Ryszard 65 Masters Krosno

O4 - Start wykonany przed sygnałem (przedwczesny start) (Czas: 12:00)

Kategoria F

| | | | | | | | |
|-----|------------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. | Madej Leszek | 60 | Warsaw Masters Team | 57.32 | 954 | 27.91 | 29.41 |
| 2. | Olszewski Paweł | 62 | Warta Pozna | 58.92 | 878 | 27.98 | 30.94 |
| 3. | Januszkiewicz Zbigniew | 62 | Masters Opole | 1:00.38 | 816 | 29.25 | 31.13 |
| 4. | miejko Wojciech | 63 | Zawodnik niezrzeszony | 1:00.87 | 797 | 29.42 | 31.45 |
| 5. | Kulyk Mykola | 61 | Zhytomyr Aqua Masters | 1:05.18 | 649 | 31.01 | 34.17 |
| 6. | Lorkowski Robert | 60 | Motyl Senior MOSiR St. Wola | 1:06.28 | 617 | 31.65 | 34.63 |
| 7. | Cis Andrzej | 60 | Masters Kraków | 1:09.14 | 543 | 32.12 | 37.02 |
| 8. | Kania Waldemar | 62 | ORS Opole | 1:10.71 | 508 | 33.53 | 37.18 |
| 9. | Kolikowski Marek | 61 | AZS UWM Masters Olsztyn | 1:10.74 | 507 | 33.32 | 37.42 |
| 10. | B k Zdzisław | 61 | Masters Kraków | 1:15.25 | 421 | 36.36 | 38.89 |
| 11. | Maciejczak Andrzej | 60 | Tarnowskie WOPR Masters | 1:18.06 | 377 | 35.65 | 42.41 |
| 12. | Nowicki Robert | 63 | Warsaw Masters Team | 1:29.93 | 247 | 41.17 | 48.76 |

Kategoria G

| | | | | | | | |
|----|------------------------|----|-------------------------|----------------|-----|-------|-------|
| 1. | Przytułski Włodzimierz | 57 | Zgiersko-Łeczyckie WOPR | 1:05.24 | 703 | 31.12 | 34.12 |
| 2. | Wilczek Jan | 58 | Wodnik 29 Katowice | 1:07.42 | 637 | 32.74 | 34.68 |
| 3. | Zabrza ski Alfred | 54 | UKS SP 8 Chrzanów | 1:08.12 | 618 | 31.59 | 36.53 |
| 4. | Minkiewicz Jerzy | 56 | Masters Opole | 1:10.83 | 549 | 32.21 | 38.62 |
| 5. | Kwiatkowski Jacek | 57 | YMCA Kraków | 1:11.67 | 530 | 33.55 | 38.12 |
| 6. | Czupryn Wojciech | 58 | Warsaw Masters Team | 1:20.90 | 369 | 37.92 | 42.98 |
| 7. | Lasowy Marian | 55 | Masters Gorzów Wlkp. | 1:23.22 | 339 | 38.24 | 44.98 |
| 8. | Mi ski Andrzej | 56 | Niezrzeszeni.pl | 1:24.77 | 320 | 40.85 | 43.92 |
| 9. | Patrzałek Dariusz | 55 | Redeco Wrocław | 1:34.04 | 234 | 40.63 | 53.41 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 13, M czynn, 100m dowolny

Kategoria H

| | | | | | | | |
|----|----------------------|----|------------------------|----------------|-----|-------|-------|
| 1. | Rubaszkiwicz Andrzej | 49 | MKS Piaseczno | 1:05.83 | 752 | 32.04 | 33.79 |
| 2. | Lietz Krzysztof | 52 | Toru czyk Masters Toru | 1:12.23 | 569 | 35.15 | 37.08 |
| 3. | Kulczyk Krzysztof | 52 | Wodnik 29 Katowice | 1:13.03 | 550 | 34.85 | 38.18 |
| 4. | Chyrkov Yuriy | 51 | Masters SC Euro Lviv | 1:14.05 | 528 | 34.62 | 39.43 |
| 5. | Kornicki Wiesław | 49 | Weteran Zabrze | 1:14.20 | 525 | 35.12 | 39.08 |
| 6. | Krzy anowski Ryszard | 49 | Olimpia Pozna | 1:18.85 | 437 | 35.96 | 42.89 |
| 7. | Pshenychnyy Fedir | 50 | Aqua Masters Kyiv | 1:23.36 | 370 | 37.97 | 45.39 |

Kategoria I

| | | | | | | | |
|----|---------------------|----|-------------------------|----------------|-----|-------|---------|
| 1. | Bashmakov Alexander | 46 | Poseidon Moscow | 1:08.81 | 782 | 33.39 | 35.42 |
| 2. | Mleczko Andrzej | 47 | Masters Korona Kraków | 1:13.17 | 650 | 34.95 | 38.22 |
| 3. | Maciejczyk Zbigniew | 47 | Zgiersko-Ł czyckie WOPR | 1:17.64 | 544 | 36.55 | 41.09 |
| 4. | Wolniewicz Janusz | 48 | Trójka Oborniki | 1:21.17 | 476 | 39.18 | 41.99 |
| 5. | Boboli Jan Maciej | 48 | Warsaw Masters Team | 1:30.30 | 346 | 41.71 | 48.59 |
| 6. | Lipski Romuald | 47 | Zawodnik niezrzeszony | 1:56.45 | 161 | 55.83 | 1:00.62 |

Kategoria J

| | | | | | | | |
|----|---------------------|----|------------------------|----------------|-----|-------|-------|
| 1. | Buczowski Władysław | 42 | Weteran Zabrze | 1:17.21 | 678 | 37.67 | 39.54 |
| 2. | Korolko Edward | 40 | Toru czyk Masters Toru | 1:41.77 | 296 | 46.41 | 55.36 |

Kategoria K

| | | | | | | | |
|----|-------------------|----|------------------------|----------------|-----|---------|---------|
| 1. | Witkowski Tadeusz | 37 | Masters Opole | 1:25.57 | 598 | 39.49 | 46.08 |
| 2. | Osóbka Tomasz | 37 | Toru czyk Masters Toru | 2:39.89 | 91 | 1:11.33 | 1:28.56 |

Kategoria L

| | | | | | | | |
|----|--------------------|----|------------------------|----------------|-----|---------|---------|
| 1. | Ludwiczak Zbigniew | 33 | STP Masters Szczecinek | 1:50.50 | 360 | 54.36 | 56.14 |
| 2. | From Kazimierz | 32 | Zawodnik niezrzeszony | 2:21.65 | 171 | 1:06.06 | 1:15.59 |

Konkurencja 14

Kobiet, 100m zmienny

20 - 94 lat

16/11/2013 - 12:09

Wyniki

| | | | | |
|-------------------------------|----------|-----------------------|--------------|------------|
| Rekord Polski Masters 25 - 29 | 1:05.72 | Goł biowska Joanna | Warszawa | 4/6/2011 |
| Rekord Polski Masters 30 - 34 | 1:06.29 | P czak Alicja | Racibórz | 13/4/2002 |
| Rekord Polski Masters 35 - 39 | 1:12.69 | Baldowska Luiza | Mława | 28/3/2009 |
| Rekord Polski Masters 40 - 44 | 1:12.77 | Szlagor Ewa | Mława | 24/3/2012 |
| Rekord Polski Masters 45 - 49 | 1:16.42 | Zieli ska Joanna | Konstancin | 16/10/2010 |
| Rekord Polski Masters 50 - 54 | 1:19.76 | Cabaj - Drela Gra yna | Augustów | 12/5/2007 |
| Rekord Polski Masters 55 - 59 | 1:23.45 | Cabaj-Drela Gra yna | Kórnik | 25/2/2012 |
| Rekord Polski Masters 60 - 64 | 1:26.64 | Kiszczak Gra yna | Katowice | 24/11/2012 |
| Rekord Polski Masters 65 - 69 | 1:32.35 | Bastek Renata | Lublin | 15/11/2009 |
| Rekord Polski Masters 70 - 74 | 2:07.58 | Nicpo Krystyna | Stalowa Wola | 14/5/2011 |
| Rekord Polski Masters 75 - 79 | 20:00.00 | | | |
| Rekord Polski Masters 80 - 84 | 30:00.00 | | | |
| Rekord Polski Masters 85 - 89 | 30:00.00 | | | |

Punkty: DSV Masters 13

Pozycja Rok ur. Czas Pkt. 50m 100m

Kategoria O

| | | | | | | | |
|----|-------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | Drab Magdalena | 92 | CM UJ Masters Kraków | 1:09.00 | 840 | 32.34 | 36.66 |
| 2. | Jasi ska Joanna | 93 | KU AZS UJ Kraków | 1:12.57 | 722 | 32.86 | 39.71 |
| 3. | Nawrocka Manuela | 90 | SGGW Warszawa | 1:14.42 | 669 | 34.73 | 39.69 |
| 4. | Nowak Alicja | 93 | Swimming Masters Team Szczecin | 1:14.92 | 656 | 33.72 | 41.20 |
| 5. | Urbaniak Patrycja | 91 | Delfin Masters Tarnobrzeg | 1:16.90 | 606 | 35.66 | 41.24 |
| 6. | Palka Paulina | 91 | Wisła Masters Kraków | 1:17.48 | 593 | 35.31 | 42.17 |
| 7. | Kieszek Joanna | 91 | Masters Korona Kraków | 1:17.84 | 585 | 35.44 | 42.40 |
| 8. | Krysiak Olga | 91 | Zawodnik niezrzeszony | 1:17.89 | 584 | 36.42 | 41.47 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 14, Kobiety, 100m zmienny, Kategoria 0

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|---------|----------------------|----|------------------------|----------------|-----|-------|-------|
| 9. | Wawrzy czak Karolina | 90 | AZS Uniw. Wrocławski | 1:18.77 | 564 | 34.76 | 44.01 |
| 10. | Kostyra Agnieszka | 90 | Toru czyk Masters Toru | 1:25.03 | 448 | 38.30 | 46.73 |
| 11. | Jaworska Monika | 90 | Masters Korona Kraków | 1:26.58 | 425 | 39.32 | 47.26 |
| 12. | Brunka Zofia | 93 | Zawodnik niezrzeszony | 1:28.52 | 397 | 39.27 | 49.25 |

Kategoria A

| | | | | | | | |
|-----|--------------------|----|-------------------------|----------------|-----|-------|-------|
| 1. | Palmowska Paulina | 85 | Masters Korona Kraków | 1:15.21 | 658 | 33.48 | 41.73 |
| 2. | Mróz Urszula | 86 | Tarnowskie WOPR Masters | 1:18.43 | 580 | 34.97 | 43.46 |
| 3. | Gajdus Marianna | 86 | Warsaw Masters Team | 1:20.91 | 528 | 37.07 | 43.84 |
| 4. | Jamrozik Justyna | 88 | Masters Korona Kraków | 1:21.81 | 511 | 39.50 | 42.31 |
| 5. | Rompała Karolina | 85 | Tarnowskie WOPR Masters | 1:22.70 | 495 | 37.58 | 45.12 |
| 6. | Chomicz Joanna | 88 | KP Koziegłowy | 1:25.20 | 452 | 41.08 | 44.12 |
| 7. | Kwaterna Joanna | 84 | Masters Korona Kraków | 1:28.91 | 398 | 43.50 | 45.41 |
| 8. | Szyma ska Paulina | 86 | Zawodnik niezrzeszony | 1:33.02 | 347 | 42.61 | 50.41 |
| 9. | Bubienko Katarzyna | 84 | Zawodnik niezrzeszony | 1:35.22 | 324 | 43.56 | 51.66 |
| 10. | Maduzia Aneta | 84 | KP Koziegłowy | 1:35.46 | 321 | 44.69 | 50.77 |
| 11. | Mancewicz Barbara | 86 | Warsaw Masters Team | 1:45.99 | 235 | | |

Kategoria B

| | | | | | | | |
|----|------------------------|----|-------------------------|----------------|-----|-------|-------|
| 1. | Goł biowska Joanna | 82 | Warsaw Masters Team | 1:07.48 | 897 | 31.11 | 36.37 |
| 2. | Le czowska Agnieszka | 82 | Wisła Masters Kraków | 1:17.65 | 589 | 34.96 | 42.69 |
| 3. | Malchar Jowita | 82 | Delfinek Legnica | 1:18.10 | 579 | 36.84 | 41.26 |
| 4. | Opitz Agnieszka | 82 | Tarnowskie WOPR Masters | 1:18.41 | 572 | 37.12 | 41.29 |
| 5. | Kucharska Jowita | 80 | AZS UWM Masters Olsztyn | 1:20.44 | 530 | 37.32 | 43.12 |
| 6. | Sikacz Hanna | 79 | Redeco Wrocław | 1:27.72 | 408 | 41.89 | 45.83 |
| 7. | Mazurkiewicz Agnieszka | 82 | Warsaw Masters Team | 1:30.58 | 371 | 42.77 | 47.81 |
| 8. | Korna Sylwia | 83 | Wodnik 29 Katowice | 1:37.16 | 300 | 45.45 | 51.71 |
| 9. | Kozłowska Gabriela | 79 | Pływak Tomaszów Maz. | 1:39.83 | 277 | 46.18 | 53.65 |

Kategoria C

| | | | | | | | |
|----|-------------------------|----|----------------------------|----------------|-----|-------|-------|
| 1. | Osmala Renata | 77 | Delfin Masters Tarnobrzeg | 1:18.99 | 635 | 36.93 | 42.06 |
| 2. | Rozmus Angelika | 78 | Delfin Masters Tarnobrzeg | 1:19.92 | 613 | 38.64 | 41.28 |
| 3. | Jarecka-Skorykow Monika | 74 | Warsaw Masters Team | 1:20.67 | 596 | 38.03 | 42.64 |
| 4. | Meksuła Agata | 77 | Delfin Masters Tarnobrzeg | 1:21.73 | 573 | 38.13 | 43.60 |
| 5. | Sirenko Romana | 76 | Masters SC Euro Lviv | 1:22.26 | 562 | 37.20 | 45.06 |
| 6. | Maryl Marta | 78 | Akademia Ruchu AG Warszawa | 1:23.33 | 541 | 39.47 | 43.86 |
| 7. | Jakubów Marlana | 74 | Redeco Wrocław | 1:33.70 | 380 | 45.36 | 48.34 |
| 8. | Fira El bieta | 75 | Wodnik 29 Katowice | 1:34.02 | 376 | 44.77 | 49.25 |

Kategoria D

| | | | | | | | |
|-----|-----------------------------|----|---------------------------|----------------|-----|-------|---------|
| 1. | cibiorek Małgorzata | 71 | Zgiersko-Ł czyckie WOPR | 1:12.97 | 814 | 33.73 | 39.24 |
| 2. | Fajkowska Daria | 73 | Zgiersko-Ł czyckie WOPR | 1:13.18 | 807 | 33.35 | 39.83 |
| 3. | Fr czek Izabela | 70 | Masters Korona Kraków | 1:20.62 | 603 | 38.93 | 41.69 |
| 4. | Wo niak Dorota | 73 | ORS Opole | 1:23.90 | 535 | 38.96 | 44.94 |
| 5. | Płatek Jolanta | 71 | Masters Unia O wi cim | 1:26.54 | 488 | 40.02 | 46.52 |
| 6. | Maci g Monika | 72 | Delfin Masters Tarnobrzeg | 1:26.58 | 487 | 39.60 | 46.98 |
| 7. | Janeczko Anna | 72 | Masters Korona Kraków | 1:32.31 | 402 | 43.63 | 48.68 |
| 8. | Stankiewicz-Majkowska Joann | 72 | TKKF Koszalin | 1:36.95 | 347 | 44.53 | 52.42 |
| 9. | Piechura Małgorzata | 73 | Niezrzeszeni.pl | 1:55.04 | 207 | 59.05 | 55.99 |
| 10. | Afanasjewa Seweryna | 72 | Zawodnik niezrzeszony | 2:06.44 | 156 | 59.10 | 1:07.34 |
| 11. | Wytrwał Barbara | 70 | Tarnowskie WOPR Masters | 2:55.26 | 58 | | |



Konkurencja 14, Kobiety, 100m zmienny

Kategoria E

| | | | | | | | |
|----|--------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. | Frank Marta | 68 | Weteran Zabrze | 1:18.39 | 729 | 34.88 | 43.51 |
| 2. | Wysocka Klaudia | 66 | Masters Korona Kraków | 1:22.37 | 628 | 38.47 | 43.90 |
| 3. | Petecka Maria | 67 | Motyl Senior MOSiR St. Wola | 1:26.26 | 547 | 40.68 | 45.58 |
| 4. | Go dziejewska Anna | 67 | AZS UWM Masters Olsztyn | 1:26.95 | 534 | 41.88 | 45.07 |
| 5. | Logwinova Tatiana | 64 | Pregel Kaliningrad | 1:33.86 | 424 | 44.62 | 49.24 |
| 6. | Majernikova Laura | 67 | PVK Bratislava | 1:33.95 | 423 | 42.81 | 51.14 |

Kategoria F

| | | | | | | | |
|-----|-------------------|----|-------------------------|----------------|-----|-------|-------|
| 1. | Kilina Marina | 63 | Pregel Kaliningrad | 1:22.10 | 692 | 37.82 | 44.28 |
| 2. | Szała Ewa | 59 | KP Koziegłowy | 1:22.21 | 689 | 38.35 | 43.86 |
| 3. | St pie Ewa | 62 | Zgiersko-Ł czyckie WOPR | 1:22.67 | 677 | 39.41 | 43.26 |
| 4. | Mróz Urszula | 62 | Zgiersko-Ł czyckie WOPR | 1:24.36 | 637 | 38.21 | 46.15 |
| 5. | Forrova Ivica | 60 | PVK Bratislava | 1:31.28 | 503 | 43.10 | 48.18 |
| 6. | Mazurek Katarzyna | 59 | Gdynia Masters | 1:32.53 | 483 | 44.27 | 48.26 |
| 7. | Kicinova Anna | 61 | SPK Kupele Piestany | 1:32.75 | 479 | 42.65 | 50.10 |
| 8. | Gudaniec Dorota | 60 | TKKF Koszalin | 1:32.87 | 478 | 43.64 | 49.23 |
| 9. | Zagała Joanna | 59 | SiKReT Masters Gliwice | 1:41.62 | 364 | 48.09 | 53.53 |
| 10. | Stefanek Jolanta | 60 | Wodnik 29 Katowice | 1:42.37 | 356 | 48.61 | 53.76 |

Kategoria G

| | | | | | | | |
|----|---------------------|----|------------------------|----------------|-----|---------|---------|
| 1. | Khiresh Lyudmyla | 57 | Masters SC Euro Lviv | 1:25.67 | 739 | 39.71 | 45.96 |
| 2. | Aleskchenko Natalia | 57 | Pregel Kaliningrad | 1:27.23 | 700 | 40.09 | 47.14 |
| 3. | Gorecka Jadwiga | 58 | Masters Korona Kraków | 1:37.15 | 507 | 44.72 | 52.43 |
| 4. | D browska Zofia | 58 | SiKReT Masters Gliwice | 1:55.04 | 305 | 58.15 | 56.89 |
| 5. | Lukashova Ludmila | 55 | All Stars Moscow | 1:56.52 | 294 | 57.62 | 58.90 |
| 6. | Benova Dana | 56 | Spolchemie Usti n/L | 2:12.71 | 199 | 1:06.62 | 1:06.09 |

Kategoria H

| | | | | | | | |
|----|--------------------|----|-------------------------|----------------|-----|-------|---------|
| 1. | Kiszczak Gra yna | 50 | Weteran Zabrze | 1:31.55 | 644 | 43.03 | 48.52 |
| 2. | Łutowicz Maria | 50 | Olimpia Pozna | 1:41.32 | 475 | 48.52 | 52.80 |
| 3. | Zimna-Walenzik Ewa | 51 | Zgiersko-Ł czyckie WOPR | 1:47.67 | 396 | 50.85 | 56.82 |
| 4. | Ko min Anna | 51 | Masters Korona Kraków | 1:54.29 | 331 | 55.11 | 59.18 |
| 5. | Kozakova Tetiana | 51 | Masters SC Euro Lviv | 1:55.99 | 317 | 53.93 | 1:02.06 |
| 6. | Heisler Gra yna | 51 | Gdynia Masters | 1:57.71 | 303 | 53.27 | 1:04.44 |

Kategoria I

| | | | | | | | |
|----|-----------------|----|-----------------------|----------------|-----|---------|---------|
| 1. | Kosmol Ewa | 47 | Warsaw Masters Team | 1:52.45 | 386 | 51.52 | 1:00.93 |
| 2. | Buczowska Maria | 46 | Weteran Zabrze | 1:53.08 | 379 | 55.98 | 57.10 |
| 3. | Bosowska Janina | 47 | Weteran Zabrze | 1:59.52 | 321 | 56.67 | 1:02.85 |
| 4. | Mleczko Maria | 46 | Masters Korona Kraków | 2:30.27 | 161 | 1:17.62 | 1:12.65 |

Kategoria J

| | | | | | | | |
|----|----------------------|----|---------------------|----------------|-----|---------|---------|
| 1. | Bastek Renata | 43 | Weteran Zabrze | 1:35.15 | 774 | 44.02 | 51.13 |
| 2. | Wieczorkiewicz Alina | 40 | Warsaw Masters Team | 3:05.20 | 105 | 1:29.33 | 1:35.87 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 15

M czynn, 100m zmienny

20 - 94 lat

16/11/2013 - 12:39

Wyniki

| | | | | |
|-------------------------------|----------|------------------------|--------------|------------|
| Rekord Polski Masters 25 - 29 | 58.50 | Babuchowski Marcin | Pozna | 18/11/2011 |
| Rekord Polski Masters 30 - 34 | 1:00.01 | Pr dki Sławomir | Bielawa | 25/4/2009 |
| Rekord Polski Masters 35 - 39 | 1:01.57 | Pr dki Sławomir | Katowice | 22/4/2012 |
| Rekord Polski Masters 40 - 44 | 1:01.95 | Wolny Dariusz | Goslar | 4/3/2000 |
| Rekord Polski Masters 45 - 49 | 1:04.79 | Wolny Dariusz | Bielawa | 23/4/2005 |
| Rekord Polski Masters 50 - 54 | 1:05.88 | Wolny Dariusz | Pozna | 18/11/2011 |
| Rekord Polski Masters 55 - 59 | 1:10.21 | Warchoł Mirosław | Sabadell | 31/5/2008 |
| Rekord Polski Masters 60 - 64 | 1:14.17 | Warchoł Mirosław | Stalowa Wola | 11/5/2013 |
| Rekord Polski Masters 65 - 69 | 1:18.90 | Buczowski Władysław | Brno | 25/3/2007 |
| Rekord Polski Masters 70 - 74 | 1:21.99 | Bastek Ewald | Warszawa | 7/6/2009 |
| Rekord Polski Masters 75 - 79 | 1:36.56 | Krokoszy ski Stanisław | Gliwice | 24/5/2009 |
| Rekord Polski Masters 80 - 84 | 1:41.79 | Krokoszy ski Stanisław | Katowice | 14/4/2013 |
| Rekord Polski Masters 85 - 89 | 20:00.00 | | | |
| Rekord Polski Masters 90 - 94 | 20:00.00 | | | |

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|--------------------|---------|---------------------|-----------------------|----------------|-----|-------|-------|
| Kategoria 0 | | | | | | | |
| 1. | 90 | Rzeczkowski Piotr | Aquapark Wrocław | 1:02.17 | 788 | 28.40 | 33.77 |
| 2. | 89 | Smiesko Lukasz | Zawodnik niezrzeszony | 1:02.22 | 786 | 28.33 | 33.89 |
| 3. | 90 | Choi ski Michał | G-8 Bielany Warszawa | 1:04.81 | 696 | 27.92 | 36.89 |
| 4. | 89 | R bas Igor | Zawodnik niezrzeszony | 1:05.52 | 673 | 29.59 | 35.93 |
| 5. | 89 | Olszewski Krzysztof | SGGW Warszawa | 1:05.69 | 668 | 30.81 | 34.88 |
| 6. | 93 | Perkowski Rafał | MOS Białystok | 1:12.21 | 503 | 32.87 | 39.34 |
| 7. | 92 | Stanek Wojciech | ORS Opole | 1:15.04 | 448 | 35.56 | 39.48 |

Kategoria A

| | | | | | | | |
|-----|----|---------------------|-------------------------|----------------|-----|-------|-------|
| 1. | 88 | Safro czyk Piotr | Warsaw Masters Team | 58.70 | 831 | 26.83 | 31.87 |
| 2. | 86 | Stawiany Mateusz | Aquapark Wrocław | 1:02.47 | 689 | 29.14 | 33.33 |
| 3. | 88 | Sterczy ski Jakub | AZS UAM Pozna | 1:02.56 | 686 | 28.87 | 33.69 |
| 4. | 88 | Janovsky Jiri | Straz pod Ralskiem | 1:03.14 | 668 | 29.38 | 33.76 |
| 5. | 88 | Górka Marcin | Zawodnik niezrzeszony | 1:05.71 | 592 | 28.78 | 36.93 |
| 6. | 88 | J kalski Tomasz | Zawodnik niezrzeszony | 1:06.90 | 561 | 29.60 | 37.30 |
| 7. | 84 | Stasiaczek Michał | Aquapark Wrocław | 1:07.93 | 536 | 31.67 | 36.26 |
| 8. | 87 | Brysz Robert | Masters Opole | 1:08.54 | 522 | 30.95 | 37.59 |
| 9. | 86 | Matiola ski Andrzej | Zawodnik niezrzeszony | 1:12.93 | 433 | 32.10 | 40.83 |
| 10. | 86 | Dymiter Mateusz | Tarnowskie WOPR Masters | 1:13.52 | 423 | 33.88 | 39.64 |

Kategoria B

| | | | | | | | |
|-----|----|----------------------|--------------------------------|----------------|-----|-------|-------|
| 1. | 81 | Splawi ski Michał | Wodnik 29 Katowice | 1:02.46 | 682 | 29.36 | 33.10 |
| 2. | 83 | Brodacki Maciej | Swimming Masters Team Szczecin | 1:04.95 | 607 | 29.76 | 35.19 |
| 3. | 83 | Pi tkowski Jakub | Redeco Wrocław | 1:05.94 | 580 | 29.60 | 36.34 |
| 4. | 83 | Ptak Łukasz | Redeco Wrocław | 1:06.00 | 578 | 31.33 | 34.67 |
| 5. | 81 | Jurek Przemysław | Tarnowskie WOPR Masters | 1:08.06 | 527 | 30.14 | 37.92 |
| 6. | 81 | Kłosi ski Artur | Toru czyk Masters Toru | 1:08.95 | 507 | 32.56 | 36.39 |
| 7. | 79 | Grabarczyk Marcin | Pi tka Konstantynów Ł. | 1:09.02 | 506 | 31.94 | 37.08 |
| 8. | 79 | Rydlewski Przemysław | KP Koziegłowy | 1:10.05 | 484 | 32.55 | 37.50 |
| 9. | 83 | Ilcyszyn Krzysztof | UKS 307 Warszawa | 1:14.66 | 399 | 34.97 | 39.69 |
| 10. | 81 | Gada Andrzej | Akademia Ruchu AG Warszawa | 1:15.33 | 389 | 34.90 | 40.43 |
| 11. | 79 | Raj Łukasz | Pi tka Konstantynów Ł. | 1:20.00 | 324 | 37.80 | 42.20 |
| 12. | 80 | Kału y ski Wojciech | Warsaw Masters Team | 1:20.09 | 323 | 37.11 | 42.98 |
| 13. | 80 | Gryczy ski Jakub | Pi tka Konstantynów Ł. | 1:21.41 | 308 | 36.40 | 45.01 |
| 14. | 83 | Sidorowicz Jakub | Pi tka Konstantynów Ł. | 1:29.08 | 235 | 41.91 | 47.17 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 15, M czynn, 100m zmienny

Kategoria C

| | | | | | | | |
|--------|---------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. | Minakovs Valerijs | 74 | Jelgava SPS | 1:03.80 | 792 | 28.39 | 35.41 |
| 2. | Horbacz Marcin | 74 | JW 2399 wi tos ów | 1:04.74 | 758 | 30.95 | 33.79 |
| 3. | Skrok Michał | 76 | Motyl Senior MOSiR St. Wola | 1:05.43 | 735 | 31.33 | 34.10 |
| 4. | Gregorowicz Paweł | 74 | AZS UWM Masters Olsztyn | 1:06.65 | 695 | 31.04 | 35.61 |
| 5. | Kryukov Volodymyr | 74 | Zhytomyr Aqua Masters | 1:07.69 | 663 | 31.25 | 36.44 |
| 6. | Suchocki Piotr | 77 | AZS UWM Masters Olsztyn | 1:08.76 | 633 | 30.90 | 37.86 |
| 7. | I czka Krzysztof | 74 | Delfin Masters Tarnobrzeg | 1:12.41 | 542 | 32.97 | 39.44 |
| 8. | Pawłowski Krzysztof | 77 | Motyl Senior MOSiR St. Wola | 1:12.63 | 537 | 34.06 | 38.57 |
| 9. | Dygdo Paweł | 75 | Wodnik 29 Katowice | 1:14.10 | 506 | 33.71 | 40.39 |
| 10. | Doli ski Arkadiusz | 78 | Zawodnik niezrzeszony | 1:14.95 | 489 | 32.99 | 41.96 |
| 11. | Pintara Kornel | 78 | Pi tka Konstantynów Ł. | 1:16.47 | 460 | 35.22 | 41.25 |
| 12. | Pałysa Marek | 74 | Zawodnik niezrzeszony | 1:16.51 | 459 | 37.54 | 38.97 |
| 13. | Szklarz Artur | 75 | Delfin Masters Tarnobrzeg | 1:17.44 | 443 | 34.50 | 42.94 |
| 14. | W growski Michał | 76 | Zawodnik niezrzeszony | 1:17.68 | 439 | 35.73 | 41.95 |
| 15. | Wołosz Przemysław | 78 | Warsaw Masters Team | 1:21.31 | 383 | 38.04 | 43.27 |
| 16. | Wierzbik Bernard | 75 | Pływak Tomaszów Maz. | 1:22.50 | 366 | 39.44 | 43.06 |
| 17. | Budek Robert | 74 | Akademia Ruchu AG Warszawa | 1:33.53 | 251 | 42.48 | 51.05 |
| DYSKW. | Kielar Jakub | 74 | TKKF Koszalin | | | | |

G8 - Uk o czenie wy cigu nie w poło eniu na plecach (Czas: 13:22)

Kategoria D

| | | | | | | | |
|--------|--------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. | Berwecki Arkadiusz | 73 | Motyl Senior MOSiR St. Wola | 1:03.06 | 853 | 28.92 | 34.14 |
| 2. | Skorykow Andrzej | 69 | Warsaw Masters Team | 1:05.82 | 750 | 29.70 | 36.12 |
| 3. | D bski Wiktor | 69 | Sport Figielski Warszawa | 1:08.68 | 660 | 31.73 | 36.95 |
| 4. | Sykora Jaroslav | 71 | PVK Bratislava | 1:08.71 | 659 | 30.94 | 37.77 |
| 5. | Beym Robert | 69 | Start Pozna | 1:09.58 | 635 | 32.16 | 37.42 |
| 6. | Borus Dawid | 70 | Masters Gorzów Wlkp. | 1:10.25 | 617 | 32.42 | 37.83 |
| 7. | Krulikowski Robert | 73 | Masters Unia O wi cim | 1:10.44 | 612 | 32.31 | 38.13 |
| 8. | Bar Wiesław | 70 | Motyl Senior MOSiR St. Wola | 1:10.86 | 601 | 33.55 | 37.31 |
| 9. | Skodny Pavol | 69 | SPK Kupele Piestany | 1:11.24 | 592 | 33.24 | 38.00 |
| 10. | Monczak Grzegorz | 73 | One Man Team Pozna | 1:11.34 | 589 | 33.92 | 37.42 |
| 11. | Wo niak Mirosław | 69 | CM UJ Masters Kraków | 1:13.75 | 533 | 34.37 | 39.38 |
| 12. | Łopaci ski Artur | 72 | Masters Gorzów Wlkp. | 1:15.61 | 495 | 34.67 | 40.94 |
| 13. | Drzewiecki Jacek | 69 | Delfinek Cz stochowa | 1:15.68 | 493 | 35.14 | 40.54 |
| 14. | Kowalski Sławek | 72 | Delfin Masters Tarnobrzeg | 1:16.05 | 486 | 35.35 | 40.70 |
| 15. | Fajdasz Andrzej | 73 | Zawodnik niezrzeszony | 1:16.82 | 472 | 36.01 | 40.81 |
| 16. | Friauf Ruslan | 69 | Masters SC Euro Lviv | 1:17.08 | 467 | 35.59 | 41.49 |
| 17. | Grzelak Maciej | 70 | Legia Warszawa | 1:19.09 | 432 | 37.13 | 41.96 |
| 18. | Szwajkowski Albert | 71 | Delfin Masters Tarnobrzeg | 1:19.43 | 427 | 35.87 | 43.56 |
| 19. | Szurek Sławomir | 71 | Orka Masters Radlin | 1:24.61 | 353 | 38.94 | 45.67 |
| 20. | Wytrwał Adam | 69 | Tarnowskie WOPR Masters | 1:24.94 | 349 | 39.76 | 45.18 |
| 21. | Mówi ski Grzegorz | 69 | AZS UWM Masters Olsztyn | 1:27.37 | 320 | 42.26 | 45.11 |
| 22. | urczak Tomasz | 69 | Orka Masters Radlin | 1:35.25 | 247 | 46.76 | 48.49 |
| DYSKW. | Stuchlik Tadeusz | 69 | Weteran Zabrze | | | | |

G8 - Uk o czenie wy cigu nie w poło eniu na plecach (Czas: 13:26)

Kategoria E

| | | | | | | | |
|-----|-------------------|----|-------------------------|----------------|-----|-------|-------|
| 1. | Stanek Grzegorz | 68 | ORS Opole | 1:04.31 | 832 | 29.90 | 34.41 |
| 2. | Rother Marek | 68 | Weteran Zabrze | 1:06.10 | 766 | 29.26 | 36.84 |
| 3. | Monczak Piotr | 67 | Start Pozna | 1:07.48 | 720 | 32.14 | 35.34 |
| 4. | Katakchiev Sergey | 68 | Pregel Kaliningrad | 1:07.93 | 706 | 31.27 | 36.66 |
| 5. | Sko kiewicz Rafał | 66 | Warsaw Masters Team | 1:08.17 | 698 | 30.97 | 37.20 |
| 6. | Kominiak Robert | 64 | Masters Korona Kraków | 1:13.31 | 561 | 34.79 | 38.52 |
| 7. | Markowicz Piotr | 67 | AZS UWM Masters Olsztyn | 1:15.11 | 522 | 33.90 | 41.21 |
| 8. | ebrocki Bogdan | 66 | Masters Krosno | 1:15.13 | 521 | 34.01 | 41.12 |
| 9. | Pogorzelski Marek | 66 | Zawodnik niezrzeszony | 1:21.63 | 406 | 39.43 | 42.20 |
| 10. | Chołda Krzysztof | 64 | Masters Korona Kraków | 1:24.02 | 373 | 39.05 | 44.97 |
| 11. | Wolski Wojciech | 66 | Wisła Masters Kraków | 1:25.01 | 360 | 39.82 | 45.19 |



Konkurencja 15, M czynn, 100m zmienny

Kategoria F

| | | | | | | | |
|-----|------------------------|----|----------------------------|----------------|-----|-------|-------|
| 1. | Madaj Leszek | 60 | Warsaw Masters Team | 1:06.61 | 950 | 31.12 | 35.49 |
| 2. | Wolny Dariusz | 60 | Redeco Wrocław | 1:07.05 | 931 | 31.09 | 35.96 |
| 3. | Hakel Branislav | 63 | PO KTV UMB Banska Bystrica | 1:09.24 | 846 | 32.90 | 36.34 |
| 4. | miejko Wojciech | 63 | Zawodnik niezrzeszony | 1:09.52 | 835 | 32.63 | 36.89 |
| 5. | Piszczek Waldemar | 62 | Masters Korona Kraków | 1:15.28 | 658 | 33.71 | 41.57 |
| 6. | Khymovich Petro | 63 | Zhytomyr Aqua Masters | 1:15.53 | 651 | 35.85 | 39.68 |
| | Mrozi ski Jerzy | 59 | Wodnik 29 Katowice | 1:15.53 | 651 | | |
| 8. | Mydlowski Mietek | 62 | SiKReT Masters Gliwice | 1:19.28 | 563 | 37.09 | 42.19 |
| 9. | Waraczewski Przemysław | 62 | Warta Pozna | 1:20.42 | 540 | 37.72 | 42.70 |
| 10. | Ko likowski Marek | 61 | AZS UWM Masters Olsztyn | 1:23.52 | 482 | 41.03 | 42.49 |
| 11. | Derkowski Krzysztof | 61 | Delfin Inowrocław | 1:28.92 | 399 | 40.86 | 48.06 |
| 12. | Data Andrzej | 61 | Masters Korona Kraków | 1:32.72 | 352 | 45.60 | 47.12 |
| 13. | Sutowski Robert | 59 | Warsaw Masters Team | 1:45.66 | 238 | 50.79 | 54.87 |

Kategoria G

| | | | | | | | |
|-----|------------------------|----|-------------------------|----------------|-----|-------|-------|
| 1. | Gabiec Mariusz | 58 | AZS UWM Masters Olsztyn | 1:10.22 | 956 | 31.54 | 38.68 |
| 2. | Gorbaczow Dariusz | 58 | Sopot Masters | 1:13.10 | 847 | 34.90 | 38.20 |
| 3. | Valtr Vaclav | 56 | Spolchemie Usti n/L | 1:13.30 | 840 | 33.85 | 39.45 |
| 4. | Mashkin Sergiy | 55 | Masters SC Euro Lviv | 1:16.18 | 748 | 34.52 | 41.66 |
| 5. | Konstanty Janusz | 56 | Wisła Masters Kraków | 1:20.15 | 643 | 36.81 | 43.34 |
| 6. | Kujawa Maciej | 54 | Toru czyk Masters Toru | 1:20.32 | 638 | 38.25 | 42.07 |
| 7. | Krcik Jozef | 57 | PVK Bratislava | 1:22.50 | 589 | 37.97 | 44.53 |
| 8. | Mansil Peter | 56 | PVK Bratislava | 1:22.82 | 582 | 39.92 | 42.90 |
| 9. | Zabrza ski Alfred | 54 | UKS SP 8 Chrzanów | 1:23.41 | 570 | 39.72 | 43.69 |
| 10. | Pietraszewski Zbigniew | 55 | Olimpia Pozna | 1:24.41 | 550 | 41.83 | 42.58 |
| 11. | Minkiewicz Jerzy | 56 | Masters Opole | 1:25.24 | 534 | 40.30 | 44.94 |

Kategoria H

| | | | | | | | |
|----|----------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. | Nowak Michał | 52 | Ursynów Masters | 1:17.83 | 806 | 37.97 | 39.86 |
| 2. | Lietz Krzysztof | 52 | Toru czyk Masters Toru | 1:23.43 | 654 | 39.70 | 43.73 |
| 3. | Kubicki Leszek | 53 | Gdynia Masters | 1:28.40 | 550 | 41.78 | 46.62 |
| 4. | Jarzyna Włodzimierz | 49 | Motyl Senior MOSiR St. Wola | 1:29.65 | 527 | 42.53 | 47.12 |
| 5. | Szufarski Andrzej | 52 | Toru czyk Masters Toru | 1:35.39 | 438 | 43.87 | 51.52 |
| 6. | Jacaszek Andrzej | 53 | Flota Masters Gdynia | 1:35.71 | 433 | 45.86 | 49.85 |
| 7. | Denisenko Akim | 53 | Pregel Kaliningrad | 1:40.19 | 378 | 45.61 | 54.58 |
| 8. | Michałkowski Andrzej | 51 | TKKF Koszalin | 1:41.39 | 364 | 49.69 | 51.70 |

Kategoria I

| | | | | | | | |
|----|----------------------|----|-------------------------|----------------|-----|-------|---------|
| 1. | Ró alski Józef | 45 | MOSiR Ostrowiec w. | 1:24.58 | 667 | 39.65 | 44.93 |
| 2. | Woch Janusz | 46 | Olimpia Pozna | 1:34.43 | 479 | 43.26 | 51.17 |
| 3. | Maciejczyk Zbigniew | 47 | Zgiersko-Ł czyckie WOPR | 1:37.86 | 430 | 48.55 | 49.31 |
| 4. | Kubis Antoni | 47 | Masters Korona Kraków | 1:45.23 | 346 | 48.46 | 56.77 |
| 5. | Szpała Janusz | 48 | Masters Opole | 1:45.59 | 342 | 50.63 | 54.96 |
| 6. | Bosowski Włodzimierz | 48 | Weteran Zabrze | 1:49.71 | 305 | 46.05 | 1:03.66 |
| 7. | Jawor Bogdan | 47 | Masters Polkowice | 1:57.19 | 250 | 56.59 | 1:00.60 |

Kategoria J

| | | | | | | | |
|----|-------------------|----|-----------------------|----------------|-----|---------|---------|
| 1. | Bastek Ewald | 39 | Weteran Zabrze | 1:31.98 | 620 | 43.88 | 48.10 |
| 2. | Dzieko ski Edward | 43 | Zawodnik niezrzeszony | 1:55.55 | 312 | 49.64 | 1:05.91 |
| 3. | Krawczyk Tadeusz | 43 | Masters Korona Kraków | 2:30.08 | 142 | 1:10.71 | 1:19.37 |

Kategoria K

| | | | | | | | |
|----|---------------------|----|-------------------|----------------|-----|-------|-------|
| 1. | Lewandowski Zygmunt | 37 | Delfin Inowrocław | 1:48.39 | 457 | 52.32 | 56.07 |
|----|---------------------|----|-------------------|----------------|-----|-------|-------|



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 15, M czynn, 100m zmienny

Kategoria L

| | | | | | | |
|---------------------------|----|----------------------|----------------|-----|-------|-------|
| 1. Krokoszy ski Stanisław | 30 | Wisła Masters Kraków | 1:48.18 | 620 | 51.49 | 56.69 |
| 2. Prz do Lucjan | 30 | Polonia Warszawa | 1:53.49 | 537 | 55.99 | 57.50 |

Konkurencja 16

Kobiet, 200m motylkowy

20 - 94 lat

16/11/2013 - 13:21

Wyniki

| | | | | |
|-------------------------------|----------|-------------------------|---------------|------------|
| Rekord Polski Masters 25 - 29 | 2:32.10 | Dybała Dagna | Katowice | 27/6/2010 |
| Rekord Polski Masters 30 - 34 | 2:34.27 | Krakowiak El bieta | Pozna | 22/2/2003 |
| Rekord Polski Masters 35 - 39 | 2:37.58 | Krakowiak El bieta | Pozna | 21/2/2004 |
| Rekord Polski Masters 40 - 44 | 2:50.06 | Niespodziana Aleksandra | rem | 17/3/2002 |
| Rekord Polski Masters 45 - 49 | 2:39.07 | Puchalska Joanna | Pozna | 19/11/2011 |
| Rekord Polski Masters 50 - 54 | 2:45.03 | Niespodziana Aleksandra | Pozna | 16/2/2008 |
| Rekord Polski Masters 55 - 59 | 3:47.51 | Legutko Mirosława | Katowice | 24/11/2012 |
| Rekord Polski Masters 60 - 64 | 3:49.19 | Fecica Krystyna | Pozna | 17/2/2007 |
| Rekord Polski Masters 65 - 69 | 3:53.05 | Fecica Krystyna | Góra Kalwaria | 25/10/2008 |
| Rekord Polski Masters 70 - 74 | 5:00.00 | | | |
| Rekord Polski Masters 75 - 79 | 8:00.00 | | | |
| Rekord Polski Masters 80 - 84 | 10:00.00 | | | |
| Rekord Polski Masters 85 - 89 | 10:00.00 | | | |
| Rekord Polski Masters 90 - 94 | 15:00.00 | | | |

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------------------------|---------|-------------------------|----------------|------|-------|---------|---------|---------|
| Kategoria O | | | | | | | | |
| 1. Zadro na Karolina | 92 | Masters Korona Kraków | 3:30.70 | 265 | 41.85 | 51.75 | 58.38 | 58.72 |
| Kategoria A | | | | | | | | |
| 1. Piekut Anna | 88 | AZS UWM Masters Olsztyn | 2:49.05 | 578 | 37.33 | 43.33 | 44.76 | 43.63 |
| 2. Stanisławska Anna | 87 | Warsaw Masters Team | 3:33.29 | 287 | 46.23 | 52.78 | 56.93 | 57.35 |
| Kategoria C | | | | | | | | |
| 1. Novakova Monika | 75 | PVK Bratislava | 3:20.14 | 405 | 41.49 | 51.58 | 53.78 | 53.29 |
| Kategoria F | | | | | | | | |
| 1. Macierzevska Agnieszka | 60 | Masters Korona Kraków | 3:30.42 | 529 | 41.53 | 53.00 | 59.02 | 56.87 |
| 2. Kara Beata | 62 | Victory Masters Elbl g | 4:08.59 | 321 | 54.58 | 1:03.39 | 1:05.30 | 1:05.32 |
| 3. Pola czyk Renata | 59 | Gdynia Masters | 4:10.53 | 313 | 54.41 | 1:04.35 | 1:05.60 | 1:06.17 |
| Kategoria G | | | | | | | | |
| 1. Legutko Mirosława | 57 | Masters Korona Kraków | 3:57.19 | 433 | 50.50 | 1:01.73 | 1:02.84 | 1:02.12 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 17
16/11/2013 - 13:35

M czynn, 200m motylkowy

20 - 94 lat
Wyniki

| | | | | |
|-------------------------------|---------|--------------------|---------------|------------|
| Rekord Polski Masters 25 - 29 | 2:02.86 | Babuchowski Marcin | Pozna | 19/11/2011 |
| Rekord Polski Masters 30 - 34 | 2:12.46 | Pr dki Sławomir | Góra Kalwaria | 25/10/2008 |
| Rekord Polski Masters 35 - 39 | 2:16.69 | Skorykow Andrzej | Pozna | 17/2/2007 |
| Rekord Polski Masters 40 - 44 | 2:19.37 | Berwecki Arkadiusz | Gliwice | 17/3/2013 |
| Rekord Polski Masters 45 - 49 | 2:23.62 | Pasieczny Andrzej | Pozna | 19/11/2011 |
| Rekord Polski Masters 50 - 54 | 2:26.45 | Krawczyk Jacek | Lublin | 24/4/1999 |
| Rekord Polski Masters 55 - 59 | 3:03.61 | BIRECKI ROMAN | Gliwice | 17/3/2013 |
| Rekord Polski Masters 60 - 64 | 3:28.53 | Kulczyk Krzysztof | Katowice | 14/4/2013 |
| Rekord Polski Masters 65 - 69 | 3:13.95 | Raczy ski Marian | Chelm | 17/2/2001 |
| Rekord Polski Masters 70 - 74 | 3:25.51 | Raczy ski Marian | Gdynia | 3/9/2006 |
| Rekord Polski Masters 75 - 79 | 5:03.61 | Sielski Ryszard | Katowice | 22/4/2012 |
| Rekord Polski Masters 80 - 84 | 8:00.00 | | | |
| Rekord Polski Masters 85 - 89 | 8:00.00 | | | |
| Rekord Polski Masters 90 - 94 | 8:00.00 | | | |

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---------|--|------|------|-----|------|------|------|
|---------|---------|--|------|------|-----|------|------|------|

Kategoria 0

| | | | | | | | | |
|-------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. Czermak Tomasz | 91 | AZS AWF Katowice | 2:27.40 | 607 | 32.02 | 37.79 | 38.60 | 38.99 |
| 2. Kister Piotr | 89 | Zawodnik niezrzeszony | 2:50.13 | 395 | 33.86 | 41.24 | 45.48 | 49.55 |

Kategoria A

| | | | | | | | | |
|------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. Miłek Mateusz | 87 | Sport and Body Kraków | 2:31.91 | 588 | 31.70 | 38.78 | 41.73 | 39.70 |
| 2. Bogdanowicz Bartosz | 84 | Masters Białystok | 2:48.03 | 434 | 37.80 | 44.73 | 46.85 | 38.65 |
| 3. Lechner Jakub | 86 | Straz pod Ralskiem | 3:06.50 | 318 | 35.59 | 44.14 | 48.96 | 57.81 |

Kategoria B

| | | | | | | | | |
|-----------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Orbidans Jaroslavs | 81 | Jelgava SPS | 2:20.03 | 694 | 31.40 | 35.45 | 36.64 | 36.54 |
| 2. Stanoch Jakub | 83 | Warta Pozna | 2:32.17 | 541 | 32.75 | 38.67 | 40.28 | 40.47 |
| 3. Kotus Tomasz | 81 | Pi tka Konstancynów Ł. | 2:47.15 | 408 | 32.31 | 40.69 | 45.90 | 48.25 |
| 4. Kujat Szymon | 82 | Aquapark Wrocław | 2:48.40 | 399 | 32.60 | 39.89 | 49.97 | 45.94 |

Kategoria C

| | | | | | | | | |
|---------------------|----|----------------------------|----------------|-----|-------|-------|---------|-------|
| 1. Zawół Piotr | 74 | Delfin Masters Tarnobrzeg | 2:51.30 | 404 | 35.69 | 42.79 | 46.66 | 46.16 |
| 2. Rutkowski Artur | 74 | Masters Gorzów Wlkp. | 2:53.61 | 388 | 37.05 | 44.05 | 46.11 | 46.40 |
| 3. Cie li ski Paweł | 76 | Motyl Senior MOSiR St. Wol | 3:02.54 | 333 | 41.27 | 47.26 | 48.83 | 45.18 |
| 4. Koza Maciej | 74 | Masters Krosno | 3:41.56 | 186 | 45.33 | 56.30 | 1:00.12 | 59.81 |

Kategoria D

| | | | | | | | | |
|-----------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Berwecki Arkadiusz | 73 | Motyl Senior MOSiR St. Wol | 2:19.38 | 739 | 31.42 | 35.65 | 36.78 | 35.53 |
| 2. Pyr Szymon | 73 | Masters Korona Kraków | 2:28.22 | 615 | 33.84 | 37.96 | 38.58 | 37.84 |
| 3. Ma czak Jakub | 71 | Delfin Gdynia | 2:41.23 | 477 | 33.62 | 39.66 | 45.46 | 42.49 |
| 4. Kunicki Maciej | 72 | Weteran Zabrze | 2:50.08 | 407 | 37.94 | 43.78 | 45.31 | 43.05 |
| 5. Grzelak Maciej | 70 | Legia Warszawa | 3:15.16 | 269 | 38.72 | 47.56 | 53.22 | 55.66 |
| DYSKW. Jaro Tomasz | 71 | Zawodnik niezrzeszony | | | | | | |

M11 - Brak dotkni cia ciany obydwoma rozł czonymi dło mi przy nawrocie lub na zako czenie wy cigu (Czas: 13:58)

Kategoria E

| | | | | | | | | |
|------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. Skrzypczak Wojciech | 66 | Zawodnik niezrzeszony | 3:26.93 | 257 | 44.68 | 52.27 | 55.43 | 54.55 |
|------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|

Kategoria F

| | | | | | | | | |
|------------------------|----|----------------------------|----------------|-----|-------|-------|---------|-------|
| 1. Lorkowski Robert | 60 | Motyl Senior MOSiR St. Wol | 3:01.64 | 490 | 39.93 | 46.00 | 48.50 | 47.21 |
| 2. Thiem Jacek | 63 | Warta Pozna | 3:09.33 | 433 | 41.21 | 46.47 | 48.55 | 53.10 |
| 3. Niedzwiedz Tomasz | 63 | Zgiersko-Ł czyckie WOPR | 3:43.83 | 262 | 49.67 | 57.08 | 59.89 | 57.19 |
| 4. Wiszniewski Andrzej | 63 | Warsaw Masters Team | 3:53.29 | 231 | 54.41 | 59.72 | 1:01.19 | 57.97 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 17, M czynn, 200m motylkowy

Kategoria G

| | | | | | | | | |
|-------------------|----|-------------------|----------------|-----|-------|---------|---------|---------|
| 1. Piechula Adolf | 57 | AZS PWSZ Racibórz | 3:07.85 | 485 | 40.17 | 48.40 | 50.82 | 48.46 |
| 2. Birecki Roman | 55 | Masters Opole | 3:08.72 | 478 | 41.22 | 47.54 | 50.32 | 49.64 |
| 3. Wepa Wiesław | 56 | Masters Chełm | 4:12.78 | 199 | 53.25 | 1:02.94 | 1:07.25 | 1:09.34 |

Kategoria H

| | | | | | | | | |
|------------------------|----|-----------------------|----------------|-----|-------|---------|---------|---------|
| 1. Bryniak Jan | 53 | Masters Opole | 3:24.24 | 478 | 44.98 | 51.24 | 53.98 | 54.04 |
| 2. Kulczyk Krzysztof | 52 | Wodnik 29 Katowice | 3:34.77 | 411 | 44.72 | 54.30 | 58.46 | 57.29 |
| 3. Wasiuk Janusz | 53 | Masters Kraków | 3:47.08 | 348 | 49.87 | 57.75 | 1:01.11 | 58.35 |
| 4. Dubiski Bogdan | 53 | Zawodnik niezrzeszony | 3:47.46 | 346 | 47.33 | 57.11 | 1:00.49 | 1:02.53 |
| 5. Mikołajczyk Czesław | 50 | Gdynia Masters | 3:48.96 | 339 | 50.67 | 58.64 | 1:00.76 | 58.89 |
| 6. Irczyk Leon | 51 | Orka Masters Radlin | 4:49.11 | 168 | 58.76 | 1:12.23 | 1:17.11 | 1:21.01 |

Kategoria I

| | | | | | | | | |
|------------------------|----|------------------------|----------------|-----|---------|---------|---------|---------|
| 1. Róalski Józef | 45 | MOSiR Ostrowiec w. | 3:41.91 | 429 | 46.88 | 56.65 | 1:00.47 | 57.91 |
| 2. Czy Bolesław | 48 | Zawodnik niezrzeszony | 4:02.54 | 328 | 53.40 | 1:02.65 | 1:03.17 | 1:03.32 |
| 3. Maciejczyk Zbigniew | 47 | Zgiersko-Łczyckie WOPR | 4:11.90 | 293 | 58.34 | 1:08.86 | 1:10.10 | 54.60 |
| 4. Mleczko Andrzej | 47 | Masters Korona Kraków | 4:13.88 | 286 | 56.06 | 1:10.28 | 1:09.76 | 57.78 |
| 5. Daszyski Andrzej | 48 | Energetyk Zgorzelec | 4:20.73 | 264 | 55.29 | 1:06.69 | 1:10.26 | 1:08.49 |
| 6. Płonka Janusz | 48 | Zawodnik niezrzeszony | 5:03.98 | 166 | 1:04.65 | 1:17.28 | 1:21.98 | 1:20.07 |

M8 - Przenoszenie ramion do przodu pod powierzchnię wody podczas ostatniego cyklu pracy ramion przed nawrotem lub na zakończeniu

Kategoria J

| | | | | | | | | |
|-----------------|----|-------------------|----------------|-----|---------|---------|---------|---------|
| 1. Golik Janusz | 41 | Masters Chełm | 4:35.92 | 353 | 1:03.76 | 1:12.79 | 1:12.15 | 1:07.22 |
| 2. Bugła Rudolf | 40 | Naprzód Rydułtowy | 4:38.24 | 344 | 1:01.53 | 1:09.59 | 1:12.10 | 1:15.02 |

Kategoria K

| | | | | | | | | |
|--------------------|----|---------------------|----------------|-----|---------|---------|---------|---------|
| 1. Sielski Ryszard | 37 | Warsaw Masters Team | 6:08.64 | 176 | 1:23.59 | 1:34.50 | 1:36.40 | 1:34.15 |
|--------------------|----|---------------------|----------------|-----|---------|---------|---------|---------|

Konkurencja 18

Kobiet, 4 x 50m zmienny

AG 80 - 400

16/11/2013 - 14:07

Wyniki

| | | | | |
|---------------------------------|----------|----------------------------|--------------|------------|
| Rekord Polski Masters 100 - 119 | 2:16.58 | Wrocławski Park Wodny S.A. | Pozna | 19/11/2011 |
| Rekord Polski Masters 120 - 159 | 2:06.13 | Astoria Bydgoszcz | Racibórz | 14/4/2002 |
| Rekord Polski Masters 160 - 199 | 2:18.46 | Astoria Bydgoszcz | Racibórz | 14/4/2002 |
| Rekord Polski Masters 200 - 239 | 2:27.75 | Masters Korona Kraków | Stalowa Wola | 12/5/2012 |
| Rekord Polski Masters 240 - 279 | 2:38.01 | Weteran Zabrze | Stalowa Wola | 12/5/2013 |
| Rekord Polski Masters 280 - 319 | 20:00.00 | | | |

Punkty: DSV Masters 13

Pozycja

Czas

Pkt.

Kategoria A

DYSKW. Tarnowskie WOPR Masters A

Tarnowskie WOPR Masters

O4 - Start wykonany przed sygnałem (przedwczesny start) (Czas: 14:21), na trzeciej zmianie

Mróz Urszula, Opitz Agnieszka, Rompała Karolina, Rompała Agata



Konkurencja 18, Kobiety, 4 x 50m zmienny

Kategoria B

| | | | | | | | |
|--------------------------------|----|-------|-------|---------------------------|----|----------------|-------|
| 1. Masters Korona Kraków B | | | | Masters Korona Kraków | | 2:24.94 | |
| Palmowska Paulina | 85 | +0,65 | 35.40 | Fr czek Izabela | 70 | +0,30 | 34.42 |
| Jamrozik Justyna | 88 | +0,74 | 41.22 | Janeczko Anna | 72 | +0,72 | 33.90 |
| 2. Delfin Masters Tarnobrzeg B | | | | Delfin Masters Tarnobrzeg | | 2:27.74 | |
| Maci g Monika | 72 | +0,81 | 40.05 | Rozmus Angelika | 78 | +0,46 | 36.73 |
| Osmala Renata | 77 | +0,66 | 39.22 | Meksuła Agata | 77 | +0,56 | 31.74 |
| 3. AZS UWM Masters Olsztyn B | | | | AZS UWM Masters Olsztyn | | 2:28.60 | |
| Kucharska Jowita | 80 | +0,77 | 37.63 | Piekut Anna | 88 | +0,39 | 33.27 |
| Go dziejewska Anna | 67 | +0,31 | 44.40 | Przybysz Aleksandra | 82 | +0,66 | 33.30 |
| 4. Redeco Wrocław B | | | | Redeco Wrocław | | 2:29.20 | |
| Mongiła Magdalena | 88 | +0,73 | 36.48 | Bystrzycka Agnieszka | 81 | +0,49 | 30.87 |
| Garbarek Małgorzata | 82 | +0,69 | 46.48 | Sikacz Hanna | 79 | +0,42 | 35.37 |
| 5. Wodnik 29 Katowice B | | | | Wodnik 29 Katowice | | 2:42.37 | |
| Korna Sylwia | 83 | +0,76 | 45.80 | Duda Anna | 81 | +0,63 | 33.62 |
| Stefanek Jolanta | 60 | +0,59 | 46.13 | Fira El bieta | 75 | +0,65 | 36.82 |
| 6. KP Koziegłowy B | | | | KP Koziegłowy | | 2:47.40 | |
| Szała Ewa | 59 | +0,85 | 41.55 | Maduzia Aneta | 84 | +0,59 | 43.52 |
| Jakubowska Ewa | 72 | +0,58 | 49.33 | Chomicz Joanna | 88 | +0,74 | 33.00 |

Kategoria C

| | | | | | | | |
|------------------------------|----|-------|-------|-------------------------|----|----------------|-------|
| 1. Zgiersko-Ł czyckie WOPR C | | | | Zgiersko-Ł czyckie WOPR | | 2:18.60 | |
| Fajkowska Daria | 73 | +0,82 | 33.68 | cibiorek Małgorzata | 71 | +0,54 | 31.49 |
| St pie Ewa | 62 | +0,69 | 39.89 | Mróz Urszula | 62 | +0,68 | 33.54 |

Kategoria D

| | | | | | | | |
|----------------------------|----|-------|-------|------------------------|----|----------------|-------|
| 1. Masters Korona Kraków D | | | | Masters Korona Kraków | | 2:28.44 | |
| Kuli Mariola | 66 | +0,61 | 36.55 | Wysocka Klaudia | 66 | +0,55 | 35.41 |
| Wysocka Marta | 59 | +0,39 | 42.18 | Macierzewska Agnieszka | 60 | +0,42 | 34.30 |
| 2. Masters Gdynia D | | | | Gdynia Masters | | 2:56.06 | |
| Pola czyk Renata | 59 | +0,73 | 46.77 | Mysiak Katarzyna | 61 | +0,70 | 46.70 |
| Mazurek Katarzyna | 59 | +0,36 | 43.45 | Radkowiak Danuta | 60 | +0,66 | 39.14 |

Kategoria E

| | | | | | | | |
|---------------------|----|-------|-------|----------------------|----|----------------|-------|
| 1. Weteran Zabrze E | | | | Weteran Zabrze | | 2:38.33 | |
| Kiszczak Gra yna | 50 | +0,67 | 40.80 | Frank Marta | 68 | +0,45 | 34.44 |
| Buczowska Maria | 46 | +1,05 | 47.90 | Bastek Renata | 43 | +0,52 | 35.19 |
| PK MSC Euro Lviv D | | | | Masters SC Euro Lviv | | 2:38.97 | |
| Khiresz Lyudmyla | 57 | +0,82 | 39.96 | Sirenko Romana | 76 | +0,32 | 34.69 |
| Zelikova Tetyana | 54 | +0,35 | 47.41 | Hertsyk Nataliya | 63 | +0,62 | 36.91 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 19
16/11/2013 - 14:15

M czyzn, 4 x 50m zmienny

AG 80 - 400
Wyniki

| | | | | |
|---------------------------------|---------|---------------------------------|------------|------------|
| Rekord Polski Masters 100 - 119 | 1:50.54 | Wrocławski Park Wodny | Pozna | 19/11/2011 |
| Rekord Polski Masters 120 - 159 | 1:50.49 | WMT Warszawa | Katowice | 24/11/2012 |
| Rekord Polski Masters 160 - 199 | 1:58.26 | Weteran Zabrze | Lublin | 9/12/2007 |
| Rekord Polski Masters 200 - 239 | 2:05.67 | Weteran Zabrze | Novy Jicin | 20/5/2007 |
| Rekord Polski Masters 240 - 279 | 2:18.22 | Weteran Zabrze | Katowice | 26/3/2011 |
| Rekord Polski Masters 280 - 319 | 2:59.84 | Zgiersko-Ł czyckie WOPR Ozorków | Katowice | 24/11/2012 |
| Rekord Polski Masters 320 - 359 | 5:00.00 | | | |

Punkty: DSV Masters 13

Pozycja Czas Pkt.

Kategoria A

| | | | | | | |
|--------------------------|----|-------|---------------------|------------------|----------------|-------------|
| 1. Warsaw Masters Team A | | | Warsaw Masters Team | | 1:52.21 | |
| Pfitzner Jan | 86 | +0,92 | 30.95 | Safro czyk Piotr | 88 | +0,23 25.37 |
| Kozak Stanisław | 86 | +0,58 | 31.01 | Dzi cioł Karol | 81 | +0,22 24.88 |

Kategoria B

| | | | | | | |
|------------------------------|----|-------|-------------------------|----------------------|----------------|-------------|
| 1. Warta Pozna B | | | Warta Pozna | | 1:55.59 | |
| Tomaszewski Tomasz | 81 | +0,92 | 29.97 | Stanoch Jakub | 83 | +0,40 28.04 |
| Liszewski Rafał | 84 | +0,31 | 31.84 | Isalski Przemysław | 82 | +0,41 25.74 |
| 2. Redeco Wrocław B | | | Redeco Wrocław | | 1:55.73 | |
| Pi tkowski Jakub | 83 | | 30.03 | Marek Przemek | 79 | 29.93 |
| Ptak Łukasz | 83 | | 30.37 | Urban Wojciech | 82 | 25.40 |
| 3. Legia Warszawa B | | | Legia Warszawa | | 1:56.25 | |
| Pe sko Jan | 87 | +0,80 | 28.75 | Wilcz ga Tomasz | 87 | +0,31 27.85 |
| Wilcz ga Marcin | 81 | +0,42 | 32.87 | Spyra Krzysztof | 73 | +0,53 26.78 |
| 4. Tarnowskie WOPR Masters B | | | Tarnowskie WOPR Masters | | 1:58.14 | |
| Jurek Przemysław | 81 | | 31.26 | Jurek Radosław | 83 | 30.03 |
| Kacer Maciej | 83 | | 29.09 | Litwora Łukasz | 76 | 27.76 |
| 5. Redeco Wrocław B | | | Redeco Wrocław | | 2:03.66 | |
| Hałada Łukasz | 83 | +0,69 | 32.99 | Kownacki Maciej | 85 | +0,36 27.80 |
| Dobrowolski Wojciech | 84 | +0,43 | 34.58 | Bazanowski Mariusz | 75 | +0,46 28.29 |
| 6. Masters Korona Kraków B | | | Masters Korona Kraków | | 2:05.75 | |
| Hoffman Wojciech | 75 | +0,66 | 33.97 | Pyr Szymon | 73 | +0,42 |
| Latuszek Kamil | 88 | +0,50 | 34.14 | Binkowski Michał | 82 | |
| 7. Warsaw Masters Team B | | | Warsaw Masters Team | | 2:05.95 | |
| Kału y ski Wojciech | 80 | | 37.68 | Skorykow Andrzej | 69 | 27.88 |
| Makomaski Tomasz | 86 | | 34.21 | Madej Leszek | 60 | 26.18 |
| 8. Piatka Konstanyńów B | | | Pi tka Konstanyńów Ł. | | 2:07.56 | |
| Karczmarczyk Jakub | 80 | +0,90 | 35.66 | Olkowicz Arkadiusz | 76 | +0,28 30.62 |
| Trudnos Rafał | 80 | +0,52 | 34.76 | Olejarczyk Igor | 79 | +0,61 26.52 |
| 9. Piatka Konstanyńów B | | | Pi tka Konstanyńów Ł. | | 2:12.69 | |
| Grabarczyk Marcin | 79 | | 33.40 | Pintara Kornel | 78 | 32.89 |
| Raj Łukasz | 79 | | 39.20 | Zdzieszyski Wojciech | 80 | 27.20 |
| 10. JW 2399 wi toszów B | | | JW 2399 wi to ów | | 2:13.29 | |
| Horbach Marcin | 74 | +0,65 | 31.50 | St pie Radosław | 84 | +0,46 34.67 |
| Bogucki Oscar | 74 | +0,77 | 37.30 | Druciarek Jarosław | 87 | +0,74 29.82 |
| 11. Pi tka Konstanyńów B | | | Pi tka Konstanyńów Ł. | | 2:18.42 | |
| Sidorowicz Jakub | 83 | | 40.76 | Pietrowski Witold | 80 | 31.10 |
| Gryczy ski Jakub | 80 | | 38.43 | Kotus Tomasz | 81 | 28.13 |

DYSKW. Akademia Ruchu AG B Akademia Ruchu AG Warszawa
04 - Start wykonany przed sygnałem (przedwczesny start), na trzeciej zmianie
Gada Andrzej, Siwonia Marcin, Kowalczyk Rafał, Budek Robert



Konkurencja 19, M czynn, 4 x 50m zmienny

Kategoria C

| | | | | | | | |
|----------------------------------|----|-------|-----------------------------|---------------------|----------------|-------|-------|
| 1. Motyl Senior MOSiR St. Wola C | | | Motyl Senior MOSiR St. Wola | | 1:55.53 | | |
| Baran Robert | 75 | +0,88 | 30.22 | Berwecki Arkadiusz | 73 | +0,47 | 26.85 |
| Skrok Michał | 76 | +0,34 | 31.71 | Przybylski Adam | 67 | +0,37 | 26.75 |
| 2. AZS UWM Masters Olsztyn C | | | AZS UWM Masters Olsztyn | | 2:00.93 | | |
| Suchecki Piotr | 77 | | 31.11 | Mówi ski Grzegorz | 69 | | 28.57 |
| Kozikowski Michał | 80 | | 33.41 | Gabiec Mariusz | 58 | | 27.84 |
| 3. Masters Gorzów C | | | Masters Gorzów Wlkp. | | 2:10.11 | | |
| Borus Dawid | 70 | +0,67 | 32.86 | Rutkowski Artur | 74 | +0,53 | 31.91 |
| Łopaci ski Artur | 72 | +0,64 | 36.24 | Wojciechowicz Marek | 70 | +0,62 | 29.10 |
| 4. Warta Pozna C | | | Warta Pozna | | 2:10.59 | | |
| Janyga Dariusz | 66 | +0,76 | 34.24 | Konowski Paweł | 83 | +0,47 | 30.70 |
| Waraczewski Przemysław | 62 | +0,67 | 38.46 | Olszewski Paweł | 62 | +0,53 | 27.19 |
| 5. Masters Opole C | | | Masters Opole | | 2:10.81 | | |
| Januszkiewicz Zbigniew | 62 | +0,63 | 31.88 | Brysz Robert | 87 | +0,56 | 29.99 |
| Krasnod bski Zbigniew | 56 | +0,53 | 40.05 | Orski Oskar | 67 | +0,59 | 28.89 |
| 6. CM UJ Ktraków C | | | CM UJ Masters Kraków | | 2:11.08 | | |
| Liszkowski Wojciech | 72 | | 32.36 | Baranik Mariusz | 69 | | 29.25 |
| Szczurek Marcin | 72 | | 41.70 | Wo niak Mirosław | 69 | | 27.77 |
| 7. Tarnowskie WOPR Masters C | | | Tarnowskie WOPR Masters | | 2:34.13 | | |
| Charchouli Norbert | 75 | +0,64 | 43.91 | Dymiter Mateusz | 86 | +0,65 | 31.28 |
| Wytrwał Adam | 69 | +0,70 | 44.72 | Maciejczak Andrzej | 60 | +0,93 | 34.22 |
| 8. Masters Krosno C | | | Masters Krosno | | 2:35.50 | | |
| ebracki Bogdan | 66 | +0,87 | 35.46 | Koza Maciej | 74 | +0,85 | 39.04 |
| Majsiak Ryszard | 65 | +0,44 | 48.89 | Kuryło Artur | 70 | +0,51 | 32.11 |

Kategoria D

| | | | | | | | |
|----------------------------|----|-------|-----------------------|-------------------|----------------|-------|-------|
| 1. Masters Korona Kraków D | | | Masters Korona Kraków | | 2:08.66 | | |
| Kaliszyk Mariusz | 70 | | 30.64 | Piszczyk Waldemar | 62 | | 30.93 |
| Kominiak Robert | 64 | | 34.21 | Mleczko Andrzej | 47 | | 32.88 |
| 2. Weteran Zabrze D | | | Weteran Zabrze | | 2:09.20 | | |
| Rother Marek | 68 | +0,67 | 29.47 | Kornicki Wiesław | 49 | +0,67 | 35.64 |
| Stuchlik Tadeusz | 69 | +0,37 | 33.27 | Barucha Jan | 59 | +0,71 | 30.82 |
| 3. Wodnik 29 Katowice D | | | Wodnik 29 Katowice | | 2:15.21 | | |
| Skoczylas Tomasz | 66 | +0,78 | 34.55 | Kulczyk Krzysztof | 52 | +0,32 | 31.66 |
| Mrozi ski Jerzy | 59 | +0,53 | 36.96 | Wilczek Jan | 58 | +0,39 | 32.04 |
| 4. Zhytomyr Aqua D | | | Zhytomyr Aqua Masters | | 2:18.36 | | |
| Kukharyev Igoir | 66 | +0,76 | 36.31 | Yurchak Oleksiy | 57 | +0,63 | 34.46 |
| Khymovich Petro | 63 | +0,84 | 38.38 | Kulyk Mykola | 61 | +0,41 | 29.21 |
| 5. Orka Masters Radlin D | | | Orka Masters Radlin | | 2:38.51 | | |
| Ciecior Jerzy | 53 | +0,80 | 42.04 | Szurek Sławomir | 71 | +0,56 | 35.58 |
| urczak Tomasz | 69 | +0,88 | 41.84 | Irczyk Leon | 51 | +0,80 | 39.05 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 19, M czynn, 4 x 50m zmienny

Kategoria E

| | | | | | | |
|------------------------------|----|-------|-------------------------|------------------------|----------------|-------------|
| 1. Zgiersko-Ł czyckie WOPR E | | | Zgiersko-Ł czyckie WOPR | | 2:26.23 | |
| Ossowski Aleksander | 53 | +0,73 | 38.67 | Przytułski Włodzimierz | 57 | +0,86 32.73 |
| Wiczek Roman | 48 | +0,49 | 39.72 | Maciejczyk Zbigniew | 47 | +0,95 35.11 |
| 2. Olimpia Pozna E | | | Olimpia Pozna | | 2:31.66 | |
| Boryski Jerzy | 51 | +0,74 | 42.23 | Cybertowicz Sławomir | 66 | +0,55 32.39 |
| Woch Janusz | 46 | +0,70 | 42.58 | Krzy anowski Ryszard | 49 | +0,68 34.46 |
| 3. Masters Opole E | | | Masters Opole | | 2:36.27 | |
| Birecki Roman | 55 | +0,84 | 40.32 | Minkiewicz Jerzy | 56 | +0,52 36.72 |
| Ciupek Józef | 46 | +0,75 | 44.42 | Witkowski Tadeusz | 37 | +0,51 34.81 |
| 4. Toru czyk Masters Toru E | | | Toru czyk Masters Toru | | 2:36.80 | |
| Szufarski Andrzej | 52 | +0,88 | 47.02 | Kujawa Maciej | 54 | +0,77 35.83 |
| Wysocki Jarosław | 53 | +0,81 | 42.19 | Lietz Krzysztof | 52 | +0,50 31.76 |

Kategoria F

| | | | | | | |
|---------------------|----|-------|----------------------|---------------------|----------------|-------------|
| 1. Weteran Zabrze F | | | Weteran Zabrze | | 2:43.25 | |
| Poloczek Bernard | 47 | +0,70 | 45.35 | Bastek Ewald | 39 | +0,66 39.99 |
| Fecica Daniel | 40 | +0,12 | 43.65 | Buczowski Władysław | 42 | +0,36 34.26 |
| PK MSC Euro Lviv D | | | Masters SC Euro Lviv | | 2:06.17 | |
| Mashkin Sergiy | 55 | +0,78 | 35.11 | Syrbu Oleksandr | 72 | +0,49 27.20 |
| Melnyk Dmytro | 74 | +0,05 | 32.51 | Chyrkov Yuriy | 51 | +0,44 31.35 |



3 - MP Masters BLOK III

16/11/2013 - 16:15

Konkurencja 20

Kobiet, 100m klasyczny

20 - 94 lat

16/11/2013 - 16:15

Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|--------------------|------------------------------|----|-------------------------------|----------------|-----|-------|---------|
| Kategoria 0 | | | | | | | |
| 1. | Drab Magdalena | 92 | CM UJ Masters Kraków | 1:19.05 | 741 | 36.93 | 42.12 |
| 2. | Nawrocka Manuela | 90 | SGGW Warszawa | 1:26.53 | 565 | 41.41 | 45.12 |
| 3. | Kostyra Agnieszka | 90 | Toru czyk Masters Toru | 1:37.46 | 395 | 43.73 | 53.73 |
| 4. | Softys Anna | 89 | Delfinek Legnica | 2:04.97 | 187 | 57.07 | 1:07.90 |
| Kategoria A | | | | | | | |
| 1. | Bolewska Magdalena | 84 | Toru czyk Masters Toru | 1:19.81 | 693 | 37.55 | 42.26 |
| 2. | Figuła Agnieszka | 85 | Zawodnik niezrzeszony | 1:25.39 | 566 | 40.85 | 44.54 |
| 3. | Jamrozik Justyna | 88 | Masters Korona Kraków | 1:27.82 | 520 | 41.98 | 45.84 |
| 4. | Kwaterna Joanna | 84 | Masters Korona Kraków | 1:30.50 | 475 | 42.29 | 48.21 |
| 5. | Szyma ska Paulina | 86 | Zawodnik niezrzeszony | 1:34.21 | 421 | 43.38 | 50.83 |
| 6. | Grycz Urszula | 85 | Ursynów Masters | 1:35.53 | 404 | 45.06 | 50.47 |
| Kategoria B | | | | | | | |
| 1. | Bystrzycka Agnieszka | 81 | Redeco Wrocław | 1:14.66 | 922 | 35.39 | 39.27 |
| 2. | Malchar Jowita | 82 | Delfinek Legnica | 1:26.84 | 586 | 41.03 | 45.81 |
| 3. | Korna Sylwia | 83 | Wodnik 29 Katowice | 1:43.81 | 343 | 48.96 | 54.85 |
| Kategoria C | | | | | | | |
| 1. | Osmala Renata | 77 | Delfin Masters Tarnobrzeg | 1:25.28 | 649 | 40.45 | 44.83 |
| 2. | Jarecka-Skorykow Monika | 74 | Warsaw Masters Team | 1:26.49 | 622 | 41.14 | 45.35 |
| 3. | Besler Agnieszka | 78 | Sinnet Warszawa | 1:32.74 | 504 | 43.16 | 49.58 |
| 4. | Macionczyk Renata | 75 | Orka Masters Radlin | 1:49.91 | 303 | 52.21 | 57.70 |
| Kategoria D | | | | | | | |
| 1. | Perepelkina Marina | 72 | Nevskie Zvezdy St. Petersburg | 1:25.08 | 704 | 40.24 | 44.84 |
| 2. | Sulewska Beata | 72 | Weteran Zabrze | 1:25.80 | 686 | 40.84 | 44.96 |
| 3. | Huszarova Silvia | 70 | MPK Previdza | 1:31.99 | 557 | 42.96 | 49.03 |
| 4. | Buczek Anna | 72 | Delfin Masters Tarnobrzeg | 1:41.55 | 414 | 46.78 | 54.77 |
| 5. | Stankiewicz-Majkowska Joanna | 72 | TKKF Koszalin | 1:43.84 | 387 | 48.36 | 55.48 |
| 6. | Fligier Marzena | 71 | Wodnik 29 Katowice | 1:51.69 | 311 | 51.19 | 1:00.50 |
| 7. | Jakubowska Ewa | 72 | KP Koziegłowy | 1:52.92 | 301 | 52.87 | 1:00.05 |
| 8. | Wolska Marta | 69 | Masters Korona Kraków | 2:06.94 | 211 | 58.26 | 1:08.68 |
| Kategoria E | | | | | | | |
| 1. | Puchalska Joanna | 64 | Sopot Masters | 1:24.81 | 804 | 40.94 | 43.87 |
| 2. | Olszewska Edyta | 64 | Warsaw Masters Team | 1:28.88 | 699 | 41.94 | 46.94 |
| 3. | Petecka Maria | 67 | Motyl Senior MOSiR St. Wola | 1:36.62 | 544 | 45.98 | 50.64 |
| 4. | Szkodlarz Ilona | 66 | Masters Unia O wi cim | 1:36.67 | 543 | 45.49 | 51.18 |
| 5. | Mlchalska Anna | 64 | Warsaw Masters Team | 1:40.18 | 488 | 47.50 | 52.68 |
| Kategoria F | | | | | | | |
| 1. | St pie Ewa | 62 | Zgiersko-Ł czyckie WOPR | 1:27.71 | 765 | 41.49 | 46.22 |
| 2. | Wysocka Marta | 59 | Masters Korona Kraków | 1:31.16 | 681 | 43.02 | 48.14 |
| 3. | Kicinova Anna | 61 | SPK Kupele Piestany | 1:38.92 | 533 | 46.84 | 52.08 |
| 4. | Mazurek Katarzyna | 59 | Gdynia Masters | 1:39.35 | 526 | 46.20 | 53.15 |
| 5. | Forrova Ivica | 60 | PVK Bratislava | 1:39.44 | 525 | 47.57 | 51.87 |
| 6. | Stefanek Jolanta | 60 | Wodnik 29 Katowice | 1:39.99 | 516 | 47.78 | 52.21 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 20, Kobiety, 100m klasyczny, Kategoria F

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | | |
|---------|---------|--------------------|------|------------------------|----------------|------|---------|---------|
| 7. | | Wilczek Małgorzata | 60 | Zawodnik niezrzeszony | 1:40.08 | 515 | 47.16 | 52.92 |
| 8. | | Gudaniec Dorota | 60 | TKKF Koszalin | 1:42.64 | 477 | 48.46 | 54.18 |
| 9. | | Zagała Joanna | 59 | SiKReT Masters Gliwice | 1:50.43 | 383 | 52.48 | 57.95 |
| 10. | | Wepa Hanna | 59 | Masters Chełm | 2:26.16 | 165 | 1:09.06 | 1:17.10 |

Kategoria G

| | | | | | | | | |
|--------|--|----------------------|----|------------------------|----------------|-----|---------|---------|
| 1. | | D browska Zofia | 58 | SiKReT Masters Gliwice | 1:50.78 | 431 | 51.77 | 59.01 |
| 2. | | Kania Hanka | 54 | Gdynia Masters | 1:52.87 | 407 | 51.99 | 1:00.88 |
| 3. | | Benova Dana | 56 | Spolchemie Usti n/L | 2:16.81 | 228 | 1:04.47 | 1:12.34 |
| DYSKW. | | Kerner Mateusiak Ewa | 54 | Victory Masters Elbl g | | | | |

K15 - Brak dotkni cia ciany obydwoma rozl czonymi dlo mi przy nawrocie lub na zako czenie wy cigu

Kategoria H

| | | | | | | | | |
|----|--|-----------------|----|-----------------------|----------------|-----|---------|---------|
| 1. | | Krupi ska Anna | 53 | Aquatic Gubin | 1:52.72 | 450 | 53.53 | 59.19 |
| 2. | | Ko min Anna | 51 | Masters Korona Kraków | 1:58.59 | 387 | 55.25 | 1:03.34 |
| 3. | | Heisler Gra yna | 51 | Gdynia Masters | 2:09.29 | 298 | 59.39 | 1:09.90 |
| 4. | | Gdula Teodozja | 51 | Delfin Gliwice | 2:19.20 | 239 | 1:06.49 | 1:12.71 |

Kategoria I

| | | | | | | | | |
|----|--|------------------|----|----------------|----------------|-----|-------|-------|
| 1. | | Buczkowska Maria | 46 | Weteran Zabrze | 1:50.23 | 565 | 54.03 | 56.20 |
|----|--|------------------|----|----------------|----------------|-----|-------|-------|

Kategoria J

| | | | | | | | | |
|----|--|----------------------|----|----------------------|----------------|-----|---------|---------|
| 1. | | Fecica Krystyna | 43 | Weteran Zabrze | 1:52.50 | 643 | 54.38 | 58.12 |
| 2. | | Macierzewska Ewa | 39 | Wisła Masters Kraków | 2:59.21 | 159 | 1:23.73 | 1:35.48 |
| 3. | | Wieczorkiewicz Alina | 40 | Warsaw Masters Team | 3:23.49 | 108 | 1:37.97 | 1:45.52 |

Kategoria K

| | | | | | | | | |
|----|--|------------------|----|--------------------|----------------|-----|---------|---------|
| 1. | | Noetzel Stefania | 35 | MKP Szczecin | 2:16.40 | 553 | 1:05.00 | 1:11.40 |
| 2. | | Shcherbich Luiza | 38 | Pregel Kaliningrad | 2:43.91 | 318 | 1:12.58 | 1:31.33 |

Kategoria M

| | | | | | | | | |
|----|--|--------------------|----|-------------------|----------------|-----|---------|---------|
| 1. | | Wilczy ska Wacława | 28 | Astoria Bydgoszcz | 4:09.73 | 241 | 1:57.53 | 2:12.20 |
|----|--|--------------------|----|-------------------|----------------|-----|---------|---------|

Konkurencja 21
16/11/2013 - 16:38

M czyzn, 100m klasyczny

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | | |
|-------------|---------|---------------------|------|-----------------------|----------------|------|-------|-------|
| Kategoria O | | | | | | | | |
| 1. | | Czermak Tomasz | 91 | AZS AWF Katowice | 1:08.16 | 744 | 31.81 | 36.35 |
| 2. | | Krawczyk Sebastian | 89 | Nawa Skierniewice | 1:08.75 | 725 | 31.31 | 37.44 |
| 3. | | Suchodolski Patryk | 93 | Zawodnik niezrzeszony | 1:08.92 | 719 | 32.79 | 36.13 |
| 4. | | Waliszewski Daniel | 91 | Zawodnik niezrzeszony | 1:09.03 | 716 | 32.93 | 36.10 |
| 5. | | Olszewski Krzysztof | 89 | SGGW Warszawa | 1:14.43 | 571 | 35.25 | 39.18 |
| 6. | | Perkowski Rafał | 93 | MOS Białystok | 1:20.10 | 458 | 36.45 | 43.65 |
| 7. | | Kister Piotr | 89 | Zawodnik niezrzeszony | 1:20.85 | 445 | 38.90 | 41.95 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 21, M czynn, 100m klasyczny

Kategoria A

| | | | | | | | |
|--------|-------------------|----|---------------------|----------------|-----|-------|-------|
| 1. | Safro czyk Piotr | 88 | Warsaw Masters Team | 1:03.99 | 910 | 29.66 | 34.33 |
| 2. | Dudek Mateusz | 88 | Aquapark Wrocław | 1:09.41 | 713 | 32.69 | 36.72 |
| 3. | Janovsky Jiri | 88 | Straz pod Ralskiem | 1:10.35 | 685 | 32.77 | 37.58 |
| 4. | Stasiaczek Michał | 84 | Aquapark Wrocław | 1:14.77 | 570 | 34.99 | 39.78 |
| 5. | Cimicki Tomasz | 84 | Aquapark Wrocław | 1:14.99 | 565 | 34.88 | 40.11 |
| 6. | Makomaski Tomasz | 86 | Warsaw Masters Team | 1:17.23 | 518 | 36.00 | 41.23 |
| 7. | St pie Radosław | 84 | JW 2399 wi tos ów | 1:31.70 | 309 | 40.83 | 50.87 |
| DYSKW. | Kozak Stanisław | 86 | Warsaw Masters Team | | | | |

K16 - Niejednoczesne dotkni cie ciany dło mi przy nawrocie lub na zako czenie wy cigu

Kategoria B

| | | | | | | | |
|-----|----------------------|----|----------------------------|----------------|-----|-------|---------|
| 1. | Splawi ski Michał | 81 | Wodnik 29 Katowice | 1:07.48 | 751 | 31.88 | 35.60 |
| 2. | Ptak Łukasz | 83 | Redeco Wrocław | 1:07.99 | 734 | 32.23 | 35.76 |
| 3. | Kozikowski Michał | 80 | AZS UWM Masters Olsztyn | 1:13.35 | 584 | 33.72 | 39.63 |
| 4. | Pi tkowski Jakub | 83 | Redeco Wrocław | 1:15.40 | 538 | 34.57 | 40.83 |
| 5. | Trudnos Rafał | 80 | Pi tka Konstantynów Ł. | 1:16.95 | 506 | 35.50 | 41.45 |
| 6. | Rydlewski Przemysław | 79 | KP Koziegłowy | 1:21.11 | 432 | 38.34 | 42.77 |
| 7. | Gada Andrzej | 81 | Akademia Ruchu AG Warszawa | 1:21.27 | 429 | 38.66 | 42.61 |
| 8. | Janowski Mariusz | 80 | JW 2399 wi tos ów | 1:25.03 | 375 | 39.68 | 45.35 |
| 9. | Karczmarczyk Jakub | 80 | Pi tka Konstantynów Ł. | 1:26.25 | 359 | 40.14 | 46.11 |
| 10. | Gryczy ski Jakub | 80 | Pi tka Konstantynów Ł. | 1:27.93 | 339 | 41.09 | 46.84 |
| 11. | Sidorowicz Jakub | 83 | Pi tka Konstantynów Ł. | 1:36.79 | 254 | 44.02 | 52.77 |
| 12. | Biskup Dariusz | 80 | Masters Chełm | 1:59.92 | 133 | 56.01 | 1:03.91 |

Kategoria C

| | | | | | | | |
|-----|----------------------|----|-----------------------------|----------------|-----|-------|---------|
| 1. | Skrok Michał | 76 | Motyl Senior MOSiR St. Wola | 1:12.04 | 701 | 34.54 | 37.50 |
| 2. | Opali ski Paweł | 74 | Motyl Senior MOSiR St. Wola | 1:13.77 | 653 | 34.75 | 39.02 |
| 3. | Melnyk Dmytro | 74 | Masters SC Euro Lviv | 1:14.56 | 633 | 34.28 | 40.28 |
| 4. | Shavrov Oleksandr | 76 | Masters SC Euro Lviv | 1:15.71 | 604 | 35.39 | 40.32 |
| 5. | Zadoro ny Bartłomiej | 78 | Olimpia Pozna | 1:18.60 | 540 | 37.05 | 41.55 |
| 6. | Bartłomiej Pawłowski | 75 | Polna Warszawa | 1:19.66 | 519 | 36.59 | 43.07 |
| 7. | Pawłowski Krzysztof | 77 | Motyl Senior MOSiR St. Wola | 1:21.46 | 485 | 39.05 | 42.41 |
| 8. | Cie li ski Paweł | 76 | Motyl Senior MOSiR St. Wola | 1:22.42 | 468 | 38.86 | 43.56 |
| 9. | Szklarz Artur | 75 | Delfin Masters Tarnobrzeg | 1:23.05 | 458 | 39.08 | 43.97 |
| 10. | Pałysa Marek | 74 | Zawodnik niezrzeszony | 1:23.50 | 450 | 38.47 | 45.03 |
| 11. | Bogucki Oscar | 74 | JW 2399 wi tos ów | 1:24.23 | 439 | 38.71 | 45.52 |
| 12. | Wołosz Przemysław | 78 | Warsaw Masters Team | 1:28.25 | 381 | 42.60 | 45.65 |
| 13. | Juchno Rafał | 76 | IKS Konstancin | 1:28.96 | 372 | 41.37 | 47.59 |
| 14. | Porszke Andrzej | 74 | Wodnik 29 Katowice | 1:32.32 | 333 | 43.32 | 49.00 |
| 15. | Bebelski Rafał | 77 | Warsaw Masters Team | 1:35.63 | 300 | 43.90 | 51.73 |
| 16. | Klepacki Piotr | 74 | Wodnik 29 Katowice | 1:49.44 | 200 | 53.87 | 55.57 |
| 17. | Siwonia Marcin | 77 | Akademia Ruchu AG Warszawa | 2:06.27 | 130 | 57.00 | 1:09.27 |

Kategoria D

| | | | | | | | |
|----|--------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. | Berwecki Arkadiusz | 73 | Motyl Senior MOSiR St. Wola | 1:10.68 | 800 | 33.68 | 37.00 |
| 2. | Petrov Sergey | 73 | Poseidon Moscow | 1:14.31 | 688 | 34.86 | 39.45 |
| 3. | Wilczy ski Marcin | 71 | ORS Opole | 1:14.49 | 683 | 35.09 | 39.40 |
| 4. | Horil Juraj | 72 | SPK Kupele Piestany | 1:23.17 | 491 | 38.28 | 44.89 |
| 5. | Jaro Tomasz | 71 | Zawodnik niezrzeszony | 1:29.02 | 400 | 40.82 | 48.20 |
| 6. | urczak Tomasz | 69 | Orka Masters Radlin | 1:32.31 | 359 | 43.76 | 48.55 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 21, M czynn, 100m klasyczny

Kategoria E

| | | | | | | | |
|-----|----------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. | Barski Piotr | 65 | Sinnet Warszawa | 1:13.05 | 779 | 34.56 | 38.49 |
| 2. | Ko mider Jan | 66 | Victoria Józefów | 1:18.12 | 637 | 36.48 | 41.64 |
| 3. | Kominiak Robert | 64 | Masters Korona Kraków | 1:18.25 | 633 | 37.09 | 41.16 |
| 4. | Cybertowicz Sławomir | 66 | Olimpia Pozna | 1:18.71 | 622 | 37.24 | 41.47 |
| 5. | Ezhkov Vadim | 65 | Pregel Kaliningrad | 1:20.61 | 579 | 37.80 | 42.81 |
| 6. | Lewandowski Andrzej | 68 | Warsaw Masters Team | 1:23.23 | 526 | 38.62 | 44.61 |
| 7. | ebracki Bogdan | 66 | Masters Krosno | 1:23.93 | 513 | 39.09 | 44.84 |
| 8. | Yaskevych Ihor | 66 | Masters SC Euro Lviv | 1:25.79 | 481 | 40.61 | 45.18 |
| 9. | Pogorzelski Marek | 66 | Zawodnik niezrzeszony | 1:30.37 | 411 | 44.14 | 46.23 |
| 10. | Chołda Krzysztof | 64 | Masters Korona Kraków | 1:30.39 | 411 | 42.44 | 47.95 |
| 11. | Rudzi ski Michał | 66 | Warsaw Masters Team | 1:35.06 | 353 | 43.97 | 51.09 |
| 12. | Kaczmarczyk Wojciech | 68 | Masters Korona Kraków | 1:53.40 | 208 | 53.44 | 59.96 |

Kategoria F

| | | | | | | | |
|----|---------------------------|----|-------------------------|----------------|-----|-------|---------|
| 1. | Juodeska Arlandas Antanas | 61 | SMC Takas Kaunas | 1:21.06 | 631 | 37.83 | 43.23 |
| 2. | Mrozi ski Jerzy | 59 | Wodnik 29 Katowice | 1:22.33 | 602 | 39.03 | 43.30 |
| 3. | Waraczewski Przemysław | 62 | Warta Pozna | 1:24.74 | 552 | 39.68 | 45.06 |
| 4. | Mydłowski Mietek | 62 | SiKReT Masters Gliwice | 1:25.95 | 529 | 41.00 | 44.95 |
| 5. | Hertsyk Andrii | 63 | Masters SC Euro Lviv | 1:29.76 | 465 | 42.06 | 47.70 |
| 6. | Lopin Grigoriy | 63 | Pregel Kaliningrad | 1:31.82 | 434 | 41.37 | 50.45 |
| 7. | Obiedzi ski Tadeusz | 59 | Zgiersko-Ł czyckie WOPR | 1:34.35 | 400 | 43.09 | 51.26 |
| 8. | Derkowski Krzysztof | 61 | Delfin Inowrocław | 1:34.36 | 400 | 44.34 | 50.02 |
| 9. | Liber Zbigniew | 63 | Warta Pozna | 2:06.04 | 168 | 58.92 | 1:07.12 |

Kategoria G

| | | | | | | | |
|-----|-----------------------|----|-------------------------|----------------|-----|-------|-------|
| 1. | Shelest Mykhailo | 54 | Masters SC Euro Lviv | 1:26.09 | 495 | 38.40 | 47.69 |
| 2. | Piechula Adolf | 57 | AZS PWSZ Racibórz | 1:26.11 | 495 | 39.33 | 46.78 |
| 3. | W sik Bogdan | 55 | Zgiersko-Ł czyckie WOPR | 1:27.10 | 478 | 41.03 | 46.07 |
| 4. | Mansil Peter | 56 | PVK Bratislava | 1:27.36 | 474 | 40.72 | 46.64 |
| 5. | Kujawa Maciej | 54 | Toru czyk Masters Toru | 1:27.41 | 473 | 41.13 | 46.28 |
| 6. | Krasnod bski Zbigniew | 56 | Masters Opole | 1:30.44 | 427 | 42.54 | 47.90 |
| 7. | Terwinskiy Alexander | 58 | Pregel Kaliningrad | 1:31.35 | 414 | 43.51 | 47.84 |
| 8. | Moravec Peter | 55 | PVK Bratislava | 1:33.77 | 383 | 43.53 | 50.24 |
| 9. | Rusowicz Waldemar | 55 | Masters Kra nik | 1:40.68 | 309 | 47.31 | 53.37 |
| 10. | Michalczyk Jerzy | 56 | Masters Kra nik | 1:44.88 | 274 | 49.40 | 55.48 |
| 11. | Czupryn Wojciech | 58 | Warsaw Masters Team | 1:45.40 | 270 | 48.87 | 56.53 |
| 12. | Wepa Wiesław | 56 | Masters Chełm | 1:46.05 | 265 | 49.89 | 56.16 |

Kategoria H

| | | | | | | | |
|-----|----------------------|----|------------------------|----------------|-----|-------|-------|
| 1. | Nowak Michał | 52 | Ursynów Masters | 1:21.19 | 891 | 37.79 | 43.40 |
| 2. | Bryniak Jan | 53 | Masters Opole | 1:30.91 | 635 | 43.09 | 47.82 |
| 3. | Jacaszek Andrzej | 53 | Flota Masters Gdynia | 1:32.02 | 612 | 43.63 | 48.39 |
| 4. | Grzeszewski Sławomir | 53 | Zawodnik niezrzeszony | 1:32.22 | 608 | 43.14 | 49.08 |
| 5. | Wysocki Jarosław | 53 | Toru czyk Masters Toru | 1:35.41 | 549 | 45.96 | 49.45 |
| 6. | Michałkowski Andrzej | 51 | TKKF Koszalin | 1:38.87 | 493 | 46.13 | 52.74 |
| 7. | Wasiuk Janusz | 53 | Masters Kra nik | 1:39.43 | 485 | 45.59 | 53.84 |
| 8. | Mikołajczyk Czesław | 50 | Gdynia Masters | 1:39.99 | 477 | 46.61 | 53.38 |
| 9. | Szufarski Andrzej | 52 | Toru czyk Masters Toru | 1:44.46 | 418 | 48.25 | 56.21 |
| 10. | Irczyk Leon | 51 | Orka Masters Radlin | 1:44.59 | 417 | 49.71 | 54.88 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 21, M czynn, 100m klasyczny

Kategoria I

| | | | | | | |
|-------------------------|----|-------------------------------|----------------|-----|---------|---------|
| 1. Wiczel Roman | 48 | Zgiersko-Ł czyckie WOPR | 1:29.42 | 700 | 42.28 | 47.14 |
| 2. Kharchenko Alexander | 47 | Nevskie Zvezdy St. Petersburg | 1:30.40 | 677 | 42.51 | 47.89 |
| 3. Morshin Alexander | 45 | MKMP Moscow | 1:34.00 | 602 | 44.14 | 49.86 |
| 4. Woch Janusz | 46 | Olimpia Pozna | 1:43.73 | 448 | 48.55 | 55.18 |
| 5. Jawor Bogdan | 47 | Masters Polkowice | 2:03.08 | 268 | 57.66 | 1:05.42 |
| 6. Marciniuszko Jerzy | 44 | Delfin Gliwice | 2:24.66 | 165 | 1:07.69 | 1:16.97 |

Kategoria J

| | | | | | | |
|-------------------------|----|-----------------------|----------------|-----|-------|---------|
| 1. Buczkowski Władysław | 42 | Weteran Zabrze | 1:34.84 | 687 | 43.31 | 51.53 |
| 2. Fecica Daniel | 40 | Weteran Zabrze | 1:35.01 | 683 | 45.20 | 49.81 |
| 3. Skwarło Andrzej | 39 | Gdynia Masters | 1:43.03 | 536 | 47.58 | 55.45 |
| 4. Golik Janusz | 41 | Masters Chełm | 1:45.98 | 492 | 48.95 | 57.03 |
| 5. Filipek Stanisław | 40 | Zawodnik niezrzeszony | 2:03.82 | 308 | 56.38 | 1:07.44 |

Kategoria K

| | | | | | | |
|------------------------------|----|--------------------|----------------|-----|---------|---------|
| 1. Ciundziewicki Bogdan | 34 | Gdynia Masters | 1:50.99 | 477 | 52.36 | 58.63 |
| 2. Aleksandrowicz Aleksander | 37 | Wodnik 29 Katowice | 2:13.92 | 271 | 1:02.99 | 1:10.93 |

Kategoria L

| | | | | | | |
|-------------------------|----|-----------------------|----------------|-----|---------|---------|
| 1. Prz do Lucjan | 30 | Polonia Warszawa | 1:53.22 | 627 | 54.28 | 58.94 |
| 2. Shcheglov Kostyantyn | 33 | Zhytomyr Aqua Masters | 2:12.21 | 393 | 1:02.49 | 1:09.72 |
| 3. Pichurski Bronisław | 33 | Masters Opole | 4:31.31 | 45 | 2:01.72 | 2:29.59 |

Konkurencja 22
16/11/2013 - 17:16

Kobiet, 50m motylkowy

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

Pozycja Rok ur. Czas Pkt.

Kategoria 0

| | | | | |
|--------------------------|----|--------------------------------|--------------|-----|
| 1. Jasi ska Joanna | 93 | KU AZS UJ Kraków | 31.08 | 781 |
| 2. Nowak Alicja | 93 | Swimming Masters Team Szczecin | 32.01 | 715 |
| 3. Kieszek Joanna | 91 | Masters Korona Kraków | 32.28 | 697 |
| 4. Urbaniak Patrycja | 91 | Delfin Masters Tarnobrzeg | 33.57 | 620 |
| 5. Wawrzy czak Karolina | 90 | AZS Uniw. Wrocławski | 33.98 | 598 |
| 6. Pietrzak Sandra | 89 | Wodnik 29 Katowice | 34.80 | 556 |
| 7. Nawrocka Manuela | 90 | SGGW Warszawa | 34.94 | 550 |
| 8. Jaworska Monika | 90 | Masters Korona Kraków | 35.77 | 512 |
| 9. Michałowska Katarzyna | 91 | Zawodnik niezrzeszony | 38.44 | 413 |

Kategoria A

| | | | | |
|------------------------|----|-------------------------|--------------|-----|
| 1. Bolewska Magdalena | 84 | Toru czyk Masters Toru | 32.18 | 737 |
| 2. Piekut Anna | 88 | AZS UWM Masters Olsztyn | 33.78 | 637 |
| 3. Figura Agnieszka | 85 | Zawodnik niezrzeszony | 34.20 | 614 |
| 4. Gajdus Marianna | 86 | Warsaw Masters Team | 35.07 | 569 |
| 5. Rompała Karolina | 85 | Tarnowskie WOPR Masters | 35.85 | 533 |
| 6. Jamrozik Justyna | 88 | Masters Korona Kraków | 36.39 | 509 |
| 7. Koba Katarzyna | 86 | Zawodnik niezrzeszony | 37.89 | 451 |
| 8. Chomicz Joanna | 88 | KP Kozięgłowy | 38.33 | 436 |
| 9. Kotusi ska Anna | 86 | Zawodnik niezrzeszony | 40.70 | 364 |
| 10. Stanisławska Anna | 87 | Warsaw Masters Team | 41.01 | 356 |
| 11. Bubienko Katarzyna | 84 | Zawodnik niezrzeszony | 41.45 | 344 |
| 12. Maduzia Aneta | 84 | KP Kozięgłowy | 43.54 | 297 |



Konkurencja 22, Kobiety, 50m motylkowy, Kategoria A

| Pozycja | Rok ur. | Czas | Pkt. |
|--------------------------|---------|---------------------|------------------|
| 13. Tkacz Barbara | 86 | Warsaw Masters Team | 47.75 225 |
| DYSKW. Mancewicz Barbara | 86 | Warsaw Masters Team | |

M8 - Przenoszenie ramion do przodu pod powierzchnię wody podczas ostatniego cyklu pracy ramion przed nawrotem

Kategoria B

| | | | |
|---------------------------|----|----------------------------|------------------|
| 1. Goł biowska Joanna | 82 | Warsaw Masters Team | 29.59 947 |
| 2. Bystrzycka Agnieszka | 81 | Redeco Wrocław | 30.30 882 |
| 3. Duda Anna | 81 | Wodnik 29 Katowice | 32.21 734 |
| 4. Opitz Agnieszka | 82 | Tarnowskie WOPR Masters | 33.84 633 |
| 5. Kucharska Jowita | 80 | AZS UWM Masters Olsztyn | 34.99 572 |
| 6. Przybysz Aleksandra | 82 | AZS UWM Masters Olsztyn | 40.09 380 |
| 7. Mazurkiewicz Agnieszka | 82 | Warsaw Masters Team | 40.57 367 |
| 8. Chmielewska Izabela | 81 | Akademia Ruchu AG Warszawa | 50.04 195 |
| 9. Kasprzykowska Anna | 81 | Masters Korona Kraków | 54.61 150 |

Kategoria C

| | | | |
|----------------------------|----|---------------------------|------------------|
| 1. Jarecka-Skorykow Monika | 74 | Warsaw Masters Team | 35.00 600 |
| 2. Sirenko Romana | 76 | Masters SC Euro Lviv | 35.35 582 |
| 3. Rozmus Angelika | 78 | Delfin Masters Tarnobrzeg | 36.94 510 |
| 4. Meksuła Agata | 77 | Delfin Masters Tarnobrzeg | 37.54 486 |
| 5. Fira El bieta | 75 | Wodnik 29 Katowice | 39.72 410 |

Kategoria D

| | | | |
|-------------------------------|----|-------------------------|------------------|
| 1. Szlagor Ewa | 71 | Igan Mława | 30.73 918 |
| 2. cibiorek Małgorzata | 71 | Zgiersko-Ł czyckie WOPR | 31.31 868 |
| 3. Fr czek Izabela | 70 | Masters Korona Kraków | 34.40 654 |
| 4. Janeczko Anna | 72 | Masters Korona Kraków | 37.14 520 |
| 5. Obł kowska-Mucha Agnieszka | 71 | Zawodnik niezrzeszony | 43.31 328 |
| 6. Afanasjewa Seweryna | 72 | Zawodnik niezrzeszony | 57.70 138 |
| 7. Piechura Małgorzata | 73 | Niezrzeszeni.pl | 58.47 133 |

Kategoria E

| | | | |
|---------------------|----|-----------------------|------------------|
| 1. Puchalska Joanna | 64 | Sopot Masters | 33.65 710 |
| 2. Frank Marta | 68 | Weteran Zabrze | 34.46 661 |
| 3. Wysocka Klaudia | 66 | Masters Korona Kraków | 35.74 592 |

Kategoria F

| | | | |
|---------------------------|----|-------------------------|------------------|
| 1. Mróz Urszula | 62 | Zgiersko-Ł czyckie WOPR | 35.85 656 |
| 2. St pie Ewa | 62 | Zgiersko-Ł czyckie WOPR | 37.29 582 |
| 3. Maciejowska Anna | 60 | Sopot Masters | 39.76 480 |
| 4. Macierzewska Agnieszka | 60 | Masters Korona Kraków | 40.05 470 |
| 5. Mazurek Katarzyna | 59 | Gdynia Masters | 41.45 424 |
| 6. Hertsyk Nataliya | 63 | Masters SC Euro Lviv | 42.20 402 |
| 7. Stefanek Jolanta | 60 | Wodnik 29 Katowice | 50.43 235 |

Kategoria G

| | | | |
|------------------------|----|-----------------------|------------------|
| 1. Aleskchenko Natalia | 57 | Pregel Kaliningrad | 37.60 748 |
| 2. Gorecka Jadwiga | 58 | Masters Korona Kraków | 41.25 566 |
| 3. Legutko Mirosława | 57 | Masters Korona Kraków | 41.93 539 |



Mistrzostwa Polski w Pływaniu Masters
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Konkurencja 22, Kobiet, 50m motylkowy

Kategoria H

| | | | | |
|---------------------|----|----------------|--------------|-----|
| 1. Kiszczak Grażyna | 50 | Weteran Zabrze | 40.77 | 688 |
| 2. Łutowicz Maria | 50 | Olimpia Poznań | 49.60 | 382 |

Kategoria I

| | | | | |
|--------------------|----|-----------------------|----------------|-----|
| 1. Bosowska Janina | 47 | Weteran Zabrze | 56.11 | 285 |
| 2. Mleczko Maria | 46 | Masters Korona Kraków | 1:14.35 | 122 |

Kategoria J

| | | | | |
|------------------|----|----------------|--------------|-----|
| 1. Bastek Renata | 43 | Weteran Zabrze | 45.29 | 639 |
|------------------|----|----------------|--------------|-----|

Konkurencja 23
16/11/2013 - 17:30

Mężczyźni, 50m motylkowy

20 - 94 lat
Wyniki

Punktowy: DSV Masters 13

Pozycja Rok ur. Czas Pkt.

Kategoria 0

| | | | | |
|----------------------|----|-----------------------|--------------|-----|
| 1. Jabłoński Marcin | 90 | Zawodnik niezrzeszony | 25.57 | 933 |
| 2. Choiński Michał | 90 | G-8 Bielany Warszawa | 25.73 | 916 |
| 3. Rzeczkowski Piotr | 90 | Aquapark Wrocław | 26.37 | 851 |
| 4. Smiesko Łukasz | 89 | Zawodnik niezrzeszony | 26.47 | 841 |
| 5. Rbas Igor | 89 | Zawodnik niezrzeszony | 26.89 | 802 |
| 6. Micorek Krzysztof | 93 | Legia Warszawa | 27.37 | 761 |
| 7. Kapro Kacper | 93 | AZS WSB Dąbrowa Grn. | 28.80 | 653 |
| 8. Bigdowski Hubert | 92 | Zawodnik niezrzeszony | 30.67 | 540 |
| 9. Kister Piotr | 89 | Zawodnik niezrzeszony | 31.24 | 511 |

Kategoria A

| | | | | |
|------------------------|----|--------------------------------|--------------|-----|
| 1. Szczypliński Marcin | 86 | Wodnik 29 Katowice | 25.94 | 762 |
| 2. Górka Marcin | 88 | Zawodnik niezrzeszony | 26.56 | 710 |
| 3. Miłek Mateusz | 87 | Sport and Body Kraków | 26.82 | 690 |
| 4. Ziemiński Bartosz | 86 | AZS UAM Poznań | 26.93 | 681 |
| 5. Kownacki Maciej | 85 | Redeco Wrocław | 27.98 | 607 |
| 6. Matoriński Andrzej | 86 | Zawodnik niezrzeszony | 29.51 | 518 |
| 7. Kozak Stanisław | 86 | Warsaw Masters Team | 30.13 | 486 |
| 8. Jurek Jacek | 85 | Masters Korona Kraków | 31.47 | 427 |
| 9. Makomaski Tomasz | 86 | Warsaw Masters Team | 31.55 | 423 |
| 10. Czupryn Jacek | 88 | Warsaw Masters Team | 33.94 | 340 |
| 11. Wirszuła Radosław | 86 | Delfinek Legnica | 37.34 | 255 |
| 12. Roenig Jan | 86 | Swimming Masters Team Szczecin | 46.29 | 134 |
| DYSKW. Kowalczyk Rafał | 84 | Akademia Ruchu AG Warszawa | | |

M9 - Naprzemienna lub nierównoczesna praca nóg

Kategoria B

| | | | | |
|-----------------------|----|--------------------------------|--------------|-----|
| 1. Waszkewicz Andrzej | 83 | Just Swim J. Góra | 25.42 | 728 |
| 2. Kacer Maciej | 83 | Tarnowskie WOPR Masters | 25.98 | 682 |
| 3. Orbidans Jaroslavs | 81 | Jelgava SPS | 26.22 | 663 |
| 4. Spławski Michał | 81 | Wodnik 29 Katowice | 26.42 | 648 |
| 5. Kotus Tomasz | 81 | Piłka Konstantynów Ł. | 28.56 | 513 |
| 6. Stanoch Jakub | 83 | Warta Poznań | 28.58 | 512 |
| 7. Urban Wojciech | 82 | Redeco Wrocław | 28.84 | 498 |
| 8. Brodacki Maciej | 83 | Swimming Masters Team Szczecin | 29.25 | 478 |



Konkurencja 23, M czynn, 50m motylkowy, Kategoria B

| Pozycja | Rok ur. | | Czas | Pkt. | |
|---------|-----------------------|----|---------------------------|--------------|-----|
| 9. | Olejarczyk Igor | 79 | Pi tka Konstantynów Ł. | 29.66 | 458 |
| 10. | Pi tkowski Jakub | 83 | Redeco Wrocław | 29.80 | 452 |
| 11. | Jerszy ski Damian | 83 | KP Kozięgłowy | 30.17 | 435 |
| 12. | Marek Przemek | 79 | Redeco Wrocław | 30.40 | 425 |
| | Opałka Karol | 80 | Zawodnik niezrzeszony | 30.40 | 425 |
| 14. | Pietrowski Witold | 80 | Pi tka Konstantynów Ł. | 30.71 | 413 |
| 15. | Ilcyszyn Krzysztof | 83 | UKS 307 Warszawa | 30.96 | 403 |
| 16. | Jurek Radosław | 83 | Tarnowskie WOPR Masters | 31.19 | 394 |
| 17. | Zdzieszy ski Wojciech | 80 | Pi tka Konstantynów Ł. | 31.98 | 365 |
| 18. | Arentewicz Grzegorz | 81 | Toru czyk Masters Toru | 32.39 | 352 |
| 19. | Bro yna Andrzej | 79 | Delfin Masters Tarnobrzeg | 33.13 | 328 |
| 20. | Kału y ski Wojciech | 80 | Warsaw Masters Team | 37.50 | 226 |

Kategoria C

| | | | | | |
|-----|-----------------------|----|---------------------------|--------------|-----|
| 1. | Goł biowski Remigiusz | 76 | Swimmers Warszawa | 28.01 | 768 |
| 2. | Gregorowicz Paweł | 74 | AZS UWM Masters Olsztyn | 28.53 | 727 |
| 3. | Kryukov Volodymyr | 74 | Zhytomyr Aqua Masters | 28.63 | 719 |
| 4. | Suchecky Piotr | 77 | AZS UWM Masters Olsztyn | 28.92 | 698 |
| 5. | Kielar Jakub | 74 | TKKF Koszalin | 29.43 | 662 |
| 6. | Szyma ski Sebastian | 74 | Start Wrocław | 29.51 | 657 |
| 7. | Szulc Jakub | 76 | Warsaw Masters Team | 29.84 | 635 |
| 8. | uber Marek | 75 | Zawodnik niezrzeszony | 29.99 | 626 |
| 9. | Olkowicz Arkadiusz | 76 | Pi tka Konstantynów Ł. | 30.04 | 623 |
| 10. | l czka Krzysztof | 74 | Delfin Masters Tarnobrzeg | 30.44 | 599 |
| 11. | Ziółkowski Damian | 78 | UKS 307 Warszawa | 30.52 | 594 |
| 12. | Rutkowski Artur | 74 | Masters Gorzów Wlkp. | 31.18 | 557 |
| 13. | Wierzbik Bernard | 75 | Pływak Tomaszów Maz. | 33.55 | 447 |
| 14. | Bazanowski Mariusz | 75 | Redeco Wrocław | 33.84 | 436 |
| 15. | Pintara Kornel | 78 | Pi tka Konstantynów Ł. | 34.20 | 422 |
| 16. | Wołosz Przemysław | 78 | Warsaw Masters Team | 34.72 | 403 |
| 17. | W growski Michał | 76 | Zawodnik niezrzeszony | 34.75 | 402 |
| 18. | Koza Maciej | 74 | Masters Krosno | 40.04 | 263 |

Kategoria D

| | | | | | |
|-----|---------------------|----|-----------------------------|--------------|-----|
| 1. | Syrbu Oleksandr | 72 | Masters SC Euro Lviv | 27.12 | 795 |
| 2. | Berwecki Arkadiusz | 73 | Motyl Senior MOSiR St. Wola | 27.16 | 792 |
| 3. | Skorykow Andrzej | 69 | Warsaw Masters Team | 27.76 | 741 |
| 4. | Stuchlik Tadeusz | 69 | Weteran Zabrze | 28.64 | 675 |
| 5. | Kaliszyk Mariusz | 70 | Masters Korona Kraków | 28.87 | 659 |
| 6. | Ma czak Jakub | 71 | Delfin Gdynia | 28.93 | 655 |
| 7. | Baranik Mariusz | 69 | CM UJ Masters Kraków | 29.42 | 623 |
| 8. | Petrov Sergey | 73 | Poseidon Moscow | 29.55 | 615 |
| 9. | D bski Wiktor | 69 | Sport Figielski Warszawa | 29.82 | 598 |
| 10. | Krulikowski Robert | 73 | Masters Unia O wi cim | 31.03 | 531 |
| 11. | Wojciechowicz Marek | 70 | Masters Gorzów Wlkp. | 31.18 | 523 |
| 12. | Kunicki Maciej | 72 | Weteran Zabrze | 31.22 | 521 |
| 13. | Łopaci ski Artur | 72 | Masters Gorzów Wlkp. | 31.85 | 491 |
| 14. | Monczak Grzegorz | 73 | One Man Team Pozna | 31.95 | 486 |
| 15. | Rybarczyk Michał | 70 | Ursynów Masters | 32.35 | 468 |
| 16. | Grzelak Maciej | 70 | Legia Warszawa | 32.73 | 452 |
| 17. | Stefa ski Krzysztof | 73 | TKKF Koszalin | 33.48 | 422 |
| 18. | Szwajkowski Albert | 71 | Delfin Masters Tarnobrzeg | 33.74 | 413 |
| 19. | Fajdasz Andrzej | 73 | Zawodnik niezrzeszony | 34.71 | 379 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 23, M czynn, 50m motylkowy, Kategoria D

| Pozycja | Rok ur. | Czas | Pkt. |
|------------------------|----------------------------|--------------|------|
| 20. Horil Juraj | 72 SPK Kupele Piestany | 35.58 | 352 |
| 21. Szurek Sławomir | 71 Orka Masters Radlin | 35.64 | 350 |
| 22. Mówi ski Grzegorz | 69 AZS UWM Masters Olsztyn | 36.60 | 323 |
| 23. Kuryło Artur | 70 Masters Krosno | 37.30 | 305 |
| DYSKW. Sykora Jaroslav | 71 PVK Bratislava | | |

O4 - Start wykonany przed sygnałem (przedwczesny start)

Kategoria E

| | | | |
|----------------------|--------------------------------|--------------|-----|
| 1. Rother Marek | 68 Weteran Zabrze | 28.95 | 761 |
| 2. Przybylski Adam | 67 Motyl Senior MOSiR St. Wola | 31.39 | 597 |
| 3. Kominiak Robert | 64 Masters Korona Kraków | 31.53 | 589 |
| 4. Ezhkov Vadim | 65 Pregel Kaliningrad | 32.30 | 548 |
| 5. Pogorzelski Marek | 66 Zawodnik niezrzeszony | 37.18 | 359 |
| 6. Rudzi ski Michał | 66 Warsaw Masters Team | 42.41 | 242 |
| 7. Majsiak Ryszard | 65 Masters Krosno | 43.25 | 228 |

Kategoria F

| | | | |
|--------------------------|----------------------------------|--------------|-----|
| 1. Januskiewicz Zbigniew | 62 Masters Opole | 29.75 | 794 |
| 2. miejko Wojciech | 63 Zawodnik niezrzeszony | 29.98 | 776 |
| 3. Piszczek Waldemar | 62 Masters Korona Kraków | 30.85 | 712 |
| 4. Lukonenko Igor | 63 Nevskie Zvezdy St. Petersburg | 31.12 | 693 |
| 5. Zhykh Serhiy | 62 Masters SC Euro Lviv | 31.78 | 651 |
| 6. Szymik Piotr | 60 Wodnik Siemianowice I. | 35.35 | 473 |
| 7. Derkowski Krzysztof | 61 Delfin Inowrocław | 36.81 | 419 |
| 8. Maciejczak Andrzej | 60 Tarnowskie WOPR Masters | 43.60 | 252 |
| 9. Sutowski Robert | 59 Warsaw Masters Team | 47.39 | 196 |
| DYSKW. Cis Andrzej | 60 Masters Kra nik | | |

O4 - Start wykonany przed sygnałem (przedwczesny start)

Kategoria G

| | | | |
|----------------------|----------------------------|--------------|-----|
| 1. Gorbaczow Dariusz | 58 Sopot Masters | 30.40 | 825 |
| 2. Gabiec Mariusz | 58 AZS UWM Masters Olsztyn | 30.45 | 821 |
| 3. Valtr Vaclav | 56 Spolchemie Usti n/L | 31.54 | 739 |
| 4. Wilczek Jan | 58 Wodnik 29 Katowice | 31.73 | 726 |
| 5. Birecki Roman | 55 Masters Opole | 36.37 | 482 |
| 6. Minkiewicz Jerzy | 56 Masters Opole | 36.74 | 467 |
| 7. Yatsura Bohdan | 56 Masters SC Euro Lviv | 40.38 | 352 |
| 8. Samonek Krzysztof | 57 Masters Kra nik | 44.20 | 268 |
| 9. Michalczyk Jerzy | 56 Masters Kra nik | 47.07 | 222 |

Kategoria H

| | | | |
|-------------------------|---------------------------|--------------|-----|
| 1. Rubaszkieicz Andrzej | 49 MKS Piaseczno | 32.27 | 798 |
| 2. Kulczyk Krzysztof | 52 Wodnik 29 Katowice | 34.25 | 668 |
| 3. Kornicki Wiesław | 49 Weteran Zabrze | 34.81 | 636 |
| 4. Lietz Krzysztof | 52 Toru czyk Masters Toru | 35.45 | 602 |
| 5. Denisenko Akim | 53 Pregel Kaliningrad | 42.17 | 357 |
| 6. Krzy anowski Ryszard | 49 Olimpia Pozna | 42.48 | 350 |



Konkurencja 23, M czynn, 50m motylkowy

Kategoria I

| | | | | | |
|----|----------------------|----|-------------------------------|--------------|-----|
| 1. | Ró alski Józef | 45 | MOSiR Ostrowiec w. | 33.98 | 727 |
| 2. | Andreev Igor | 46 | Nevskie Zvezdy St. Petersburg | 36.15 | 604 |
| 3. | Kral Jozef | 47 | SPU Nitra | 37.14 | 557 |
| 4. | Maciejczyk Zbigniew | 47 | Zgiersko-Ł czyckie WOPR | 37.88 | 525 |
| 5. | Boboli Jan Maciej | 48 | Warsaw Masters Team | 39.14 | 476 |
| 6. | Ciupek Józef | 46 | Masters Opole | 40.39 | 433 |
| 7. | Bosowski Włodzimierz | 48 | Weteran Zabrze | 44.26 | 329 |
| 8. | Szpała Janusz | 48 | Masters Opole | 47.22 | 271 |
| 9. | Płonka Janusz | 48 | Zawodnik niezrzeszony | 49.38 | 237 |

Kategoria J

| | | | | | |
|----|-------------------|----|-----------------------|--------------|-----|
| 1. | Martyniuk Bogdan | 39 | Zawodnik niezrzeszony | 39.07 | 587 |
| 2. | Bastek Ewald | 39 | Weteran Zabrze | 40.50 | 527 |
| 3. | Fecica Daniel | 40 | Weteran Zabrze | 42.39 | 460 |
| 4. | Dzieko ski Edward | 43 | Zawodnik niezrzeszony | 43.26 | 433 |
| 5. | Skwarło Andrzej | 39 | Gdynia Masters | 45.23 | 378 |

Kategoria K

| | | | | | |
|----|---------------------|----|---------------------|--------------|-----|
| 1. | Lewandowski Zygmunt | 37 | Delfin Inowrocław | 50.43 | 400 |
| 2. | Witkowski Tadeusz | 37 | Masters Opole | 58.05 | 262 |
| 3. | Sielski Ryszard | 37 | Warsaw Masters Team | 58.87 | 251 |

Kategoria L

| | | | | | |
|----|------------------------|----|----------------------|--------------|-----|
| 1. | Simankov Serhiy | 32 | Masters SC Euro Lviv | 49.68 | 714 |
| 2. | Krokoszy ski Stanisław | 30 | Wisła Masters Kraków | 58.73 | 432 |

Konkurencja 24

Kobiet, 100m grzbietowy

20 - 94 lat

16/11/2013 - 17:57

Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|--------------------|----------------------|----|-------------------------|----------------|-----|-------|-------|
| Kategoria O | | | | | | | |
| 1. | Borek Natalia | 90 | Zawodnik niezrzeszony | 1:08.47 | 863 | 33.08 | 35.39 |
| 2. | Sowa Kinga | 93 | Masters Korona Kraków | 1:12.68 | 721 | 34.42 | 38.26 |
| 3. | Palka Paulina | 91 | Wisła Masters Kraków | 1:12.69 | 721 | 35.22 | 37.47 |
| 4. | Wawrzy czak Karolina | 90 | AZS Uniw. Wrocławski | 1:15.05 | 655 | 36.11 | 38.94 |
| 5. | Pietrzak Sandra | 89 | Wodnik 29 Katowice | 1:19.33 | 555 | 38.10 | 41.23 |
| 6. | Brunka Zofia | 93 | Zawodnik niezrzeszony | 1:25.59 | 442 | 40.38 | 45.21 |
| Kategoria A | | | | | | | |
| 1. | Vachanova Lucia | 87 | SPK Kupele Piestany | 1:14.08 | 637 | 36.33 | 37.75 |
| 2. | Palmowska Paulina | 85 | Masters Korona Kraków | 1:14.35 | 630 | 35.50 | 38.85 |
| 3. | Mróz Urszula | 86 | Tarnowskie WOPR Masters | 1:14.61 | 624 | 36.15 | 38.46 |
| 4. | Szymkowiak Kamila | 87 | JW 4408 Sulechów | 1:18.59 | 534 | 37.58 | 41.01 |
| Kategoria B | | | | | | | |
| 1. | Lord Marta | 80 | Toru czyk Masters Toru | 1:13.75 | 734 | 35.86 | 37.89 |
| 2. | Mróz Edyta | 79 | Wodnik 29 Katowice | 1:19.67 | 582 | 37.99 | 41.68 |
| 3. | Kucharska Jowita | 80 | AZS UWM Masters Olsztyn | 1:21.81 | 538 | 40.03 | 41.78 |
| 4. | Korna Sylwia | 83 | Wodnik 29 Katowice | 1:38.12 | 311 | 47.28 | 50.84 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 24, Kobiet, 100m grzbietowy

Kategoria C

| | | | | | | | |
|----|----------------------|----|---------------------------|----------------|-----|-------|-------|
| 1. | Osmala Renata | 77 | Delfin Masters Tarnobrzeg | 1:18.87 | 584 | 38.26 | 40.61 |
| 2. | Ło -Janczur Monika | 74 | Zawodnik niezrzeszony | 1:29.41 | 400 | 42.77 | 46.64 |
| 3. | Dobczy ska Katarzyna | 77 | Warsaw Masters Team | 1:30.71 | 383 | 44.71 | 46.00 |
| 4. | Jakubów Marlena | 74 | Redeco Wrocław | 1:42.34 | 267 | 48.69 | 53.65 |

Kategoria D

| | | | | | | | |
|----|------------------|----|---------------------------|----------------|-----|-------|-------|
| 1. | Fajkowska Daria | 73 | Zgiersko-Ł czyckie WOPR | 1:12.26 | 831 | 34.06 | 38.20 |
| 2. | Płatek Jolanta | 71 | Masters Unia O wi cim | 1:23.31 | 542 | 40.17 | 43.14 |
| 3. | Wo niak Dorota | 73 | ORS Opole | 1:25.78 | 497 | 41.47 | 44.31 |
| 4. | Maci g Monika | 72 | Delfin Masters Tarnobrzeg | 1:26.14 | 491 | 42.08 | 44.06 |
| 5. | Huszarova Silvia | 70 | MPK Previdza | 1:26.54 | 484 | 41.52 | 45.02 |
| 6. | Krzy anowska Ewa | 72 | Warsaw Masters Team | 1:27.53 | 468 | 41.33 | 46.20 |

Kategoria E

| | | | | | | | |
|----|---------------------|----|------------------|----------------|-----|-------|-------|
| 1. | Frank Marta | 68 | Weteran Zabrze | 1:16.12 | 809 | 36.86 | 39.26 |
| 2. | Ivanauskaite Ramune | 64 | SMC Takas Kaunas | 1:29.96 | 490 | 44.24 | 45.72 |
| 3. | Kotecka Anna | 65 | Warta Pozna | 1:32.47 | 451 | 45.81 | 46.66 |

Kategoria F

| | | | | | | | |
|----|---------------|----|-------------------------|----------------|-----|-------|-------|
| 1. | Kilina Marina | 63 | Pregel Kaliningrad | 1:24.78 | 618 | 42.02 | 42.76 |
| 2. | Szała Ewa | 59 | KP Koziegłowy | 1:24.87 | 616 | 41.14 | 43.73 |
| 3. | Mróz Urszula | 62 | Zgiersko-Ł czyckie WOPR | 1:25.46 | 603 | 40.94 | 44.52 |
| 4. | Forrova Ivica | 60 | PVK Bratislava | 1:31.65 | 489 | 45.97 | 45.68 |

Kategoria G

| | | | | | | | |
|----|-------------------|----|-----------------------|----------------|-----|---------|---------|
| 1. | Khiresh Lyudmyla | 57 | Masters SC Euro Lviv | 1:25.41 | 814 | 42.21 | 43.20 |
| 2. | Weber Jadwiga | 58 | Zawodnik niezrzeszony | 1:29.86 | 699 | 44.34 | 45.52 |
| 3. | Lukashova Ludmila | 55 | All Stars Moscow | 2:06.35 | 251 | 1:00.40 | 1:05.95 |

Kategoria H

| | | | | | | | |
|----|------------------|----|----------------|----------------|-----|-------|-------|
| 1. | Kiszczak Gra yna | 50 | Weteran Zabrze | 1:29.13 | 833 | 44.37 | 44.76 |
| 2. | Hausnerova Maria | 49 | MPK Previdza | 1:34.98 | 689 | 45.74 | 49.24 |

Kategoria I

| | | | | | | | |
|----|-------------------|----|------------------|----------------|-----|-------|---------|
| 1. | Syguła Kazimiera | 47 | Redeco Wrocław | 1:54.64 | 464 | 55.12 | 59.52 |
| 2. | Yliene Aleksandra | 48 | SMC Takas Kaunas | 1:57.52 | 431 | 56.21 | 1:01.31 |

Kategoria J

DYSKW. Wieczorkiewicz Alina 40 Warsaw Masters Team
G3 - Nieutrzymanie pozycji na plecach (z wyj tkiem wykonania cyklu nawrotu)

Konkurencja 25
16/11/2013 - 18:13

M czyzn, 100m grzbietowy

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m |
|---------|---------|------|------|-----|------|
|---------|---------|------|------|-----|------|



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 25, M czynn, 100m grzbietowy

Kategoria A

| | | | | | | |
|----------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. Urba czyk Piotr | 84 | Zawodnik niezrzeszony | 1:00.76 | 743 | 29.71 | 31.05 |
| 2. Górka Marcin | 88 | Zawodnik niezrzeszony | 1:03.09 | 663 | 30.58 | 32.51 |
| 3. Miłek Mateusz | 87 | Sport and Body Kraków | 1:03.54 | 649 | 31.99 | 31.55 |
| 4. Sterczy ski Jakub | 88 | AZS UAM Pozna | 1:03.91 | 638 | 31.03 | 32.88 |
| 5. J kalski Tomasz | 88 | Zawodnik niezrzeszony | 1:05.70 | 587 | 31.65 | 34.05 |
| 6. Lisiecki Rafał | 88 | Swimming Masters Team Szczecin | 1:07.51 | 541 | 31.61 | 35.90 |
| 7. Wirszuło Radosław | 86 | Delfinek Legnica | 1:27.82 | 246 | 43.09 | 44.73 |

Kategoria B

| | | | | | | |
|-----------------------|----|------------------------|----------------|-----|-------|-------|
| 1. Twarowski Karol | 79 | Toru czyk Masters Toru | 1:04.13 | 723 | 31.06 | 33.07 |
| 2. Tomaszewski Tomasz | 81 | Warta Pozna | 1:07.48 | 620 | 32.18 | 35.30 |
| 3. Hałada Łukasz | 83 | Redeco Wrocław | 1:09.21 | 575 | 34.31 | 34.90 |
| 4. Kłosi ski Artur | 81 | Toru czyk Masters Toru | 1:12.67 | 497 | 36.08 | 36.59 |

Kategoria C

| | | | | | | |
|--------------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. Minakovs Valerijs | 74 | Jelgava SPS | 1:00.63 | 927 | 29.48 | 31.15 |
| 2. Baran Robert | 75 | Motyl Senior MOSiR St. Wola | 1:05.86 | 723 | 32.12 | 33.74 |
| 3. Dadej Grzegorz | 78 | Zawodnik niezrzeszony | 1:07.41 | 674 | 33.16 | 34.25 |
| 4. Doli ski Arkadiusz | 78 | Zawodnik niezrzeszony | 1:12.90 | 533 | 35.11 | 37.79 |
| 5. Hoffman Wojciech | 75 | Masters Korona Kraków | 1:15.16 | 486 | 37.30 | 37.86 |
| 6. Dygdo Paweł | 75 | Wodnik 29 Katowice | 1:15.80 | 474 | 36.55 | 39.25 |
| 7. Nowak Paweł | 75 | Delfin Masters Tarnobrzeg | 1:20.93 | 389 | 39.07 | 41.86 |
| 8. Wołosz Przemysław | 78 | Warsaw Masters Team | 1:26.81 | 315 | 44.39 | 42.42 |
| 9. Charchouli Norbert | 75 | Tarnowskie WOPR Masters | 1:34.65 | 243 | 46.52 | 48.13 |
| 10. Próchniewicz Bartosz | 78 | Masters Korona Kraków | 1:49.48 | 157 | 53.35 | 56.13 |

Kategoria D

| | | | | | | |
|----------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. Stuchlik Tadeusz | 69 | Weteran Zabrze | 1:04.17 | 779 | 31.44 | 32.73 |
| 2. Kersevicius Linas | 71 | SMC Takas Kaunas | 1:06.53 | 699 | 32.20 | 34.33 |
| 3. Beym Robert | 69 | Start Pozna | 1:09.27 | 619 | 33.71 | 35.56 |
| 4. Borus Dawid | 70 | Masters Gorzów Wlkp. | 1:10.16 | 596 | 34.38 | 35.78 |
| 5. Bar Wiesław | 70 | Motyl Senior MOSiR St. Wola | 1:12.51 | 540 | 34.56 | 37.95 |
| 6. Skodny Pavol | 69 | SPK Kupele Piestany | 1:12.94 | 530 | 35.57 | 37.37 |
| 7. Fajdasz Andrzej | 73 | Zawodnik niezrzeszony | 1:18.65 | 423 | 37.78 | 40.87 |

Kategoria E

| | | | | | | |
|----------------------|----|-------------------------|----------------|-----|-------|-------|
| 1. Rother Marek | 68 | Weteran Zabrze | 1:03.99 | 916 | 31.16 | 32.83 |
| 2. Sko kiewicz Rafał | 66 | Warsaw Masters Team | 1:06.99 | 798 | 32.75 | 34.24 |
| 3. Katakchiev Sergey | 68 | Pregel Kaliningrad | 1:11.04 | 669 | 34.52 | 36.52 |
| 4. Skoczylas Tomasz | 66 | Wodnik 29 Katowice | 1:13.54 | 603 | 36.28 | 37.26 |
| 5. Janyga Dariusz | 66 | Warta Pozna | 1:13.57 | 603 | 36.52 | 37.05 |
| 6. Markowicz Piotr | 67 | AZS UWM Masters Olsztyn | 1:15.56 | 556 | 37.07 | 38.49 |
| 7. ebracki Bogdan | 66 | Masters Krosno | 1:19.82 | 472 | 39.45 | 40.37 |

Kategoria F

| | | | | | | |
|------------------------------|----|------------------------|----------------|-----|---------|-------|
| 1. Wolny Dariusz | 60 | Redeco Wrocław | 1:06.50 | 927 | 32.11 | 34.39 |
| 2. Januszkiewicz Zbigniew | 62 | Masters Opole | 1:08.99 | 830 | 34.42 | 34.57 |
| 3. Zhykh Serhiy | 62 | Masters SC Euro Lviv | 1:14.34 | 663 | 36.61 | 37.73 |
| 4. Juodeska Arlandas Antanas | 61 | SMC Takas Kaunas | 1:14.58 | 657 | 35.71 | 38.87 |
| 5. Khymovich Petro | 63 | Zhytomyr Aqua Masters | 1:15.46 | 634 | 36.84 | 38.62 |
| 6. Dorywałski Tomasz | 61 | Masters Unia O wi cim | 1:19.16 | 549 | 38.35 | 40.81 |
| 7. Mydlowski Mietek | 62 | SiKReT Masters Gliwice | 1:21.95 | 495 | | |
| 8. Waraczewski Przemysław | 62 | Warta Pozna | 1:23.97 | 460 | 40.38 | 43.59 |
| 9. Barucha Jan | 59 | Weteran Zabrze | 1:27.81 | 402 | 41.49 | 46.32 |
| 10. Wiszniewski Andrzej | 63 | Warsaw Masters Team | 2:00.44 | 156 | 1:01.56 | 58.88 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 25, M czynn, 100m grzbietowy

Kategoria G

| | | | | | | | |
|----|------------------------|----|-------------------------|----------------|-----|-------|-------|
| 1. | Gabiec Mariusz | 58 | AZS UWM Masters Olsztyn | 1:13.84 | 803 | 36.00 | 37.84 |
| 2. | Valtr Vaclav | 56 | Spolchemie Usti n/L | 1:15.87 | 740 | 36.87 | 39.00 |
| 3. | Mashkin Sergiy | 55 | Masters SC Euro Lviv | 1:15.91 | 739 | 37.14 | 38.77 |
| 4. | Konstanty Janusz | 56 | Wisła Masters Kraków | 1:19.39 | 646 | 38.55 | 40.84 |
| 5. | Pietraszewski Zbigniew | 55 | Olimpia Pozna | 1:27.54 | 482 | 42.60 | 44.94 |
| 6. | Czupryn Wojciech | 58 | Warsaw Masters Team | 1:45.20 | 277 | 51.63 | 53.57 |
| 7. | Rusowicz Waldemar | 55 | Masters Kraków | 1:53.69 | 220 | | |

Kategoria H

| | | | | | | | |
|----|---------------------|----|-----------------------------|----------------|-----|---------|---------|
| 1. | Dubiński Bogdan | 53 | Zawodnik niezrzeszony | 1:27.77 | 568 | 42.48 | 45.29 |
| 2. | Ossowski Aleksander | 53 | Zgiersko-Łęczyckie WOPR | 1:27.83 | 567 | 42.16 | 45.67 |
| 3. | Jarzyna Włodzimierz | 49 | Motyl Senior MOSiR St. Wola | 1:30.50 | 518 | 45.09 | 45.41 |
| 4. | Chyrkov Yuriy | 51 | Masters SC Euro Lviv | 1:31.57 | 500 | 44.75 | 46.82 |
| 5. | Boryski Jerzy | 51 | Olimpia Pozna | 1:37.23 | 418 | 48.14 | 49.09 |
| 6. | Garbarczuk Janusz | 51 | Masters Opole | 1:49.32 | 294 | 52.47 | 56.85 |
| 7. | Bantkowski Jan | 49 | Toruńczyk Masters Toru | 2:47.57 | 81 | 1:20.38 | 1:27.19 |

Kategoria I

| | | | | | | | |
|----|-------------------|----|----------------------|----------------|-----|---------|---------|
| 1. | Galkin Mykhailo | 47 | Masters SC Euro Lviv | 1:34.86 | 443 | 46.39 | 48.47 |
| 2. | Poloczek Bernard | 47 | Weteran Zabrze | 1:38.06 | 401 | 46.97 | 51.09 |
| 3. | Woch Janusz | 46 | Olimpia Pozna | 1:39.64 | 383 | 47.24 | 52.40 |
| 4. | Daszyński Andrzej | 48 | Energetyk Zgorzelec | 1:45.68 | 321 | 52.01 | 53.67 |
| 5. | Kushnir Zenoviy | 46 | Masters SC Euro Lviv | 2:04.41 | 196 | 59.97 | 1:04.44 |
| 6. | Marciniszko Jerzy | 44 | Delfin Gliwice | 2:45.79 | 83 | 1:19.04 | 1:26.75 |

Kategoria J

| | | | | | | | |
|----|-----------------|----|-----------------------|----------------|-----|---------|---------|
| 1. | Dzieński Edward | 43 | Zawodnik niezrzeszony | 1:57.23 | 262 | 56.64 | 1:00.59 |
| 2. | Bugla Rudolf | 40 | Naprzód Rydułtowy | 2:04.85 | 217 | 1:01.38 | 1:03.47 |
| 3. | Golik Janusz | 41 | Masters Chełm | 2:08.71 | 198 | 1:03.58 | 1:05.13 |

Kategoria K

| | | | | | | | |
|----|-------------------|----|---------------|----------------|-----|-------|-------|
| 1. | Witkowski Tadeusz | 37 | Masters Opole | 1:47.11 | 621 | 53.18 | 53.93 |
|----|-------------------|----|---------------|----------------|-----|-------|-------|

Kategoria L

| | | | | | | | |
|----|--------------------|----|------------------------|----------------|-----|---------|---------|
| 1. | Przedoń Lucjan | 30 | Polonia Warszawa | 2:08.44 | 419 | 1:02.92 | 1:05.52 |
| 2. | Ludwiczak Zbigniew | 33 | STP Masters Szczecinek | 2:09.38 | 410 | 1:03.06 | 1:06.32 |
| 3. | From Kazimierz | 32 | Zawodnik niezrzeszony | 2:55.79 | 163 | 1:23.14 | 1:32.65 |

Konkurencja 26
16/11/2013 - 18:40

Kobiet, 200m dowolny

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|-------------|-----------------------|----|------------------------|----------------|-----|-------|---------|---------|---------|
| Kategoria O | | | | | | | | | |
| 1. | Drab Magdalena | 92 | CM UJ Masters Kraków | 2:12.37 | 805 | 29.60 | 33.19 | 34.79 | 34.79 |
| 2. | Stadnik Karolina | 89 | AZS UAM Pozna | 2:19.43 | 689 | 30.71 | 35.43 | 36.90 | 36.39 |
| 3. | Zadorna Karolina | 92 | Masters Korona Kraków | 2:21.29 | 662 | 32.62 | 35.71 | 36.57 | 36.39 |
| 4. | Krysiak Olga | 91 | Zawodnik niezrzeszony | 2:22.48 | 645 | 31.73 | 36.01 | 37.42 | 37.32 |
| 5. | Kieszek Joanna | 91 | Masters Korona Kraków | 2:27.25 | 585 | 33.33 | 37.92 | 38.65 | 37.35 |
| 6. | Jasińska Joanna | 93 | KU AZS UJ Kraków | 2:28.02 | 576 | 33.48 | 37.55 | 38.83 | 38.16 |
| 7. | Michałowska Katarzyna | 91 | Zawodnik niezrzeszony | 2:43.21 | 429 | 36.40 | 40.68 | 42.87 | 43.26 |
| 8. | Kostyra Agnieszka | 90 | Toruńczyk Masters Toru | 2:47.14 | 400 | 35.74 | 41.00 | 44.56 | 45.84 |
| 9. | Sołtys Anna | 89 | Delfinek Legnica | 4:02.62 | 130 | 48.40 | 1:04.64 | 1:07.94 | 1:01.64 |



Konkurencja 26, Kobiet, 200m dowolny

Kategoria A

| | | | | | | | | |
|-----------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Mongiało Magdalena | 88 | Redeco Wrocław | 2:18.94 | 747 | 30.95 | 34.65 | 36.51 | 36.83 |
| 2. Vachanova Lucia | 87 | SPK Kupele Piestany | 2:24.69 | 661 | 32.73 | 36.18 | 37.67 | 38.11 |
| 3. Gudaniec Katarzyna | 88 | TKKF Koszalin | 2:32.30 | 567 | 33.70 | 38.10 | 40.00 | 40.50 |
| 4. Piekut Anna | 88 | AZS UWM Masters Olsztyn | 2:35.70 | 530 | 35.10 | 39.68 | 41.42 | 39.50 |
| 5. Grycz Urszula | 85 | Ursynów Masters | 2:40.82 | 481 | 36.46 | 40.44 | 42.39 | 41.53 |
| 6. Gajdus Marianna | 86 | Warsaw Masters Team | 2:41.28 | 477 | 37.21 | 41.09 | 42.08 | 40.90 |
| 7. Kara Karolina | 87 | Victory Masters Elbl g | 3:21.22 | 245 | 47.28 | 52.07 | | |
| 8. Tkacz Barbara | 86 | Warsaw Masters Team | 3:22.37 | 241 | 43.06 | 49.24 | 54.31 | 55.76 |

Kategoria B

| | | | | | | | | |
|------------------------|----|-------------------------|----------------|-----|-------|-------|---------|---------|
| 1. Michalik Dominika | 79 | Masters Białystok | 2:25.41 | 649 | 33.95 | 36.97 | 37.71 | 36.78 |
| 2. Duda Anna | 81 | Wodnik 29 Katowice | 2:31.41 | 575 | 33.70 | 37.76 | 40.28 | 39.67 |
| 3. Rompała Agata | 82 | Tarnowskie WOPR Masters | 2:32.88 | 559 | 33.29 | 38.24 | 40.95 | 40.40 |
| 4. Opitz Agnieszka | 82 | Tarnowskie WOPR Masters | 2:33.74 | 549 | 33.86 | 39.25 | 41.16 | 39.47 |
| 5. Mróz Edyta | 79 | Wodnik 29 Katowice | 2:39.83 | 489 | 35.96 | 40.18 | 42.33 | 41.36 |
| 6. Sikacz Hanna | 79 | Redeco Wrocław | 2:47.45 | 425 | 36.44 | 41.46 | 44.12 | 45.43 |
| 7. Przybysz Aleksandra | 82 | AZS UWM Masters Olsztyn | 2:50.90 | 400 | 39.17 | 42.96 | 44.79 | 43.98 |
| 8. Chmielewska Izabela | 81 | Akademia Ruchu AG Warsz | 3:45.01 | 175 | 47.14 | 55.71 | 1:00.90 | 1:01.26 |

Kategoria C

| | | | | | | | | |
|-------------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Sołtyk Judyta | 74 | Zawodnik niezrzeszony | 2:29.52 | 629 | 34.06 | 37.40 | 39.24 | 38.82 |
| 2. Maryl Marta | 78 | Akademia Ruchu AG Warsz | 2:40.66 | 507 | 36.92 | 40.74 | 42.27 | 40.73 |
| 3. Kaczmarczyk Beata | 75 | Delfin Masters Tarnobrzeg | 2:50.85 | 421 | 38.38 | 43.26 | 45.58 | 43.63 |
| 4. Dobczy ska Katarzyna | 77 | Warsaw Masters Team | 3:01.46 | 351 | 41.04 | 47.36 | 47.59 | 45.47 |
| 5. Fira El bieta | 75 | Wodnik 29 Katowice | 3:10.57 | 303 | 44.51 | 48.22 | 49.78 | 48.06 |
| 6. Jakubów Marlena | 74 | Redeco Wrocław | 3:11.36 | 300 | 42.20 | 48.93 | 52.45 | 47.78 |
| 7. Roma ska Alicja | 75 | Masters Korona Kraków | 3:23.52 | 249 | 47.93 | 52.89 | 53.38 | 49.32 |

Kategoria D

| | | | | | | | | |
|-------------------------|----|-------------------------|----------------|-----|-------|-------|-------|---------|
| 1. Sulewska Beata | 72 | Weteran Zabrze | 2:27.66 | 685 | 34.19 | 37.65 | 38.45 | 37.37 |
| 2. Obł kowska-Mucha A. | 71 | Zawodnik niezrzeszony | 3:15.90 | 293 | 40.61 | 48.74 | 53.28 | 53.27 |
| 3. Piechura Małgorzata | 73 | Niezrzeszeni.pl | 3:46.41 | 190 | 51.17 | 55.02 | 59.48 | 1:00.74 |
| NIE UK. Wytrwał Barbara | 70 | Tarnowskie WOPR Masters | | | | | | |

Kategoria E

| | | | | | | | | |
|-----------------------------|----|-------------------------|----------------|-----|-------|---------|---------|---------|
| 1. Serbin Małgorzata | 66 | MKP Szczecin | 2:28.17 | 735 | 34.08 | 37.68 | 38.70 | 37.71 |
| 2. Hlatka Nina | 68 | MPK Previdza | 2:38.67 | 598 | 36.75 | 39.95 | 41.36 | 40.61 |
| 3. Sikorska Małgorzata | 66 | Astoria Bydgoszcz | 2:41.49 | 567 | 37.42 | 40.73 | 41.53 | 41.81 |
| 4. Go dziejewska Anna | 67 | AZS UWM Masters Olsztyn | 2:44.38 | 538 | 36.89 | 41.04 | 42.58 | 43.87 |
| 5. Kotecka Anna | 65 | Warta Pozna | 2:51.20 | 476 | 40.23 | 42.07 | 44.07 | 44.83 |
| 6. Ivanauskaitė Ramune | 64 | SMC Takas Kaunas | 2:55.86 | 439 | 40.93 | 44.26 | 46.08 | 44.59 |
| 7. Ivanova Nataliya | 68 | Zhytomyr Aqua Masters | 3:09.38 | 352 | 41.25 | 47.22 | | |
| 8. Cicha-Mikołajczyk Alicja | 64 | Ursynów Masters | 4:15.97 | 142 | 59.37 | 1:06.82 | 1:07.88 | 1:01.90 |

Kategoria F

| | | | | | | | | |
|---------------------------|----|------------------------|----------------|-----|---------|---------|---------|---------|
| 1. Maciejowska Anna | 60 | Sopot Masters | 2:58.14 | 434 | 39.50 | 45.02 | 46.90 | 46.72 |
| 2. Macierzewska Agnieszka | 60 | Masters Korona Kraków | 3:02.01 | 406 | 39.53 | 46.18 | 49.60 | 46.70 |
| 3. Kicinova Anna | 61 | SPK Kupele Piestany | 3:06.24 | 379 | 41.49 | 46.57 | 49.74 | 48.44 |
| 4. Zagąła Joanna | 59 | SiKReT Masters Gliwice | 3:19.92 | 307 | 45.74 | 51.18 | 53.23 | 49.77 |
| 5. Mysiak Katarzyna | 61 | Gdynia Masters | 3:20.54 | 304 | 44.17 | 50.19 | 53.44 | 52.74 |
| 6. Kara Beata | 62 | Victory Masters Elbl g | 3:27.00 | 276 | 48.58 | 52.19 | 53.83 | 52.40 |
| 7. Wepa Hanna | 59 | Masters Chełm | 5:09.15 | 83 | 1:08.61 | 1:19.97 | 1:20.05 | 1:20.52 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 26, Kobiet, 200m dowolny

Kategoria G

| | | | | | | | | |
|------------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Aleskchenko Natalia | 57 | Pregel Kaliningrad | 2:47.19 | 760 | 38.42 | 43.08 | 43.84 | 41.85 |
| 2. D browska Zofia | 58 | SiKReT Masters Gliwice | 3:40.54 | 331 | 50.07 | 56.65 | 58.47 | 55.35 |

Kategoria H

| | | | | | | | | |
|---------------------|----|---------------------|----------------|-----|-------|---------|---------|---------|
| 1. Łutowicz Maria | 50 | Olimpia Pozna | 3:18.63 | 512 | 45.44 | 52.07 | 53.45 | 47.67 |
| 2. Brendler Barbara | 50 | Weteran Zabrze | 3:29.14 | 438 | 45.84 | 53.17 | 55.92 | 54.21 |
| 3. Szemberg Anna | 49 | Warsaw Masters Team | 4:05.10 | 272 | 54.88 | 1:03.31 | 1:06.10 | 1:00.81 |

Kategoria I

| | | | | | | | | |
|-----------------|----|-----------------------|----------------|-----|-------|---------|---------|---------|
| 1. Kosmol Ewa | 47 | Warsaw Masters Team | 3:41.62 | 405 | 51.59 | 57.66 | 57.67 | 54.70 |
| 2. Mleczo Maria | 46 | Masters Korona Kraków | 4:34.82 | 212 | 59.83 | 1:10.72 | 1:11.25 | 1:13.02 |

Kategoria J

| | | | | | | | | |
|---------------|----|----------------------|----------------|-----|---------|---------|---------|---------|
| 1. Golub Nina | 42 | Masters SC Euro Lviv | 4:58.47 | 177 | 1:06.70 | 1:16.34 | 1:18.88 | 1:16.55 |
|---------------|----|----------------------|----------------|-----|---------|---------|---------|---------|

Kategoria M

| | | | | | | | | |
|-----------------------|----|-------------------|----------------|-----|---------|---------|---------|---------|
| 1. Wilczy ska Wacława | 28 | Astoria Bydgoszcz | 6:05.06 | 416 | 1:18.93 | 1:35.59 | 1:36.65 | 1:33.89 |
|-----------------------|----|-------------------|----------------|-----|---------|---------|---------|---------|

Konkurencja 27
16/11/2013 - 19:19

M czyzn, 200m dowolny

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---------|--|------|------|-----|------|------|------|
|---------|---------|--|------|------|-----|------|------|------|

Kategoria O

| | | | | | | | | |
|---------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Jabło ski Marcin | 90 | Zawodnik niezrzeszony | 1:54.45 | 888 | 26.55 | 29.29 | 29.72 | 28.89 |
| 2. Kapro Kacper | 93 | AZS WSB Dabrowa Grn. | 2:16.28 | 526 | 29.26 | 33.23 | 36.16 | 37.63 |
| 3. Pagacz Miłosz | 90 | Tarnowskie WOPR Masters | 3:32.11 | 139 | 44.09 | 50.93 | 57.56 | 59.53 |

Kategoria A

| | | | | | | | | |
|-----------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Ziemiński Bartosz | 86 | AZS UAM Pozna | 1:59.31 | 839 | 26.96 | 30.51 | 31.44 | 30.40 |
| 2. Szczypi ski Marcin | 86 | Wodnik 29 Katowice | 2:00.62 | 812 | 27.28 | 30.19 | 31.05 | 32.10 |
| 3. Stawiany Mateusz | 86 | Aquapark Wrocław | 2:04.17 | 744 | 27.97 | 30.48 | 32.14 | 33.58 |
| 4. Kownacki Maciej | 85 | Redeco Wrocław | 2:07.86 | 682 | 29.04 | 32.51 | 33.57 | 32.74 |
| 5. Latuszek Kamil | 88 | Masters Korona Kraków | 2:12.50 | 612 | 29.78 | 33.97 | 34.71 | 34.04 |
| 6. urek Jacek | 85 | Masters Korona Kraków | 2:17.28 | 551 | 30.36 | 34.34 | 36.42 | 36.16 |
| 7. Czupryn Jacek | 88 | Warsaw Masters Team | 2:27.70 | 442 | 34.86 | 37.85 | 38.10 | 36.89 |
| 8. Kowalczyk Rafał | 84 | Akademia Ruchu AG Warsz | 2:53.35 | 273 | 37.80 | 44.10 | 45.64 | 45.81 |

Kategoria B

| | | | | | | | | |
|------------------------|----|------------------------|-----------------|-----|-------|-------|-------|-------|
| 1. Brodacki Maciej | 83 | Swimming Masters Team | S2:07.21 | 587 | 28.49 | 31.53 | 33.41 | 33.78 |
| 2. Isalski Przemysław | 82 | Warta Pozna | 2:09.50 | 556 | 29.85 | 32.51 | 33.54 | 33.60 |
| 3. Kujat Szymon | 82 | Aquapark Wrocław | 2:14.80 | 493 | 30.35 | 34.35 | 35.64 | 34.46 |
| 4. Dybek Mateusz | 80 | Wiśła Masters Kraków | 2:15.41 | 486 | 31.34 | 34.27 | 36.38 | 33.42 |
| 5. Grabarczyk Marcin | 79 | Pi tka Konstantynów Ł. | 2:15.93 | 481 | 30.97 | 34.36 | 35.78 | 34.82 |
| 6. Kłosi ski Artur | 81 | Toru czyk Masters Toru | 2:16.12 | 479 | 31.60 | 34.35 | 35.35 | 34.82 |
| 7. Olejarczyk Igor | 79 | Pi tka Konstantynów Ł. | 2:24.58 | 399 | 30.29 | 35.09 | 38.98 | 40.22 |
| 8. Ilczyszyn Krzysztof | 83 | UKS 307 Warszawa | 2:26.39 | 385 | 35.41 | 38.65 | 37.09 | 35.24 |
| 9. Kału y ski Wojciech | 80 | Warsaw Masters Team | 2:39.51 | 297 | 35.23 | 38.66 | | |
| 10. Wasielak Michał | 81 | Warsaw Masters Team | 2:43.94 | 274 | 36.94 | 41.46 | 43.60 | 41.94 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 27, M czynn, 200m dowolny

Kategoria C

| | | | | | | | | |
|--------------------------|----|----------------------------|----------------|-----|---------|-------|-------|-------|
| 1. Horbacz Marcin | 74 | JW 2399 wi tos ów | 2:00.34 | 794 | 28.90 | 30.52 | 30.52 | 30.40 |
| 2. Gregorowicz Paweł | 74 | AZS UWM Masters Olsztyn | 2:07.27 | 671 | 29.03 | 31.38 | 33.14 | 33.72 |
| 3. Goł biowski Remigiusz | 76 | Swimmers Warszawa | 2:07.71 | 664 | 28.47 | 31.98 | 33.00 | 34.26 |
| 4. Kowalczyk Piotr | 74 | MKP Szczecin | 2:13.23 | 585 | 30.04 | 33.75 | 35.89 | 33.55 |
| 5. Opali ski Paweł | 74 | Motyl Senior MOSiR St. Wol | 2:14.22 | 572 | 30.53 | 33.80 | 35.43 | 34.46 |
| 6. Szulc Jakub | 76 | Warsaw Masters Team | 2:15.61 | 555 | 31.00 | 34.57 | 35.44 | 34.60 |
| 7. Ziółkowski Damian | 78 | UKS 307 Warszawa | 2:19.96 | 505 | 31.07 | 36.29 | 37.04 | 35.56 |
| 8. l czka Krzysztof | 74 | Delfin Masters Tarnobrzeg | 2:21.48 | 489 | 30.81 | 35.92 | 37.49 | 37.26 |
| 9. Hoffman Wojciech | 75 | Masters Korona Kraków | 2:22.68 | 476 | 33.07 | 36.39 | 37.55 | 35.67 |
| 10. Bystry Jarek | 77 | AZS UAM Pozna | 2:25.21 | 452 | 32.67 | 36.56 | 37.95 | 38.03 |
| 11. Zadoro ny Bartłomiej | 78 | Olimpia Pozna | 2:27.90 | 428 | 31.39 | 35.69 | 39.83 | 40.99 |
| 12. Płaneta Maciej | 74 | Delfin Masters Tarnobrzeg | 2:33.22 | 385 | 35.98 | 38.16 | 40.37 | 38.71 |
| 13. W growski Michał | 76 | Zawodnik niezrzeszony | 2:33.63 | 381 | 30.72 | 36.49 | 42.42 | 44.00 |
| 14. Witkowski Adam | 75 | KP Kozięgłowy | 2:37.65 | 353 | 34.47 | 38.70 | 41.85 | 42.63 |
| 15. Pintara Kornel | 78 | Pi tka Konstantynów Ł. | 2:38.59 | 347 | 35.03 | 38.79 | 41.51 | 43.26 |
| 16. Szabelka Tomasz | 77 | Wodnik 29 Katowice | 2:47.40 | 295 | 37.39 | 42.26 | | |
| 17. Wierzbik Bernard | 75 | Pływak Tomaszów Maz. | 2:47.68 | 293 | 2:04.46 | 43.11 | | |
| 18. Mazurek Marcin | 75 | Masters Kra nik | 2:51.97 | 272 | 37.32 | 42.51 | 45.66 | 46.48 |
| 19. Bebelski Rafał | 77 | Warsaw Masters Team | 2:56.12 | 253 | 39.40 | 44.56 | 46.76 | 45.40 |
| 20. Nowicki Piotr | 76 | MKP Szczecin | 3:02.63 | 227 | 40.73 | 46.16 | 48.44 | 47.30 |
| 21. Koza Maciej | 74 | Masters Krosno | 3:03.56 | 223 | | | | 48.13 |
| 22. Charchouli Norbert | 75 | Tarnowskie WOPR Masters | 3:04.91 | 219 | 38.09 | 44.55 | 50.75 | 51.52 |
| 23. Siwonia Marcin | 77 | Akademia Ruchu AG Warsz | 3:19.90 | 173 | 46.42 | 50.32 | 51.13 | 52.03 |

Kategoria D

| | | | | | | | | |
|------------------------|----|----------------------------|----------------|-----|-------|---------|-------|-------|
| 1. Skorykow Andrzej | 69 | Warsaw Masters Team | 2:10.25 | 653 | 30.15 | 32.59 | 33.95 | 33.56 |
| 2. Monczak Grzegorz | 73 | One Man Team Pozna | 2:10.84 | 644 | 31.53 | 33.79 | 32.93 | 32.59 |
| 3. Syrbu Oleksandr | 72 | Masters SC Euro Lviv | 2:16.10 | 572 | 32.10 | 34.75 | 35.10 | 34.15 |
| 4. Wojciechowicz Marek | 70 | Masters Gorzów Wlkp. | 2:16.90 | 562 | 30.48 | 34.41 | 36.35 | 35.66 |
| 5. Bar Wiesław | 70 | Motyl Senior MOSiR St. Wol | 2:17.10 | 560 | 32.02 | 35.63 | 35.46 | 33.99 |
| 6. Ma czak Jakub | 71 | Delfin Gdynia | 2:19.67 | 530 | 31.95 | 35.82 | 37.03 | 34.87 |
| 7. Lewandowski Marcin | 73 | Happy TRI Friends Kraków | 2:31.34 | 416 | 35.12 | 39.38 | 39.43 | 37.41 |
| 8. Rybarczyk Michał | 70 | Ursynów Masters | 2:31.48 | 415 | 33.15 | 37.43 | 40.86 | 40.04 |
| 9. Mytnik Grzegorz | 72 | Water Knights Zabierzów | 2:36.65 | 375 | 36.26 | 39.95 | 40.29 | 40.15 |
| 10. Wesołowski Dariusz | 71 | Wisła Masters Kraków | 2:37.40 | 370 | 36.16 | 40.25 | 43.63 | 37.36 |
| 11. Szurek Sławomir | 71 | Orka Masters Radlin | 2:40.75 | 347 | 36.80 | 41.09 | 42.36 | 40.50 |
| 12. Wytrwał Adam | 69 | Tarnowskie WOPR Masters | 2:51.57 | 285 | 38.48 | 43.38 | 46.01 | 43.70 |
| 13. urczak Tomasz | 69 | Orka Masters Radlin | 2:51.60 | 285 | 37.99 | 1:28.02 | | |
| 14. Kuryło Artur | 70 | Masters Krosno | 2:55.16 | 268 | 39.23 | 45.38 | 47.92 | 42.63 |
| DYSKW. Dzwonek Patryk | 69 | Zawodnik niezrzeszony | | | | | | |

O4 - Start wykonany przed sygnałem (przedwczesny start)

Kategoria E

| | | | | | | | | |
|-----------------------------|----|-------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Monczak Piotr | 67 | Start Pozna | 2:09.57 | 694 | 30.00 | 33.34 | 33.18 | 33.05 |
| 2. Soukup Petr | 67 | PVK Bratislava | 2:15.54 | 606 | 30.36 | 33.92 | 35.53 | 35.73 |
| 3. Smirnov Alexander | 68 | Pregel Kaliningrad | 2:15.62 | 605 | 32.03 | 35.26 | 35.06 | 33.27 |
| 4. Skoczylas Tomasz | 66 | Wodnik 29 Katowice | 2:18.83 | 564 | 32.31 | 34.68 | 36.17 | 35.67 |
| 5. Kukharyev Igoir | 66 | Zhytomyr Aqua Masters | 2:21.73 | 530 | 33.12 | 35.81 | 36.58 | 36.22 |
| 6. Cybertowicz Sławomir | 66 | Olimpia Pozna | 2:23.48 | 511 | 32.48 | 36.26 | 37.94 | 36.80 |
| 7. Frolov Sergey | 64 | Nevskie Zvezdy St. Petersburg | 2:24.17 | 503 | 31.68 | 35.89 | 38.12 | 38.48 |
| 8. Jr. Janovsky Jiri | 64 | Straz pod Ralskiem | 2:26.74 | 477 | 34.11 | 37.63 | 38.04 | 36.96 |
| 9. Zadro ny Jarosław | 66 | Masters Korona Kraków | 2:44.84 | 337 | 36.33 | 41.11 | 44.70 | 42.70 |
| 10. Pycia Adam | 66 | Zawodnik niezrzeszony | 2:54.74 | 283 | 35.47 | 40.66 | 47.50 | 51.11 |
| 11. Majsiak Ryszard | 65 | Masters Krosno | 3:34.80 | 152 | 44.86 | 53.88 | 58.64 | 57.42 |
| NIE UK. Levchenko Volodymyr | 68 | Zhytomyr Aqua Masters | | | | | | |



Konkurencja 27, M czynn, 200m dowolny

Kategoria F

| | | | | | | | | |
|-----------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Olszewski Paweł | 62 | Warta Pozna | 2:11.74 | 870 | 30.55 | 33.67 | 34.29 | 33.23 |
| 2. Hakel Branislav | 63 | PO KTV UMB Banska Bystrica | 2:15.70 | 796 | 31.12 | 34.02 | 35.19 | 35.37 |
| 3. Kania Waldemar | 62 | ORS Opole | 2:35.88 | 525 | 35.56 | 39.74 | 40.83 | 39.75 |
| 4. Ko likowski Marek | 61 | AZS UWM Masters Olsztyn | 2:45.44 | 439 | 36.44 | 42.01 | 44.37 | 42.62 |
| 5. Thiem Jacek | 63 | Warta Pozna | 2:53.49 | 380 | 39.99 | 45.09 | 44.27 | 44.14 |
| 6. B k Zdzisław | 61 | Masters Kra nik | 2:58.86 | 347 | 39.10 | 44.38 | 47.59 | 47.79 |
| 7. Maciejczak Andrzej | 60 | Tarnowskie WOPR Masters | 2:59.09 | 346 | 37.27 | 47.85 | 47.78 | 46.19 |
| 8. Sutowski Robert | 59 | Warsaw Masters Team | 3:10.57 | 287 | 41.67 | 47.60 | 50.94 | 50.36 |
| 9. Nowicki Robert | 63 | Warsaw Masters Team | 3:20.33 | 247 | 44.02 | 50.66 | 52.79 | 52.86 |

Kategoria G

| | | | | | | | | |
|---------------------------|----|-------------------------|----------------|-----|-------|-------|---------|-------|
| 1. Przytułski Włodzimierz | 57 | Zgiersko-Ł czyckie WOPR | 2:31.32 | 684 | 33.29 | 36.03 | 37.38 | 44.62 |
| 2. Krcik Jozef | 57 | PVK Bratislava | 2:36.92 | 613 | 34.95 | 37.26 | 1:23.80 | 0.91 |
| 3. Birecki Roman | 55 | Masters Opole | 2:40.80 | 570 | 35.40 | 40.24 | 42.87 | 42.29 |
| 4. Kwiatkowski Jacek | 57 | YMCA Kraków | 2:45.63 | 521 | 35.92 | 41.81 | 44.96 | 42.94 |
| 5. Minkiewicz Jerzy | 56 | Masters Opole | 2:50.91 | 474 | 36.37 | 43.32 | 46.10 | 45.12 |
| 6. Mi ski Andrzej | 56 | Niezrzeszeni.pl | 3:06.07 | 368 | 41.65 | 47.17 | 49.10 | 48.15 |
| 7. Lasowy Marian | 55 | Masters Gorzów Wlkp. | 3:13.92 | 325 | 41.17 | 48.54 | 52.35 | 51.86 |
| 8. Wepa Wiesław | 56 | Masters Chełm | 3:37.37 | 230 | 46.99 | 55.01 | 58.70 | 56.67 |

Kategoria H

| | | | | | | | | |
|-------------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. Rubaszkiwicz Andrzej | 49 | MKS Piaseczno | 2:37.93 | 665 | 35.89 | 39.57 | 42.34 | 40.13 |
| 2. Kubicki Leszek | 53 | Gdynia Masters | 2:43.22 | 602 | 35.22 | 41.07 | 43.84 | 43.09 |
| 3. Ciecior Jerzy | 53 | Orka Masters Radlin | 2:52.91 | 506 | 37.69 | 43.73 | 45.95 | 45.54 |
| 4. Kulczyk Krzysztof | 52 | Wodnik 29 Katowice | 2:59.77 | 451 | 37.72 | 45.39 | 50.21 | 46.45 |
| 5. Michałkowski Andrzej | 51 | TKKF Koszalin | 3:35.48 | 261 | 46.37 | 54.19 | 58.33 | 56.59 |

Kategoria I

| | | | | | | | | |
|------------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Bashmakov Alexander | 46 | Poseidon Moscow | 2:39.34 | 768 | 37.73 | 39.03 | 41.23 | 41.35 |
| 2. Mleczo Andrzej | 47 | Masters Korona Kraków | 2:54.96 | 580 | 37.83 | 44.14 | 46.69 | 46.30 |
| 3. Galkin Mykhailo | 47 | Masters SC Euro Lviv | 3:01.14 | 523 | 43.61 | 46.58 | 45.95 | 45.00 |
| 4. Maciejczyk Zbigniew | 47 | Zgiersko-Ł czyckie WOPR | 3:06.76 | 477 | 39.49 | 47.30 | 51.31 | 48.66 |
| 5. Wolniewicz Janusz | 48 | Trójka Oborniki | 3:16.86 | 407 | 43.10 | 49.69 | 53.05 | 51.02 |

Kategoria J

| | | | | | | | | |
|-------------------------|----|-----------------------|----------------|-----|-------|---------|---------|---------|
| 1. Buczkowski Władysław | 42 | Weteran Zabrze | 3:04.84 | 541 | 42.71 | 47.74 | 48.58 | 45.81 |
| 2. Krawczyk Tadeusz | 43 | Masters Korona Kraków | 4:02.11 | 240 | 49.82 | 1:03.22 | 1:06.11 | 1:02.96 |

Kategoria K

| | | | | | | | | |
|------------------------|----|-------------------|----------------|-----|-------|-------|-------|-------|
| 1. Lewandowski Zygmunt | 37 | Delfin Inowrocław | 3:24.16 | 472 | 46.74 | 52.62 | 54.21 | 50.59 |
|------------------------|----|-------------------|----------------|-----|-------|-------|-------|-------|

Kategoria L

| | | | | | | | | |
|-----------------------|----|------------------------|----------------|-----|---------|---------|---------|---------|
| 1. Ludwiczak Zbigniew | 33 | STP Masters Szczecinek | 3:59.49 | 426 | 56.20 | 1:00.82 | 1:02.26 | 1:00.21 |
| 2. I y ski Jan | 31 | AZS AWF Katowice | 5:03.23 | 209 | 1:04.32 | 1:20.08 | 1:22.33 | 1:16.50 |
| 3. From Kazimierz | 32 | Zawodnik niezrzeszony | 5:13.30 | 190 | 1:05.44 | 1:20.00 | | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 28
16/11/2013 - 20:18

Kobiet, 4 x 50m dowolny

AG 80 - 400
Wyniki

Punkty: DSV Masters 13

| Pozycja | | | | Czas | Pkt. |
|--------------------|------------------------------------|----------------------------------|--|----------------|-------|
| Kategoria A | | | | | |
| 1. | Tarnowskie WOPR Masters A | Tarnowskie WOPR Masters | | 2:04.66 | |
| | Mróz Urszula 86 | 31.65 Rompała Agata 82 | | | 30.54 |
| | Rompała Karolina 85 | 32.15 Opitz Agnieszka 82 | | | 30.32 |
| Kategoria B | | | | | |
| 1. | Delfin Masters Tarnobrzeg B | Delfin Masters Tarnobrzeg | | 2:09.98 | |
| | Rozmus Angelika 78 | 32.04 Maci g Monika 72 | | | 33.73 |
| | Osmala Renata 77 | 32.38 Meksuła Agata 77 | | | 31.83 |
| 2. | AZS UWM Masters Olsztyn B | AZS UWM Masters Olsztyn | | 2:12.04 | |
| | Kucharska Jowita 80 | 31.79 Piekut Anna 88 | | | 32.66 |
| | Go dziejewska Anna 67 | 33.69 Przybysz Aleksandra 82 | | | 33.90 |
| 3. | Masters Korona Kraków B | Masters Korona Kraków | | 2:17.87 | |
| | Jamrozik Justyna 88 | 33.19 Janeczko Anna 72 | | | 34.01 |
| | Kwaterna Joanna 84 | 36.51 Wysocka Klaudia 66 | | | 34.16 |
| 4. | Wodnik 29 Katowice B | Wodnik 29 Katowice | | 2:23.30 | |
| | Mróz Edyta 79 | 33.41 Stefanek Jolanta 60 | | | 41.56 |
| | Fira El bieta 75 | 37.75 Duda Anna 81 | | | 30.58 |
| 5. | Warsaw Masters Team B | Warsaw Masters Team | | 2:25.94 | |
| | Mazurkiewicz Agnieszka 82 | 35.89 Mancewicz Barbara 86 | | | 42.17 |
| | Stanisławska Anna 87 | 35.72 Krzy anowska Ewa 72 | | | 32.16 |
| 6. | KP Koziegłowy B | KP Koziegłowy | | 2:26.18 | |
| | Szała Ewa 59 | 34.44 Jakubowska Ewa 72 | | | 43.11 |
| | Maduzia Aneta 84 | 36.31 Chomicz Joanna 88 | | | 32.32 |
| Kategoria C | | | | | |
| 1. | Zgiersko-Ł czyckie WOPR C | Zgiersko-Ł czyckie WOPR | | 2:05.43 | |
| | Fajkowska Daria 73 | 29.60 cibiorek Małgorzata 71 | | | 29.92 |
| | Mróz Urszula 62 | 33.97 St pie Ewa 62 | | | 31.94 |
| Kategoria D | | | | | |
| 1. | Masters Korona Kraków D | Masters Korona Kraków | | 2:12.26 | |
| | Kuli Mariola 66 | 31.35 Wysocka Marta 59 | | | 34.54 |
| | Legutko Mirosława 57 | 36.44 Fr czek Izabela 70 | | | 29.93 |
| 2. | Masters Gdynia D | Gdynia Masters | | 2:42.63 | |
| | Pola czyk Renata 59 | 42.01 Radkowiak Danuta 60 | | | 40.76 |
| | Mysiak Katarzyna 61 | 40.76 Mazurek Katarzyna 59 | | | 39.10 |
| Kategoria E | | | | | |
| 1. | Weteran Zabrze E | Weteran Zabrze | | 2:31.50 | |
| | Bastek Renata 43 | 35.79 Brendler Barbara 50 | | | 39.85 |
| | Bosowska Janina 47 | 44.69 Frank Marta 68 | | | 31.17 |
| PK | MSC Euro Lviv E | Masters SC Euro Lviv | | 2:54.94 | |
| | Khiresz Lyudmyla 57 | 35.02 Tymoshenko Lidiya 49 | | | 44.53 |
| | Golub Nina 42 | 57.27 Hertsyk Nataliya 63 | | | 38.12 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 29
16/11/2013 - 20:25

M czynn, 4 x 50m dowolny

AG 80 - 400
Wyniki

Punkty: DSV Masters 13

Pozycja

Czas

Pkt.

Kategoria A

| | | | | | |
|--------------------------|----|---------------------|--------------|----------------|-------|
| 1. Warsaw Masters Team A | | Warsaw Masters Team | | 1:40.77 | |
| Safroczyk Piotr | 88 | 23.83 | Pfitzner Jan | 86 | 25.42 |
| Kozak Stanisław | 86 | 26.28 | Dziwoł Karol | 81 | 25.24 |

Kategoria B

| | | | | | |
|------------------------------|----|-------------------------|--------------------|----------------|-------|
| 1. Legia Warszawa B | | Legia Warszawa | | 1:43.13 | |
| Spyra Krzysztof | 73 | 27.07 | Wilczyński Marcin | 81 | 25.70 |
| Wilczyński Tomasz | 87 | 25.93 | Pełski Jan | 87 | 24.43 |
| 2. Redeco Wrocław B | | Redeco Wrocław | | 1:45.41 | |
| Hałada Łukasz | 83 | 27.28 | Piśkowski Jakub | 83 | 25.90 |
| Ptak Łukasz | 83 | 26.64 | Urban Wojciech | 82 | 25.59 |
| 3. Warta Poznań B | | Warta Poznań | | 1:45.71 | |
| Tomaszewski Tomasz | 81 | 26.32 | Stanoch Jakub | 83 | 26.39 |
| Liszewski Rafał | 84 | 26.41 | Isalski Przemysław | 82 | 26.59 |
| 4. Tarnowskie WOPR Masters B | | Tarnowskie WOPR Masters | | 1:47.37 | |
| Jurek Przemysław | 81 | 26.67 | Litwora Łukasz | 76 | 28.35 |
| Jurek Radosław | 83 | 27.69 | Kacer Maciej | 83 | 24.66 |
| 5. Masters Korona Kraków B | | Masters Korona Kraków | | 1:48.52 | |
| Latuszek Kamil | 88 | 26.18 | Hoffman Wojciech | 75 | 29.17 |
| Binkowski Michał | 82 | 26.26 | Jurek Jacek | 85 | 26.91 |
| 6. Piatka Konstancyńów Ł. B | | Piatka Konstancyńów Ł. | | 1:48.79 | |
| Trudnos Rafał | 80 | 28.16 | Grabarczyk Marcin | 79 | 27.04 |
| Zdzienycki Wojciech | 80 | 27.12 | Olejarczyk Igor | 79 | 26.47 |
| 7. Piatka Konstancyńów Ł. B | | Piatka Konstancyńów Ł. | | 1:51.85 | |
| Pietrowski Witold | 80 | 28.54 | Kotus Tomasz | 81 | 26.98 |
| Olkowicz Arkadiusz | 76 | 28.26 | Karczmarczyk Jakub | 80 | 28.07 |
| 8. Warsaw Masters Team B | | Warsaw Masters Team | | 1:56.75 | |
| Kałuski Wojciech | 80 | 31.70 | Czupryn Jacek | 88 | 30.21 |
| Skołkiewicz Rafał | 66 | 27.73 | Makomski Tomasz | 86 | 27.11 |
| 9. Piatka Konstancyńów Ł. B | | Piatka Konstancyńów Ł. | | 2:03.58 | |
| Raj Łukasz | 79 | 29.85 | Gryczyński Jakub | 80 | 31.50 |
| Pintara Kornel | 78 | 30.26 | Sidorowicz Jakub | 83 | 31.97 |

DYSKW. JW 2399 witoszów B

JW 2399 witosów

O4 - Start wykonany przed sygnałem (przedwczesny start)

| | | | | | |
|--------------------|----|-------|------------------|----|-------|
| Stępie Radosław | 84 | 28.04 | Janowski Mariusz | 80 | 28.57 |
| Druciarek Jarosław | 87 | 29.62 | Horbach Marcin | 74 | 25.66 |

Kategoria C

| | | | | | |
|----------------------------------|----|-----------------------------|---------------------|----------------|-------|
| 1. Wodnik 29 Katowice C | | Wodnik 29 Katowice | | 1:45.54 | |
| Skoczyła Tomasz | 66 | 27.96 | Splawski Michał | 81 | 25.28 |
| Wilczek Jan | 58 | 28.21 | Szczypkowski Marcin | 86 | 24.09 |
| 2. Motyl Senior MOSiR St. Wola C | | Motyl Senior MOSiR St. Wola | | 1:46.14 | |
| Baran Robert | 75 | 26.09 | Przybylski Adam | 67 | 27.16 |
| Opaliński Paweł | 74 | 27.31 | Berwecki Arkadiusz | 73 | 25.58 |
| 3. Masters Korona Kraków C | | Masters Korona Kraków | | 1:49.74 | |
| Kaliszyk Mariusz | 70 | 26.79 | Kominiak Robert | 64 | 28.04 |
| Pyr Szymon | 73 | 28.52 | Czerniecki Tomasz | 82 | 26.39 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 29, M czynn, 4 x 50m dowolny, Kategoria C

| Pozycja | | | | Czas | Pkt. |
|---------|------------------------------------|----|----------------------------------|----------------|-------|
| 4. | CM UJ Kraków C | | CM UJ Masters Kraków | 1:53.95 | |
| | Szczurek Marcin | 72 | 28.07 Liszkowski Wojciech | 72 | 27.69 |
| | Wo niak Mirosław | 69 | 31.51 Baranik Mariusz | 69 | 26.68 |
| 5. | Masters Gorzów C | | Masters Gorzów Wlkp. | 1:54.04 | |
| | Borus Dawid | 70 | 28.97 Rutkowski Artur | 74 | 28.53 |
| | Łopaci ski Artur | 72 | 29.22 Wojciechowicz Marek | 70 | 27.32 |
| 6. | Delfin Masters Tarnobrzeg C | | Delfin Masters Tarnobrzeg | 1:54.96 | |
| | Szklarz Artur | 75 | 28.67 Szwajkowski Albert | 71 | 29.70 |
| | Kowalski Sławek | 72 | 29.26 I czka Krzysztof | 74 | 27.33 |
| 7. | Warta Pozna C | | Warta Pozna | 1:55.60 | |
| | Waraczewski Przemysław | 62 | 32.22 Konowski Paweł | 83 | 27.08 |
| | Janyga Dariusz | 66 | 29.02 Olszewski Paweł | 62 | 27.28 |
| 8. | AZS UWM Masters Olsztyn C | | AZS UWM Masters Olsztyn | 2:00.83 | |
| | Markowicz Piotr | 67 | 29.61 Mówi ski Grzegorz | 69 | 32.26 |
| | Ko likowski Marek | 61 | 31.03 Suchecki Piotr | 77 | 27.93 |
| 9. | Tarnowskie WOPR Masters C | | Tarnowskie WOPR Masters | 2:11.83 | |
| | Charchouli Norbert | 75 | 34.59 Wytrwał Adam | 69 | 33.62 |
| | Maciejczak Andrzej | 60 | 34.26 Dymiter Mateusz | 86 | 29.36 |
| 10. | Masters Krosno C | | Masters Krosno | 2:12.08 | |
| | ebracki Bogdan | 66 | 30.21 Koza Maciej | 74 | 34.24 |
| | Majsiak Ryszard | 65 | 35.21 Kuryło Artur | 70 | 32.42 |

Kategoria D

| | | | | | |
|----|--------------------------------|----|------------------------------|----------------|-------|
| 1. | Pregel Kaliningrad D | | Pregel Kaliningrad | 2:02.79 | |
| | Katakchiev Sergey | 68 | 28.27 Dirindyayev Sergey | 63 | 31.02 |
| | Smirnov Alexander | 68 | 29.97 Denisenko Akim | 53 | 33.53 |
| 2. | Olimpia Pozna D | | Olimpia Pozna | 2:04.58 | |
| | Cybertowicz Sławomir | 66 | 29.23 Krzy anowski Ryszard | 49 | 34.72 |
| | Pietraszewski Zbigniew | 55 | 32.98 Zadoro ny Bartłomiej | 78 | 27.65 |
| 3. | Masters Opole D | | Masters Opole | 2:04.68 | |
| | Januszkiewicz Zbigniew | 62 | 27.81 Krasnod bski Zbigniew | 56 | 33.48 |
| | Birecki Roman | 55 | 32.15 Minkiewicz Jerzy | 56 | 31.24 |
| 4. | Masters Korona Kraków D | | Masters Korona Kraków | 2:07.00 | |
| | Chołda Krzysztof | 64 | 31.33 Mleczko Andrzej | 47 | 32.62 |
| | Zadro ny Jarosław | 66 | 33.65 Piszczek Waldemar | 62 | 29.40 |

Kategoria E

| | | | | | |
|----|----------------------------------|----|--------------------------------|----------------|-------|
| 1. | Zgiersko-Ł czyckie WOPR E | | Zgiersko-Ł czyckie WOPR | 2:12.14 | |
| | Maciejczyk Zbigniew | 47 | 33.53 Ossowski Aleksander | 53 | 32.09 |
| | Wiczel Roman | 48 | 36.63 Przytułski Włodzimierz | 57 | 29.89 |
| 2. | Weteran Zabrze E | | Weteran Zabrze | 2:15.19 | |
| | Kornicki Wiesław | 49 | 32.67 Poloczek Bernard | 47 | 37.52 |
| | Bosowski Włodzimierz | 48 | 37.58 Rother Marek | 68 | 27.42 |
| 3. | Masters Opole E | | Masters Opole | 2:30.85 | |
| | Szpała Janusz | 48 | 38.38 Garbarczuk Janusz | 51 | 37.32 |
| | Bryniak Jan | 53 | 36.42 Witkowski Tadeusz | 37 | 38.73 |

Kategoria F

| | | | | | |
|----|-------------------------|----|--------------------------|----------------|-------|
| 1. | Weteran Zabrze F | | Weteran Zabrze | 2:19.30 | |
| | Buczowski Władysław | 42 | 34.11 Bastek Ewald | 39 | 36.55 |
| | Fecica Daniel | 40 | 36.41 Kiszczak Stanisław | 48 | 32.23 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 29, M czynn, 4 x 50m dowolny

| | | | | | | | |
|----|---------------------|----|-------|----------------------|----|----------------|-------|
| PK | MSC Euro Lviv D | | | Masters SC Euro Lviv | | 1:52.36 | |
| | Delyatynskyy Stepan | 65 | 29.37 | Mashkin Sergiy | 55 | | 29.19 |
| | Fedorov Serhiy | 55 | 28.23 | Syrbu Oleksandr | 72 | | 25.57 |

Konkurencja 30
16/11/2013 - 20:40

Kobiet, 400m zmienny

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

Pozycja Rok ur. Czas Pkt.

Kategoria 0

| | | | | | | |
|----|---------------------|---------------|-----------------------|----------------|---------------|-------|
| 1. | Zadro na Karolina | 92 | Masters Korona Kraków | 6:36.66 | 440 | |
| | 50m: 42.89 42.89 | 150m: 2:31.88 | 54.41 250m: 4:21.01 | 55.58 | 350m: 5:58.17 | 39.53 |
| | 100m: 1:37.47 54.58 | 200m: 3:25.43 | 53.55 300m: 5:18.64 | 57.63 | 400m: 6:36.66 | 38.49 |

Kategoria A

| | | | | | | |
|----|-----------------------|---------------|-----------------------|----------------|---------------|-------|
| 1. | Palmowska Paulina | 85 | Masters Korona Kraków | 6:14.03 | 539 | |
| | 50m: 37.23 37.23 | 150m: 2:12.55 | 49.95 250m: 3:52.80 | 51.65 | 350m: 5:31.80 | 46.47 |
| | 100m: 1:22.60 45.37 | 200m: 3:01.15 | 48.60 300m: 4:45.33 | 52.53 | 400m: 6:14.03 | 42.23 |
| 2. | Kwaterna Joanna | 84 | Masters Korona Kraków | 6:54.37 | 397 | |
| | 50m: 45.81 45.81 | 150m: 2:43.10 | 54.72 250m: 4:28.13 | 51.45 | 350m: 6:08.49 | 48.39 |
| | 100m: 1:48.38 1:02.57 | 200m: 3:36.68 | 53.58 300m: 5:20.10 | 51.97 | 400m: 6:54.37 | 45.88 |
| 3. | Stanisławska Anna | 87 | Warsaw Masters Team | 7:19.43 | 332 | |
| | 50m: 44.93 44.93 | 150m: 2:40.19 | 1:02.17 250m: 4:38.82 | 1:00.16 | 350m: 6:30.69 | 48.78 |
| | 100m: 1:38.02 53.09 | 200m: 3:38.66 | 58.47 300m: 5:41.91 | 1:03.09 | 400m: 7:19.43 | 48.74 |

Kategoria B

| | | | | | | |
|----|---------------------|---------------|---------------------|----------------|---------------|-------|
| 1. | Malchar Jowita | 82 | Delfinek Legnica | 6:05.65 | 577 | |
| | 50m: 37.98 37.98 | 150m: 2:08.99 | 46.41 250m: 3:48.11 | 52.76 | 350m: 5:24.42 | 44.03 |
| | 100m: 1:22.58 44.60 | 200m: 2:55.35 | 46.36 300m: 4:40.39 | 52.28 | 400m: 6:05.65 | 41.23 |
| 2. | Sikacz Hanna | 79 | Redeco Wrocław | 6:50.05 | 409 | |
| | 50m: 46.01 46.01 | 150m: 2:34.02 | 52.12 250m: 4:22.81 | 55.96 | 350m: 6:07.09 | 46.26 |
| | 100m: 1:41.90 55.89 | 200m: 3:26.85 | 52.83 300m: 5:20.83 | 58.02 | 400m: 6:50.05 | 42.96 |

Kategoria C

| | | | | | | |
|----|---------------------|---------------|-----------------------|----------------|---------------|-------|
| 1. | Sołyk Judyta | 74 | Zawodnik niezrzeszony | 6:01.10 | 667 | |
| | 50m: 36.15 36.15 | 150m: 2:05.72 | 46.74 250m: 3:44.24 | 52.24 | 350m: 5:20.39 | 42.46 |
| | 100m: 1:18.98 42.83 | 200m: 2:52.00 | 46.28 300m: 4:37.93 | 53.69 | 400m: 6:01.10 | 40.71 |
| 2. | Sirenko Romana | 76 | Masters SC Euro Lviv | 6:42.93 | 480 | |
| | 50m: 44.00 44.00 | 150m: 2:28.76 | 49.48 250m: 4:13.67 | 55.54 | 350m: 5:56.91 | 47.41 |
| | 100m: 1:39.28 55.28 | 200m: 3:18.13 | 49.37 300m: 5:09.50 | 55.83 | 400m: 6:42.93 | 46.02 |

Kategoria E

| | | | | | | |
|----|---------------------|---------------|-------------------------|----------------|---------------|-------|
| 1. | Puchalska Joanna | 64 | Sopot Masters | 5:48.31 | 831 | |
| | 50m: 37.17 37.17 | 150m: 2:05.53 | 46.88 250m: 3:39.41 | 48.33 | 350m: 5:09.33 | 41.42 |
| | 100m: 1:18.65 41.48 | 200m: 2:51.08 | 45.55 300m: 4:27.91 | 48.50 | 400m: 5:48.31 | 38.98 |
| 2. | Go dziejewska Anna | 67 | AZS UWM Masters Olsztyn | 6:36.88 | 562 | |
| | 50m: 47.01 47.01 | 150m: 2:30.37 | 50.32 250m: 4:12.13 | 53.31 | 350m: 5:52.13 | 45.46 |
| | 100m: 1:40.05 53.04 | 200m: 3:18.82 | 48.45 300m: 5:06.67 | 54.54 | 400m: 6:36.88 | 44.75 |
| 3. | Sikorska Małgorzata | 66 | Astoria Bydgoszcz | 6:42.90 | 537 | |
| | 50m: 45.23 45.23 | 150m: 2:27.39 | 49.75 250m: 4:16.01 | 58.53 | 350m: 5:59.63 | 44.97 |
| | 100m: 1:37.64 52.41 | 200m: 3:17.48 | 50.09 300m: 5:14.66 | 58.65 | 400m: 6:42.90 | 43.27 |



Konkurencja 30, Kobiety, 400m zmienny

Kategoria F

| | | | | |
|-----------------------|-----------------------|------------------------|---------------------|-----|
| 1. Szała Ewa | 59 | KP Koziegłowy | 6:44.73 | 571 |
| 50m: 44.71 44.71 | 150m: 2:28.37 50.78 | 250m: 4:15.39 56.55 | 350m: 5:59.24 46.48 | |
| 100m: 1:37.59 52.88 | 200m: 3:18.84 50.47 | 300m: 5:12.76 57.37 | 400m: 6:44.73 45.49 | |
| 2. Pola czyk Renata | 59 | Gdynia Masters | 8:01.16 | 340 |
| 50m: 52.59 52.59 | 150m: 2:52.43 55.51 | 250m: 5:01.05 1:15.29 | 350m: 7:11.44 53.96 | |
| 100m: 1:56.92 1:04.33 | 200m: 3:45.76 53.33 | 300m: 6:17.48 1:16.43 | 400m: 8:01.16 49.72 | |
| 3. Kara Beata | 62 | Victory Masters Elbl g | 8:26.88 | 291 |
| 50m: 54.41 54.41 | 150m: 3:05.76 1:07.65 | 250m: 5:24.58 1:14.63 | 350m: 7:34.79 53.77 | |
| 100m: 1:58.11 1:03.70 | 200m: 4:09.95 1:04.19 | 300m: 6:41.02 1:16.44 | 400m: 8:26.88 52.09 | |

Kategoria G

| | | | | |
|-----------------------|-----------------------|-----------------------|------------------------|-----|
| 1. Legutko Mirosława | 57 | Masters Korona Kraków | 7:47.03 | 496 |
| 50m: 52.57 52.57 | 150m: 2:53.44 58.06 | 250m: 4:58.23 1:05.49 | 350m: 6:55.47 53.11 | |
| 100m: 1:55.38 1:02.81 | 200m: 3:52.74 59.30 | 300m: 6:02.36 1:04.13 | 400m: 7:47.03 51.56 | |
| 2. Benova Dana | 56 | Spolchemie Usti n/L | 10:49.43 | 184 |
| 50m: 1:26.97 1:26.97 | 150m: 4:45.32 1:21.75 | 250m: 7:15.49 1:14.07 | 350m: 9:41.92 1:10.95 | |
| 100m: 3:23.57 1:56.60 | 200m: 6:01.42 1:16.10 | 300m: 8:30.97 1:15.48 | 400m: 10:49.43 1:07.51 | |

Konkurencja 31
16/11/2013 - 21:09

M czyzn, 400m zmienny

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | Czas | Pkt. |
|------------------------|---------------------|--------------------------------|---------------------|
| Kategoria 0 | | | |
| 1. Czermak Tomasz | 91 | AZS AWF Katowice | 5:02.77 696 |
| 50m: 32.55 32.55 | 150m: 1:50.94 40.16 | 250m: 3:11.49 40.74 | 350m: 4:29.18 35.59 |
| 100m: 1:10.78 38.23 | 200m: 2:30.75 39.81 | 300m: 3:53.59 42.10 | 400m: 5:02.77 33.59 |
| 2. Stanek Wojciech | 92 | ORS Opole | 5:50.61 448 |
| 50m: 35.04 35.04 | 150m: 2:10.26 50.91 | 250m: 3:44.40 47.61 | 350m: 5:12.86 40.33 |
| 100m: 1:19.35 44.31 | 200m: 2:56.79 46.53 | 300m: 4:32.53 48.13 | 400m: 5:50.61 37.75 |
| Kategoria A | | | |
| 1. Kluczyk Szymon | 87 | Swimming Masters Team Szczecin | 5:13.89 657 |
| 50m: 32.86 32.86 | 150m: 1:52.10 40.65 | 250m: 3:17.82 45.55 | 350m: 4:39.51 35.92 |
| 100m: 1:11.45 38.59 | 200m: 2:32.27 40.17 | 300m: 4:03.59 45.77 | 400m: 5:13.89 34.38 |
| 2. Bogdanowicz Bartosz | 84 | Masters Białystok | 5:33.32 548 |
| 50m: 33.09 33.09 | 150m: 1:56.93 44.83 | 250m: 3:26.90 48.37 | 350m: 4:56.98 39.54 |
| 100m: 1:12.10 39.01 | 200m: 2:38.53 41.60 | 300m: 4:17.44 50.54 | 400m: 5:33.32 36.34 |
| 3. Dymiter Mateusz | 86 | Tarnowskie WOPR Masters | 5:51.55 467 |
| 50m: 33.94 33.94 | 150m: 2:02.64 48.48 | 250m: 3:40.77 51.04 | 350m: 5:12.11 41.81 |
| 100m: 1:14.16 40.22 | 200m: 2:49.73 47.09 | 300m: 4:30.30 49.53 | 400m: 5:51.55 39.44 |
| 4. Lechner Jakub | 86 | Straz pod Ralskiem | 5:58.22 442 |
| 50m: 33.82 33.82 | 150m: 2:03.77 47.63 | 250m: 3:40.89 51.11 | 350m: 5:17.92 44.61 |
| 100m: 1:16.14 42.32 | 200m: 2:49.78 46.01 | 300m: 4:33.31 52.42 | 400m: 5:58.22 40.30 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 31, M czynn, 400m zmienny

Kategoria B

| | | | | |
|------------------------|---------------------|-------------------------|---------------------|-----|
| 1. Twarowski Karol | 79 | Toru czyk Masters Toru | 5:03.93 | 678 |
| 50m: 31.17 31.17 | 150m: 1:48.61 39.43 | 250m: 3:11.14 43.52 | 350m: 4:31.31 36.67 | |
| 100m: 1:09.18 38.01 | 200m: 2:27.62 39.01 | 300m: 3:54.64 43.50 | 400m: 5:03.93 32.62 | |
| 2. Orbidans Jaroslavs | 81 | Jelgava SPS | 5:05.07 | 670 |
| 50m: 31.12 31.12 | 150m: 1:46.65 38.64 | 250m: 3:09.60 43.82 | 350m: 4:30.96 35.76 | |
| 100m: 1:08.01 36.89 | 200m: 2:25.78 39.13 | 300m: 3:55.20 45.60 | 400m: 5:05.07 34.11 | |
| 3. Kozikowski Michał | 80 | AZS UWM Masters Olsztyn | 5:36.12 | 501 |
| 50m: 35.65 35.65 | 150m: 2:01.93 42.63 | 250m: 3:28.87 45.46 | 350m: 4:56.72 41.88 | |
| 100m: 1:19.30 43.65 | 200m: 2:43.41 41.48 | 300m: 4:14.84 45.97 | 400m: 5:36.12 39.40 | |
| 4. Kotus Tomasz | 81 | Piłka Konstantynów Ł. | 5:41.82 | 476 |
| 50m: 32.19 32.19 | 150m: 1:59.69 46.59 | 250m: 3:37.55 51.05 | 350m: 5:06.53 38.91 | |
| 100m: 1:13.10 40.91 | 200m: 2:46.50 46.81 | 300m: 4:27.62 50.07 | 400m: 5:41.82 35.29 | |
| 5. Arentewicz Grzegorz | 81 | Toru czyk Masters Toru | 6:17.97 | 352 |
| 50m: 37.58 37.58 | 150m: 2:30.01 42.43 | 250m: 3:59.12 53.11 | 350m: 5:28.12 39.00 | |
| 100m: 1:22.26 44.68 | 200m: 3:06.01 36.00 | 300m: 4:51.58 52.46 | 400m: 6:17.97 35.39 | |

Kategoria C

| | | | | |
|------------------------|---------------------|-----------------------------|---------------------|-----|
| 1. Horbacz Marcin | 74 | JW 2399 witosów | 4:51.80 | 818 |
| 50m: 30.15 30.15 | 150m: 1:44.45 39.90 | 250m: 3:04.20 40.73 | 350m: 4:19.62 34.30 | |
| 100m: 1:04.55 34.40 | 200m: 2:23.47 39.02 | 300m: 3:45.32 41.12 | 400m: 4:51.80 32.18 | |
| 2. Dygdo Paweł | 75 | Wodnik 29 Katowice | 5:52.13 | 465 |
| 50m: 34.20 34.20 | 150m: 1:59.11 45.90 | 250m: 3:35.55 50.85 | 350m: 5:10.93 43.87 | |
| 100m: 1:13.21 39.01 | 200m: 2:44.70 45.59 | 300m: 4:27.06 51.51 | 400m: 5:52.13 41.20 | |
| 3. Rutkowski Artur | 74 | Masters Gorzów Wlkp. | 5:57.36 | 445 |
| 50m: 36.09 36.09 | 150m: 2:10.00 43.91 | 250m: 3:43.88 51.18 | 350m: 5:17.67 41.13 | |
| 100m: 1:19.95 43.86 | 200m: 2:52.70 42.70 | 300m: 4:36.54 52.66 | 400m: 5:57.36 39.69 | |
| 4. Pawłowski Krzysztof | 77 | Motyl Senior MOSiR St. Wola | 6:17.78 | 377 |
| 50m: 38.55 38.55 | 150m: 2:15.75 47.73 | 250m: 3:55.00 51.38 | 350m: 5:32.71 44.97 | |
| 100m: 1:28.02 49.47 | 200m: 3:03.62 47.87 | 300m: 4:47.74 52.74 | 400m: 6:17.78 45.07 | |

Kategoria D

| | | | | |
|---------------------|---------------------|-----------------------|---------------------|-----|
| 1. Pyr Szymon | 73 | Masters Korona Kraków | 5:29.84 | 555 |
| 50m: 33.94 33.94 | 150m: 1:57.04 45.26 | 250m: 3:29.12 48.48 | 350m: 4:54.04 37.18 | |
| 100m: 1:11.78 37.84 | 200m: 2:40.64 43.60 | 300m: 4:16.86 47.74 | 400m: 5:29.84 35.80 | |
| 2. Skodny Pavol | 69 | SPK Kupele Piestany | 5:42.05 | 497 |
| 50m: 35.43 35.43 | 150m: 2:01.32 43.73 | 250m: 3:34.48 49.96 | 350m: 5:03.78 39.59 | |
| 100m: 1:17.59 42.16 | 200m: 2:44.52 43.20 | 300m: 4:24.19 49.71 | 400m: 5:42.05 38.27 | |
| 3. Łopaciński Artur | 72 | Masters Gorzów Wlkp. | 6:10.76 | 390 |
| 50m: 35.59 35.59 | 150m: 2:10.24 48.26 | 250m: 3:52.99 54.91 | 350m: 5:30.20 43.20 | |
| 100m: 1:21.98 46.39 | 200m: 2:58.08 47.84 | 300m: 4:47.00 54.01 | 400m: 6:10.76 40.56 | |
| 4. Jaro Tomasz | 71 | Zawodnik niezrzeszony | 6:33.74 | 326 |
| 50m: 39.39 39.39 | 150m: 2:24.40 54.90 | 250m: 4:10.91 52.76 | 350m: 5:49.58 45.47 | |
| 100m: 1:29.50 50.11 | 200m: 3:18.15 53.75 | 300m: 5:04.11 53.20 | 400m: 6:33.74 44.16 | |

Kategoria E

| | | | | |
|---------------------|---------------------|---------------------|---------------------|-----|
| 1. Stanek Grzegorz | 68 | ORS Opole | 5:06.71 | 975 |
| 50m: 31.23 31.23 | 150m: 1:49.79 40.09 | 250m: 3:12.68 43.54 | 350m: 4:32.81 35.86 | |
| 100m: 1:09.70 38.47 | 200m: 2:29.14 39.35 | 300m: 3:56.95 44.27 | 400m: 5:06.71 33.90 | |
| 2. Kołmider Jan | 66 | Victoria Józefów | 5:51.57 | 647 |
| 50m: 41.37 41.37 | 150m: 2:15.36 46.48 | 250m: 3:47.89 47.67 | 350m: 5:15.08 39.84 | |
| 100m: 1:28.88 47.51 | 200m: 3:00.22 44.86 | 300m: 4:35.24 47.35 | 400m: 5:51.57 36.49 | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 31, M czynn, 400m zmienny, Kategoria E

| Pozycja | Rok ur. | Czas | Pkt. |
|---|----------------|------|------|
| DYSKW. Monczak Piotr | 67 Start Pozna | | |
| <i>K4 - Cykl ruchowy inny ni jeden ruch ramion i jedno kopni cie nogami (Czas: 21:31)</i> | | | |

Kategoria F

| | | | | |
|--|-----------------------|-----------------------------|---------------------|-----|
| 1. Szymik Piotr | 60 | Wodnik Siemianowice I. | 6:25.01 | 513 |
| 50m: 42.09 42.09 | 150m: 2:23.16 50.35 | 250m: 4:07.74 55.22 | 350m: 5:44.64 41.67 | |
| 100m: 1:32.81 50.72 | 200m: 3:12.52 49.36 | 300m: 5:02.97 55.23 | 400m: 6:25.01 40.37 | |
| 2. Niedzwiedz Tomasz | 63 | Zgiersko-Ł czyckie WOPR | 7:28.83 | 324 |
| 50m: 49.21 49.21 | 150m: 2:48.52 1:01.45 | 250m: 4:48.99 1:01.15 | 350m: 6:41.80 50.71 | |
| 100m: 1:47.07 57.86 | 200m: 3:47.84 59.32 | 300m: 5:51.09 1:02.10 | 400m: 7:28.83 47.03 | |
| 3. Cis Andrzej | 60 | Masters Kra nik | 7:38.62 | 304 |
| 50m: 46.38 46.38 | 150m: 2:47.17 1:00.61 | 250m: 4:52.79 1:05.12 | 350m: 6:50.98 53.31 | |
| 100m: 1:46.56 1:00.18 | 200m: 3:47.67 1:00.50 | 300m: 5:57.67 1:04.88 | 400m: 7:38.62 47.64 | |
| DYSKW. Lorkowski Robert | 60 | Motyl Senior MOSiR St. Wola | | |
| <i>K16 - Niejednoczesne dotkni cie ciany dło mi przy nawrocie lub na zako czenie wy cigu (Czas: 21:40)</i> | | | | |

Kategoria G

| | | | | |
|---------------------------|-----------------------|-----------------------|---------------------|-----|
| 1. Piechula Adolf | 57 | AZS PWSZ Racibórz | 6:23.61 | 603 |
| 50m: 44.56 44.56 | 150m: 2:25.49 49.52 | 250m: 4:08.06 54.41 | 350m: 5:43.90 42.72 | |
| 100m: 1:35.97 51.41 | 200m: 3:13.65 48.16 | 300m: 5:01.18 53.12 | 400m: 6:23.61 39.71 | |
| 2. Pietraszewski Zbigniew | 55 | Olimpia Pozna | 6:34.77 | 553 |
| 50m: 47.18 47.18 | 150m: 2:30.82 49.31 | 250m: 4:12.38 53.55 | 350m: 5:51.70 45.70 | |
| 100m: 1:41.51 54.33 | 200m: 3:18.83 48.01 | 300m: 5:06.00 53.62 | 400m: 6:34.77 43.07 | |
| 3. Kawecki Krzysztof | 57 | Astoria Bydgoszcz | 6:35.77 | 549 |
| 50m: 45.01 45.01 | 150m: 2:26.69 50.21 | 250m: 4:12.51 56.00 | 350m: 5:51.53 44.09 | |
| 100m: 1:36.48 51.47 | 200m: 3:16.51 49.82 | 300m: 5:07.44 54.93 | 400m: 6:35.77 44.24 | |
| 4. Samonek Krzysztof | 57 | Masters Kra nik | 8:10.67 | 288 |
| 50m: 51.91 51.91 | 150m: 2:55.79 1:01.77 | 250m: 5:10.29 1:15.33 | 350m: 7:18.37 55.64 | |
| 100m: 1:54.02 1:02.11 | 200m: 3:54.96 59.17 | 300m: 6:22.73 1:12.44 | 400m: 8:10.67 52.30 | |

Kategoria H

| | | | | |
|------------------------|-----------------------|-----------------------------|---------------------|-----|
| 1. Nowak Michał | 52 | Ursynów Masters | 6:55.26 | 592 |
| 50m: 43.85 43.85 | 150m: 3:22.60 1:44.57 | 250m: 5:13.42 55.61 | 350m: 6:55.26 | |
| 100m: 1:38.03 54.18 | 200m: 4:17.81 55.21 | 300m: 5:51.18 53.12 | 400m: 6:55.26 | |
| 2. Bryniak Jan | 53 | Masters Opole | 6:59.45 | 575 |
| 50m: 44.32 44.32 | 150m: 2:32.62 57.08 | 250m: 4:24.42 54.19 | 350m: 6:09.57 49.80 | |
| 100m: 1:35.54 51.22 | 200m: 3:30.23 57.61 | 300m: 5:19.77 55.35 | 400m: 6:59.45 49.88 | |
| 3. Jarzyna Włodzimierz | 49 | Motyl Senior MOSiR St. Wola | 7:06.05 | 548 |
| 50m: 49.57 49.57 | 150m: 2:44.13 56.18 | 250m: 4:36.62 1:00.20 | 350m: 6:24.70 48.55 | |
| 100m: 1:47.95 58.38 | 200m: 3:36.42 52.29 | 300m: 5:36.15 59.53 | 400m: 7:06.05 41.35 | |
| 4. Ciecior Jerzy | 53 | Orka Masters Radlin | 7:06.57 | 546 |
| 50m: 46.33 46.33 | 150m: 2:35.27 53.56 | 250m: 4:32.49 1:03.67 | 350m: 6:21.84 46.96 | |
| 100m: 1:41.71 55.38 | 200m: 3:28.82 53.55 | 300m: 5:34.88 1:02.39 | 400m: 7:06.57 44.73 | |
| 5. Dubi ski Bogdan | 53 | Zawodnik niezrzeszony | 7:12.73 | 523 |
| 50m: 49.38 49.38 | 150m: 2:42.62 54.58 | 250m: 5:47.03 1:02.47 | 350m: 7:12.73 | |
| 100m: 1:48.04 58.66 | 200m: 4:44.56 2:01.94 | 300m: 6:32.04 45.01 | 400m: 7:12.73 | |
| 6. Lietz Krzysztof | 52 | Toru czyk Masters Toru | 7:14.90 | 516 |
| 50m: 45.17 45.17 | 150m: 2:38.77 1:02.06 | 250m: 4:40.46 59.12 | 350m: 6:30.87 49.80 | |
| 100m: 1:36.71 51.54 | 200m: 3:41.34 1:02.57 | 300m: 5:41.07 1:00.61 | 400m: 7:14.90 44.03 | |
| 7. Szufarski Andrzej | 52 | Toru czyk Masters Toru | 7:57.88 | 389 |
| 50m: 50.67 50.67 | 150m: 2:57.56 1:06.14 | 250m: 5:01.72 1:01.23 | 350m: 7:03.05 57.13 | |
| 100m: 1:51.42 1:00.75 | 200m: 4:00.49 1:02.93 | 300m: 6:05.92 1:04.20 | 400m: 7:57.88 54.83 | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 31, M czynn, 400m zmienny, Kategoria H

| Pozycja | | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|---------------|---------|---------|---------|--------------|---------|-------|---------|----------------|-------|---------|---------|
| 8. | Wasiuk Janusz | | | 53 | Masters Kra | nik | | | 8:24.63 | 330 | | |
| | 50m: | 50.80 | 50.80 | 150m: | 3:05.61 | 1:17.44 | 250m: | 5:24.26 | 1:03.47 | 350m: | 7:26.31 | 59.45 |
| | 100m: | 1:48.17 | 57.37 | 200m: | 4:20.79 | 1:15.18 | 300m: | 6:26.86 | 1:02.60 | 400m: | 8:24.63 | 58.32 |
| 9. | Irczyk Leon | | | 51 | Orka Masters | Radlin | | | 8:50.72 | 284 | | |
| | 50m: | 57.60 | 57.60 | 150m: | 3:27.02 | 1:19.95 | 250m: | 5:44.69 | 1:03.28 | 350m: | 7:50.00 | 1:03.47 |
| | 100m: | 2:07.07 | 1:09.47 | 200m: | 4:41.41 | 1:14.39 | 300m: | 6:46.53 | 1:01.84 | 400m: | 8:50.72 | 1:00.72 |

Kategoria I

| | | | | | | | | | | | | |
|----|-------------------|---------|---------|-------|-------------------|-----------|-------|---------|----------------|-------|---------|---------|
| 1. | Ró alski Józef | | | 45 | MOSiR Ostrowiec | w. | | | 7:35.37 | 528 | | |
| | 50m: | 45.99 | 45.99 | 150m: | 2:48.50 | 1:02.51 | 250m: | 4:52.07 | 1:02.55 | 350m: | 6:46.90 | 50.34 |
| | 100m: | 1:45.99 | 1:00.00 | 200m: | 3:49.52 | 1:01.02 | 300m: | 5:56.56 | 1:04.49 | 400m: | 7:35.37 | 48.47 |
| 2. | Mleczo Andrzej | | | 47 | Masters Korona | Kraków | | | 8:16.34 | 408 | | |
| | 50m: | 58.16 | 58.16 | 150m: | 4:17.74 | 2:15.57 | 250m: | 6:32.33 | 1:07.25 | 350m: | 7:28.42 | |
| | 100m: | 2:02.17 | 1:04.01 | 200m: | 5:25.08 | 1:07.34 | 300m: | | | 400m: | 8:16.34 | 47.92 |
| 3. | Daszy ski Andrzej | | | 48 | Energetyk | Zgorzelec | | | 8:26.43 | 384 | | |
| | 50m: | 55.87 | 55.87 | 150m: | 3:05.38 | 1:03.53 | 250m: | 5:18.26 | 1:12.25 | 350m: | 7:26.68 | 57.97 |
| | 100m: | 2:01.85 | 1:05.98 | 200m: | 4:06.01 | 1:00.63 | 300m: | 6:28.71 | 1:10.45 | 400m: | 8:26.43 | 59.75 |
| 4. | Jawor Bogdan | | | 47 | Masters Polkowice | | | | 9:36.67 | 260 | | |
| | 50m: | 1:04.69 | 1:04.69 | 150m: | 3:37.11 | 1:15.62 | 250m: | 6:10.81 | 1:18.56 | 350m: | 8:33.97 | 1:05.02 |
| | 100m: | 2:21.49 | 1:16.80 | 200m: | 4:52.25 | 1:15.14 | 300m: | 7:28.95 | 1:18.14 | 400m: | 9:36.67 | 1:02.70 |

DYSKW. Czy Bolesław 48 Zawodnik niezrzeszony
K4 - Cykl ruchowy inny ni jeden ruch ramion i jedno kopni cie nogami (Czas: 22:08)

Kategoria J

DYSKW. Bugla Rudolf 40 Napród Rydułtowy
Z1 - Nieprawidłowa kolejno stylów pływania (prawidłowa: motylkowy, grzbietowy, klasyczny, dowolny) (Czas: 22:17)

Kategoria K

| | | | | | | | | | | | | |
|----|-----------------|---------|---------|-------|----------------|---------|-------|---------|-----------------|-------|----------|---------|
| 1. | Sielski Ryszard | | | 37 | Warsaw Masters | Team | | | 10:09.81 | 309 | | |
| | 50m: | 1:16.89 | 1:16.89 | 150m: | 4:03.69 | 1:19.34 | 250m: | 6:38.58 | 1:16.24 | 350m: | 9:03.70 | 1:07.84 |
| | 100m: | 2:44.35 | 1:27.46 | 200m: | 5:22.34 | 1:18.65 | 300m: | 7:55.86 | 1:17.28 | 400m: | 10:09.81 | 1:06.11 |

Kategoria L

| | | | | | | | | | | | | |
|----|------------------------|---------|---------|-------|---------------|---------|-------|---------|----------------|-------|---------|-------|
| 1. | Krokoszy ski Stanisław | | | 30 | Wisła Masters | Kraków | | | 9:04.08 | 551 | | |
| | 50m: | 1:04.98 | 1:04.98 | 150m: | 3:35.33 | 1:09.73 | 250m: | 6:00.19 | 1:12.97 | 350m: | 8:08.31 | 54.67 |
| | 100m: | 2:25.60 | 1:20.62 | 200m: | 4:47.22 | 1:11.89 | 300m: | 7:13.64 | 1:13.45 | 400m: | 9:04.08 | 55.77 |

| | | | | | | | | | | | | |
|----|--------------|---------|-------|-------|-----------------|-------|-------|---------|----------------|-------|---------|-------|
| PK | Valtr Vaclav | | | 56 | Spolchemie Usti | n/L | | | 6:16.08 | 640 | | |
| | 50m: | 42.02 | 42.02 | 150m: | 2:17.82 | 48.04 | 250m: | 3:57.82 | 52.58 | 350m: | 5:34.90 | 44.04 |
| | 100m: | 1:29.78 | 47.76 | 200m: | 3:05.24 | 47.42 | 300m: | 4:50.86 | 53.04 | 400m: | 6:16.08 | 41.18 |



4 - MP Masters BLOK IV

17/11/2013 - 9:00

Konkurencja 32
17/11/2013 - 9:00

Kobiet, 100m motylkowy

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|--------------------|------------------------|--------------------------------|----------------|------|-------|---------|
| Kategoria 0 | | | | | | |
| 1. | Wawrzy czak Karolina | 90 AZS Uniw. Wrocławski | 1:16.18 | 579 | 35.59 | 40.59 |
| 2. | Nawrocka Manuela | 90 SGGW Warszawa | 1:20.40 | 493 | 37.37 | 43.03 |
| 3. | Jaworska Monika | 90 Masters Korona Kraków | 1:26.46 | 396 | 40.42 | 46.04 |
| 4. | Zadro na Karolina | 92 Masters Korona Kraków | 1:26.92 | 390 | 39.36 | 47.56 |
| Kategoria A | | | | | | |
| 1. | Piekut Anna | 88 AZS UWM Masters Olsztyn | 1:15.09 | 618 | 35.27 | 39.82 |
| 2. | Bolewska Magdalena | 84 Toru czyk Masters Toru | 1:15.62 | 605 | 33.78 | 41.84 |
| 3. | Gajdus Marianna | 86 Warsaw Masters Team | 1:20.43 | 503 | 37.97 | 42.46 |
| 4. | Stanisławska Anna | 87 Warsaw Masters Team | 1:38.72 | 272 | 45.85 | 52.87 |
| Kategoria B | | | | | | |
| 1. | Goł biowska Joanna | 82 Warsaw Masters Team | 1:06.65 | 876 | 31.15 | 35.50 |
| 2. | Duda Anna | 81 Wodnik 29 Katowice | 1:16.78 | 573 | 34.38 | 42.40 |
| 3. | Opitz Agnieszka | 82 Tarnowskie WOPR Masters | 1:18.11 | 544 | 36.03 | 42.08 |
| 4. | Malchar Jowita | 82 Delfinek Legnica | 1:18.32 | 540 | 36.96 | 41.36 |
| 5. | Przybysz Aleksandra | 82 AZS UWM Masters Olsztyn | 1:33.09 | 321 | 43.18 | 49.91 |
| Kategoria C | | | | | | |
| 1. | Rozmus Angelika | 78 Delfin Masters Tarnobrzeg | 1:23.05 | 487 | 39.78 | 43.27 |
| 2. | Sirenko Romana | 76 Masters SC Euro Lviv | 1:27.85 | 411 | 38.46 | 49.39 |
| Kategoria D | | | | | | |
| 1. | cibiorek Małgorzata | 71 Zgiersko-Ł czyckie WOPR | 1:09.37 | 865 | 32.52 | 36.85 |
| 2. | Sulewska Beata | 72 Weteran Zabrze | 1:18.43 | 598 | 36.82 | 41.61 |
| Kategoria E | | | | | | |
| 1. | Puchalska Joanna | 64 Sopot Masters | 1:14.43 | 764 | 35.23 | 39.20 |
| 2. | Petecka Maria | 67 Motyl Senior MOSiR St. Wola | 1:30.12 | 430 | 42.43 | 47.69 |
| Kategoria F | | | | | | |
| 1. | Mróz Urszula | 62 Zgiersko-Ł czyckie WOPR | 1:29.35 | 496 | 41.23 | 48.12 |
| 2. | Macierzewska Agnieszka | 60 Masters Korona Kraków | 1:29.52 | 494 | 41.10 | 48.42 |
| 3. | Mazurek Katarzyna | 59 Gdynia Masters | 1:39.27 | 362 | 44.57 | 54.70 |
| 4. | Kara Beata | 62 Victory Masters Elbl g | 1:55.23 | 231 | 52.18 | 1:03.05 |
| Kategoria G | | | | | | |
| 1. | Aleskchenko Natalia | 57 Pregel Kaliningrad | 1:27.22 | 733 | 40.75 | 46.47 |
| 2. | Legutko Mirosława | 57 Masters Korona Kraków | 1:44.65 | 424 | 47.83 | 56.82 |
| 3. | Kania Hanka | 54 Gdynia Masters | 1:50.78 | 358 | 50.20 | 1:00.58 |
| 4. | D browska Zofia | 58 SiKReT Masters Gliwice | 2:06.42 | 240 | 57.37 | 1:09.05 |
| Kategoria H | | | | | | |
| 1. | Zimna-Walenzik Ewa | 51 Zgiersko-Ł czyckie WOPR | 1:55.37 | 351 | 52.16 | 1:03.21 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 32, Kobiety, 100m motylkowy

Kategoria J

| | | | | | | |
|--------------------|----|----------------|----------------|-----|-------|-------|
| 1. Fecica Krystyna | 43 | Weteran Zabrze | 1:49.98 | 641 | 52.15 | 57.83 |
|--------------------|----|----------------|----------------|-----|-------|-------|

Konkurencja 33

17/11/2013 - 9:12

M czyzn, 100m motylkowy

20 - 94 lat

Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|---------|---------|--|------|------|-----|------|
|---------|---------|--|------|------|-----|------|

Kategoria O

| | | | | | | |
|----------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. Jabło ski Marcin | 90 | Zawodnik niezrzeszony | 55.77 | 965 | 26.00 | 29.77 |
| 2. R bas Igor | 89 | Zawodnik niezrzeszony | 1:02.01 | 702 | 28.67 | 33.34 |
| 3. Choi ski Michał | 90 | G-8 Bielany Warszawa | 1:02.37 | 690 | 28.21 | 34.16 |
| 4. Micorek Krzysztof | 93 | Legia Warszawa | 1:04.49 | 624 | 28.92 | 35.57 |
| 5. Kister Piotr | 89 | Zawodnik niezrzeszony | 1:10.72 | 473 | 32.46 | 38.26 |

Kategoria A

| | | | | | | |
|------------------------|----|-----------------------|----------------|-----|-------|-------|
| 1. Pe sko Jan | 87 | Legia Warszawa | 57.43 | 828 | 27.06 | 30.37 |
| 2. Szczypi ski Marcin | 86 | Wodnik 29 Katowice | 57.57 | 822 | 26.91 | 30.66 |
| 3. Ziemniarski Bartosz | 86 | AZS UAM Pozna | 59.71 | 736 | 27.27 | 32.44 |
| 4. Miłek Mateusz | 87 | Sport and Body Kraków | 1:01.00 | 691 | 28.43 | 32.57 |
| 5. Kownacki Maciej | 85 | Redeco Wrocław | 1:03.43 | 614 | 29.47 | 33.96 |
| 6. Brysz Robert | 87 | Masters Opole | 1:09.24 | 472 | 32.07 | 37.17 |

Kategoria B

| | | | | | | |
|-------------------------|----|-------------------------|----------------|-----|-------|-------|
| 1. Waszkewicz Andrzej | 83 | Just Swim J. Góra | 58.05 | 745 | 26.11 | 31.94 |
| 2. Orbidans Jaroslavs | 81 | Jelgava SPS | 59.24 | 701 | 27.30 | 31.94 |
| 3. Stanoch Jakub | 83 | Warta Pozna | 1:05.00 | 530 | 29.78 | 35.22 |
| 4. Kotus Tomasz | 81 | Pi tka Konstantynów Ł. | 1:08.01 | 463 | 30.97 | 37.04 |
| 5. Olejarczyk Igor | 79 | Pi tka Konstantynów Ł. | 1:08.45 | 454 | 31.28 | 37.17 |
| 6. Marek Przemek | 79 | Redeco Wrocław | 1:10.21 | 421 | 32.14 | 38.07 |
| 7. Kujat Szymon | 82 | Aquapark Wrocław | 1:10.63 | 413 | 32.84 | 37.79 |
| 8. Ilcyszyn Krzysztof | 83 | UKS 307 Warszawa | 1:10.90 | 409 | 32.90 | 38.00 |
| 9. Jurek Radosław | 83 | Tarnowskie WOPR Masters | 1:14.73 | 349 | 33.57 | 41.16 |
| 10. Arentewicz Grzegorz | 81 | Toru czyk Masters Toru | 1:17.88 | 308 | 35.80 | 42.08 |

Kategoria C

| | | | | | | |
|--------------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. Goł biowski Remigiusz | 76 | Swimmers Warszawa | 1:02.62 | 748 | 28.72 | 33.90 |
| 2. Horbacz Marcin | 74 | JW 2399 wi tos ów | 1:03.74 | 709 | 30.22 | 33.52 |
| 3. Gregorowicz Paweł | 74 | AZS UWM Masters Olsztyn | 1:04.77 | 676 | 29.76 | 35.01 |
| 4. Szyma ski Sebastian | 74 | Start Wrocław | 1:07.63 | 594 | 31.47 | 36.16 |
| 5. Suchecki Piotr | 77 | AZS UWM Masters Olsztyn | 1:09.37 | 550 | 31.67 | 37.70 |
| 6. Rutkowski Artur | 74 | Masters Gorzów Wlkp. | 1:10.64 | 521 | 32.45 | 38.19 |
| 7. Dygdo Paweł | 75 | Wodnik 29 Katowice | 1:12.02 | 492 | 32.82 | 39.20 |
| 8. Zawół Piotr | 74 | Delfin Masters Tarnobrzeg | 1:13.33 | 466 | 33.44 | 39.89 |
| 9. Ziółkowski Damian | 78 | UKS 307 Warszawa | 1:16.34 | 413 | 33.66 | 42.68 |
| 10. Wierzbik Bernard | 75 | Pływak Tomaszów Maz. | 1:20.54 | 351 | 35.80 | 44.74 |
| 11. Cie li ski Paweł | 76 | Motyl Senior MOSiR St. Wola | 1:24.34 | 306 | 39.72 | 44.62 |

Kategoria D

| | | | | | | |
|-----------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. Berwecki Arkadiusz | 73 | Motyl Senior MOSiR St. Wola | 59.02 | 882 | 27.40 | 31.62 |
| 2. Skorykow Andrzej | 69 | Warsaw Masters Team | 1:03.73 | 701 | 29.79 | 33.94 |
| 3. Syrbu Oleksandr | 72 | Masters SC Euro Lviv | 1:05.14 | 656 | 30.65 | 34.49 |
| 4. Ma czak Jakub | 71 | Delfin Gdynia | 1:06.80 | 608 | 30.86 | 35.94 |
| 5. Pyr Szymon | 73 | Masters Korona Kraków | 1:07.80 | 582 | 32.12 | 35.68 |
| 6. Kunicki Maciej | 72 | Weteran Zabrze | 1:11.89 | 488 | 33.16 | 38.73 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 33, M czynn, 100m motylkowy, Kategoria D

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|---------|-------------------|----|-----------------------------|----------------|-----|-------|-------|
| 7. | Bar Wiesław | 70 | Motyl Senior MOSiR St. Wola | 1:13.24 | 462 | 34.33 | 38.91 |
| 8. | Rybarczyk Michał | 70 | Ursynów Masters | 1:19.76 | 357 | 35.68 | 44.08 |
| 9. | Mówi ski Grzegorz | 69 | AZS UWM Masters Olsztyn | 1:28.08 | 265 | 41.33 | 46.75 |

Kategoria E

| | | | | | | | |
|----|----------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. | Cybertowicz Sławomir | 66 | Olimpia Pozna | 1:16.02 | 462 | 34.22 | 41.80 |
| 2. | Przybylski Adam | 67 | Motyl Senior MOSiR St. Wola | 1:16.03 | 462 | 34.56 | 41.47 |
| 3. | Rudzi ski Michał | 66 | Warsaw Masters Team | 1:47.72 | 162 | 50.53 | 57.19 |

Kategoria F

| | | | | | | | |
|----|-------------------|----|-----------------------------|----------------|-----|-------|-------|
| 1. | Hakel Branislav | 63 | PO KTV UMB Banska Bystrica | 1:04.88 | 892 | 30.66 | 34.22 |
| 2. | miejko Wojciech | 63 | Zawodnik niezrzeszony | 1:08.70 | 751 | 31.52 | 37.18 |
| 3. | Piszczek Waldemar | 62 | Masters Korona Kraków | 1:12.81 | 631 | 33.92 | 38.89 |
| 4. | Lorkowski Robert | 60 | Motyl Senior MOSiR St. Wola | 1:21.67 | 447 | 38.31 | 43.36 |
| 5. | Thiem Jacek | 63 | Warta Pozna | 1:22.43 | 435 | 39.39 | 43.04 |
| 6. | Niedzwiedz Tomasz | 63 | Zgiersko-Ł czyckie WOPR | 1:47.10 | 198 | 50.33 | 56.77 |

Kategoria G

| | | | | | | | |
|----|------------------|----|-------------------------|----------------|-----|-------|---------|
| 1. | Gabiec Mariusz | 58 | AZS UWM Masters Olsztyn | 1:09.02 | 826 | 31.87 | 37.15 |
| 2. | Wilczek Jan | 58 | Wodnik 29 Katowice | 1:12.67 | 708 | 35.41 | 37.26 |
| 3. | Birecki Roman | 55 | Masters Opole | 1:22.46 | 484 | 37.51 | 44.95 |
| 4. | Piechula Adolf | 57 | AZS PWSZ Racibórz | 1:24.18 | 455 | 36.79 | 47.39 |
| 5. | Wepa Wiesław | 56 | Masters Chełm | 1:53.95 | 183 | 51.14 | 1:02.81 |
| 6. | Michalczyk Jerzy | 56 | Masters Kra nik | 1:56.18 | 173 | 52.82 | 1:03.36 |

Kategoria H

| | | | | | | | |
|----|---------------------|----|------------------------|----------------|-----|-------|-------|
| 1. | Lietz Krzysztof | 52 | Toru czyk Masters Toru | 1:24.91 | 520 | 38.54 | 46.37 |
| 2. | Bryniak Jan | 53 | Masters Opole | 1:32.08 | 408 | 42.28 | 49.80 |
| 3. | Nowak Michał | 52 | Ursynów Masters | 1:33.08 | 395 | 43.22 | 49.86 |
| 4. | Szufarski Andrzej | 52 | Toru czyk Masters Toru | 1:41.76 | 302 | 43.82 | 57.94 |
| 5. | Mikołajczyk Czesław | 50 | Gdynia Masters | 1:44.77 | 277 | 47.73 | 57.04 |
| 6. | Wasiuk Janusz | 53 | Masters Kra nik | 1:45.93 | 268 | 49.07 | 56.86 |

Kategoria I

| | | | | | | | |
|----|---------------------|----|-------------------------------|----------------|-----|-------|---------|
| 1. | Kral Jozef | 47 | SPU Nitra | 1:30.46 | 496 | 42.17 | 48.29 |
| 2. | Andreev Igor | 46 | Nevskie Zvezdy St. Petersburg | 1:30.76 | 491 | 41.72 | 49.04 |
| 3. | Ró alski Józef | 45 | MOSiR Ostrowiec w. | 1:30.82 | 490 | 40.24 | 50.58 |
| 4. | Maciejczyk Zbigniew | 47 | Zgiersko-Ł czyckie WOPR | 1:43.42 | 332 | 50.60 | 52.82 |
| 5. | Mleczek Andrzej | 47 | Masters Korona Kraków | 1:48.51 | 287 | 52.80 | 55.71 |
| 6. | Czy Bolesław | 48 | Zawodnik niezrzeszony | 1:48.55 | 287 | 50.17 | 58.38 |
| 7. | Płonka Janusz | 48 | Zawodnik niezrzeszony | 2:07.01 | 179 | 58.33 | 1:08.68 |

Kategoria J

| | | | | | | | |
|----|-------------------|----|-----------------------|----------------|-----|-------|---------|
| 1. | Martyniuk Bogdan | 39 | Zawodnik niezrzeszony | 1:44.92 | 460 | 49.63 | 55.29 |
| 2. | Golik Janusz | 41 | Masters Chełm | 1:51.08 | 388 | 52.13 | 58.95 |
| 3. | Skwarło Andrzej | 39 | Gdynia Masters | 1:51.57 | 383 | 52.92 | 58.65 |
| 4. | Dzieko ski Edward | 43 | Zawodnik niezrzeszony | 1:57.64 | 327 | 51.68 | 1:05.96 |

Kategoria K

| | | | | | | | |
|----|---------------------|----|---------------------|----------------|-----|---------|---------|
| 1. | Lewandowski Zygmunt | 37 | Delfin Inowrocław | 1:59.67 | 455 | 55.68 | 1:03.99 |
| 2. | Sielski Ryszard | 37 | Warsaw Masters Team | 2:39.00 | 194 | 1:14.08 | 1:24.92 |



Konkurencja 33, M czynn, 100m motylkowy

Kategoria L

DYSKW. Simankov Serhiy 32 Masters SC Euro Lviv
M8 - Przenoszenie ramion do przodu pod powierzchnię wody podczas ostatniego cyklu pracy ramion przed nawrotem lub na zakończeniu

Konkurencja 34
17/11/2013 - 9:40

Kobiet, 200m grzbietowy

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---------|--|------|------|-----|------|------|------|
|---------|---------|--|------|------|-----|------|------|------|

Kategoria O

| | | | | | | | | |
|------------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Palka Paulina | 91 | Wisła Masters Kraków | 2:38.02 | 754 | 37.35 | 39.13 | 40.82 | 40.72 |
| 2. Jamrozik Aleksandra | 91 | Masters Korona Kraków | 2:40.20 | 724 | 37.87 | 40.67 | 41.43 | 40.23 |
| 3. Jasińska Joanna | 93 | KU AZS UJ Kraków | 2:52.66 | 578 | 38.30 | 43.05 | 46.12 | 45.19 |
| 4. Kostyra Agnieszka | 90 | Toruńczyk Masters Toru | 3:04.36 | 475 | 44.19 | 46.69 | 46.56 | 46.92 |
| 5. Brunka Zofia | 93 | Zawodnik niezrzeszony | 3:04.48 | 474 | 42.22 | 46.05 | 48.27 | 47.94 |

Kategoria A

| | | | | | | | | |
|----------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Mróz Urszula | 86 | Tarnowskie WOPR Masters | 2:41.07 | 607 | 38.06 | 40.77 | 41.93 | 40.31 |
| 2. Palmowska Paulina | 85 | Masters Korona Kraków | 2:41.53 | 602 | 36.94 | 40.64 | 42.67 | 41.28 |
| 3. Vachanova Lucia | 87 | SPK Kupele Piastany | 2:42.27 | 594 | 38.61 | 41.87 | 42.03 | 39.76 |
| 4. Szymkowiak Kamila | 87 | JW 4408 Sulechów | 3:05.38 | 398 | 42.96 | 46.19 | 48.74 | 47.49 |

Kategoria B

| | | | | | | | | |
|------------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Lord Marta | 80 | Toruńczyk Masters Toru | 2:35.55 | 754 | 37.12 | 39.25 | 40.19 | 38.99 |
| 2. Lechowicz Agnieszka | 82 | Wisła Masters Kraków | 2:47.82 | 600 | 38.19 | 42.27 | 43.78 | 43.58 |
| 3. Mróz Edyta | 79 | Wodnik 29 Katowice | 2:53.16 | 546 | 40.08 | 43.85 | 45.89 | 43.34 |
| 4. Kucharska Jowita | 80 | AZS UWM Masters Olsztyn | 2:55.60 | 524 | 41.61 | 45.25 | 45.80 | 42.94 |
| 5. Sikacz Hanna | 79 | Redeco Wrocław | 3:12.97 | 395 | 44.93 | 48.27 | 50.78 | 48.99 |
| 6. Korna Sylwia | 83 | Wodnik 29 Katowice | 3:28.79 | 312 | 48.22 | 53.63 | 55.53 | 51.41 |

Kategoria C

| | | | | | | | | |
|-------------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Osmala Renata | 77 | Delfin Masters Tarnobrzeg | 2:49.99 | 592 | 39.90 | 42.69 | 44.13 | 43.27 |
| 2. Dobczyńska Katarzyna | 77 | Warsaw Masters Team | 3:16.51 | 383 | 47.03 | 49.93 | 51.76 | 47.79 |
| DYSKW. Jakubów Marlena | 74 | Redeco Wrocław | | | | | | |

G4 - Wykonanie wycieczki jednego pociągnięcia ramieniem (lub obydwojema ramionami jednocześnie) po obróceniu się na piersi, w trakcie

Kategoria D

| | | | | | | | | |
|--------------------|----|---------------------------|----------------|-----|-------|---------|---------|---------|
| 1. Fajkowska Daria | 73 | Zgiersko-Łęczyckie WOPR | 2:41.04 | 798 | 36.11 | 40.53 | 42.26 | 42.14 |
| 2. Woniak Dorota | 73 | ORS Opole | 3:02.19 | 551 | 42.38 | 45.36 | 47.27 | 47.18 |
| 3. Maciej Monika | 72 | Delfin Masters Tarnobrzeg | 3:04.14 | 534 | 44.45 | 46.70 | 47.45 | 45.54 |
| 4. Janeczko Anna | 72 | Masters Korona Kraków | 3:13.62 | 459 | 45.42 | 49.06 | 51.74 | 47.40 |
| 5. Wolska Marta | 69 | Masters Korona Kraków | 4:25.63 | 177 | 58.85 | 1:08.01 | 1:12.14 | 1:06.63 |

Kategoria E

| | | | | | | | | |
|-----------------------------|----|-------------------------|----------------|-----|---------|---------|---------|---------|
| 1. Frank Marta | 68 | Weteran Zabrze | 2:53.24 | 699 | 37.78 | 44.52 | 46.99 | 43.95 |
| 2. Serbin Małgorzata | 66 | MKP Szczecin | 2:54.85 | 680 | 42.27 | 44.45 | 44.90 | 43.23 |
| 3. Sikorska Małgorzata | 66 | Astoria Bydgoszcz | 3:05.02 | 573 | 44.82 | 46.05 | 47.17 | 46.98 |
| 4. Ivanauskaite Ramune | 64 | SMC Takas Kaunas | 3:12.46 | 509 | 45.81 | 48.60 | 49.20 | 48.85 |
| 5. Kotecka Anna | 65 | Warta Poznań | 3:16.17 | 481 | 45.91 | 49.18 | 51.36 | 49.72 |
| 6. Godziejewska Anna | 67 | AZS UWM Masters Olsztyn | 3:17.79 | 469 | 46.72 | 49.96 | 50.38 | 50.73 |
| 7. Cicha-Mikołajczyk Alicja | 64 | Ursynów Masters | 5:06.74 | 125 | 1:13.49 | 1:18.19 | 1:18.41 | 1:16.65 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 34, Kobiet, 200m grzbietowy

Kategoria F

| | | | | | | | | |
|------------------|----|------------------------|----------------|-----|-------|---------|--|--|
| 1. Szała Ewa | 59 | KP Koziegłowy | 3:05.21 | 614 | 42.85 | 47.37 | | |
| 2. Zagała Joanna | 59 | SiKReT Masters Gliwice | 3:51.87 | 313 | 56.13 | 1:59.11 | | |

Kategoria G

| | | | | | | | | |
|----------------------|----|-----------------------|----------------|-----|---------|---------|---------|---------|
| 1. Weber Jadwiga | 58 | Zawodnik niezrzeszony | 3:07.53 | 774 | 45.47 | 47.01 | 47.83 | 47.22 |
| 2. Lukashova Ludmila | 55 | All Stars Moscow | 4:30.82 | 257 | 1:01.23 | 1:07.76 | 1:11.03 | 1:10.80 |

Kategoria I

| | | | | | | | | |
|----------------------|----|---------------------|----------------|-----|-------|---------|---------|---------|
| 1. Kosmol Ewa | 47 | Warsaw Masters Team | 4:09.68 | 429 | 57.75 | 1:04.63 | 1:04.96 | 1:02.34 |
| 2. Yliene Aleksandra | 48 | SMC Takas Kaunas | 4:21.40 | 374 | 58.07 | 1:05.40 | 1:10.91 | 1:07.02 |

Kategoria J

| | | | | | | | | |
|-------------------------|----|---------------------|----------------|-----|---------|---------|---------|---------|
| 1. Bastek Renata | 43 | Weteran Zabrze | 3:39.12 | 736 | 51.70 | 55.80 | 58.32 | 53.30 |
| 2. Wieczorkiewicz Alina | 40 | Warsaw Masters Team | 6:21.15 | 139 | 1:28.25 | 1:37.81 | 1:36.28 | 1:38.81 |

Kategoria M

| | | | | | | | | |
|-----------------------|----|-------------------|----------------|-----|---------|---------|---------|---------|
| 1. Wilczy ska Wacława | 28 | Astoria Bydgoszcz | 7:00.07 | 478 | 1:38.55 | 1:45.88 | 1:47.56 | 1:48.08 |
|-----------------------|----|-------------------|----------------|-----|---------|---------|---------|---------|

Konkurencja 35
17/11/2013 - 10:08

M czyzn, 200m grzbietowy

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|------------------------|---------|----------------------------|----------------|------|-------|-------|-------|-------|
| Kategoria A | | | | | | | | |
| 1. Górka Marcin | 88 | Zawodnik niezrzeszony | 2:23.55 | 530 | 33.23 | 37.00 | 37.18 | 36.14 |
| 2. J kalski Tomasz | 88 | Zawodnik niezrzeszony | 2:29.04 | 474 | 33.10 | 36.94 | 39.57 | 39.43 |
| 3. Bogdanowicz Bartosz | 84 | Masters Białystok | 2:34.04 | 429 | 37.15 | | | |
| 4. Lechner Jakub | 86 | Straz pod Ralskiem | 2:46.81 | 338 | 39.91 | 43.12 | 41.82 | 41.96 |
| Kategoria B | | | | | | | | |
| 1. Twarowski Karol | 79 | Toru czyk Masters Toru | 2:20.79 | 568 | 33.29 | 35.31 | 36.29 | 35.90 |
| 2. Hałada Łukasz | 83 | Redeco Wrocław | 2:36.27 | 415 | 36.11 | 38.81 | 40.98 | 40.37 |
| 3. Kłosi ski Artur | 81 | Toru czyk Masters Toru | 2:38.13 | 401 | 36.66 | 38.80 | 40.39 | 42.28 |
| 4. Kotus Tomasz | 81 | Pi tka Konstantynów Ł. | 2:44.89 | 354 | 36.80 | 40.34 | 44.26 | 43.49 |
| 5. Karczmarczyk Jakub | 80 | Pi tka Konstantynów Ł. | 3:02.08 | 262 | 39.34 | 45.16 | | |
| Kategoria C | | | | | | | | |
| 1. Minakovs Valerijs | 74 | Jelgava SPS | 2:13.16 | 930 | 30.04 | 33.33 | 34.88 | 34.91 |
| 2. Baran Robert | 75 | Motyl Senior MOSiR St. Wol | 2:26.63 | 696 | 33.88 | 36.68 | 37.77 | 38.30 |
| 3. Dadej Grzegorz | 78 | Zawodnik niezrzeszony | 2:30.26 | 647 | 35.98 | 38.08 | 39.03 | 37.17 |
| 4. Skrok Michał | 76 | Motyl Senior MOSiR St. Wol | 2:32.23 | 622 | 36.44 | 38.62 | 39.35 | 37.82 |
| 5. Kielar Jakub | 74 | TKKF Koszalin | 2:44.63 | 492 | 36.78 | 41.70 | 43.79 | 42.36 |
| 6. Dygdo Paweł | 75 | Wodnik 29 Katowice | 2:46.98 | 471 | 37.93 | 42.13 | 43.64 | 43.28 |
| 7. Doli ski Arkadiusz | 78 | Zawodnik niezrzeszony | 2:50.96 | 439 | 41.00 | 43.24 | 43.94 | 42.78 |
| 8. Charchouli Norbert | 75 | Tarnowskie WOPR Masters | 3:29.01 | 240 | 48.87 | 52.22 | 54.40 | 53.52 |
| Kategoria D | | | | | | | | |
| 1. Stuchlik Tadeusz | 69 | Weteran Zabrze | 2:22.25 | 789 | 33.14 | 36.68 | 37.48 | 34.95 |
| 2. Kersevicius Linas | 71 | SMC Takas Kaunas | 2:26.00 | 730 | 33.66 | 36.32 | 37.75 | 38.27 |
| 3. Beym Robert | 69 | Start Pozna | 2:29.16 | 685 | 34.85 | 37.57 | 38.32 | 38.42 |
| 4. Borus Dawid | 70 | Masters Gorzów Wlkp. | 2:37.42 | 582 | 36.65 | 40.06 | 40.85 | 39.86 |
| 5. Skodny Pavol | 69 | SPK Kupele Piestany | 2:38.52 | 570 | 36.75 | 39.33 | 41.88 | 40.56 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 35, M czynn, 200m grzbietowy

Kategoria E

| | | | | | | | | |
|----------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Rother Marek | 68 | Weteran Zabrze | 2:19.83 | 926 | 32.48 | 35.34 | 35.86 | 36.15 |
| 2. Sko kiewicz Rafał | 66 | Warsaw Masters Team | 2:32.69 | 711 | 34.60 | 38.28 | 40.35 | 39.46 |
| 3. Katakchiev Sergey | 68 | Pregel Kaliningrad | 2:33.32 | 702 | 34.77 | 38.55 | 39.67 | 40.33 |
| 4. Skoczylas Tomasz | 66 | Wodnik 29 Katowice | 2:40.40 | 613 | 38.06 | 40.57 | 41.13 | 40.64 |
| 5. Kukharyev Igoir | 66 | Zhytomyr Aqua Masters | 2:41.32 | 603 | 38.50 | 41.21 | 40.92 | 40.69 |
| 6. Janyga Dariusz | 66 | Warta Pozna | 2:43.70 | 577 | 38.05 | 40.51 | 42.44 | 42.70 |
| 7. Przybylski Adam | 67 | Motyl Senior MOSiR St. Wol | 2:49.65 | 518 | 37.94 | 42.23 | 45.07 | 44.41 |

Kategoria F

| | | | | | | | | |
|--------------------------|----|----------------------------|----------------|-----|---------|-------|-------|-------|
| 1. Wolny Dariusz | 60 | Redeco Wrocław | 2:25.19 | 995 | 33.10 | 36.08 | 37.62 | 38.39 |
| 2. Januskiewicz Zbigniew | 62 | Masters Opole | 2:32.47 | 859 | 34.96 | 37.78 | 39.86 | 39.87 |
| 3. miejko Wojciech | 63 | Zawodnik niezrzeszony | 2:40.06 | 743 | 38.38 | 40.22 | 40.86 | 40.60 |
| 4. Lorkowski Robert | 60 | Motyl Senior MOSiR St. Wol | 2:50.15 | 618 | 40.18 | 42.45 | 44.03 | 43.49 |
| 5. Dorywalski Tomasz | 61 | Masters Unia O wi cim | 2:57.75 | 542 | 40.45 | 43.49 | 46.36 | 47.45 |
| 6. Barucha Jan | 59 | Weteran Zabrze | 3:12.59 | 426 | 41.85 | 46.64 | 49.44 | 54.66 |
| 7. Cis Andrzej | 60 | Masters Kra nik | 3:13.67 | 419 | 1:36.24 | 51.41 | | |
| 8. Thiem Jacek | 63 | Warta Pozna | 3:25.30 | 352 | 51.98 | 52.87 | 51.97 | 48.48 |

Kategoria G

| | | | | | | | | |
|---------------------------|----|-------------------------|----------------|-----|-------|---------|-------|-------|
| 1. Mashkin Sergiy | 55 | Masters SC Euro Lviv | 2:46.30 | 810 | 38.96 | 41.82 | 43.12 | 42.40 |
| 2. Przytulski Włodzimierz | 57 | Zgiersko-Ł czyckie WOPR | 2:51.44 | 739 | 39.14 | 43.87 | 44.71 | 43.72 |
| 3. Konstanty Janusz | 56 | Wisła Masters Kraków | 2:56.11 | 682 | 40.52 | 44.30 | 46.94 | 44.35 |
| 4. Pietraszewski Zbigniew | 55 | Olimpia Pozna | 3:05.17 | 586 | 43.41 | 46.69 | 47.82 | 47.25 |
| 5. Minkiewicz Jerzy | 56 | Masters Opole | 3:20.48 | 462 | 47.13 | 50.81 | 53.13 | 49.41 |
| 6. Trzaska Stanisław | 56 | Wisła Masters Kraków | 3:24.40 | 436 | 49.89 | 1:43.28 | | |
| 7. Samonek Krzysztof | 57 | Masters Kra nik | 3:38.66 | 356 | 50.89 | 55.87 | 56.55 | 55.35 |
| 8. Rusowicz Waldemar | 55 | Masters Kra nik | 3:42.06 | 340 | 50.69 | 58.50 | | |
| 9. Czupryn Wojciech | 58 | Warsaw Masters Team | 3:45.03 | 326 | 52.30 | 55.37 | 58.71 | 58.65 |

Kategoria H

| | | | | | | | | |
|------------------------|----|----------------------------|----------------|-----|---------|---------|---------|---------|
| 1. Ciecior Jerzy | 53 | Orka Masters Radlin | 3:17.48 | 588 | 44.49 | 49.75 | 52.89 | 50.35 |
| 2. Jarzyna Włodzimierz | 49 | Motyl Senior MOSiR St. Wol | 3:18.15 | 582 | 47.26 | 1:42.68 | | |
| 3. Dubi ski Bogdan | 53 | Zawodnik niezrzeszony | 3:19.08 | 574 | 48.70 | 51.40 | 51.00 | 47.98 |
| 4. Ossowski Aleksander | 53 | Zgiersko-Ł czyckie WOPR | 3:22.90 | 542 | 44.18 | 49.48 | 56.08 | 53.16 |
| 5. Garbarczuk Janusz | 51 | Masters Opole | 4:03.07 | 315 | 54.99 | 1:01.31 | 1:03.41 | 1:03.36 |
| 6. Bantkowski Jan | 49 | Toru czyk Masters Toru | 5:35.60 | 119 | 1:18.01 | 1:24.63 | 1:25.32 | 1:27.64 |

DYSKW. Chyrkov Yuriy 51 Masters SC Euro Lviv
G3 - Nieutrzymanie pozycji na plecach (z wyj tkiem wykonania cyklu nawrotu) (Czas: 10:30)

Kategoria I

| | | | | | | | | |
|------------------------|----|----------------------|----------------|-----|---------|---------|---------|---------|
| 1. Bashmakov Alexander | 46 | Poseidon Moscow | 3:18.25 | 502 | 46.52 | 48.50 | 52.18 | 51.05 |
| 2. Galkin Mykhailo | 47 | Masters SC Euro Lviv | 3:28.56 | 431 | 51.15 | 52.29 | 52.23 | 52.89 |
| 3. Woch Janusz | 46 | Olimpia Pozna | 3:32.59 | 407 | 49.43 | 53.17 | 56.35 | 53.64 |
| 4. Poloczek Bernard | 47 | Weteran Zabrze | 3:40.93 | 363 | 49.78 | 55.19 | 57.46 | 58.50 |
| 5. Daszy ski Andrzej | 48 | Energetyk Zgorzelec | 3:51.38 | 316 | 54.64 | 59.66 | 1:00.50 | 56.58 |
| 6. Kushnir Zenoviy | 46 | Masters SC Euro Lviv | 4:27.01 | 205 | 1:04.85 | 1:09.08 | 1:09.59 | 1:03.49 |
| 7. Jawor Bogdan | 47 | Masters Polkowice | 4:34.18 | 190 | 1:05.71 | 1:09.77 | 1:11.79 | 1:06.91 |
| 8. Marciniuszko Jerzy | 44 | Delfin Gliwice | 5:54.60 | 87 | 1:21.09 | 1:32.48 | 1:33.24 | 1:27.79 |

Kategoria J

| | | | | | | | | |
|----------------------|----|-----------------------|----------------|-----|---------|---------|---------|---------|
| 1. Dzieko ski Edward | 43 | Zawodnik niezrzeszony | 4:14.74 | 364 | 1:02.38 | 1:05.72 | 1:06.42 | 1:00.22 |
| 2. Bugła Rudolf | 40 | Naprzód Rydułtowy | 4:28.85 | 309 | 59.92 | 1:09.88 | 1:11.19 | 1:07.86 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 35, M czynn, 200m grzbietowy

Kategoria K

| | | | | | | | | | |
|------------------------|----|---------------------|----------------|-----|-------|--|--|--|---------|
| 1. Witkowski Tadeusz | 37 | Masters Opole | 4:01.35 | 547 | 56.37 | | | | 1:01.02 |
| DYSKW. Sielski Ryszard | 37 | Warsaw Masters Team | | | | | | | |

G8 - Uko czenie wy cigu nie w poło eniu na plecach

Kategoria L

| | | | | | | | | | |
|-----------------------|----|------------------------|----------------|-----|---------|---------|---------|---------|--|
| 1. Ludwiczak Zbigniew | 33 | STP Masters Szczecinek | 4:38.15 | 430 | 1:05.50 | 1:11.42 | 1:12.56 | 1:08.67 | |
| 2. From Kazimierz | 32 | Zawodnik niezrzeszony | 6:30.66 | 155 | 1:26.32 | 1:39.12 | 1:43.81 | 1:41.41 | |

Konkurencja 36

Kobiet, 50m klasyczny

20 - 94 lat

17/11/2013 - 10:51

Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|--|------|------|
|---------|---------|--|------|------|

Kategoria 0

| | | | | |
|---------------------|----|-----------------------|--------------|-----|
| 1. Drab Magdalena | 92 | CM UJ Masters Kraków | 36.23 | 744 |
| 2. Jasi ska Joanna | 93 | KU AZS UJ Kraków | 38.94 | 599 |
| 3. Nawrocka Manuela | 90 | SGGW Warszawa | 40.12 | 548 |
| 4. Kieszek Joanna | 91 | Masters Korona Kraków | 42.39 | 464 |
| 5. Sołtys Anna | 89 | Delfinek Legnica | 54.81 | 215 |

Kategoria A

| | | | | |
|-----------------------|----|------------------------|--------------|-----|
| 1. Bolewska Magdalena | 84 | Toru czyk Masters Toru | 36.49 | 648 |
| 2. Figura Agnieszka | 85 | Zawodnik niezrzeszony | 39.12 | 526 |
| 3. Jamrozik Justyna | 88 | Masters Korona Kraków | 40.05 | 490 |
| 4. Kwatera Joanna | 84 | Masters Korona Kraków | 42.43 | 412 |
| 5. Bubienko Katarzyna | 84 | Zawodnik niezrzeszony | 44.81 | 350 |

Kategoria B

| | | | | |
|-------------------------|----|-------------------------|--------------|-----|
| 1. Bystrzycka Agnieszka | 81 | Redeco Wrocław | 33.94 | 818 |
| 2. Bie u ska Maja | 79 | Squatina Ostroł ka | 38.36 | 567 |
| 3. Opitz Agnieszka | 82 | Tarnowskie WOPR Masters | 38.67 | 553 |
| 4. Garbarek Małgorzata | 82 | Redeco Wrocław | 45.85 | 332 |
| 5. Korna Sylwia | 83 | Wodnik 29 Katowice | 48.26 | 284 |

Kategoria C

| | | | | |
|----------------------------|----|---------------------------|--------------|-----|
| 1. Jarecka-Skorykow Monika | 74 | Warsaw Masters Team | 39.19 | 646 |
| 2. Osmala Renata | 77 | Delfin Masters Tarnobrzeg | 39.55 | 629 |
| 3. Rozmus Angelika | 78 | Delfin Masters Tarnobrzeg | 40.46 | 587 |
| 4. Besler Agnieszka | 78 | Sinnet Warszawa | 43.49 | 473 |
| 5. Fira El bieta | 75 | Wodnik 29 Katowice | 47.98 | 352 |
| 6. Macionczyk Renata | 75 | Orka Masters Radlin | 48.00 | 351 |

Kategoria D

| | | | | |
|---------------------------------|----|-------------------------------|----------------|-----|
| 1. Szlagor Ewa | 71 | Igan Mława | 35.58 | 899 |
| 2. Perepelkina Marina | 72 | Nevskie Zvezdy St. Petersburg | 39.27 | 668 |
| 3. Buczek Anna | 72 | Delfin Masters Tarnobrzeg | 46.74 | 396 |
| 4. Stankiewicz-Majkowska Joanna | 72 | TKKF Koszalin | 48.51 | 354 |
| 5. Jakubowska Ewa | 72 | KP Kozięgłowy | 50.60 | 312 |
| 6. Smirnova Svetlana | 70 | Pregel Kaliningrad | 59.71 | 190 |
| 7. Wolska Marta | 69 | Masters Korona Kraków | 1:00.72 | 180 |



Konkurencja 36, Kobiety, 50m klasyczny

Kategoria E

| | | | | |
|----------------------|----|-----------------------------|--------------|-----|
| 1. Kuli Mariola | 66 | Masters Korona Kraków | 39.90 | 700 |
| 2. Olszewska Edyta | 64 | Warsaw Masters Team | 39.93 | 698 |
| 3. Petecka Maria | 67 | Motyl Senior MOSiR St. Wola | 43.71 | 532 |
| 4. Szkudlarz Ilona | 66 | Masters Unia O wi cim | 43.83 | 528 |
| 5. Hlatka Nina | 68 | MPK Previdza | 44.10 | 518 |
| 6. Logvinova Tatiana | 64 | Pregel Kaliningrad | 45.24 | 480 |
| 7. Michalska Anna | 64 | Warsaw Masters Team | 45.78 | 463 |

Kategoria F

| | | | | |
|----------------------|----|-------------------------|----------------|-----|
| 1. St pie Ewa | 62 | Zgiersko-Ł czyckie WOPR | 39.70 | 786 |
| 2. Wysocka Marta | 59 | Masters Korona Kraków | 42.59 | 637 |
| 3. Mazurek Katarzyna | 59 | Gdynia Masters | 44.06 | 575 |
| 4. Kicinova Anna | 61 | SPK Kupele Piestany | 45.07 | 537 |
| 5. Stefanek Jolanta | 60 | Wodnik 29 Katowice | 45.37 | 527 |
| 6. Zagała Joanna | 59 | SiKReT Masters Gliwice | 49.38 | 408 |
| 7. Wepa Hanna | 59 | Masters Chem | 1:07.39 | 160 |

Kategoria G

| | | | | |
|-------------------------|----|------------------------|----------------|-----|
| 1. D browska Zofia | 58 | SiKReT Masters Gliwice | 48.42 | 466 |
| 2. Sannikova Nadiya | 56 | Masters SC Euro Lviv | 48.45 | 465 |
| 3. Zelikova Tetyana | 54 | Masters SC Euro Lviv | 49.14 | 446 |
| 4. Kerner Mateusiak Ewa | 54 | Victory Masters Elbl g | 1:10.72 | 149 |

Kategoria H

| | | | | |
|------------------------|----|-------------------------|----------------|-----|
| 1. Kiszczak Gra yna | 50 | Weteran Zabrze | 46.62 | 567 |
| 2. Łutowicz Maria | 50 | Olimpia Pozna | 49.12 | 485 |
| 3. Ko min Anna | 51 | Masters Korona Kraków | 50.16 | 455 |
| 4. Tymoshenko Lidiya | 49 | Masters SC Euro Lviv | 53.02 | 385 |
| 5. Zimna-Walendzik Ewa | 51 | Zgiersko-Ł czyckie WOPR | 55.26 | 340 |
| 6. Gdula Teodozja | 51 | Delfin Gliwice | 1:02.72 | 233 |

Kategoria I

| | | | | |
|---------------------|----|-----------------------|----------------|-----|
| 1. Buczkowska Maria | 46 | Weteran Zabrze | 48.17 | 627 |
| 2. Mleczko Maria | 46 | Masters Korona Kraków | 1:03.43 | 274 |

Kategoria J

| | | | | |
|-------------------------|----|---------------------|----------------|-----|
| 1. Fecica Krystyna | 43 | Weteran Zabrze | 50.47 | 626 |
| 2. Wieczorkiewicz Alina | 40 | Warsaw Masters Team | 1:30.51 | 108 |

DYSKW. Macierzewska Ewa

39 Wiśła Masters Kraków

K15 - Brak dotkni cia ciany obydwoma rozł czonymi dło mi przy nawrocie lub na zako czenie wy cigu

Kategoria K

| | | | | |
|---------------------|----|--------------------|----------------|-----|
| 1. Noetzel Stefania | 35 | MKP Szczecin | 1:05.72 | 369 |
| 2. Shcherbich Luiza | 38 | Pregel Kaliningrad | 1:10.10 | 304 |



Konkurencja 37
17/11/2013 - 11:08

M czynn, 50m klasyczny

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | | Czas | Pkt. |
|--------------------|---------|--|--------------|------|
| Kategoria 0 | | | | |
| 1. | 91 | Czermak Tomasz AZS AWF Katowice | 30.81 | 771 |
| 2. | 89 | Krawczyk Sebastian Nawa Skierniewice | 30.86 | 767 |
| | 93 | Suchodolski Patryk Zawodnik niezrzeszony | 30.86 | 767 |
| 4. | 90 | Jabło ski Marcin Zawodnik niezrzeszony | 31.30 | 736 |
| 5. | 89 | Olszewski Krzysztof SGGW Warszawa | 32.90 | 633 |
| 6. | 89 | Kister Piotr Zawodnik niezrzeszony | 35.30 | 513 |
| 7. | 93 | Perkowski Rafał MOS Białystok | 35.46 | 506 |
| Kategoria A | | | | |
| 1. | 88 | Safro czyk Piotr Warsaw Masters Team | 28.80 | 944 |
| 2. | 88 | Dudek Mateusz Aquapark Wrocław | 31.32 | 734 |
| 3. | 86 | Kozak Stanisław Warsaw Masters Team | 31.39 | 729 |
| 4. | 88 | Janovsky Jiri Straz pod Ralskem | 32.12 | 681 |
| 5. | 84 | Stasiaczek Michał Aquapark Wrocław | 32.77 | 641 |
| 6. | 84 | Liszewski Rafał Warta Pozna | 32.91 | 633 |
| | 84 | Cimicki Tomasz Aquapark Wrocław | 32.91 | 633 |
| 8. | 87 | Milek Mateusz Sport and Body Kraków | 34.20 | 564 |
| 9. | 88 | J kalski Tomasz Zawodnik niezrzeszony | 34.37 | 555 |
| 10. | 86 | Makomaski Tomasz Warsaw Masters Team | 34.46 | 551 |
| 11. | 88 | Grudzie Maciej Masters Korona Kraków | 42.86 | 286 |
| Kategoria B | | | | |
| 1. | 83 | Kacer Maciej Tarnowskie WOPR Masters | 29.75 | 816 |
| 2. | 81 | Splawi ski Michał Wodnik 29 Katowice | 30.65 | 747 |
| 3. | 83 | Ptak Łukasz Redeco Wrocław | 30.77 | 738 |
| 4. | 80 | Kozikowski Michał AZS UWM Masters Olsztyn | 33.08 | 594 |
| 5. | 80 | Trudnos Rafał Pi tka Konstantinów Ł. | 33.90 | 552 |
| 6. | 81 | Gada Andrzej Akademia Ruchu AG Warszawa | 36.29 | 450 |
| 7. | 83 | Jerszy ski Damian KP Koziegłowy | 36.53 | 441 |
| 8. | 83 | Jurek Radosław Tarnowskie WOPR Masters | 36.76 | 433 |
| 9. | 80 | Janowski Mariusz JW 2399 wi tos ów | 37.35 | 412 |
| 10. | 80 | Karczmarczyk Jakub Pi tka Konstantinów Ł. | 37.56 | 405 |
| 11. | 80 | Gryczy ski Jakub Pi tka Konstantinów Ł. | 38.49 | 377 |
| 12. | 83 | Sidorowicz Jakub Pi tka Konstantinów Ł. | 41.95 | 291 |
| 13. | 80 | Biskup Dariusz Masters Chelm | 52.86 | 145 |
| Kategoria C | | | | |
| 1. | 76 | Skrok Michał Motyl Senior MOSiR St. Wola | 32.27 | 716 |
| 2. | 74 | Melnyk Dmytro Masters SC Euro Lviv | 33.40 | 645 |
| 3. | 74 | Opali ski Paweł Motyl Senior MOSiR St. Wola | 33.93 | 616 |
| 4. | 76 | Shavrov Oleksandr Masters SC Euro Lviv | 34.06 | 609 |
| 5. | 78 | Zadoro ny Bartłomiej Olimpia Pozna | 34.95 | 563 |
| 6. | 75 | Bartłomiej Pawłowski Polna Warszawa | 35.30 | 547 |
| 7. | 75 | Szklarz Artur Delfin Masters Tarnobrzeg | 36.18 | 508 |
| 8. | 75 | Baran Robert Motyl Senior MOSiR St. Wola | 36.57 | 492 |
| 9. | 74 | Bogucki Oscar JW 2399 wi tos ów | 36.79 | 483 |
| 10. | 76 | Cie li ski Paweł Motyl Senior MOSiR St. Wola | 37.99 | 438 |
| 11. | 75 | Bazanowski Mariusz Redeco Wrocław | 38.77 | 412 |
| 12. | 78 | Pintara Kornel Pi tka Konstantinów Ł. | 39.42 | 392 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 37, M czynn, 50m klasyczny, Kategoria C

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|--------------------|--------------|------|
| 13. | 76 | W gowski Michał | 40.13 | 372 |
| 14. | 74 | Budek Robert | 40.73 | 356 |
| 15. | 74 | Porszke Andrzej | 40.80 | 354 |
| 16. | 75 | Charchouli Norbert | 42.38 | 316 |
| 17. | 77 | Bebelski Rafał | 43.16 | 299 |
| 18. | 76 | Pasryzko Paweł | 45.05 | 263 |
| DYSKW. | 74 | Pałysa Marek | | |

O4 - Start wykonany przed sygnałem (przedwczesny start) (Czas: 11:38)

Kategoria D

| | | | | |
|----|----|--------------------|--------------|-----|
| 1. | 73 | Berwecki Arkadiusz | 32.23 | 766 |
| 2. | 73 | Petrov Sergey | 32.53 | 745 |
| 3. | 71 | Wilczy ski Marcin | 34.02 | 651 |
| 4. | 72 | Kowalski Sławek | 35.60 | 568 |
| 5. | 70 | Borus Dawid | 35.85 | 556 |
| 6. | 72 | Horil Juraj | 36.97 | 507 |
| 7. | 71 | Jaro Tomasz | 40.48 | 386 |

Kategoria E

| | | | | |
|-----|----|----------------------|--------------|-----|
| 1. | 65 | Barski Piotr | 32.02 | 879 |
| 2. | 64 | Kominiak Robert | 34.11 | 727 |
| 3. | 66 | Ko mider Jan | 34.76 | 687 |
| 4. | 66 | Cybertowicz Sławomir | 35.48 | 646 |
| 5. | 65 | Ezhkov Vadim | 35.73 | 633 |
| 6. | 68 | Lewandowski Andrzej | 35.85 | 626 |
| 7. | 66 | ebracki Bogdan | 37.58 | 544 |
| 8. | 66 | Yaskevych Ihor | 38.85 | 492 |
| 9. | 66 | Wolski Wojciech | 39.13 | 482 |
| 10. | 65 | Delyatynskyy Stepan | 39.55 | 466 |
| 11. | 66 | Rudzi ski Michał | 43.75 | 344 |
| 12. | 68 | Kaczmarczyk Wojciech | 48.75 | 249 |

Kategoria F

| | | | | |
|--------|----|---------------------------|--------------|-----|
| 1. | 63 | Hakel Branislav | 32.78 | 877 |
| 2. | 60 | Madej Leszek | 34.30 | 765 |
| 3. | 61 | Juodeska Arlandas Antanas | 35.51 | 690 |
| 4. | 62 | Waraczewski Przemysław | 37.13 | 603 |
| 5. | 63 | Lukonenko Igor | 37.26 | 597 |
| 6. | 62 | Piszczek Waldemar | 37.49 | 586 |
| 7. | 63 | Lopin Grigoriy | 40.35 | 470 |
| 8. | 61 | Derkowski Krzysztof | 40.39 | 468 |
| 9. | 63 | Hertsyk Andrii | 40.80 | 454 |
| 10. | 59 | Obiedzi ski Tadeusz | 41.23 | 440 |
| 11. | 63 | Dirindyaev Sergey | 41.34 | 437 |
| 12. | 61 | Data Andrzej | 44.09 | 360 |
| 13. | 63 | Liber Zbigniew | 57.01 | 166 |
| DYSKW. | 59 | Mrozi ski Jerzy | | |

O4 - Start wykonany przed sygnałem (przedwczesny start) (Czas: 11:37)



Konkurencja 37, M czynn, 50m klasyczny

Kategoria G

| | | | | | |
|-----|------------------------|----|-------------------------|--------------|-----|
| 1. | Shelest Mykhailo | 54 | Masters SC Euro Lviv | 37.65 | 531 |
| 2. | Piechula Adolf | 57 | AZS PWSZ Racibórz | 37.94 | 519 |
| 3. | Mansil Peter | 56 | PVK Bratislava | 38.24 | 507 |
| 4. | Tervinskiy Alexander | 58 | Pregel Kaliningrad | 38.38 | 501 |
| 5. | Kujawa Maciej | 54 | Toru czyk Masters Toru | 39.09 | 475 |
| 6. | Krasnod bski Zbigniew | 56 | Masters Opole | 39.69 | 453 |
| 7. | W sik Bogdan | 55 | Zgiersko-Ł czyckie WOPR | 40.46 | 428 |
| 8. | Pietraszewski Zbigniew | 55 | Olimpia Pozna | 40.94 | 413 |
| 9. | Rusowicz Waldemar | 55 | Masters Kra nik | 45.52 | 300 |
| 10. | Mi ski Andrzej | 56 | Niezrzeszeni.pl | 46.01 | 291 |

Kategoria H

| | | | | | |
|-----|----------------------|----|------------------------|--------------|-----|
| 1. | Nowak Michał | 52 | Ursynów Masters | 36.19 | 815 |
| 2. | Grzeszewski Sławomir | 53 | Zawodnik niezrzeszony | 40.09 | 599 |
| 3. | Michałkowski Andrzej | 51 | TKKF Koszalin | 40.85 | 566 |
| 4. | Jacaszek Andrzej | 53 | Flota Masters Gdynia | 40.93 | 563 |
| 5. | Bryniak Jan | 53 | Masters Opole | 41.38 | 545 |
| 6. | Wysocki Jarosław | 53 | Toru czyk Masters Toru | 41.58 | 537 |
| 7. | Wasiuk Janusz | 53 | Masters Kra nik | 43.34 | 474 |
| 8. | Mikołajczyk Czesław | 50 | Gdynia Masters | 44.83 | 428 |
| 9. | Szufarski Andrzej | 52 | Toru czyk Masters Toru | 46.20 | 391 |
| 10. | Irczyk Leon | 51 | Orka Masters Radlin | 48.30 | 343 |

Kategoria I

| | | | | | |
|-----|----------------------|----|-------------------------------|----------------|-----|
| 1. | Wiczel Roman | 48 | Zgiersko-Ł czyckie WOPR | 39.25 | 729 |
| 2. | Kharchenko Alexander | 47 | Nevskie Zvezdy St. Petersburg | 39.40 | 721 |
| 3. | Morshin Alexander | 45 | MKMP Moscow | 40.84 | 647 |
| 4. | Ciupek Józef | 46 | Masters Opole | 42.21 | 586 |
| 5. | Woch Janusz | 46 | Olimpia Pozna | 43.79 | 525 |
| 6. | Jawor Bogdan | 47 | Masters Polkowice | 53.35 | 290 |
| 7. | Marciniszko Jerzy | 44 | Delfin Gliwice | 1:00.67 | 197 |
| 8. | Płonka Janusz | 48 | Zawodnik niezrzeszony | 1:01.52 | 189 |
| 9. | Goł biewski Janusz | 48 | Masters Korona Kraków | 1:02.21 | 183 |
| 10. | Boboli Jan Maciej | 48 | Warsaw Masters Team | 1:17.93 | 93 |

Kategoria J

| | | | | | |
|----|---------------------|----|-----------------------|--------------|-----|
| 1. | Buczowski Władysław | 42 | Weteran Zabrze | 40.69 | 779 |
| 2. | Fecica Daniel | 40 | Weteran Zabrze | 44.01 | 615 |
| 3. | Skwarło Andrzej | 39 | Gdynia Masters | 44.57 | 592 |
| 4. | Golik Janusz | 41 | Masters Chełm | 45.76 | 547 |
| 5. | Rybarczyk Ryszard | 42 | Ursynów Masters | 47.03 | 504 |
| 6. | Filipek Stanisław | 40 | Zawodnik niezrzeszony | 52.52 | 362 |

Kategoria K

| | | | | | |
|----|---------------------------|----|--------------------|--------------|-----|
| 1. | Ciundziewicki Bogdan | 34 | Gdynia Masters | 48.76 | 519 |
| 2. | Witkowski Tadeusz | 37 | Masters Opole | 50.11 | 478 |
| 3. | Aleksandrowicz Aleksander | 37 | Wodnik 29 Katowice | 59.02 | 293 |



Konkurencja 37, M czynn, 50m klasyczny

Kategoria L

| | | | | |
|---------------------------|----|-----------------------|----------------|-----|
| 1. Prz do Lucjan | 30 | Polonia Warszawa | 49.40 | 754 |
| 2. Krokoszy ski Stanisław | 30 | Wisła Masters Kraków | 53.83 | 583 |
| 3. Shcheglov Kostyantyn | 33 | Zhytomyr Aqua Masters | 58.91 | 444 |
| 4. Pichurski Bronisław | 33 | Masters Opole | 1:54.92 | 59 |
| PK Fajdasz Andrzej | 73 | Zawodnik niezrzeszony | 39.47 | 417 |

Konkurencja 38
17/11/2013 - 11:38

Mieszane, 4 x 50m zmienny

AG 80 - 400
Wyniki

Punkty: DSV Masters 13

Pozycja Czas Pkt.

Kategoria A

| | | | | | | | |
|------------------------------|----|-------------------------|----------------|---------------------|----|-------|-------|
| 1. Redeco Wrocław A | | Redeco Wrocław | 2:02.47 | | | | |
| Hałada Łukasz | 83 | +0,73 | 32.31 | Kownacki Maciej | 85 | +0,44 | 27.61 |
| Bystrzycka Agnieszka | 81 | +0,63 | 34.36 | Mongiatio Magdalena | 88 | +0,62 | 28.19 |
| 2. Tarnowskie WOPR Masters A | | Tarnowskie WOPR Masters | 2:28.65 | | | | |
| Mróz Urszula | 86 | +0,75 | 35.16 | Rompała Karolina | 85 | +0,42 | 36.23 |
| Jurek Radosław | 83 | +0,89 | 37.88 | Pagacz Miłosz | 90 | +0,65 | 39.38 |

Kategoria B

| | | | | | | | |
|--------------------------------|----|----------------------------|----------------|----------------------|----|-------|-------|
| 1. Wodnik 29 Katowice B | | Wodnik 29 Katowice | 2:03.63 | | | | |
| Mróz Edyta | 79 | +0,84 | 37.64 | Szczypi ski Marcin | 86 | +0,45 | 25.72 |
| Splawi ski Michał | 81 | +0,40 | 30.62 | Duda Anna | 81 | +0,56 | 29.65 |
| 2. Toru czyk Masters Toru B | | Toru czyk Masters Toru | 2:05.26 | | | | |
| Lord Marta | 80 | +0,76 | 33.90 | Kłosi ski Artur | 81 | +0,58 | 27.97 |
| Bolewska Magdalena | 84 | +0,39 | 36.42 | Twarowski Karol | 79 | +0,30 | 26.97 |
| 3. Tarnowskie WOPR Masters B | | Tarnowskie WOPR Masters | 2:07.23 | | | | |
| Rompała Agata | 82 | +0,78 | 37.66 | Opitz Agnieszka | 82 | +0,61 | 33.85 |
| Kacer Maciej | 83 | +0,51 | 29.92 | Jurek Przemysław | 81 | +0,55 | 25.80 |
| 4. AZS UWM Masters Olsztyn B | | AZS UWM Masters Olsztyn | 2:09.61 | | | | |
| Suchecki Piotr | 77 | +0,82 | 31.66 | Piekut Anna | 88 | +0,43 | 33.96 |
| Kozikowski Michał | 80 | +0,23 | 32.68 | Kucharska Jowita | 80 | +0,68 | 31.31 |
| 5. Delfin Masters Tarnobrzeg B | | Delfin Masters Tarnobrzeg | 2:16.29 | | | | |
| Osmala Renata | 77 | +0,75 | 37.91 | Szklarz Artur | 75 | +0,26 | 31.44 |
| Rozmus Angelika | 78 | +0,35 | 39.62 | I czka Krzysztof | 74 | +0,35 | 27.32 |
| 6. Masters Korona Kraków B | | Masters Korona Kraków | 2:17.15 | | | | |
| Janeczko Anna | 72 | +0,91 | 39.75 | Pyr Szymon | 73 | +0,21 | 30.92 |
| Jamrozik Justyna | 88 | +0,68 | 41.12 | Latuszek Kamil | 88 | +0,35 | 25.36 |
| 7. KP Koziegłowy B | | KP Koziegłowy | 2:18.03 | | | | |
| Szała Ewa | 59 | +0,86 | 39.42 | Rydlewski Przemysław | 79 | +0,48 | 30.24 |
| Jerszy ski Damian | 83 | +0,56 | 36.09 | Chomicz Joanna | 88 | +0,62 | 32.28 |
| 8. Akademia Ruchu AG B | | Akademia Ruchu AG Warszawa | 2:34.02 | | | | |
| Kowalczyk Rafał | 84 | +0,84 | 34.40 | Maryl Marta | 78 | +0,45 | 37.72 |
| Siwonia Marcin | 77 | +0,20 | 40.14 | Chmielewska Izabela | 81 | +0,16 | 41.76 |



Konkurencja 38, Mieszane, 4 x 50m zmienny

Kategoria C

| | | | | | | | |
|------------------------------|----|-------|-------|-------------------------|----|----------------|-------|
| 1. Masters Korona Kraków C | | | | Masters Korona Kraków | | 2:06.83 | |
| Palmowska Paulina | 85 | +0,66 | 34.29 | Kaliszyk Mariusz | 70 | +0,58 | 28.95 |
| Kominiak Robert | 64 | +0,23 | 33.62 | Fr czek Izabela | 70 | +0,40 | 29.97 |
| 2. Warsaw Masters Team C | | | | Warsaw Masters Team | | 2:18.37 | |
| Lewandowski Andrzej | 68 | +0,58 | 38.42 | Jarecka-Skorykow Monika | 74 | +0,71 | 34.38 |
| Olszewska Edyta | 64 | +0,56 | 39.35 | Madej Leszek | 60 | +0,44 | 26.22 |
| 3. AZS UWM Masters Olsztyn C | | | | AZS UWM Masters Olsztyn | | 2:22.22 | |
| Markowicz Piotr | 67 | +0,82 | 35.13 | Gregorowicz Paweł | 74 | +0,43 | 28.96 |
| Go dziejewska Anna | 67 | +0,53 | 44.20 | Przybysz Aleksandra | 82 | +0,65 | 33.93 |
| 4. Masters Unia O wi cim C | | | | Masters Unia O wi cim | | 2:23.72 | |
| Płatek Jolanta | 71 | +0,77 | 37.28 | Krulikowski Robert | 73 | +0,60 | 31.01 |
| Szkudlarz Ilona | 66 | +0,39 | 43.01 | Dorywalski Tomasz | 61 | +0,37 | 32.42 |
| 5. TKKF Koszalin C | | | | TKKF Koszalin | | 2:29.47 | |
| Gudaniec Dorota | 60 | +0,85 | 46.01 | Kielar Jakub | 74 | +0,63 | 29.36 |
| Stankiewicz-Majkowska Joanna | 72 | +0,44 | 46.12 | Stefa ski Krzysztof | 73 | +0,37 | 27.98 |

Kategoria D

| | | | | | | | |
|------------------------------|----|-------|-------|-------------------------|----|----------------|-------|
| 1. Zgiersko-Ł czyckie WOPR D | | | | Zgiersko-Ł czyckie WOPR | | 2:13.75 | |
| Fajkowska Daria | 73 | +0,80 | 33.86 | cibiorek Małgorzata | 71 | +0,77 | 31.91 |
| Wiczek Roman | 48 | +0,47 | 38.29 | Przytułski Włodzimierz | 57 | +0,62 | 29.69 |
| 2. Weteran Zabrze D | | | | Weteran Zabrze | | 2:16.94 | |
| Rother Marek | 68 | +0,71 | 29.61 | Stuchlik Tadeusz | 69 | +0,19 | 28.29 |
| Buczowska Maria | 46 | +0,81 | 47.97 | Frank Marta | 68 | +0,54 | 31.07 |
| 3. Masters Korona Kraków D | | | | Masters Korona Kraków | | 2:19.24 | |
| Kuli Mariola | 66 | +0,69 | 36.18 | Piszczek Waldemar | 62 | +0,61 | 30.45 |
| Wysocka Marta | 59 | +0,30 | 41.28 | Chołda Krzysztof | 64 | +0,58 | 31.33 |
| 4. Zgiersko-Ł czyckie WOPR D | | | | Zgiersko-Ł czyckie WOPR | | 2:36.85 | |
| Ossowski Aleksander | 53 | +0,73 | 39.58 | Niedzwiedz Tomasz | 63 | +0,81 | 43.17 |
| St pie Ewa | 62 | +0,63 | 40.66 | Mróz Urszula | 62 | +0,51 | 33.44 |

Kategoria E

| | | | | | | | |
|---------------------|----|-------|-------|------------------|----|----------------|-------|
| 1. Weteran Zabrze E | | | | Weteran Zabrze | | 2:48.11 | |
| Poloczek Bernard | 47 | +0,67 | 42.36 | Kornicki Wiesław | 49 | +0,56 | 35.46 |
| Fecica Krystyna | 43 | +0,37 | 51.14 | Brendler Barbara | 50 | +0,45 | 39.15 |

Kategoria F

| | | | | | | | |
|---------------------|----|-------|-------|----------------|----|----------------|-------|
| 1. Weteran Zabrze F | | | | Weteran Zabrze | | 2:45.22 | |
| Kiszczak Gra yna | 50 | +0,74 | 40.94 | Bastek Ewald | 39 | +0,60 | 44.41 |
| Fecica Daniel | 40 | +0,47 | 44.52 | Bastek Renata | 43 | | 35.35 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 39
17/11/2013 - 11:53

Kobiet, 400m dowolny

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | | | Rok ur. | | | | | | Czas | Pkt. |
|--------------------|-----------------------|-------|---------------|-----------------------|---------------|-------|---------------|-------|----------------|------|
| Kategoria 0 | | | | | | | | | | |
| 1. | Drab Magdalena | | 92 | CM UJ Masters Kraków | | | | | 4:48.24 | 722 |
| | 50m: 30.67 | 30.67 | 150m: 1:41.38 | 36.14 | 250m: 2:56.41 | 37.77 | 350m: 4:12.30 | 37.76 | | |
| | 100m: 1:05.24 | 34.57 | 200m: 2:18.64 | 37.26 | 300m: 3:34.54 | 38.13 | 400m: 4:48.24 | 35.94 | | |
| 2. | Zadro na Karolina | | 92 | Masters Korona Kraków | | | | | 5:00.91 | 634 |
| | 50m: 34.01 | 34.01 | 150m: 1:49.93 | 38.46 | 250m: 3:07.04 | 38.48 | 350m: 4:24.49 | 38.75 | | |
| | 100m: 1:11.47 | 37.46 | 200m: 2:28.56 | 38.63 | 300m: 3:45.74 | 38.70 | 400m: 5:00.91 | 36.42 | | |
| 3. | Krysiak Olga | | 91 | Zawodnik niezrzeszony | | | | | 5:13.71 | 560 |
| | 50m: 34.50 | 34.50 | 150m: 1:52.65 | 39.84 | 250m: 3:14.34 | 41.20 | 350m: 4:34.72 | 39.95 | | |
| | 100m: 1:12.81 | 38.31 | 200m: 2:33.14 | 40.49 | 300m: 3:54.77 | 40.43 | 400m: 5:13.71 | 38.99 | | |
| 4. | Jamrozik Aleksandra | | 91 | Masters Korona Kraków | | | | | 5:13.89 | 559 |
| | 50m: 35.75 | 35.75 | 150m: 1:54.58 | 39.74 | 250m: 3:14.82 | 40.49 | 350m: 4:35.72 | 40.27 | | |
| | 100m: 1:14.84 | 39.09 | 200m: 2:34.33 | 39.75 | 300m: 3:55.45 | 40.63 | 400m: 5:13.89 | 38.17 | | |
| 5. | Kieszek Joanna | | 91 | Masters Korona Kraków | | | | | 5:33.06 | 468 |
| | 50m: 35.96 | 35.96 | 150m: 1:56.64 | 41.00 | 250m: 3:21.88 | 43.34 | 350m: 4:49.28 | 43.97 | | |
| | 100m: 1:15.64 | 39.68 | 200m: 2:38.54 | 41.90 | 300m: 4:05.31 | 43.43 | 400m: 5:33.06 | 43.78 | | |
| 6. | Michałowska Katarzyna | | 91 | Zawodnik niezrzeszony | | | | | 5:47.32 | 412 |
| | 50m: 38.33 | 38.33 | 150m: 2:03.61 | 43.58 | 250m: 3:33.56 | 45.03 | 350m: 5:04.01 | 45.07 | | |
| | 100m: 1:20.03 | 41.70 | 200m: 2:48.53 | 44.92 | 300m: 4:18.94 | 45.38 | 400m: 5:47.32 | 43.31 | | |

Kategoria A

| | | | | | | | | | | |
|----|--------------------|-------|---------------|-------------------------|---------------|-------|---------------|-------|----------------|-----|
| 1. | Vachanova Lucia | | 87 | SPK Kupele Piestany | | | | | 5:07.54 | 660 |
| | 50m: 33.35 | 33.35 | 150m: 1:47.69 | 37.98 | 250m: 3:06.40 | 39.60 | 350m: 4:27.45 | 40.96 | | |
| | 100m: 1:09.71 | 36.36 | 200m: 2:26.80 | 39.11 | 300m: 3:46.49 | 40.09 | 400m: 5:07.54 | 40.09 | | |
| 2. | Mongiła Magdalena | | 88 | Redeco Wrocław | | | | | 5:15.21 | 613 |
| | 50m: 34.29 | 34.29 | 150m: 1:51.90 | 39.53 | 250m: 3:16.03 | 43.28 | 350m: 4:36.86 | 39.40 | | |
| | 100m: 1:12.37 | 38.08 | 200m: 2:32.75 | 40.85 | 300m: 3:57.46 | 41.43 | 400m: 5:15.21 | 38.35 | | |
| 3. | Gudaniec Katarzyna | | 88 | TKKF Koszalin | | | | | 5:22.75 | 571 |
| | 50m: 34.67 | 34.67 | 150m: 1:54.17 | 40.81 | 250m: 3:17.82 | 42.43 | 350m: 4:41.74 | 41.75 | | |
| | 100m: 1:13.36 | 38.69 | 200m: 2:35.39 | 41.22 | 300m: 3:59.99 | 42.17 | 400m: 5:22.75 | 41.01 | | |
| 4. | Palmowska Paulina | | 85 | Masters Korona Kraków | | | | | 5:30.00 | 534 |
| | 50m: 36.38 | 36.38 | 150m: 2:01.00 | 43.07 | 250m: 3:26.95 | 42.66 | 350m: 4:51.31 | 41.60 | | |
| | 100m: 1:17.93 | 41.55 | 200m: 2:44.29 | 43.29 | 300m: 4:09.71 | 42.76 | 400m: 5:30.00 | 38.69 | | |
| 5. | Rompała Karolina | | 85 | Tarnowskie WOPR Masters | | | | | 5:30.83 | 530 |
| | 50m: 35.97 | 35.97 | 150m: 1:56.42 | 40.99 | 250m: 3:22.28 | 43.28 | 350m: 4:49.34 | 43.53 | | |
| | 100m: 1:15.43 | 39.46 | 200m: 2:39.00 | 42.58 | 300m: 4:05.81 | 43.53 | 400m: 5:30.83 | 41.49 | | |
| 6. | Gajdus Marianna | | 86 | Warsaw Masters Team | | | | | 5:45.14 | 467 |
| | 50m: 38.08 | 38.08 | 150m: 2:05.44 | 44.32 | 250m: 3:35.32 | 44.84 | 350m: 5:04.28 | 43.98 | | |
| | 100m: 1:21.12 | 43.04 | 200m: 2:50.48 | 45.04 | 300m: 4:20.30 | 44.98 | 400m: 5:45.14 | 40.86 | | |
| 7. | Chomicz Joanna | | 88 | KP Koziegłowy | | | | | 5:48.04 | 455 |
| | 50m: 39.36 | 39.36 | 150m: 2:05.53 | 43.64 | 250m: 3:35.25 | 45.03 | 350m: 5:06.61 | 45.27 | | |
| | 100m: 1:21.89 | 42.53 | 200m: 2:50.22 | 44.69 | 300m: 4:21.34 | 46.09 | 400m: 5:48.04 | 41.43 | | |
| 8. | Grycz Urszula | | 85 | Ursynów Masters | | | | | 5:48.26 | 455 |
| | 50m: 38.38 | 38.38 | 150m: 2:05.31 | 44.01 | 250m: 3:35.11 | 45.15 | 350m: 5:05.44 | 44.76 | | |
| | 100m: 1:21.30 | 42.92 | 200m: 2:49.96 | 44.65 | 300m: 4:20.68 | 45.57 | 400m: 5:48.26 | 42.82 | | |
| 9. | Maduzia Aneta | | 84 | KP Koziegłowy | | | | | 6:11.23 | 375 |
| | 50m: 38.40 | 38.40 | 150m: 2:09.91 | 47.08 | 250m: 3:46.71 | 48.77 | 350m: 5:23.86 | 48.88 | | |
| | 100m: 1:22.83 | 44.43 | 200m: 2:57.94 | 48.03 | 300m: 4:34.98 | 48.27 | 400m: 6:11.23 | 47.37 | | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 39, Kobiety, 400m dowolny, Kategoria A

| Pozycja | Rok ur. | Czas | Pkt. |
|-----------------------|---------------------|---------------------|---------------------|
| 10. Stanisławska Anna | 87 | 6:32.14 | 318 |
| 50m: 43.57 43.57 | 150m: 2:23.25 51.13 | 250m: 4:03.61 50.18 | 350m: 5:43.98 49.52 |
| 100m: 1:32.12 48.55 | 200m: 3:13.43 50.18 | 300m: 4:54.46 50.85 | 400m: 6:32.14 48.16 |
| 11. Kara Karolina | 87 | 7:09.18 | 243 |
| 50m: 49.75 49.75 | 150m: 3:35.61 | 250m: 5:25.60 54.24 | 350m: |
| 100m: | 200m: 4:31.36 55.75 | 300m: 6:19.03 53.43 | 400m: 7:09.18 |

Kategoria B

| | | | |
|---------------------------|-----------------------|-----------------------|-----------------------|
| 1. Michalik Dominika | 79 | 5:03.84 | 729 |
| 50m: 33.79 33.79 | 150m: 1:48.39 37.66 | 250m: 3:05.49 38.68 | 350m: 4:24.38 39.43 |
| 100m: 1:10.73 36.94 | 200m: 2:26.81 38.42 | 300m: 3:44.95 39.46 | 400m: 5:03.84 39.46 |
| 2. Rompała Agata | 82 | 5:34.50 | 546 |
| 50m: 36.13 36.13 | 150m: 1:58.73 42.54 | 250m: 3:26.06 43.73 | 350m: 4:53.35 43.55 |
| 100m: 1:16.19 40.06 | 200m: 2:42.33 43.60 | 300m: 4:09.80 43.74 | 400m: 5:34.50 41.15 |
| 3. Malchar Jowita | 82 | 5:40.39 | 518 |
| 50m: 37.03 37.03 | 150m: 2:01.23 43.40 | 250m: 4:14.84 44.63 | 350m: |
| 100m: 1:17.83 40.80 | 200m: 3:30.21 1:28.98 | 300m: 4:59.98 45.14 | 400m: 5:40.39 |
| 4. Mróz Edyta | 79 | 5:42.28 | 510 |
| 50m: 37.83 37.83 | 150m: 2:03.56 43.86 | 250m: 3:32.13 43.97 | 350m: 5:00.73 44.50 |
| 100m: 1:19.70 41.87 | 200m: 2:48.16 44.60 | 300m: 4:16.23 44.10 | 400m: 5:42.28 41.55 |
| 5. Sikacz Hanna | 79 | 5:48.99 | 481 |
| 50m: 39.77 39.77 | 150m: 2:07.97 44.92 | 250m: 3:39.77 46.16 | 350m: 5:09.30 44.42 |
| 100m: 1:23.05 43.28 | 200m: 2:53.61 45.64 | 300m: 4:24.88 45.11 | 400m: 5:48.99 39.69 |
| 6. Przybysz Aleksandra | 82 | 6:06.02 | 417 |
| 50m: 40.04 40.04 | 150m: 2:10.39 46.39 | 250m: 3:44.94 47.87 | 350m: 5:20.56 47.61 |
| 100m: 1:24.00 43.96 | 200m: 2:57.07 46.68 | 300m: 4:32.95 48.01 | 400m: 6:06.02 45.46 |
| 7. Mazurkiewicz Agnieszka | 82 | 6:14.65 | 389 |
| 50m: 41.58 41.58 | 150m: 2:14.67 46.97 | 250m: 3:50.20 47.97 | 350m: 5:27.27 48.83 |
| 100m: 1:27.70 46.12 | 200m: 3:02.23 47.56 | 300m: 4:38.44 48.24 | 400m: 6:14.65 47.38 |
| 8. Kasprzykowska Anna | 81 | 8:22.05 | 161 |
| 50m: 55.76 55.76 | 150m: 3:03.99 1:04.97 | 250m: 5:13.39 1:04.34 | 350m: 7:23.25 1:05.21 |
| 100m: 1:59.02 1:03.26 | 200m: 4:09.05 1:05.06 | 300m: 6:18.04 1:04.65 | 400m: 8:22.05 58.80 |

Kategoria C

| | | | |
|---------------------|---------------------|---------------------|---------------------|
| 1. Maryl Marta | 78 | 5:47.68 | 484 |
| 50m: 38.32 38.32 | 150m: 2:06.20 44.95 | 250m: 3:36.23 44.76 | 350m: 5:05.52 44.45 |
| 100m: 1:21.25 42.93 | 200m: 2:51.47 45.27 | 300m: 4:21.07 44.84 | 400m: 5:47.68 42.16 |
| 2. Shikina Galina | 74 | 5:51.62 | 468 |
| 50m: 37.84 37.84 | 150m: 2:05.35 44.34 | 250m: 3:37.62 47.01 | 350m: 5:09.89 46.02 |
| 100m: 1:21.01 43.17 | 200m: 2:50.61 45.26 | 300m: 4:23.87 46.25 | 400m: 5:51.62 41.73 |
| 3. Jakubów Marlena | 74 | 7:03.23 | 268 |
| 50m: 44.45 44.45 | 150m: 2:30.41 55.95 | 250m: 4:22.97 57.51 | 350m: 6:14.42 56.54 |
| 100m: 1:34.46 50.01 | 200m: 3:25.46 55.05 | 300m: 5:17.88 54.91 | 400m: 7:03.23 48.81 |

Kategoria D

| | | | |
|---------------------|---------------------|---------------------|---------------------|
| 1. Sulewska Beata | 72 | 5:10.84 | 707 |
| 50m: 35.57 35.57 | 150m: 1:53.27 39.47 | 250m: 3:12.79 39.78 | 350m: 4:32.60 39.85 |
| 100m: 1:13.80 38.23 | 200m: 2:33.01 39.74 | 300m: 3:52.75 39.96 | 400m: 5:10.84 38.24 |
| 2. Płatek Jolanta | 71 | 5:54.48 | 476 |
| 50m: 38.62 38.62 | 150m: 2:05.94 44.60 | 250m: 3:37.24 45.96 | 350m: 5:10.06 46.55 |
| 100m: 1:21.34 42.72 | 200m: 2:51.28 45.34 | 300m: 4:23.51 46.27 | 400m: 5:54.48 44.42 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 39, Kobiety, 400m dowolny, Kategoria D

| Pozycja | | Rok ur. | | | | | | Czas | Pkt. |
|---------|---------------------|---------------|---------------------|---------------|---------|---------------|-------|----------------|------|
| 3. | Wo niak Dorota | 73 | ORS Opole | | | | | 6:04.12 | 439 |
| | 50m: 38.96 38.96 | 150m: 2:08.24 | 45.55 | 250m: 3:43.21 | 47.55 | 350m: 5:18.23 | 47.73 | | |
| | 100m: 1:22.69 43.73 | 200m: 2:55.66 | 47.42 | 300m: 4:30.50 | 47.29 | 400m: 6:04.12 | 45.89 | | |
| 4. | Krzy anowska Ewa | 72 | Warsaw Masters Team | | | | | 6:10.25 | 418 |
| | 50m: 39.15 39.15 | 150m: 2:10.07 | 46.65 | 250m: 3:46.86 | 48.60 | 350m: | | | |
| | 100m: 1:23.42 44.27 | 200m: 2:58.26 | 48.19 | 300m: 5:24.44 | 1:37.58 | 400m: 6:10.25 | | | |
| 5. | Piechura Małgorzata | 73 | Niezrzeszeni.pl | | | | | 7:57.93 | 194 |
| | 50m: 51.40 51.40 | 150m: 2:48.68 | 1:00.72 | 250m: 5:56.47 | 2:07.51 | 350m: | | | |
| | 100m: 1:47.96 56.56 | 200m: 3:48.96 | 1:00.28 | 300m: 6:59.32 | 1:02.85 | 400m: 7:57.93 | | | |

Kategoria E

| | | | | | | | | | |
|----|--------------------------|---------------|-------------------------|---------------|---------|---------------|---------|----------------|-----|
| 1. | Serbin Małgorzata | 66 | MKP Szczecin | | | | | 5:19.84 | 698 |
| | 50m: 35.38 35.38 | 150m: 1:54.84 | 40.30 | 250m: 3:17.03 | 41.38 | 350m: 4:40.05 | 41.42 | | |
| | 100m: 1:14.54 39.16 | 200m: 2:35.65 | 40.81 | 300m: 3:58.63 | 41.60 | 400m: 5:19.84 | 39.79 | | |
| 2. | Go dziejewska Anna | 67 | AZS UWM Masters Olsztyn | | | | | 5:44.85 | 557 |
| | 50m: 38.47 38.47 | 150m: 2:04.54 | 43.81 | 250m: 3:34.34 | 45.05 | 350m: 5:03.30 | 44.16 | | |
| | 100m: 1:20.73 42.26 | 200m: 2:49.29 | 44.75 | 300m: 4:19.14 | 44.80 | 400m: 5:44.85 | 41.55 | | |
| 3. | Kotecka Anna | 65 | Warta Pozna | | | | | 6:16.95 | 426 |
| | 50m: 41.51 41.51 | 150m: 2:11.86 | 46.20 | 250m: 3:50.50 | 49.64 | 350m: 5:29.78 | 49.60 | | |
| | 100m: 1:25.66 44.15 | 200m: 3:00.86 | 49.00 | 300m: 4:40.18 | 49.68 | 400m: 6:16.95 | 47.17 | | |
| 4. | Cicha-Mikołajczyk Alicja | 64 | Ursynów Masters | | | | | 8:57.57 | 147 |
| | 50m: 58.48 58.48 | 150m: 3:14.82 | 1:08.86 | 250m: 5:34.06 | 1:09.56 | 350m: 7:54.61 | 1:10.21 | | |
| | 100m: 2:05.96 1:07.48 | 200m: 4:24.50 | 1:09.68 | 300m: 6:44.40 | 1:10.34 | 400m: 8:57.57 | 1:02.96 | | |

Kategoria F

| | | | | | | | | | |
|----|------------------------|---------------|------------------------|---------------|---------|----------------|---------|-----------------|-----|
| 1. | Szała Ewa | 59 | KP Koziegłowy | | | | | 5:56.22 | 519 |
| | 50m: 38.46 38.46 | 150m: 2:08.19 | 45.29 | 250m: 3:40.32 | 45.38 | 350m: 5:12.11 | 45.90 | | |
| | 100m: 1:22.90 44.44 | 200m: 2:54.94 | 46.75 | 300m: 4:26.21 | 45.89 | 400m: 5:56.22 | 44.11 | | |
| 2. | Macierzevska Agnieszka | 60 | Masters Korona Kraków | | | | | 6:13.50 | 450 |
| | 50m: 39.04 39.04 | 150m: 2:12.42 | 48.08 | 250m: 3:50.00 | 48.80 | 350m: 5:28.16 | 48.54 | | |
| | 100m: 1:24.34 45.30 | 200m: 3:01.20 | 48.78 | 300m: 4:39.62 | 49.62 | 400m: 6:13.50 | 45.34 | | |
| 3. | Gudaniec Dorota | 60 | TKKF Koszalin | | | | | 6:24.74 | 412 |
| | 50m: 41.33 41.33 | 150m: 2:16.57 | 49.01 | 250m: 3:56.82 | 50.40 | 350m: 5:36.75 | 49.95 | | |
| | 100m: 1:27.56 46.23 | 200m: 3:06.42 | 49.85 | 300m: 4:46.80 | 49.98 | 400m: 6:24.74 | 47.99 | | |
| 4. | Kicinova Anna | 61 | SPK Kupele Piastany | | | | | 6:43.20 | 358 |
| | 50m: 42.82 42.82 | 150m: 2:22.42 | 51.20 | 250m: 4:07.36 | 52.77 | 350m: 5:52.26 | 52.74 | | |
| | 100m: 1:31.22 48.40 | 200m: 3:14.59 | 52.17 | 300m: 4:59.52 | 52.16 | 400m: 6:43.20 | 50.94 | | |
| 5. | Mysiak Katarzyna | 61 | Gdynia Masters | | | | | 6:54.92 | 328 |
| | 50m: 44.65 44.65 | 150m: 2:26.63 | 52.09 | 250m: 4:13.63 | 53.91 | 350m: | | | |
| | 100m: 1:34.54 49.89 | 200m: 3:19.72 | 53.09 | 300m: 5:08.22 | 54.59 | 400m: 6:54.92 | | | |
| 6. | Kara Beata | 62 | Victory Masters Elbl g | | | | | 7:06.82 | 301 |
| | 50m: 47.51 47.51 | 150m: 2:35.50 | 54.94 | 250m: 4:24.60 | 54.96 | 350m: 6:14.76 | 54.96 | | |
| | 100m: 1:40.56 53.05 | 200m: 3:29.64 | 54.14 | 300m: 5:19.80 | 55.20 | 400m: 7:06.82 | 52.06 | | |
| 7. | Wepa Hanna | 59 | Masters Chełm | | | | | 10:47.14 | 86 |
| | 50m: 1:09.95 1:09.95 | 150m: 3:55.10 | 1:23.28 | 250m: 6:40.79 | 1:21.98 | 350m: 9:25.06 | 1:23.26 | | |
| | 100m: 2:31.82 1:21.87 | 200m: 5:18.81 | 1:23.71 | 300m: 8:01.80 | 1:21.01 | 400m: 10:47.14 | 1:22.08 | | |

Kategoria G

| | | | | | | | | | |
|----|---------------------|---------------|-----------------------|---------------|-------|---------------|-------|----------------|-----|
| 1. | Legutko Mirosława | 57 | Masters Korona Kraków | | | | | 6:57.63 | 456 |
| | 50m: 44.14 44.14 | 150m: 2:29.65 | 54.01 | 250m: 4:17.83 | 54.16 | 350m: 6:06.35 | 54.10 | | |
| | 100m: 1:35.64 51.50 | 200m: 3:23.67 | 54.02 | 300m: 5:12.25 | 54.42 | 400m: 6:57.63 | 51.28 | | |



Mistrzostwa Polski w Pływaniu Masters
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Konkurencja 39, Kobiety, 400m dowolny

Kategoria H

| | | | | |
|-----------------------|-----------------------|-----------------------|----------------|-----|
| 1. Szemberg Anna | 49 | Warsaw Masters Team | 8:23.42 | 339 |
| 50m: 55.49 55.49 | 150m: 3:07.10 1:07.13 | 250m: 6:20.55 2:08.55 | 350m: | |
| 100m: 1:59.97 1:04.48 | 200m: 4:12.00 1:04.90 | 300m: 7:24.06 1:03.51 | 400m: 8:23.42 | |

Kategoria I

| | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----|
| 1. Mleczko Maria | 46 | Masters Korona Kraków | 9:52.59 | 210 |
| 50m: 59.54 59.54 | 150m: 3:23.19 1:13.93 | 250m: 5:51.87 1:13.39 | 350m: 8:29.86 1:22.82 | |
| 100m: 2:09.26 1:09.72 | 200m: 4:38.48 1:15.29 | 300m: 7:07.04 1:15.17 | 400m: 9:52.59 1:22.73 | |

Kategoria L

| | | | | |
|-----------------------|-----------------------|-----------------------|------------------------|-----|
| 1. Walkowicz Urszula | 32 | Wodnik 29 Katowice | 11:57.07 | 320 |
| 50m: 1:16.71 1:16.71 | 150m: 4:19.80 1:33.53 | 250m: 7:26.78 1:33.89 | 350m: 10:32.41 1:32.50 | |
| 100m: 2:46.27 1:29.56 | 200m: 5:52.89 1:33.09 | 300m: 8:59.91 1:33.13 | 400m: 11:57.07 1:24.66 | |

Konkurencja 40
17/11/2013 - 12:59

M czyzn, 400m dowolny

20 - 94 lat
Wyniki

Punkty: DSV Masters 13

| Pozycja | Rok ur. | Czas | Pkt. |
|------------------------|---------------------|-------------------------|-----------------------|
| Kategoria 0 | | | |
| 1. Czermak Tomasz | 91 | AZS AWF Katowice | 4:27.49 772 |
| 50m: 30.09 30.09 | 150m: 1:36.64 33.66 | 250m: 2:45.12 34.35 | 350m: 3:55.32 35.07 |
| 100m: 1:02.98 32.89 | 200m: 2:10.77 34.13 | 300m: 3:20.25 35.13 | 400m: 4:27.49 32.17 |
| 2. Stanek Wojciech | 92 | ORS Opole | 5:10.03 496 |
| 50m: 35.45 35.45 | 150m: 1:52.67 38.59 | 250m: 3:12.06 39.33 | 350m: 4:30.60 39.22 |
| 100m: 1:14.08 38.63 | 200m: 2:32.73 40.06 | 300m: 3:51.38 39.32 | 400m: 5:10.03 39.43 |
| 3. Olszewski Krzysztof | 89 | SGGW Warszawa | 5:18.16 459 |
| 50m: 32.31 32.31 | 150m: 1:47.52 38.77 | 250m: 3:08.80 41.22 | 350m: 4:36.06 44.29 |
| 100m: 1:08.75 36.44 | 200m: 2:27.58 40.06 | 300m: 3:51.77 42.97 | 400m: 5:18.16 42.10 |
| 4. Pagacz Miłosz | 90 | Tarnowskie WOPR Masters | 7:35.02 156 |
| 50m: 44.44 44.44 | 150m: 2:33.37 57.39 | 250m: 4:32.86 59.86 | 350m: 6:36.64 1:00.45 |
| 100m: 1:35.98 51.54 | 200m: 3:33.00 59.63 | 300m: 5:36.19 1:03.33 | 400m: 7:35.02 58.38 |

Kategoria A

| | | | | |
|-----------------------|---------------------|--------------------------------|---------------------|-----|
| 1. Szczypi ski Marcin | 86 | Wodnik 29 Katowice | 4:21.22 | 819 |
| 50m: 30.60 30.60 | 150m: 1:37.51 33.41 | 250m: 2:44.71 33.48 | 350m: 3:50.77 32.41 | |
| 100m: 1:04.10 33.50 | 200m: 2:11.23 33.72 | 300m: 3:18.36 33.65 | 400m: 4:21.22 30.45 | |
| 2. Janovsky Jiri | 88 | Straz pod Ralskem | 4:27.48 | 763 |
| 50m: 29.69 29.69 | 150m: 1:37.24 34.13 | 250m: 2:45.62 34.27 | 350m: 3:54.74 34.31 | |
| 100m: 1:03.11 33.42 | 200m: 2:11.35 34.11 | 300m: 3:20.43 34.81 | 400m: 4:27.48 32.74 | |
| 3. Kluczyk Szymon | 87 | Swimming Masters Team Szczecin | 4:33.30 | 715 |
| 50m: 31.12 31.12 | 150m: 1:39.34 34.21 | 250m: 2:48.77 34.79 | 350m: 3:58.55 34.79 | |
| 100m: 1:05.13 34.01 | 200m: 2:13.98 34.64 | 300m: 3:23.76 34.99 | 400m: 4:33.30 34.75 | |
| 4. Latuszek Kamil | 88 | Masters Korona Kraków | 4:50.96 | 593 |
| 50m: 31.75 31.75 | 150m: 1:44.27 36.86 | 250m: 2:58.55 37.22 | 350m: 4:14.02 38.00 | |
| 100m: 1:07.41 35.66 | 200m: 2:21.33 37.06 | 300m: 3:36.02 37.47 | 400m: 4:50.96 36.94 | |
| 5. Pfitzner Jan | 86 | Warsaw Masters Team | 4:55.25 | 567 |
| 50m: 32.51 32.51 | 150m: 1:46.98 37.76 | 250m: 3:02.58 37.93 | 350m: 4:18.41 38.25 | |
| 100m: 1:09.22 36.71 | 200m: 2:24.65 37.67 | 300m: 3:40.16 37.58 | 400m: 4:55.25 36.84 | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 40, M czynn, 400m dowolny, Kategoria A

| Pozycja | | | Rok ur. | | | | Czas | | | | Pkt. | | |
|---------|-------------------|---------|---------|-----------------------|---------|---------|-------|----------------|-------|-------|---------|-------|--|
| 6. | urek Jacek | | 85 | Masters Korona Kraków | | | | 4:55.39 | | | | 566 | |
| | 50m: | 31.71 | 31.71 | 150m: | 1:43.83 | 36.78 | 250m: | 3:00.22 | 38.73 | 350m: | 4:18.17 | 39.30 | |
| | 100m: | 1:07.05 | 35.34 | 200m: | 2:21.49 | 37.66 | 300m: | 3:38.87 | 38.65 | 400m: | 4:55.39 | 37.22 | |
| 7. | Kozak Stanisław | | 86 | Warsaw Masters Team | | | | 5:02.77 | | | | 526 | |
| | 50m: | 34.20 | 34.20 | 150m: | 1:52.62 | 39.68 | 250m: | 3:11.72 | 39.66 | 350m: | 4:28.76 | 37.29 | |
| | 100m: | 1:12.94 | 38.74 | 200m: | 2:32.06 | 39.44 | 300m: | 3:51.47 | 39.75 | 400m: | 5:02.77 | 34.01 | |
| 8. | Czupryn Jacek | | 88 | Warsaw Masters Team | | | | 5:31.97 | | | | 399 | |
| | 50m: | 35.48 | 35.48 | 150m: | 1:56.19 | 41.47 | 250m: | 4:06.68 | 43.77 | 350m: | | | |
| | 100m: | 1:14.72 | 39.24 | 200m: | 3:22.91 | 1:26.72 | 300m: | 4:49.72 | 43.04 | 400m: | 5:31.97 | | |
| 9. | Wirszuła Radosław | | 86 | Delfinek Legnica | | | | 6:02.37 | | | | 307 | |
| | 50m: | 36.60 | 36.60 | 150m: | 2:01.57 | | 250m: | 3:37.58 | 49.08 | 350m: | 5:16.80 | 49.72 | |
| | 100m: | | | 200m: | 2:48.50 | 46.93 | 300m: | 4:27.08 | 49.50 | 400m: | 6:02.37 | 45.57 | |

Kategoria B

| | | | | | | | | | | | | | |
|-----|----------------------|---------|-------|--------------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|--|
| 1. | Twarowski Karol | | 79 | Toru czyk Masters Toru | | | | 4:33.93 | | | | 674 | |
| | 50m: | 29.58 | 29.58 | 150m: | 1:35.70 | 33.46 | 250m: | 2:45.29 | 35.13 | 350m: | 3:58.56 | 36.88 | |
| | 100m: | 1:02.24 | 32.66 | 200m: | 2:10.16 | 34.46 | 300m: | 3:21.68 | 36.39 | 400m: | 4:33.93 | 35.37 | |
| 2. | Isalski Przemysław | | 82 | Warta Pozna | | | | 4:38.05 | | | | 645 | |
| | 50m: | 31.41 | 31.41 | 150m: | 1:40.64 | 35.07 | 250m: | 2:51.49 | 35.37 | 350m: | 4:02.43 | 35.47 | |
| | 100m: | 1:05.57 | 34.16 | 200m: | 2:16.12 | 35.48 | 300m: | 3:26.96 | 35.47 | 400m: | 4:38.05 | 35.62 | |
| 3. | Brodacki Maciej | | 83 | Swimming Masters Team Szczecin | | | | 4:43.68 | | | | 607 | |
| | 50m: | 31.43 | 31.43 | 150m: | 1:42.71 | 35.91 | 250m: | 2:54.26 | 35.72 | 350m: | 4:08.25 | 36.97 | |
| | 100m: | 1:06.80 | 35.37 | 200m: | 2:18.54 | 35.83 | 300m: | 3:31.28 | 37.02 | 400m: | 4:43.68 | 35.43 | |
| 4. | Rydlewski Przemysław | | 79 | KP Koziegłowy | | | | 4:52.68 | | | | 553 | |
| | 50m: | 32.59 | 32.59 | 150m: | 1:44.24 | 35.98 | 250m: | 2:59.12 | 37.52 | 350m: | 4:16.08 | 38.67 | |
| | 100m: | 1:08.26 | 35.67 | 200m: | 2:21.60 | 37.36 | 300m: | 3:37.41 | 38.29 | 400m: | 4:52.68 | 36.60 | |
| 5. | Jurek Przemysław | | 81 | Tarnowskie WOPR Masters | | | | 4:52.87 | | | | 552 | |
| | 50m: | 31.82 | 31.82 | 150m: | 1:45.60 | 37.20 | 250m: | 3:00.50 | 37.58 | 350m: | 4:16.00 | 37.62 | |
| | 100m: | 1:08.40 | 36.58 | 200m: | 2:22.92 | 37.32 | 300m: | 3:38.38 | 37.88 | 400m: | 4:52.87 | 36.87 | |
| 6. | Grabarczyk Marcin | | 79 | Piłka Konstantynów Ł. | | | | 4:56.30 | | | | 533 | |
| | 50m: | 32.76 | 32.76 | 150m: | 1:44.89 | 36.58 | 250m: | 3:00.20 | 37.53 | 350m: | 4:18.66 | 39.47 | |
| | 100m: | 1:08.31 | 35.55 | 200m: | 2:22.67 | 37.78 | 300m: | 3:39.19 | 38.99 | 400m: | 4:56.30 | 37.64 | |
| 7. | Dybek Mateusz | | 80 | Wiśła Masters Kraków | | | | 5:08.43 | | | | 472 | |
| | 50m: | 33.77 | 33.77 | 150m: | 1:52.08 | 39.69 | 250m: | 3:12.22 | 40.02 | 350m: | 4:32.37 | 40.04 | |
| | 100m: | 1:12.39 | 38.62 | 200m: | 2:32.20 | 40.12 | 300m: | 3:52.33 | 40.11 | 400m: | 5:08.43 | 36.06 | |
| 8. | Ilczyszyn Krzysztof | | 83 | UKS 307 Warszawa | | | | 5:19.61 | | | | 424 | |
| | 50m: | 34.58 | 34.58 | 150m: | 1:54.01 | 40.24 | 250m: | 3:17.62 | 42.24 | 350m: | 4:40.83 | 40.94 | |
| | 100m: | 1:13.77 | 39.19 | 200m: | 2:35.38 | 41.37 | 300m: | 3:59.89 | 42.27 | 400m: | 5:19.61 | 38.78 | |
| 9. | Kału y ski Wojciech | | 80 | Warsaw Masters Team | | | | 5:36.90 | | | | 362 | |
| | 50m: | 37.35 | 37.35 | 150m: | 2:01.26 | 42.57 | 250m: | 3:27.70 | 43.22 | 350m: | 4:55.04 | 43.86 | |
| | 100m: | 1:18.69 | 41.34 | 200m: | 2:44.48 | 43.22 | 300m: | 4:11.18 | 43.48 | 400m: | 5:36.90 | 41.86 | |
| 10. | Arentewicz Grzegorz | | 81 | Toru czyk Masters Toru | | | | 5:43.47 | | | | 342 | |
| | 50m: | 37.59 | 37.59 | 150m: | 2:02.81 | 43.11 | 250m: | 3:31.39 | 45.17 | 350m: | 5:00.69 | 44.94 | |
| | 100m: | 1:19.70 | 42.11 | 200m: | 2:46.22 | 43.41 | 300m: | 4:15.75 | 44.36 | 400m: | 5:43.47 | 42.78 | |
| 11. | Wasielak Michał | | 81 | Warsaw Masters Team | | | | 5:54.96 | | | | 310 | |
| | 50m: | 38.29 | 38.29 | 150m: | 2:03.65 | 43.94 | 250m: | 3:35.66 | 46.89 | 350m: | 5:09.76 | 47.00 | |
| | 100m: | 1:19.71 | 41.42 | 200m: | 2:48.77 | 45.12 | 300m: | 4:22.76 | 47.10 | 400m: | 5:54.96 | 45.20 | |
| 12. | Chylak Kamil | | 80 | Zawodnik niezrzeszony | | | | 6:49.26 | | | | 202 | |
| | 50m: | 37.54 | 37.54 | 150m: | 2:15.08 | 51.45 | 250m: | 4:04.21 | 54.94 | 350m: | 5:54.99 | 55.43 | |
| | 100m: | 1:23.63 | 46.09 | 200m: | 3:09.27 | 54.19 | 300m: | 4:59.56 | 55.35 | 400m: | 6:49.26 | 54.27 | |



Konkurencja 40, M czynn, 400m dowolny

Kategoria C

| | | | | |
|--------------------------|-----------------------|---------------------------|---------------------|-----|
| 1. Horbacz Marcin | 74 | JW 2399 wi tos ów | 4:21.42 | 796 |
| 50m: 31.06 31.06 | 150m: 1:38.68 33.84 | 250m: 2:45.61 33.36 | 350m: 3:50.56 32.16 | |
| 100m: 1:04.84 33.78 | 200m: 2:12.25 33.57 | 300m: 3:18.40 32.79 | 400m: 4:21.42 30.86 | |
| 2. Goł biowski Remigiusz | 76 | Swimmers Warszawa | 4:37.15 | 668 |
| 50m: 30.69 30.69 | 150m: 1:39.71 35.01 | 250m: 2:50.94 35.58 | 350m: 4:02.90 36.17 | |
| 100m: 1:04.70 34.01 | 200m: 2:15.36 35.65 | 300m: 3:26.73 35.79 | 400m: 4:37.15 34.25 | |
| 3. Gregorowicz Paweł | 74 | AZS UWM Masters Olsztyn | 4:40.60 | 644 |
| 50m: 31.94 31.94 | 150m: 1:41.56 34.90 | 250m: 2:52.82 35.57 | 350m: 4:05.55 36.59 | |
| 100m: 1:06.66 34.72 | 200m: 2:17.25 35.69 | 300m: 3:28.96 36.14 | 400m: 4:40.60 35.05 | |
| 4. Kowalczyk Piotr | 74 | MKP Szczecin | 4:47.30 | 600 |
| 50m: 32.85 32.85 | 150m: 1:45.80 36.87 | 250m: 2:59.81 36.59 | 350m: 4:13.09 37.01 | |
| 100m: 1:08.93 36.08 | 200m: 2:23.22 37.42 | 300m: 3:36.08 36.27 | 400m: 4:47.30 34.21 | |
| 5. Hoffman Wojciech | 75 | Masters Korona Kraków | 5:05.39 | 499 |
| 50m: 34.96 34.96 | 150m: 1:51.73 39.01 | 250m: 3:08.76 38.70 | 350m: 4:27.20 39.50 | |
| 100m: 1:12.72 37.76 | 200m: 2:30.06 38.33 | 300m: 3:47.70 38.94 | 400m: 5:05.39 38.19 | |
| 6. Ziółkowski Damian | 78 | UKS 307 Warszawa | 5:08.81 | 483 |
| 50m: 34.09 34.09 | 150m: 1:52.42 40.04 | 250m: 3:13.79 40.45 | 350m: 4:33.43 38.48 | |
| 100m: 1:12.38 38.29 | 200m: 2:33.34 40.92 | 300m: 3:54.95 41.16 | 400m: 5:08.81 35.38 | |
| 7. Olkowicz Arkadiusz | 76 | Pi tka Konstantynów Ł. | 5:18.68 | 439 |
| 50m: 33.27 33.27 | 150m: 1:47.25 37.52 | 250m: 3:09.74 41.96 | 350m: 4:36.39 44.26 | |
| 100m: 1:09.73 36.46 | 200m: 2:27.78 40.53 | 300m: 3:52.13 42.39 | 400m: 5:18.68 42.29 | |
| 8. Bystry Jarek | 77 | AZS UAM Pozna | 5:25.44 | 412 |
| 50m: 36.44 36.44 | 150m: 1:58.67 41.55 | 250m: 3:22.74 42.07 | 350m: 4:47.93 42.76 | |
| 100m: 1:17.12 40.68 | 200m: 2:40.67 42.00 | 300m: 4:05.17 42.43 | 400m: 5:25.44 37.51 | |
| 9. Witkowski Adam | 75 | KP Koziegłowy | 5:31.42 | 391 |
| 50m: 36.31 36.31 | 150m: 1:59.74 42.58 | 250m: 3:25.95 43.03 | 350m: 4:51.17 42.10 | |
| 100m: 1:17.16 40.85 | 200m: 2:42.92 43.18 | 300m: 4:09.07 43.12 | 400m: 5:31.42 40.25 | |
| 10. Płaneta Maciej | 74 | Delfin Masters Tarnobrzeg | 5:34.89 | 378 |
| 50m: 37.75 37.75 | 150m: 2:01.48 42.37 | 250m: 3:26.59 42.76 | 350m: 4:53.26 43.38 | |
| 100m: 1:19.11 41.36 | 200m: 2:43.83 42.35 | 300m: 4:09.88 43.29 | 400m: 5:34.89 41.63 | |
| 11. W growski Michał | 76 | Zawodnik niezrzeszony | 5:40.87 | 359 |
| 50m: 32.67 32.67 | 150m: 1:52.13 41.48 | 250m: 4:09.33 46.47 | 350m: | |
| 100m: 1:10.65 37.98 | 200m: 3:22.86 1:30.73 | 300m: 4:56.55 47.22 | 400m: 5:40.87 | |
| 12. Szabelka Tomasz | 77 | Wodnik 29 Katowice | 5:52.41 | 325 |
| 50m: 38.24 38.24 | 150m: 2:05.45 44.62 | 250m: 3:35.63 45.39 | 350m: 5:07.44 46.21 | |
| 100m: 1:20.83 42.59 | 200m: 2:50.24 44.79 | 300m: 4:21.23 45.60 | 400m: 5:52.41 44.97 | |
| 13. Bebelski Rafał | 77 | Warsaw Masters Team | 6:27.93 | 243 |
| 50m: 40.47 40.47 | 150m: 2:13.36 47.93 | 250m: 3:53.77 50.22 | 350m: 5:37.55 51.49 | |
| 100m: 1:25.43 44.96 | 200m: 3:03.55 50.19 | 300m: 4:46.06 52.29 | 400m: 6:27.93 50.38 | |

Kategoria D

| | | | | |
|------------------------|---------------------|-----------------------------|---------------------|-----|
| 1. Monczak Grzegorz | 73 | One Man Team Pozna | 4:37.30 | 653 |
| 50m: 32.13 32.13 | 150m: 1:42.58 35.29 | 250m: 2:53.42 35.56 | 350m: 4:04.22 35.26 | |
| 100m: 1:07.29 35.16 | 200m: 2:17.86 35.28 | 300m: 3:28.96 35.54 | 400m: 4:37.30 33.08 | |
| 2. Bar Wiesław | 70 | Motyl Senior MOSiR St. Wola | 4:53.21 | 553 |
| 50m: 33.08 33.08 | 150m: 1:48.50 38.07 | 250m: 3:03.91 37.95 | 350m: 4:17.68 36.68 | |
| 100m: 1:10.43 37.35 | 200m: 2:25.96 37.46 | 300m: 3:41.00 37.09 | 400m: 4:53.21 35.53 | |
| 3. Wojciechowicz Marek | 70 | Masters Gorzów Wlkp. | 4:55.39 | 540 |
| 50m: 32.17 32.17 | 150m: 1:46.94 37.74 | 250m: 3:03.38 38.61 | 350m: 4:19.45 38.11 | |
| 100m: 1:09.20 37.03 | 200m: 2:24.77 37.83 | 300m: 3:41.34 37.96 | 400m: 4:55.39 35.94 | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 40, M czynn, 400m dowolny, Kategoria D

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|--------------------|---------------|---------|---------------------------|-------|---------------|-------|----------------|------|
| 4. | Skodny Pavol | | 69 | SPK Kupele Piestany | | | | 5:06.54 | 483 |
| | 50m: | 33.57 33.57 | 150m: | 1:49.06 38.46 | 250m: | 3:07.78 39.52 | 350m: | 4:28.24 39.96 | |
| | 100m: | 1:10.60 37.03 | 200m: | 2:28.26 39.20 | 300m: | 3:48.28 40.50 | 400m: | 5:06.54 38.30 | |
| 5. | Lewandowski Marcin | | 73 | Happy TRI Friends Kraków | | | | 5:24.44 | 408 |
| | 50m: | 36.38 36.38 | 150m: | 1:57.60 40.92 | 250m: | 3:21.41 42.25 | 350m: | 4:45.30 41.45 | |
| | 100m: | 1:16.68 40.30 | 200m: | 2:39.16 41.56 | 300m: | 4:03.85 42.44 | 400m: | 5:24.44 39.14 | |
| 6. | Łopaci ski Artur | | 72 | Masters Gorzów Wlkp. | | | | 5:25.88 | 402 |
| | 50m: | 35.38 35.38 | 150m: | 1:57.54 41.84 | 250m: | 3:22.08 42.19 | 350m: | 4:46.72 42.24 | |
| | 100m: | 1:15.70 40.32 | 200m: | 2:39.89 42.35 | 300m: | 4:04.48 42.40 | 400m: | 5:25.88 39.16 | |
| 7. | Rybarczyk Michał | | 70 | Ursynów Masters | | | | 5:29.53 | 389 |
| | 50m: | 34.81 34.81 | 150m: | 1:56.98 41.89 | 250m: | 3:23.36 43.19 | 350m: | 4:50.87 43.75 | |
| | 100m: | 1:15.09 40.28 | 200m: | 2:40.17 43.19 | 300m: | 4:07.12 43.76 | 400m: | 5:29.53 38.66 | |
| 8. | Mytnik Grzegorz | | 72 | Water Knights Zabierzów | | | | 5:33.26 | 376 |
| | 50m: | 36.96 36.96 | 150m: | 2:00.83 42.57 | 250m: | 3:26.60 42.88 | 350m: | 4:52.27 42.94 | |
| | 100m: | 1:18.26 41.30 | 200m: | 2:43.72 42.89 | 300m: | 4:09.33 42.73 | 400m: | 5:33.26 40.99 | |
| 9. | Hudyka Sebastian | | 71 | Delfinek Legnica | | | | 5:45.00 | 339 |
| | 50m: | 38.13 38.13 | 150m: | 2:05.00 44.53 | 250m: | 3:34.23 44.77 | 350m: | 5:03.01 44.21 | |
| | 100m: | 1:20.47 42.34 | 200m: | 2:49.46 44.46 | 300m: | 4:18.80 44.57 | 400m: | 5:45.00 41.99 | |
| 10. | Wo niak Rafał | | 73 | Delfin Masters Tarnobrzeg | | | | 5:59.64 | 299 |
| | 50m: | 38.33 38.33 | 150m: | 2:06.36 45.28 | 250m: | 3:40.08 47.14 | 350m: | 5:15.14 47.10 | |
| | 100m: | 1:21.08 42.75 | 200m: | 2:52.94 46.58 | 300m: | 4:28.04 47.96 | 400m: | 5:59.64 44.50 | |
| 11. | Wytrwał Adam | | 69 | Tarnowskie WOPR Masters | | | | 6:19.39 | 255 |
| | 50m: | 40.38 40.38 | 150m: | 2:12.74 47.59 | 250m: | 3:52.46 49.70 | 350m: | 5:32.56 49.63 | |
| | 100m: | 1:25.15 44.77 | 200m: | 3:02.76 50.02 | 300m: | 4:42.93 50.47 | 400m: | 6:19.39 46.83 | |

Kategoria E

| | | | | | | | | | |
|----|-------------------|---------------|-------|-------------------------------|-------|---------------|-------|----------------|-----|
| 1. | Stanek Grzegorz | | 68 | ORS Opole | | | | 4:39.71 | 679 |
| | 50m: | 32.50 32.50 | 150m: | 1:43.94 35.74 | 250m: | 2:55.17 35.52 | 350m: | 4:05.51 35.25 | |
| | 100m: | 1:08.20 35.70 | 200m: | 2:19.65 35.71 | 300m: | 3:30.26 35.09 | 400m: | 4:39.71 34.20 | |
| 2. | Monczak Piotr | | 67 | Start Pozna | | | | 4:43.26 | 654 |
| | 50m: | 32.56 32.56 | 150m: | 1:44.88 35.87 | 250m: | 2:57.34 36.05 | 350m: | 4:08.84 35.72 | |
| | 100m: | 1:09.01 36.45 | 200m: | 2:21.29 36.41 | 300m: | 3:33.12 35.78 | 400m: | 4:43.26 34.42 | |
| 3. | Smirnov Alexander | | 68 | Pregel Kaliningrad | | | | 4:50.78 | 604 |
| | 50m: | 33.04 33.04 | 150m: | 1:47.60 37.76 | 250m: | 3:02.40 37.27 | 350m: | 4:16.47 36.52 | |
| | 100m: | 1:09.84 36.80 | 200m: | 2:25.13 37.53 | 300m: | 3:39.95 37.55 | 400m: | 4:50.78 34.31 | |
| 4. | Skoczylas Tomasz | | 66 | Wodnik 29 Katowice | | | | 4:55.96 | 573 |
| | 50m: | 33.33 33.33 | 150m: | 1:48.00 37.78 | 250m: | 3:05.32 38.43 | 350m: | 4:20.79 37.23 | |
| | 100m: | 1:10.22 36.89 | 200m: | 2:26.89 38.89 | 300m: | 3:43.56 38.24 | 400m: | 4:55.96 35.17 | |
| 5. | Jr. Janovsky Jiri | | 64 | Straz pod Ralskem | | | | 5:06.77 | 515 |
| | 50m: | 35.24 35.24 | 150m: | 1:52.33 38.52 | 250m: | 3:10.21 39.29 | 350m: | 4:28.77 39.51 | |
| | 100m: | 1:13.81 38.57 | 200m: | 2:30.92 38.59 | 300m: | 3:49.26 39.05 | 400m: | 5:06.77 38.00 | |
| 6. | Frolov Sergey | | 64 | Nevskie Zvezdy St. Petersburg | | | | 5:08.82 | 504 |
| | 50m: | 34.43 34.43 | 150m: | 1:52.30 39.46 | 250m: | | 350m: | 4:30.64 39.66 | |
| | 100m: | 1:12.84 38.41 | 200m: | 2:32.09 39.79 | 300m: | 3:50.98 | 400m: | 5:08.82 38.18 | |
| 7. | Ko mider Jan | | 66 | Victoria Józefów | | | | 5:10.74 | 495 |
| | 50m: | 34.67 34.67 | 150m: | 1:52.97 39.53 | 250m: | 3:13.50 40.14 | 350m: | 4:32.68 39.51 | |
| | 100m: | 1:13.44 38.77 | 200m: | 2:33.36 40.39 | 300m: | 3:53.17 39.67 | 400m: | 5:10.74 38.06 | |
| 8. | Markowicz Piotr | | 67 | AZS UWM Masters Olsztyn | | | | 5:22.93 | 441 |
| | 50m: | 36.77 36.77 | 150m: | 1:57.15 40.45 | 250m: | 3:18.29 40.35 | 350m: | 4:40.71 41.93 | |
| | 100m: | 1:16.70 39.93 | 200m: | 2:37.94 40.79 | 300m: | 3:58.78 40.49 | 400m: | 5:22.93 42.22 | |
| 9. | Chołda Krzysztof | | 64 | Masters Korona Kraków | | | | 5:35.21 | 394 |
| | 50m: | | 150m: | | 250m: | | 350m: | | |
| | 100m: | | 200m: | | 300m: | | 400m: | 5:35.21 | |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 40, M czynn, 400m dowolny, Kategoria E

| Pozycja | Rok ur. | | | | | | | | Czas | Pkt. | |
|----------------------|--------------------------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 10. Zadrony Jarosław | 66 Masters Korona Kraków | | | | | | | | 5:51.80 | 341 | |
| 50m: | 37.40 | 37.40 | 150m: | 2:03.99 | 44.15 | 250m: | 3:36.37 | 46.61 | 350m: | 5:08.22 | 46.89 |
| 100m: | 1:19.84 | 42.44 | 200m: | 2:49.76 | 45.77 | 300m: | 4:21.33 | 44.96 | 400m: | 5:51.80 | 43.58 |

Kategoria F

| | | | | | | | | | | | |
|-----------------------|----------------------------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 1. Olszewski Paweł | 62 Warta Poznań | | | | | | | | 4:45.89 | 809 | |
| 50m: | 32.55 | 32.55 | 150m: | 1:45.70 | 37.29 | 250m: | 3:01.07 | 37.78 | 350m: | 4:13.29 | 35.10 |
| 100m: | 1:08.41 | 35.86 | 200m: | 2:23.29 | 37.59 | 300m: | 3:38.19 | 37.12 | 400m: | 4:45.89 | 32.60 |
| 2. Kania Waldemar | 62 ORS Opole | | | | | | | | 5:31.18 | 520 | |
| 50m: | 36.59 | 36.59 | 150m: | 2:00.71 | 42.51 | 250m: | 3:25.72 | 42.23 | 350m: | 4:50.59 | 42.57 |
| 100m: | 1:18.20 | 41.61 | 200m: | 2:43.49 | 42.78 | 300m: | 4:08.02 | 42.30 | 400m: | 5:31.18 | 40.59 |
| 3. Koliński Marek | 61 AZS UWM Masters Olsztyn | | | | | | | | 6:00.43 | 403 | |
| 50m: | 39.42 | 39.42 | 150m: | 2:11.36 | 46.27 | 250m: | 3:45.11 | 47.38 | 350m: | 5:18.13 | 46.61 |
| 100m: | 1:25.09 | 45.67 | 200m: | 2:57.73 | 46.37 | 300m: | 4:31.52 | 46.41 | 400m: | 6:00.43 | 42.30 |
| 4. Data Andrzej | 61 Masters Korona Kraków | | | | | | | | 6:08.88 | 376 | |
| 50m: | 39.00 | 39.00 | 150m: | 2:10.09 | 47.14 | 250m: | 3:46.87 | 48.93 | 350m: | 5:24.13 | 48.86 |
| 100m: | 1:22.95 | 43.95 | 200m: | 2:57.94 | 47.85 | 300m: | 4:35.27 | 48.40 | 400m: | 6:08.88 | 44.75 |
| 5. Maciejczak Andrzej | 60 Tarnowskie WOPR Masters | | | | | | | | 6:22.76 | 337 | |
| 50m: | 37.57 | 37.57 | 150m: | 2:15.54 | 50.95 | 250m: | 3:56.01 | 50.10 | 350m: | 5:35.98 | 49.83 |
| 100m: | 1:24.59 | 47.02 | 200m: | 3:05.91 | 50.37 | 300m: | 4:46.15 | 50.14 | 400m: | 6:22.76 | 46.78 |
| 6. Sutowski Robert | 59 Warsaw Masters Team | | | | | | | | 6:54.50 | 265 | |
| 50m: | 43.24 | 43.24 | 150m: | 2:26.37 | 53.79 | 250m: | 4:17.14 | | 350m: | 6:07.04 | 53.66 |
| 100m: | 1:32.58 | 49.34 | 200m: | | | 300m: | 5:13.38 | 56.24 | 400m: | 6:54.50 | 47.46 |

Kategoria G

| | | | | | | | | | | | |
|----------------------|----------------------------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 1. Gabiec Mariusz | 58 AZS UWM Masters Olsztyn | | | | | | | | 5:02.78 | 869 | |
| 50m: | 34.46 | 34.46 | 150m: | 1:50.45 | 38.33 | 250m: | 3:08.10 | 38.90 | 350m: | 4:25.85 | 38.96 |
| 100m: | 1:12.12 | 37.66 | 200m: | 2:29.20 | 38.75 | 300m: | 3:46.89 | 38.79 | 400m: | 5:02.78 | 36.93 |
| 2. Krcik Jozef | 57 PVK Bratislava | | | | | | | | 5:25.86 | 697 | |
| 50m: | 37.68 | 37.68 | 150m: | 1:58.25 | 40.87 | 250m: | | | 350m: | 4:46.04 | 41.78 |
| 100m: | 1:17.38 | 39.70 | 200m: | 2:39.92 | 41.67 | 300m: | 4:04.26 | | 400m: | 5:25.86 | 39.82 |
| 3. Trzaska Stanisław | 56 Wisła Masters Kraków | | | | | | | | 5:53.04 | 548 | |
| 50m: | 40.36 | 40.36 | 150m: | 2:08.76 | 44.92 | 250m: | 3:38.52 | 44.99 | 350m: | 5:09.52 | 45.47 |
| 100m: | 1:23.84 | 43.48 | 200m: | 2:53.53 | 44.77 | 300m: | 4:24.05 | 45.53 | 400m: | 5:53.04 | 43.52 |
| 4. Kwiatkowski Jacek | 57 YMCA Kraków | | | | | | | | 5:56.61 | 532 | |
| 50m: | 36.81 | 36.81 | 150m: | 2:03.89 | 44.94 | 250m: | 3:37.49 | | 350m: | 5:11.50 | 47.46 |
| 100m: | 1:18.95 | 42.14 | 200m: | | | 300m: | 4:24.04 | 46.55 | 400m: | 5:56.61 | 45.11 |
| 5. Czupryn Wojciech | 58 Warsaw Masters Team | | | | | | | | 6:33.25 | 396 | |
| 50m: | 44.25 | 44.25 | 150m: | 2:21.70 | 49.55 | 250m: | 4:03.15 | 50.66 | 350m: | 5:44.12 | 50.71 |
| 100m: | 1:32.15 | 47.90 | 200m: | 3:12.49 | 50.79 | 300m: | 4:53.41 | 50.26 | 400m: | 6:33.25 | 49.13 |
| 6. Lasowy Marian | 55 Masters Gorzów Wlkp. | | | | | | | | 6:49.74 | 350 | |
| 50m: | 42.54 | 42.54 | 150m: | 2:22.88 | 51.89 | 250m: | 4:10.87 | 54.23 | 350m: | 5:59.53 | 54.71 |
| 100m: | 1:30.99 | 48.45 | 200m: | 3:16.64 | 53.76 | 300m: | 5:04.82 | 53.95 | 400m: | 6:49.74 | 50.21 |

Kategoria H

| | | | | | | | | | | | |
|------------------------|--------------------------------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 1. Kubicki Leszek | 53 Gdynia Masters | | | | | | | | 6:05.20 | 559 | |
| 50m: | 36.57 | 36.57 | 150m: | 2:12.46 | 51.61 | 250m: | 3:44.72 | 46.80 | 350m: | 5:19.53 | 47.60 |
| 100m: | 1:20.85 | 44.28 | 200m: | 2:57.92 | 45.46 | 300m: | 4:31.93 | 47.21 | 400m: | 6:05.20 | 45.67 |
| 2. Jarzyna Włodzimierz | 49 Motyl Senior MOSiR St. Wola | | | | | | | | 6:11.93 | 529 | |
| 50m: | 41.51 | 41.51 | 150m: | 2:17.30 | 48.66 | 250m: | 3:54.35 | 47.75 | 350m: | 5:28.60 | 46.39 |
| 100m: | 1:28.64 | 47.13 | 200m: | 3:06.60 | 49.30 | 300m: | 4:42.21 | 47.86 | 400m: | 6:11.93 | 43.33 |



Mistrzostwa Polski w Pływaniu Masters
Kraków, 15/ - 17/11/2013



Konkurencja 40, M czynn, 400m dowolny, Kategoria H

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|-------------------------|-------|---------------|-----------------------|---------------|---------|---------------|----------------|------|
| 3. | Ciecior Jerzy | | 53 | Orka Masters Radlin | | | | 6:11.95 | 529 |
| | 50m: 39.05 | 39.05 | 150m: 2:12.59 | 48.09 | 250m: 3:48.43 | 47.71 | 350m: 5:25.40 | 48.45 | |
| | 100m: 1:24.50 | 45.45 | 200m: 3:00.72 | 48.13 | 300m: 4:36.95 | 48.52 | 400m: 6:11.95 | 46.55 | |
| 4. | Dubi ski Bogdan | | 53 | Zawodnik niezrzeszony | | | | 6:15.75 | 513 |
| | 50m: 38.53 | 38.53 | 150m: 2:08.99 | 46.65 | 250m: 3:45.34 | 48.91 | 350m: 5:25.23 | 49.77 | |
| | 100m: 1:22.34 | 43.81 | 200m: 2:56.43 | 47.44 | 300m: 4:35.46 | 50.12 | 400m: 6:15.75 | 50.52 | |
| 5. | Zielezi ski Włodzimierz | | 53 | Zawodnik niezrzeszony | | | | 6:22.43 | 486 |
| | 50m: 40.50 | 40.50 | 150m: 2:17.19 | 50.26 | 250m: 3:58.51 | 50.72 | 350m: 5:37.77 | 49.74 | |
| | 100m: 1:26.93 | 46.43 | 200m: 3:07.79 | 50.60 | 300m: 4:48.03 | 49.52 | 400m: 6:22.43 | 44.66 | |
| 6. | Irczyk Leon | | 51 | Orka Masters Radlin | | | | 7:59.88 | 246 |
| | 50m: 50.91 | 50.91 | 150m: 2:49.42 | 1:00.07 | 250m: 4:54.10 | 1:02.88 | 350m: 7:00.23 | 1:03.00 | |
| | 100m: 1:49.35 | 58.44 | 200m: 3:51.22 | 1:01.80 | 300m: 5:57.23 | 1:03.13 | 400m: 7:59.88 | 59.65 | |

Kategoria I

| | | | | | | | | | |
|----|-------------------|-------|---------------|-----------------------|---------------|-------|---------------|----------------|-----|
| 1. | Ró alski Józef | | 45 | MOSiR Ostrowiec w. | | | | 6:25.43 | 505 |
| | 50m: 41.73 | 41.73 | 150m: 2:18.78 | 50.71 | 250m: 4:00.66 | 50.49 | 350m: 5:40.29 | 50.11 | |
| | 100m: 1:28.07 | 46.34 | 200m: 3:10.17 | 51.39 | 300m: 4:50.18 | 49.52 | 400m: 6:25.43 | 45.14 | |
| 2. | Mleczo Andrzej | | 47 | Masters Korona Kraków | | | | 6:42.48 | 444 |
| | 50m: 41.67 | 41.67 | 150m: 2:21.09 | 50.78 | 250m: 4:05.85 | 53.21 | 350m: 5:52.47 | 53.50 | |
| | 100m: 1:30.31 | 48.64 | 200m: 3:12.64 | 51.55 | 300m: 4:58.97 | 53.12 | 400m: 6:42.48 | 50.01 | |
| 3. | Wolniewicz Janusz | | 48 | Trójka Oborniki | | | | 7:22.63 | 334 |
| | 50m: 47.81 | 47.81 | 150m: 2:37.05 | 55.98 | 250m: 4:30.16 | 57.04 | 350m: 6:25.98 | 57.61 | |
| | 100m: 1:41.07 | 53.26 | 200m: 3:33.12 | 56.07 | 300m: 5:28.37 | 58.21 | 400m: 7:22.63 | 56.65 | |
| 4. | Daszy ski Andrzej | | 48 | Energetyk Zgorzelec | | | | 7:42.69 | 292 |
| | 50m: 49.88 | 49.88 | 150m: 2:50.30 | 1:01.95 | 250m: 4:50.42 | 59.00 | 350m: 6:47.91 | 59.47 | |
| | 100m: 1:48.35 | 58.47 | 200m: 3:51.42 | 1:01.12 | 300m: 5:48.44 | 58.02 | 400m: 7:42.69 | 54.78 | |

Kategoria J

| | | | | | | | | | |
|----|------------------|---------|---------------|-----------------------|---------------|---------|---------------|----------------|-----|
| 1. | Bastek Ewald | | 39 | Weteran Zabrze | | | | 6:25.40 | 655 |
| | 50m: 43.20 | 43.20 | 150m: 2:21.06 | 50.55 | 250m: 4:00.42 | 49.47 | 350m: 5:40.31 | 49.61 | |
| | 100m: 1:30.51 | 47.31 | 200m: 3:10.95 | 49.89 | 300m: 4:50.70 | 50.28 | 400m: 6:25.40 | 45.09 | |
| 2. | Krawczyk Tadeusz | | 43 | Masters Korona Kraków | | | | 9:36.42 | 195 |
| | 50m: 50.92 | 50.92 | 150m: 3:17.28 | 1:21.76 | 250m: 7:11.75 | 1:18.98 | 350m: | | |
| | 100m: 1:55.52 | 1:04.60 | 200m: 5:52.77 | 2:35.49 | 300m: 8:31.19 | 1:19.44 | 400m: 9:36.42 | | |

Kategoria L

| | | | | | | | | | |
|----|------------------------|---------|---------------|------------------------|---------------|---------|----------------|-----------------|-----|
| 1. | Krokoszy ski Stanisław | | 30 | Wisła Masters Kraków | | | | 7:26.87 | 665 |
| | 50m: 45.56 | 45.56 | 150m: 2:33.87 | 55.78 | 250m: 4:28.67 | 58.01 | 350m: 6:27.51 | 1:00.52 | |
| | 100m: 1:38.09 | 52.53 | 200m: 3:30.66 | 56.79 | 300m: 5:26.99 | 58.32 | 400m: 7:26.87 | 59.36 | |
| 2. | Ludwiczak Zbigniew | | 33 | STP Masters Szczecinek | | | | 8:27.54 | 454 |
| | 50m: 56.01 | 56.01 | 150m: 3:01.68 | 1:03.89 | 250m: 5:09.37 | 1:04.26 | 350m: 7:18.81 | 1:04.23 | |
| | 100m: 1:57.79 | 1:01.78 | 200m: 4:05.11 | 1:03.43 | 300m: 6:14.58 | 1:05.21 | 400m: 8:27.54 | 1:08.73 | |
| 3. | l y ski Jan | | 31 | AZS AWF Katowice | | | | 10:46.77 | 219 |
| | 50m: 1:10.73 | 1:10.73 | 150m: 3:58.09 | 1:24.13 | 250m: 6:43.52 | 1:22.77 | 350m: 9:30.32 | 1:23.76 | |
| | 100m: 2:33.96 | 1:23.23 | 200m: 5:20.75 | 1:22.66 | 300m: 8:06.56 | 1:23.04 | 400m: 10:46.77 | 1:16.45 | |